

**Have you got a grandma
or a grandpa?**

How old is she/he?

**Can she/he use a mobile
phone?**





retirement home

noun [C]

UK  /rɪ'taɪə.mənt ,həʊm/ US  /rɪ'taɪr.mənt ,hoʊm/

a place where older people live together and are cared for:

- *She works as a care assistant in a retirement home.*
 - *Residents at many retirement homes have nothing to do.*
-



care assistant

noun [C] mainly UK

UK  /'keə ə ,sɪs.tənt/ US  /'ker ə ,sɪs.tənt/

Add to word list 

someone whose job is to help and care for people who are ill or disabled (= having an illness, injury, or condition that makes it difficult for them to do some things that other people do), either in their own home or in a special home or hospital:

- *Sheila was a care assistant in an old people's home.*

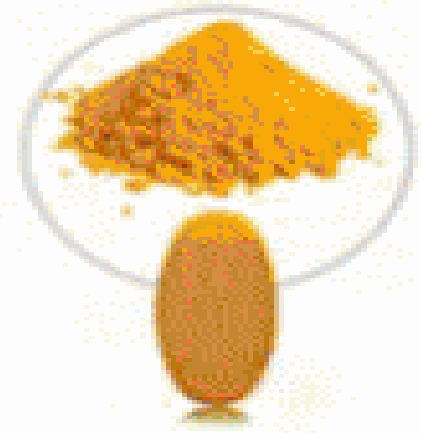
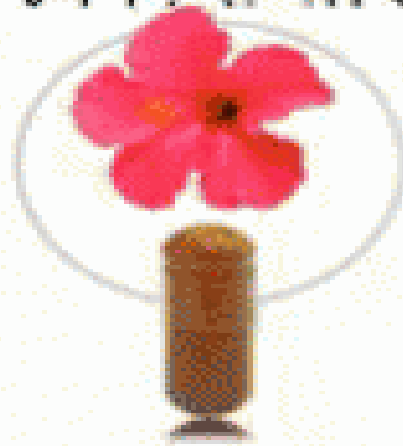
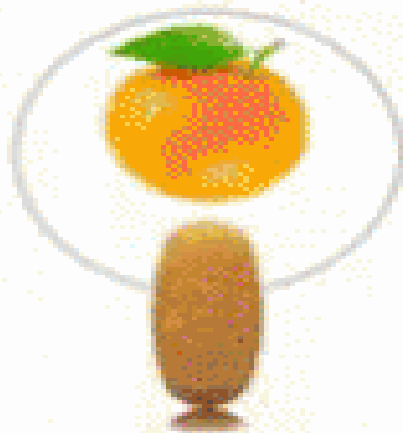
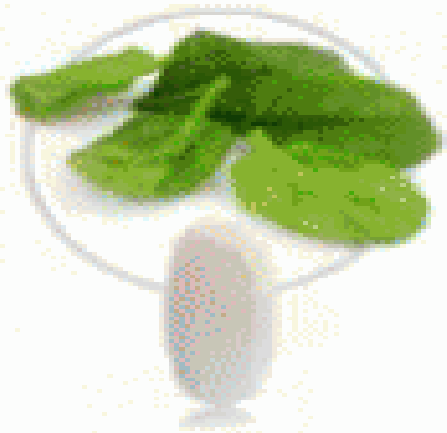
**How can we teach old
people to use smart
phones?**

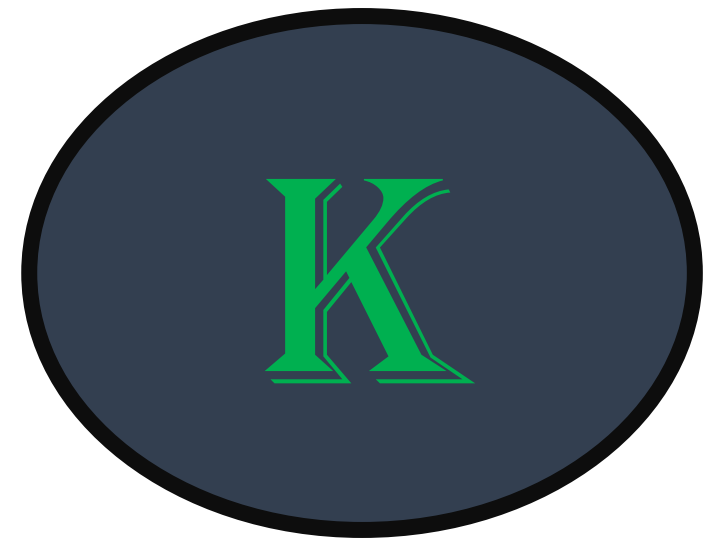
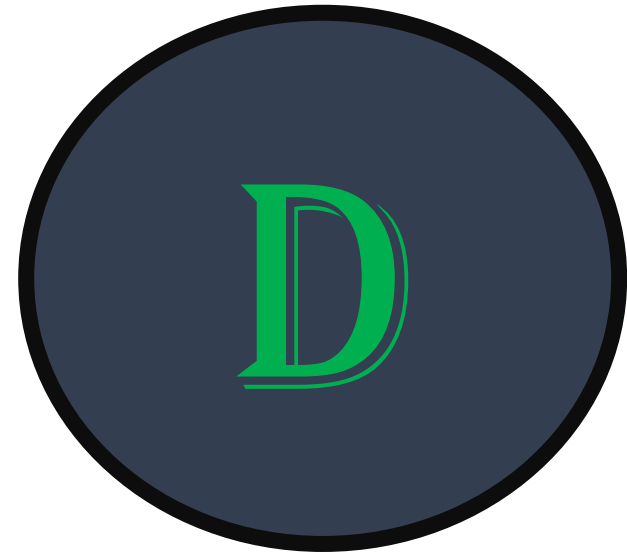
**How can you describe the
care assistant?**

**What was the point of
the movie?**



TAKE YOUR VITAMINS!!





milk

egg yolk

**green
vegetables**

carrots

Vitamin A is found in milk.

**egg
yolk**

rice

nuts

**green
vegetables**

Vitamin B1 is found in nuts.

egg yolk

meat

**green
vegetables**

Vitamin B2 is found in meat.

fruit

vegetables

Vitamin C is found in fruit.



fish



egg yolk

Vitamin D is found in fish.

green vegetables

egg yolk

Vitamin K is found in egg yolk.