



1 ★ Read the text. Tick ✓ the correct box.

The text is about ...

- a a typical London lifestyle.
- b an expensive lifestyle.
- c living without money.

A free and easy life

A

For many people, life is about working and having a lot of money and possessions. Without these things, your life isn't supposed to be very good. Some people disagree, however. Paul Cortez is one young person who lives an 'alternative lifestyle'.

B

Paul lives in a very expensive city, London, but he doesn't mind not having money. He stays in a squat*. It's not his home and he doesn't pay rent money. In many countries, this is not allowed, but in the UK, it's not illegal. He normally spends less than £1 a day.

C

Paul doesn't use public transport, and he hasn't got a car. He always rides a bicycle. 'It's cold in the winter, but I prefer it,' he says.

D

Paul doesn't have a paid job, but he's not bored. He is allowed to study very cheaply, because he hasn't got a job. He also works at a charity shop. He meets some fascinating people there.

E

Paul says that local cafés and supermarkets throw away a lot of good food, and he eats this. On a typical day, he has sandwiches and fresh fruit. Does he miss his favourite foods and drinks? 'Well, a really good coffee, maybe!' he says.

*squat - a squat is a home with squatters in it. A squatter lives in somebody else's home, without permission, and without paying any money. You can do this in the UK, until the home owner tells you to leave.

2 ★★ Read the text again. Match questions 1-4 with paragraphs A-E.

- What do we want from life? A
- 1 How does he travel?
 - 2 What about food?
 - 3 How does he do it?
 - 4 What does he do all day?

3 ★★★ Answer the questions. Write complete sentences.

- 1 How is Paul Cortez's lifestyle 'alternative'?

- 2 What city does he live in?

- 3 How does he feel about having no money?

- 4 What does he dislike about riding a bicycle?

- 5 What activities does Paul do?

- 6 Where does Paul get his food?

Build your vocabulary

4 ★★ Complete the sentences with the words in the box.

against the rules aren't allowed to
is supposed are allowed supposed

- 1 We're _____ wear jewellery at school.
- 2 It's _____ to wear jewellery at school.
- 3 You aren't _____ to eat in class.
- 4 He _____ to wear a tie to school.
- 5 We _____ to use a mobile phone here.
- 6 We _____ supposed to make calls.