

The left side of the slide features a decorative background with abstract shapes and patterns. It includes a white area with a black dot pattern, a blue oval with a dot pattern, a teal shape with a dot pattern, an orange shape, a yellow shape with a white plus sign pattern, and several black wavy lines. On the right side, there are several overlapping circles in shades of light green and pink.

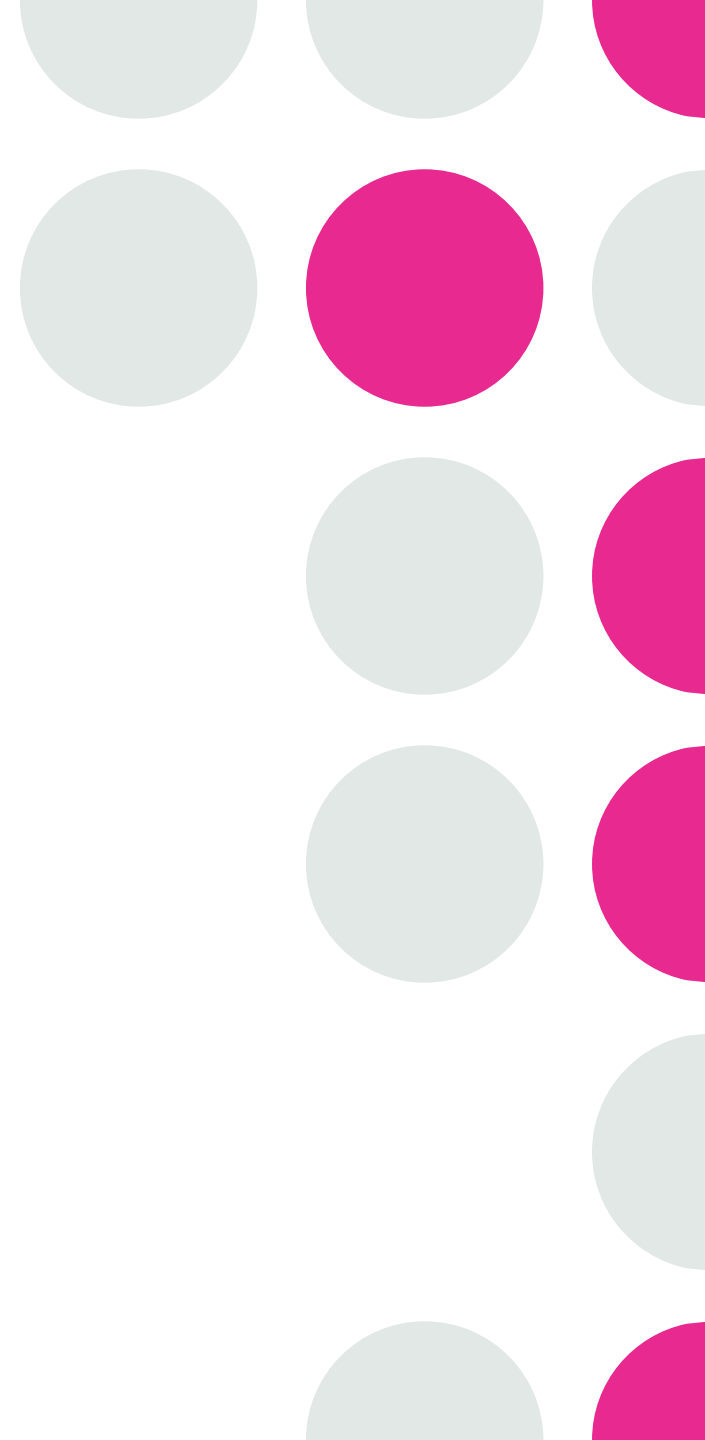
Solutions Intermediate 2D

Present Perfect Simple Vs. Continuous

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What have you done so far today?





Ellie At last! I've been waiting for ages. Where have you been? What have you been doing?

Jack My bus didn't come. I've been trying to phone you since 7.30 ...

Ellie You're 25 minutes late! The film has started.

Jack Sorry. Do you still want to see it?

Ellie Yes, I do. I've been looking forward to it for weeks. It stars my favourite actor. And I've already bought the tickets!

Jack Let's go inside then.

Ellie OK. But why is your hair wet? It hasn't been raining.

Jack That's sweat. I've been running for 25 minutes! And I haven't eaten. Can we see the film later?

Present Perfect Simple for ...

1 I've lived in Tehran all my life.
→ "all my life" : the period that continuous until now (**UNFINISHED**)

2 I've been at this school for nine years.
→ "for ..." : states how long the situation has existed
(use: since , for & how long)

3 I've lost my keys; I can't open the door.
→ there's a strong connection with now , **RECENTLY COMPLETED**
(use: already, just & yet)**

4 Sara has watched sunset near Ocean.
→ talk about experiences in lifetime ;**how often** they have happened.
(use: never & ever)

Present Perfect Continuous

Used for activity that began in the past and **still in progress** or which explains the **current situation**

- You're out of breath. **Have you been running?** (= you're out of breath *now*)
- Paul is very tired. He's **been working** very hard. (= he's tired *now*)
- Why are your clothes so dirty? What **have you been doing?**
- I've **been talking** to Amanda about the problem and she agrees with me.
- Where have you been? I've **been looking** for you everywhere.

Action started in past, stopped recently (or now)
+ you can see signs of it at the moment

Using with **how long ...**, **for ...**, **since...** → the activity is still happening or just stopped!

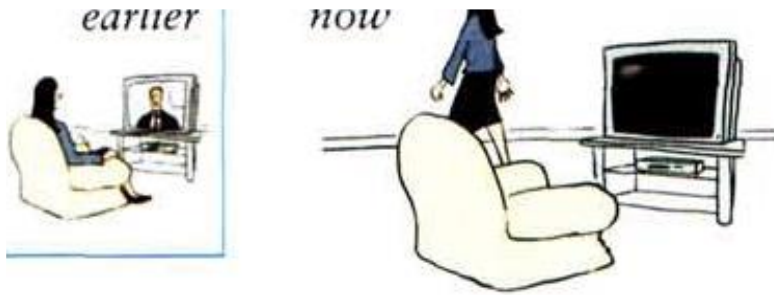
Present Perfect Continuous

Used for activity that **repeated** over recent time:

- ❑ Debbie is a very good tennis player. She's been playing since she was eight.
- ❑ Every morning they meet in the same café. They've been going there for years.

Repetition over time is what matters NOT Continuity

Practice



She **Has been watching TV**

You meet a friend in the street. His face and hands are very dirty.

You ask: (what / you / do?) **What have you been doing?**

A friend of yours is now working in a shop. You want to know how long.

You ask: (how long / you / work / there?) **How long have you been working there?**

Present Perfect simple and continuous



Kate's clothes are covered in paint.
She **has been painting** the ceiling.

Has been painting is the *present perfect continuous*.

We are interested in the activity. It does not matter whether something has been finished or not. In this example, the activity (painting the ceiling) has not been finished.



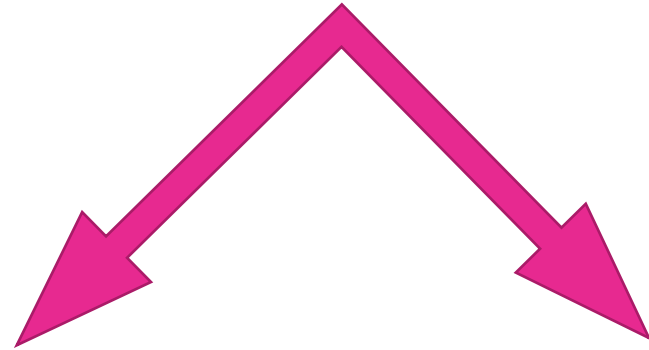
The ceiling was white. Now it is red.
She **has painted** the ceiling.

Has painted is the *present perfect simple*.

Here, the important thing is that something has been finished. **Has painted** is a completed action. **We are interested in the result** of the activity (the painted ceiling), not the activity itself.

How long... , Since , For

→ Duration of action in progress



Present Perfect simple

Present Perfect continuous

I've been at this school for nine years.

I've been studying at the school for 10 hrs.

Activity in progress over a long time

Activity in progress recently



Note !

For **state verbs** in the context of Present Perfect tense, **NO continuous** form is defined!
Only in Present Perfect Simple

~~I have been believing in God since I was a teen~~

I have believed in God since I was a teen
