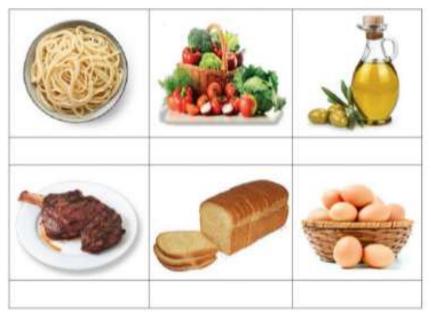
What are they called?	What do they do for you?	Where do you find them?
Carbohydrates	Give us energy	Pasta, bread,sweets
Fiber	Great for digestion.Fiber slows digestion.	Fruit and vegetables



## I. Choose the correct nutrient for each food item listed below.



2. Find the words in the Search Word below.

carbohydrates	a	f	٧	g	j	i	k	L	р	e	٧	s	d	b
fats	c	α	r	63.5	55.0									
fibre proteins	w	t	j	ι	۷	е	q	с	0	b	i	р	c	d
minerals	w	s	b	c	j	k	۷	i	t	α	m	i	n	s
vitamins water	t	р	y	z	x	m	i	n	e	r	۵	ι	5	n
	f	i	b	r	е	c	b	d	ì	W	g	h	۷	h
	k	g	t	۷	е	e	u	i	n	۷	5	х	z	e
	у	k	w	۵	t	е	r	k	\$	s	q	c	w	j