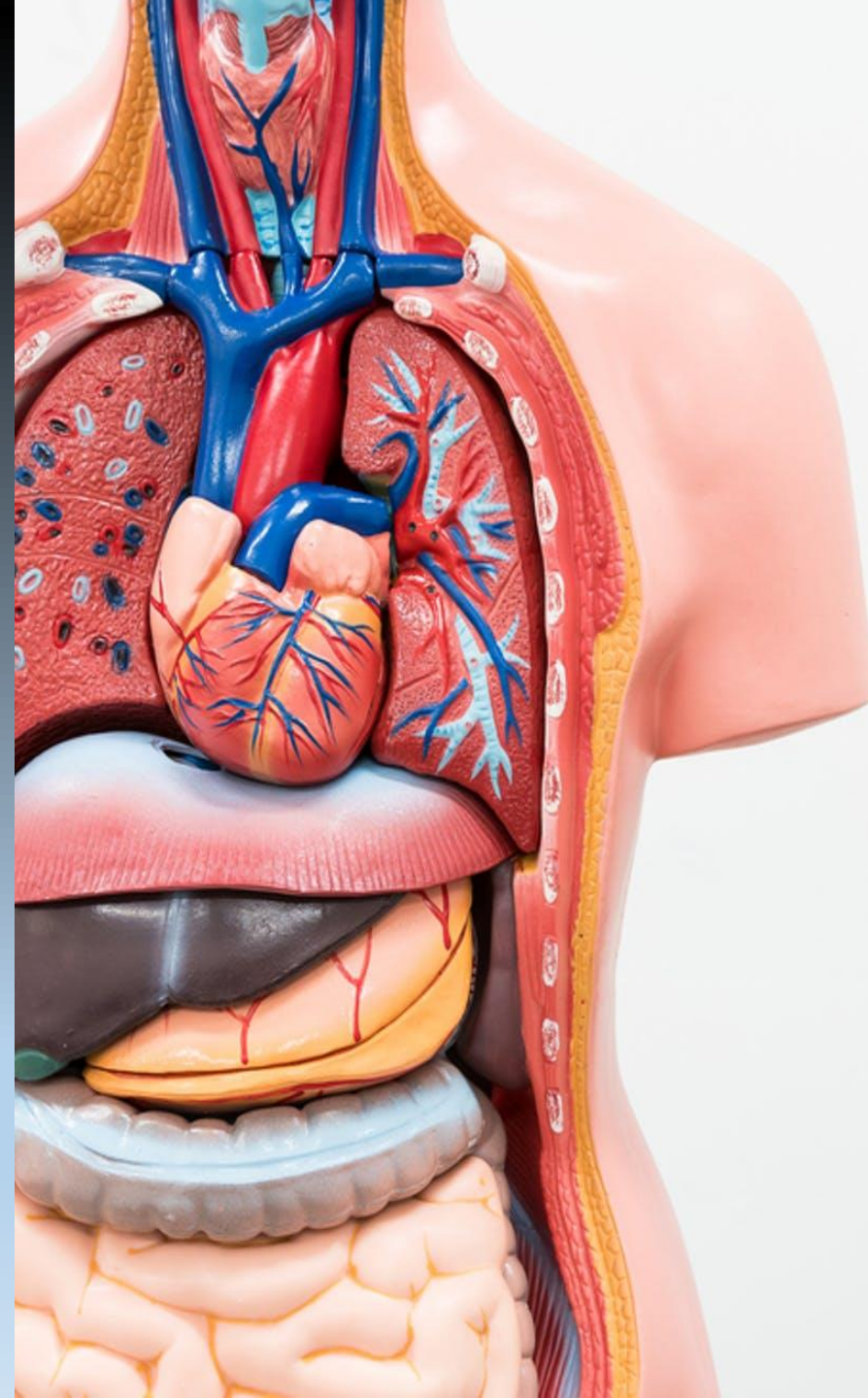


*Good Morning  
Beautiful Souls*

*Be Kind To Yourself Today*



# Our internal organs





UNLOCKING THE BEAUTY OF LEARNING

**digest**= to change the food that you eat to the things that your body can use.

**bile**= a bitter green-brown liquid in the liver that it helps you to digest foods.

There are 206 **bones** in our body.

All the **bones** of our body are together called as skeleton.



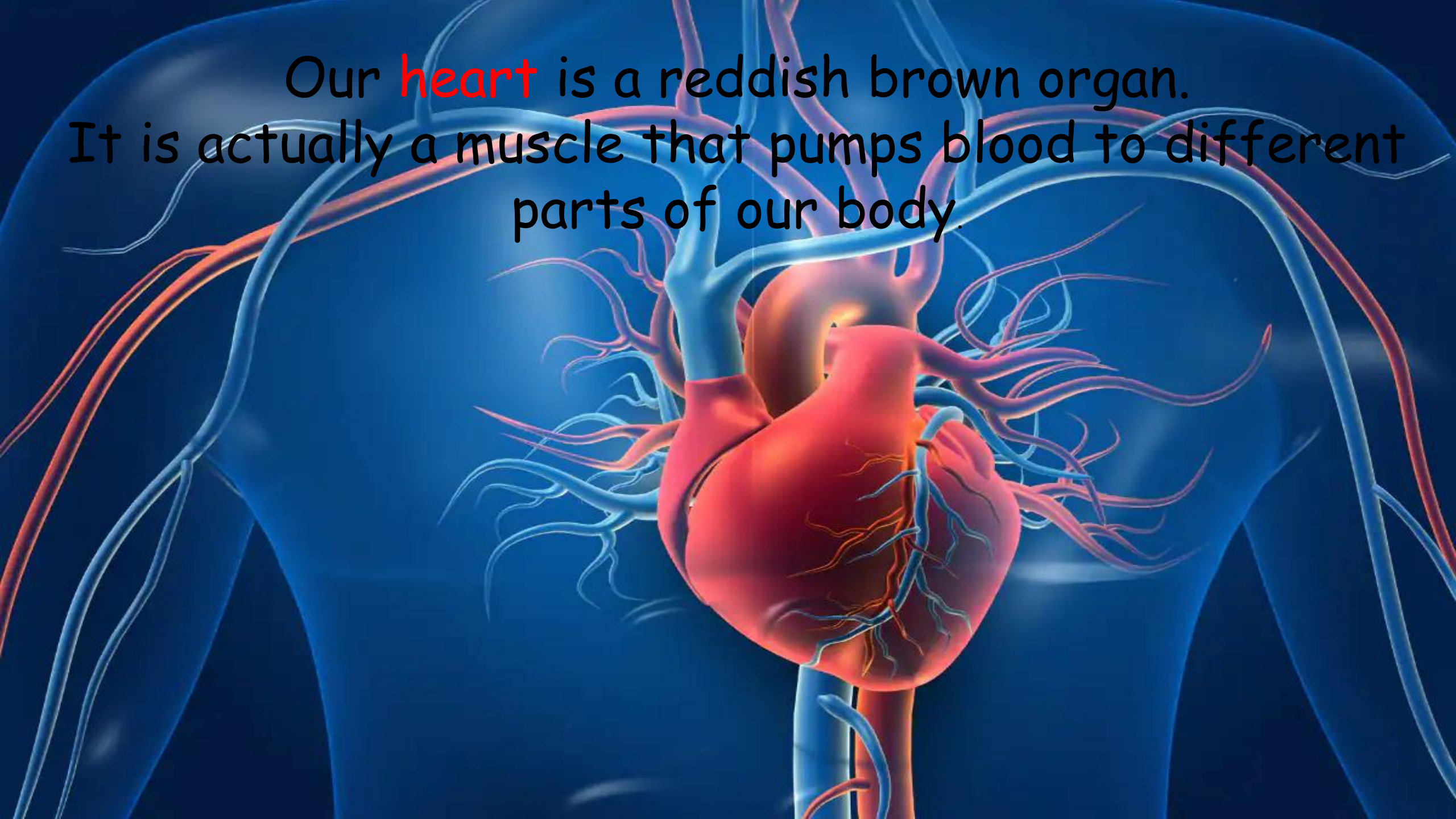


The hard **skull** protects the soft brain inside it.



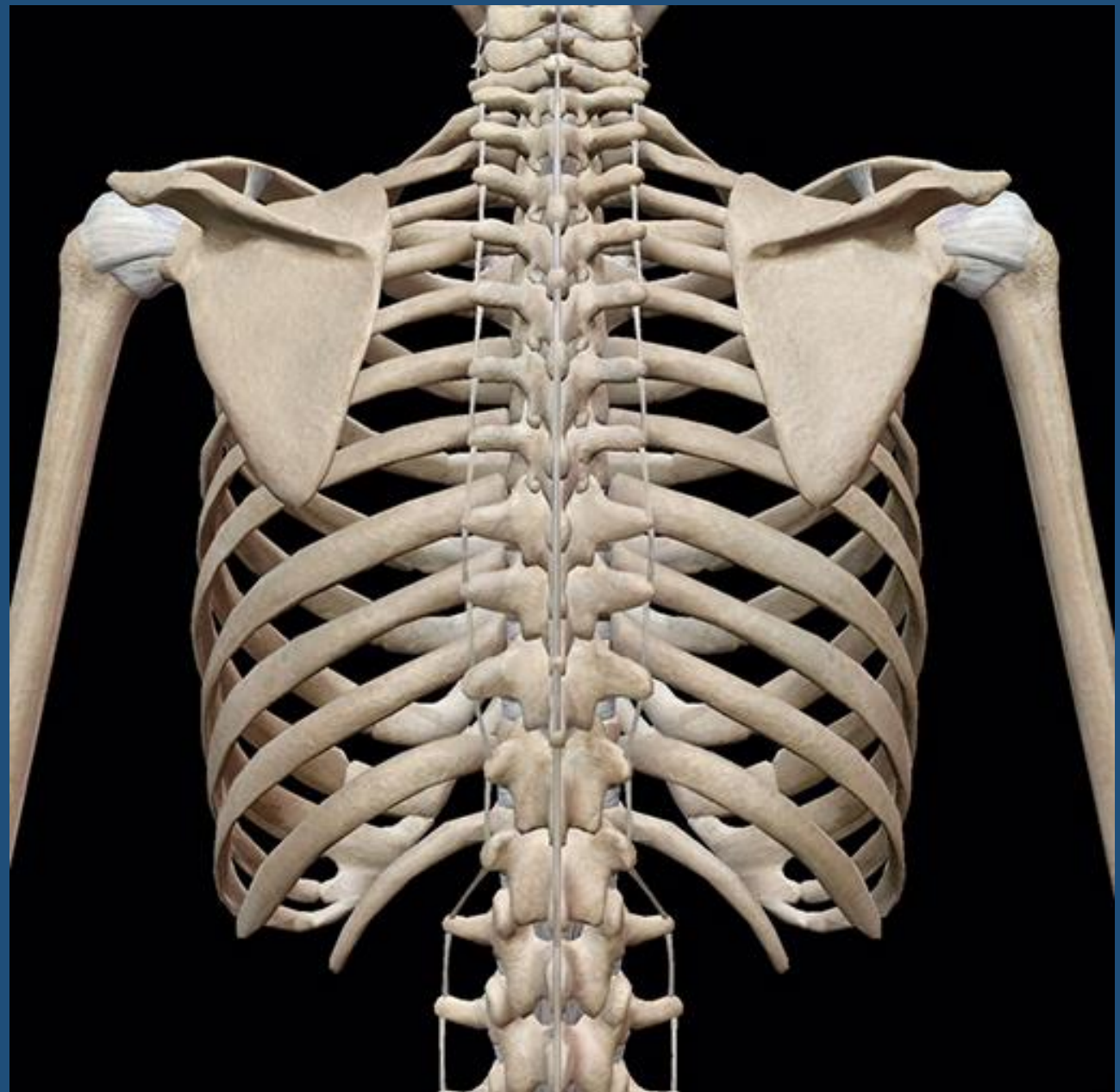
All our body activities including heart beat, breathing ,movement are controlled by the **brain**.

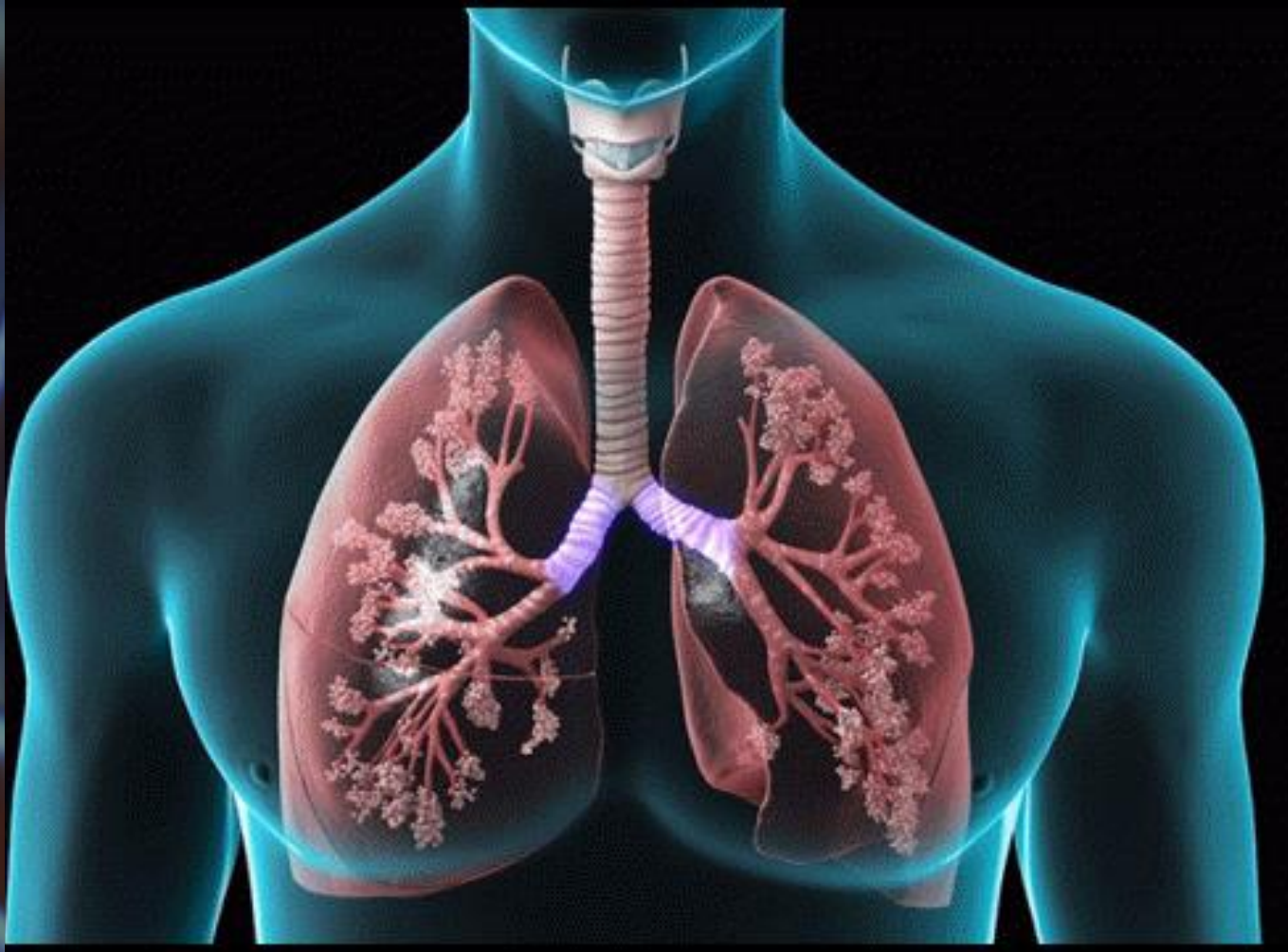
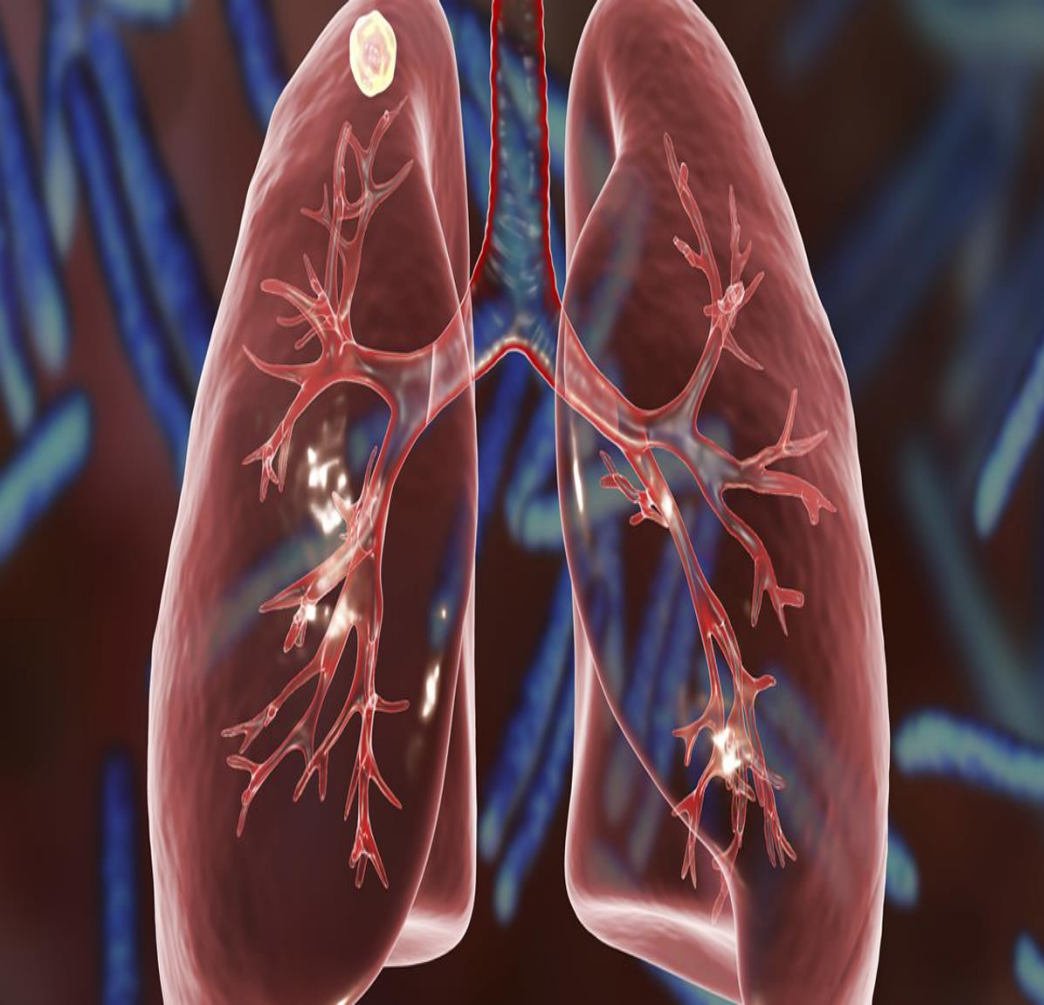
Our **heart** is a reddish brown organ.  
It is actually a muscle that pumps blood to different  
parts of our body.



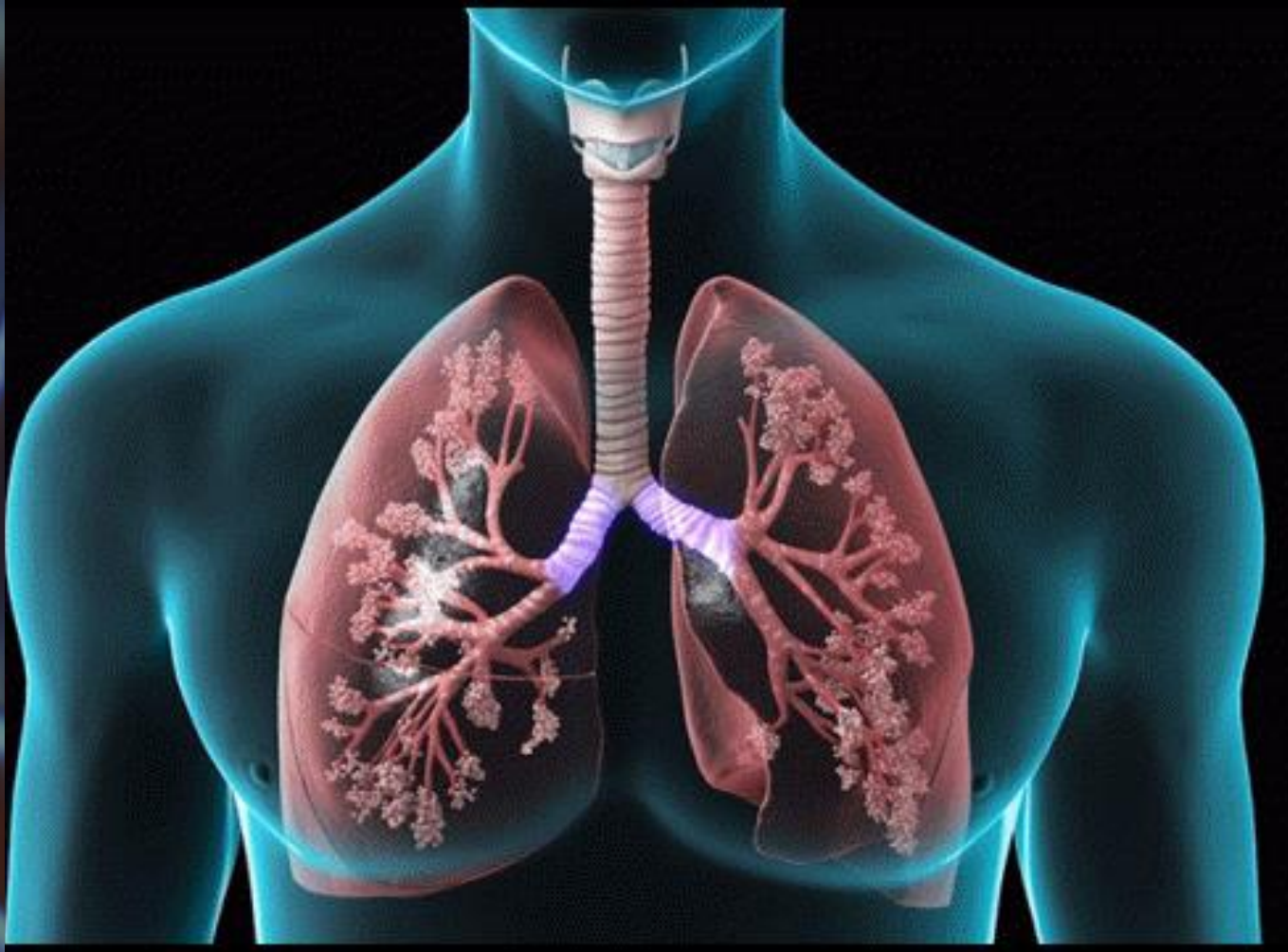


Our heart is  
protected inside  
our **rib cage**.





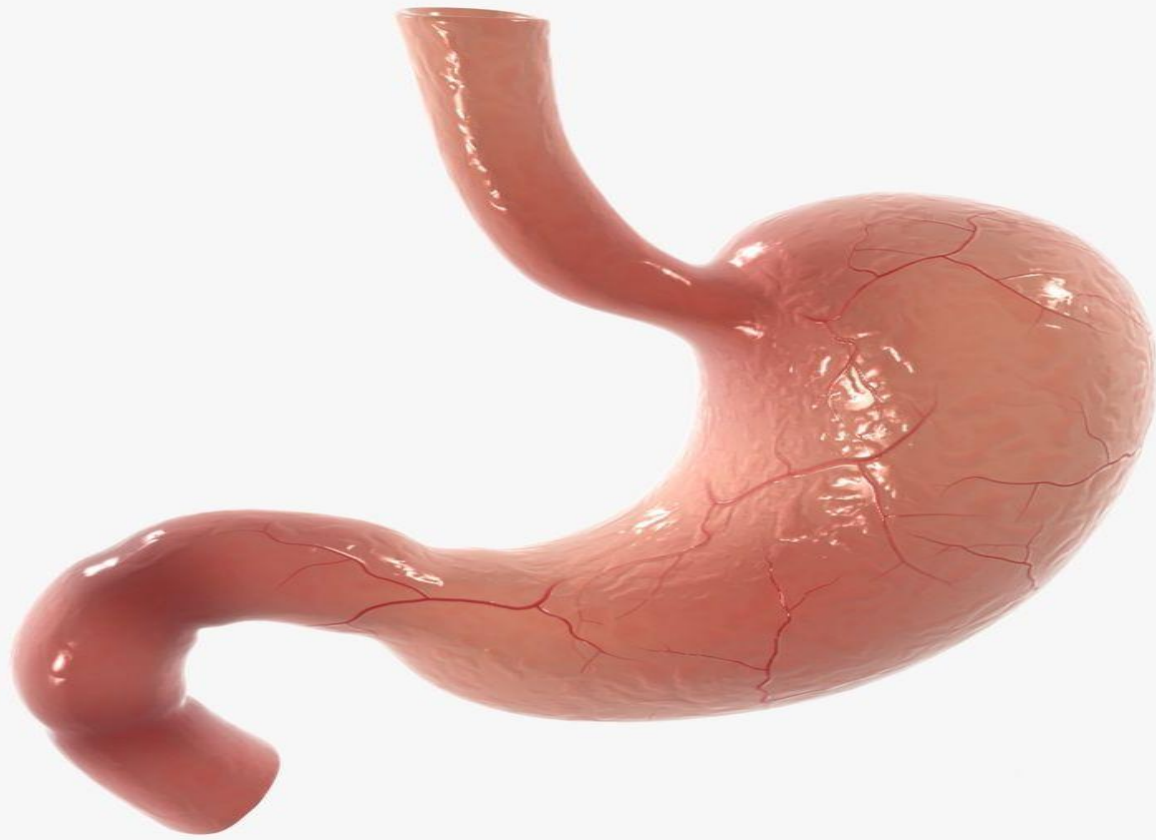
There are two spongy bags filled with air that we called them **lungs**. They help in the exchange of gases in the body.



The **lungs** get oxygen from the air and take out the carbon dioxide.



**Liver** is the largest organ of our body.  
It does a lot of activities too keep our body healthy.  
It helps in the digestion of food.



The 'J' shape organ in our body called the **stomach**.  
The **stomach** juices break down the food. (make the  
food small)

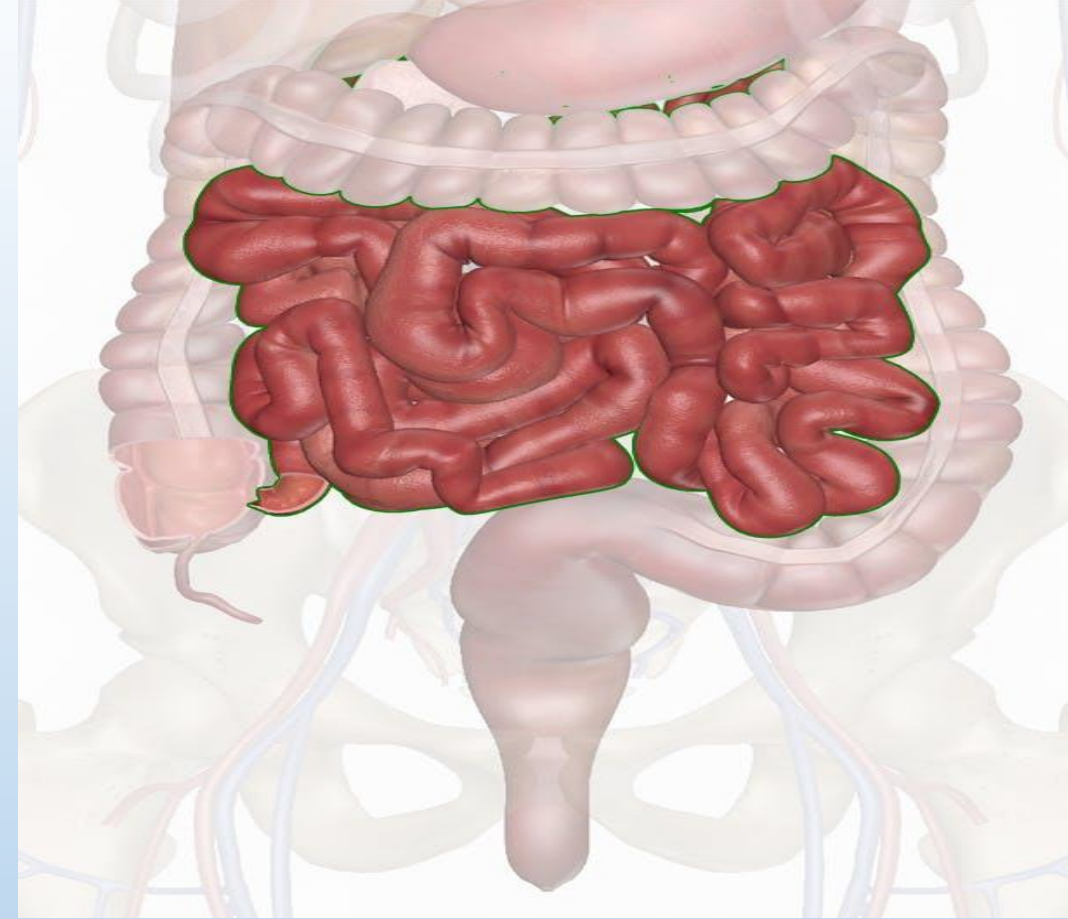
Two bean shaped organs called **kidneys**.

They are behind the stomach.

The dirt of our body comes to our kidneys by blood.

The **kidneys** filter it.





The **small intestine** is seven meters.  
Here the food is digested with the help of bile( a bitter green-brown liquid in the liver).

The undigested food goes to the **large intestine**.

The water of the undigested food goes to the wall of the **large intestine**.

Other parts of undigested food goes out of the body.

