

In our class we don't do easy. We make easy happen through hard work and learning.







# Volleyball



# What is volleyball?



- A) Volleyball is a **team sport** .
- B) Players use their **hands** or **arms** to knock a ball over a net.
- C) There are **two teams**.
- D) Each team has usually got **six players**.
- E) Volleyball can play **indoors** or **outdoors**.



**What do you need to play volleyball?**

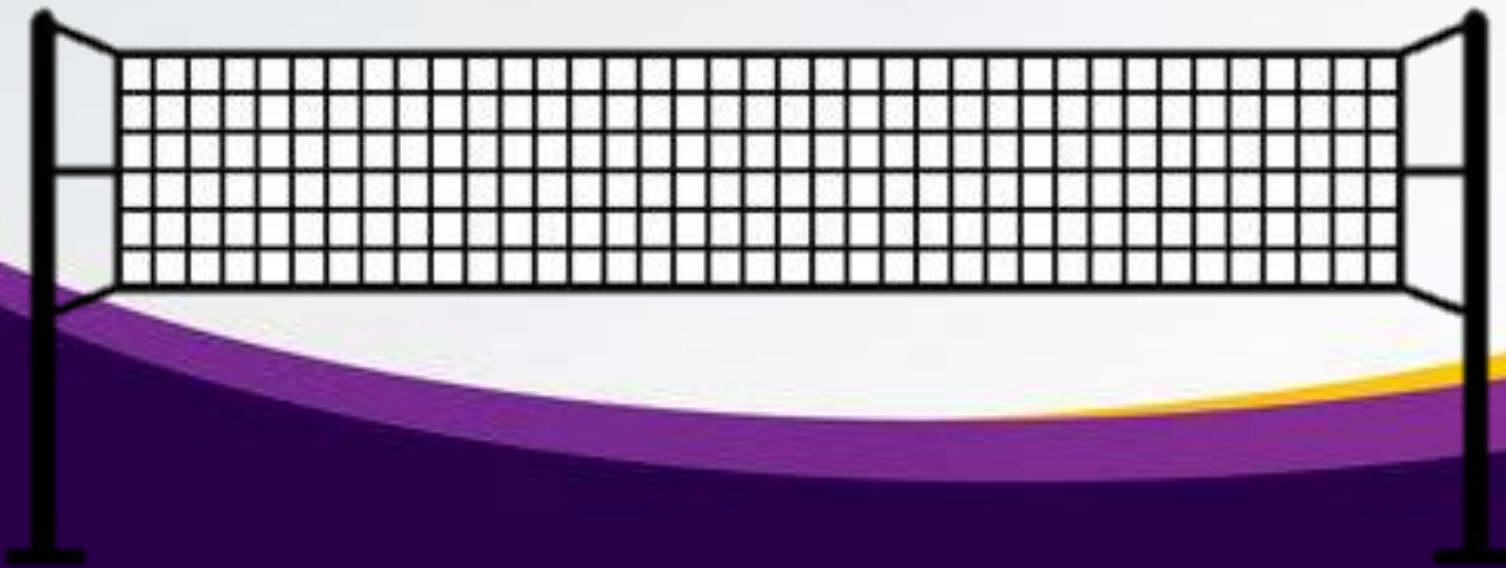


**It's a soft , bouncy ball. It weighs around 270 grams.**



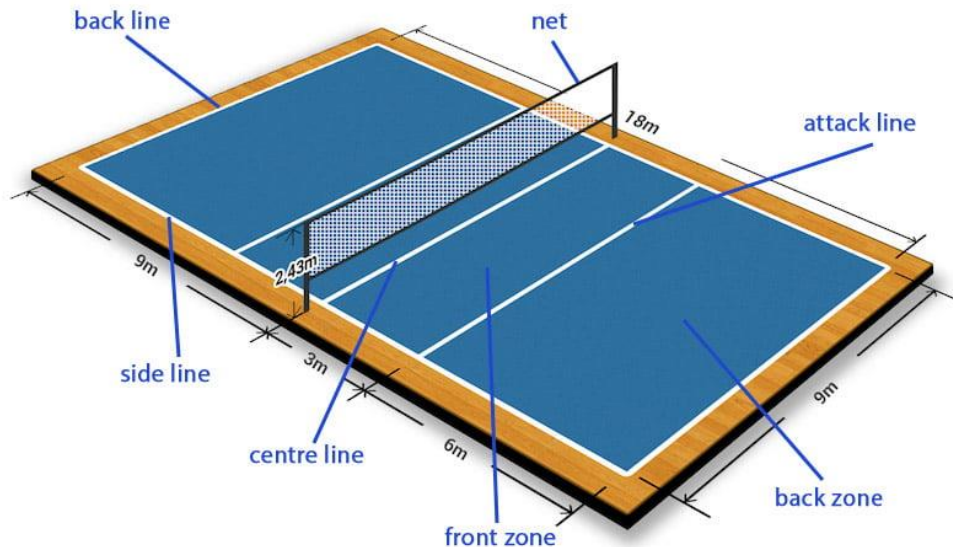
# What do you need to play volleyball?

**A tall net that divides the court into two sides. Your team plays on the side ,and the other team plays on the other.**



# What do you need to play volleyball?

**Volleyball is played on a court that is 9 meters wide by 18 meters long.**





# What do you need to play volleyball?

**If you want extra protection for your knees , you can wear knee pads while playing.**





**What are the main rules  
to play volleyball?**

# serving



**One team starts the game by serving the ball over the net to the other side.**



# passing



**After the serve ,the other team must pass the ball between each other using their hands or arms to get it over the net.**

# Three hits



**Each team has up to three hits to return the ball over the net.**

# No holding



**You can not catch or hold the ball . It must bounce off your hands cleanly.**



# No Double hits



**A player can not hit the ball twice in a row.**

# scoring



**You get points when the ball lands in the other team's court, or when they make an error . To win the game, a team must score 25 points with a two-point differences.**

# Teamwork



**Volleyball is a team sport , so teamwork is quite important.**