

Part C: Reading Comprehension

Passage 1

A dream can be defined as a train of thoughts and fancies occurring during sleep. It is now known that everyone dreams, even if they cannot recall doing so. Recording the electrical activity of the brain (EEG) during sleep shows that there are two kinds of sleep. If people are awakened from the deeper kind, they seldom recall dreaming. But if they are awakened from the lighter kind, called REM sleep because of the rapid eye movements which accompany this kind of sleep, they nearly always recall a dream.

The newborn infant spends about half its sleeping time in REM sleep; the adult about one-sixth. Someone who sleeps for seven and a half hours generally spends about one and a half hours dreaming. REM sleep is abolished by sleeping pills; but when a person stops taking these, he dreams almost continuously, as though he needed to catch up on what he had lost. REM sleep also occurs in all species of mammals and animals so far studied.

These facts about dreams suggest that they must serve some important biological function in all higher animals including human beings. But scientists do not agree on what this function is. Although we spend about a third of our lives asleep, and rapidly become confused and ill if we are deprived of sleep, no one fully understands why we have to sleep so much. So it is not surprising that there have been a number of different theories about dreams.

18- The phrase "doing so" in paragraph 1 means

- 1) knowing
- 2) sleeping
- 3) recalling
- 4) dreaming

19- If you wake up someone dreaming during his deeper kind of sleep he

- 1) goes back to REM sleep
- 2) can seldom continue dreaming again
- 3) is unlikely to remember his dreams
- 4) almost always recalls his dreams

20- According to the passage, the REM sleep

- 1) varies with age
- 2) is specific to human beings
- 3) makes up one- sixth of an adult's life
- 4) is made deeper when sleeping pills are used

21- All of the following are true, according to the passage, EXCEPT that

- 1) REM sleep is not the light kind of sleep
- 2) humans spend about two thirds of their lives awake
- 3) the brain has electrical activity when one is asleep
- 4) the biological function of dreams in living things is not determined

Passage 2

Culture shock is a term used to describe the process a person experiences when living outside his or her culture for a long period of time. Culture shock is a reality to many international students. When moving to a new culture, international students must deal with a language that may be unfamiliar, incomprehensible customs and values, and cultural expectations the students may not be fully aware of. As a result, the students may go through emotional extremes ranging from excitement with the new culture to depression. I, like most foreign students, had to face the harsh reality of culture shock as I pursued my college career. But it wasn't an easy process. There's no magic pill or vaccine. To be successful, international students should become familiar with the process of culture shock, a process that became my way of feeling at ease with French culture.

22- According to the passage, culture shock is experienced

- 1) by almost all international students
- 2) by students not familiar with their own culture
- 3) specially when foreign students do not know the language of the foreign country
- 4) because students who start college are not old enough to take care of themselves alone

23- Which of the following statements is TRUE about the author of this passage?

- 1) He did not have the problem of culture shock.
- 2) It took him a long time to adapt himself to his native culture.
- 3) He spent at least part of his education far from his homeland.
- 4) He went to France in order to find a job to pay his education fees.

24- According to the passage, an effect of culture shock is

- 1) poor language ability
- 2) excitement with the new culture
- 3) unfamiliar cultural expectations
- 4) incomprehensible customs and values

25- The author's purpose of saying, "There's no magic pill or vaccine", is to emphasize the fact that

- 1) getting over culture shock is not easy and takes time and effort
- 2) even doctors cannot help the students who suffer from culture shock
- 3) medical doctors have not yet found a way to help those who are culturally shocked
- 4) becoming successful in a foreign country becomes a reality only if foreigners work hard



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