



HELLO!

A vibrant, comic book-style graphic featuring the word "HELLO!" in a bold, yellow, sans-serif font with a thick black outline. The text is set against a bright blue, multi-pointed starburst shape that also has a black outline. The entire composition is centered on a pink background with a fine, white dotted pattern.

A dog runs after the peloton during
the second stage of the 71st Paris-
Nice cycling race between Vimory
and Cerilly

Photograph: Jeff Pachoud/AFP/
Getty Images





LISTENING

1 Listen to the show and look at photos A–C. Which is the photo of the week? What happened next?



2 Number the events in the order you hear them.
Then listen again and check.

- a The football went into the goal.
- b The Sunderland player kicked the football.
- c A fan threw a beach ball onto the field.
- d A Sunderland player was running towards the goal.
- e The referee decided to allow the goal.
- f The football hit the beach ball.

3 Listen again. Complete the sentences.

Liverpool (x3) Manchester Sunderland (x2)

- 1 The *Sports Review* studio is in
- 2 A fan threw a beach ball onto the field.
- 3 won the match 1-0.
- 4 The players weren't playing well.
- 5 Chloe thought played better than





PAST SIMPLE TENSE

SPEAKING

Describing a past event

1 When was the last time you watched a sports event (in person or on TV) or took part in one? What was it?



2 Listen to Max and Rachel talking about sports. Who took part in an event? Who watched one?



3 Read the *Prepare to speak* box. Complete the sentences with the past simple or past continuous form of the verbs. Then listen again and check.

- 1 Manchester City (win) for most of the game.
- 2 Real Madrid (score) two goals in the last five minutes.
- 3 Lots of people (watch) the competition.
- 4 I (come) third in one race.




PREPARE TO SPEAK


Describing a past event

When you describe a past event:

- use the past simple to talk about the main things that happened
- use the past continuous to talk about actions in progress
- add your opinion: *It was an amazing ...*, *It was really exciting*, *It was the best ... ever*, *It was so cool*, *I really enjoyed ...*
- add reasons for your opinion: *because ...*



 **4** Listen to the whole recording again. Which phrase from the *Prepare to speak* box do they *not* use?

 **5** Complete the reasons that Max and Rachel give. Listen again to check.

- 1 I was very happy because ...
- 2 I really enjoyed taking part because ...

6 Think about a recent sports event. Read the questions and plan your answers.

- 1 What was the event and when was it?
- 2 Did you watch it or take part in it?
- 3 What happened during the event?
- 4 What was the final result?
- 5 Did you enjoy it? Why? / Why not?

7 Ask and answer the questions in Exercise 6. Use the past simple and past continuous, and use phrases from the *Prepare to speak* box.



www.Games4esl.com

[aparat.com/SaharTaremiiii](https://www.aparat.com/SaharTaremiiii)

1 Ask and answer the questions with a partner.

- 1 What activities do you enjoy doing in PE class?
- 2 What physical activities do you do in your free time?

LIFE SKILLS

PHYSICAL WELL-BEING

KEEPING FIT



LIFE SKILLS

Keeping fit

Fitness is an important part of a healthy lifestyle. If you want to keep fit, you need to care for your body and do physical activity every day.





5

Listen to Anna and Tom talking about their fitness habits. Who is usually more active?



6

Listen again. Complete the sentences with one or two words.

- 1 Tom usually plays after school.
- 2 Tom sometimes goes to with friends.
- 3 Anna's got practice twice a week.
- 4 Anna also on Tuesdays and Fridays.
- 5 Tom and Paul usually play at the weekend.
- 6 Anna says Tom should with his friend Danny.



- 7 Complete the *Useful language* phrases with the words in the box.

about active after school
could go swimming stairs



USEFUL LANGUAGE

Making a fitness plan

- 1 I usually play (basketball)
- 2 I don't usually on weekdays.
- 3 I do an hour of exercise most days.
- 4 I'm not very at weekends.
- 5 I ride my bike to school more often.
- 6 We should always walk up the

3

MY WAY OF LIFE

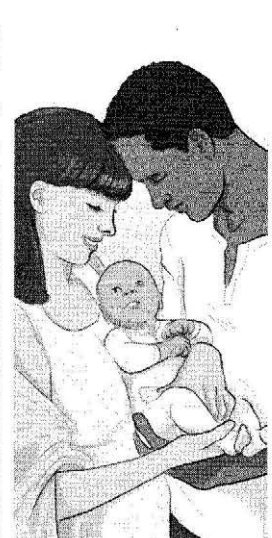
VOCABULARY

Life events

1 Add the missing vowels (a, e, i, o, u) to complete these life events.

- | | |
|--------------------------------|-------------------------|
| 1 b__ b__rn | 8 st__rt sch__l |
| 2 g__t __ d__gr__ | 9 g__t m__rr__d |
| 3 g__t __ dr__v__ng l__c__nc__ | 10 g__t __ n__v__rs__ty |
| 4 g__t __ j__b | 11 l__v__ sch__l |
| 5 h__v__ ch__ldr__n | 12 m__v__ h__m__ |
| 6 r__t__r__ | 13 v__t__ |
| 7 l__v__ h__m__ | |

2 Look at the pictures. What are they celebrating? Write a life event from Exercise 1 in each space.



- 1 _____ 2 _____ 3 _____ 4 _____ 5 _____

3 Complete the sentences with the correct form of the words from Exercise 1.

- I want to _____ in London and study history.
- I _____ for my local politician last week.
- My dad _____ in the last century.
- I've just _____ because I like this house more than my last one.
- In my country, all children _____ when they are between 16 and 18.
- I want to _____ and then buy a second-hand car.
- My sister _____ after working at the bookshop for 50 years.
- My friend's older brother _____ as a car mechanic.

4 Match the questions and the answers.

- | | | |
|---|-------|--|
| 1 What is Charlie going to study at university? | _____ | a Definitely not before I am 30! |
| 2 When were you born? | _____ | b On 30th May 2006. |
| 3 When did you start school? | _____ | c He wants to get a degree in English. |
| 4 Do you think you will have children? | _____ | d We need more space for the baby. |
| 5 Is your sister going to leave school next year? | _____ | e I don't think so, and anyway she's only 16. |
| 6 Why are you moving home? | _____ | f I went to school when I was six years old. |
| 7 When do you think you will retire? | _____ | g Probably when I am 70! |
| 8 When did you first vote? | _____ | h In the general election just after my 18th birthday. |

1 Read the title of the newspaper article. Tick (✓) the information you think it will include.

- 1 not much choice in courses
- 2 the number of students who dislike school
- 3 reasons students are unhappy at school
- 4 the most boring subjects at school
- 5 the best types of jobs
- 6 a solution to the problem

EDUCATION IS BORING AND DOESN'T PREPARE THEM FOR THE FUTURE, SAY STUDENTS

Do you find your school lessons boring? Many teenagers say they don't enjoy their classes and think the education system needs to change to make it more interesting and useful.

Around 80% of students said they were unhappy with their school life, and almost 50% said there were not enough courses to choose from.

When asked how they felt about their education, students said they often didn't find it very interesting. 'It does only a tiny bit to help us find **employment**,' says Naomi, 16, from Cardiff. 'This really needs to change so our education makes sure we are helped to become successful later in life.'

Nicholas, 13, from London says when he is studying in class, he is often exhausted because he is always doing tests, which makes him lose interest. 'It's always about getting good results in tests, not about giving you more **knowledge** to help you when you leave school to get a job.'

The other thing students say is a problem is that often the lessons don't include anything connected to their interests. 'They don't seem to know who we are as young people in the twenty-first century. There isn't much technology used in the classroom, whereas in our personal lives, we – and everyone else – use technology in lots of different and exciting ways,' says Jessie, 16, from Winchester.

Education experts agree: 'Today's system is too **focused on** helping students pass exams and it doesn't help them prepare themselves for real life and work', says Nigel Jones from EducateUK, an organisation that wants to make changes to the education system.

But what can be done to change this? 'We need to focus education on helping young people to develop the **skills** and knowledge they need in the modern world', says Jones. 'We think that there should be a new, more relaxed course system that gives teachers more choices to make lessons more fun, interesting and **practical**.'

The idea is popular with students too. 'I'd love to have new, more useful classes at my school,' says Mark, 14. 'I'd like to learn computer programming so that I can become a video games developer when I'm older.'

2 Read the newspaper article and answer the questions.

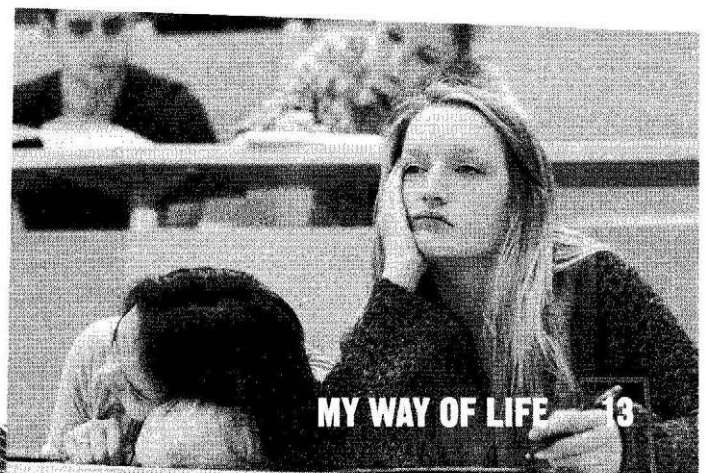
- 1 Most students say that they think their education is
 - a good enough.
 - b not good enough.
- 2 Naomi thinks that the education system
 - a isn't very good at helping students find a job.
 - b helps students be successful in life.
- 3 Nicholas says he feels tired because he
 - a has a job after school.
 - b does lots of exams.
- 4 Jessie thinks that teachers
 - a don't use technology enough in the classroom.
 - b use technology too much in the classroom.
- 5 Nigel Jones thinks education
 - a needs to change.
 - b should prepare students for exams.
- 6 Nigel thinks that lessons should be
 - a more relaxing.
 - b more useful.

3 Match the highlighted words in the article to their meanings.

- 1 _____ giving most attention to
- 2 _____ facts and information
- 3 _____ things you can do well
- 4 _____ work
- 5 _____ useful in real situations

4 Complete the sentences with a word from Exercise 3.

- 1 It can be difficult to find _____ after leaving school.
- 2 I want to get a really good job where I can use my _____.
- 3 This book has some really _____ tips on how to pass English exams.
- 4 My uncle has a very good _____ of trains.
- 5 My sister is in her last year of high school and is really _____ getting into a good university.



1 Write the comparative and superlative forms of the following adjectives.

Adjective	Comparative	Superlative
1 big		
2 great		
3 safe		
4 easy		
5 exciting		
6 good		
7 bad		

2 Choose the correct words to complete the dialogue.

A: Hi, Rob. How are you?

B: Great, thanks! I'm going to see the ¹latest / later Star Wars movie.

A: Sounds amazing! Where are you going to watch it?

B: At the Globe Cinema. It's the ²best / bestest in the city.

A: What time of day can you get the ³cheapest / cheaper tickets?

B: At 2 p.m.

A: What are the snacks like there?

B: Oh! They have the ⁴tastier / tastiest hot dogs!

A: Do you think this Star Wars film is going to be the ⁵more scary / most scary?

B: I don't know, but maybe it's going to be the ⁶amazingest / most amazing!

3 Complete the sentences with the correct form of the adjectives in brackets.

1 Simon is _____ person in our class. (popular)

2 Are people who live in Edinburgh _____ than people who live in London? (happy)

3 Where is _____ street in the world? (short)

4 Singapore is _____ to live in than St Petersburg. (expensive)

5 In the USA the age at which people can drive a car is _____ than in the UK. (young)

4 Write the words in the correct order to make sentences.

1 Valentina's university / as / isn't / Charly's / modern / as

2 Your city as / isn't / Marco's / as / big

3 I don't have / apps / many / as / my / as / friend

4 Zoe as / as / tall / Louis / isn't

5 People say that New York / dangerous / isn't / New Orleans / as / as

6 Here in the countryside, / as / as / fast / in / the internet speed isn't / city / the

5 Write the sentences using *not as ... as*.

1 Running is faster than swimming.

2 Mexico is hotter than Germany.

3 Antonia is friendlier than her sister.

4 Playing sports is healthier than playing video games.

5 Cats are more intelligent than dogs.

6 The maths exam was harder than the science exam.

6 Correct the mistakes and write new sentences or tick (✓) any you think are correct.

1 My sister older invited her to go out with us.

2 My granddad became more happy.

3 We go horse riding together, but I am not more good than her.

4 He's a bit tallest and thinnerer than me.

5 We saw the latestest film with Tom Hiddleston. I liked it!

VOCABULARY

too, enough, not enough

1 Rewrite the sentences so that they mean the same. Use *too, enough or not enough*.

1 This phone is too small.

2 This jacket isn't loose enough.

3 We have lots of space for the baby.

4 This computer is too slow.

5 My mum's car isn't big enough for our bikes.

6 We have lots of players in the team.

2 Complete the text with *too* or *enough*.

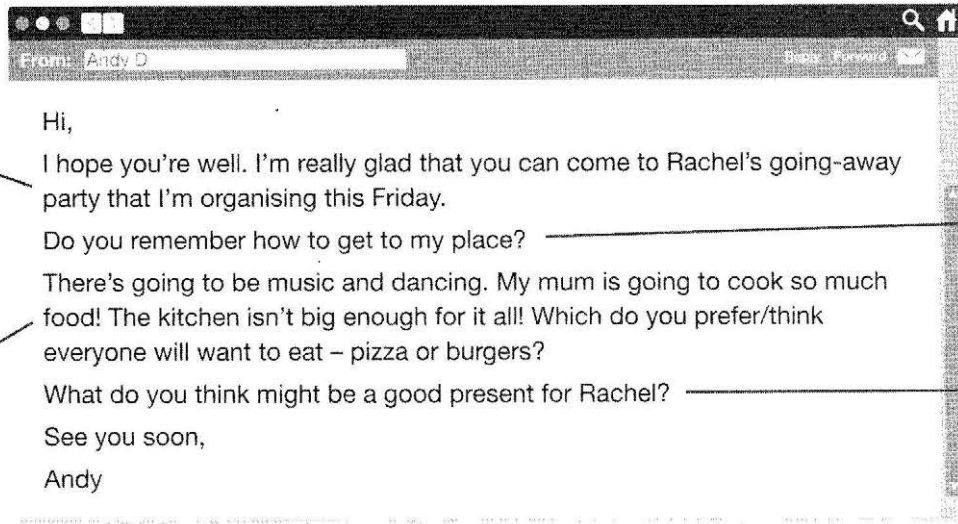
Yesterday I wanted to go into town. It was ¹ _____ far to walk, and so I decided to get the bus. When the bus arrived, there wasn't ² _____ room for me because it was ³ _____ crowded. The bus wasn't big ⁴ _____! So finally I walked into town.

» See Prepare to write box, Student's Book, page 23.

1 Look at the picture. What is happening?



2 Read this email from your English-speaking friend Andrew to see if you're right.



3 In informal emails, it's important to use short forms. Rewrite these sentences using short forms.

- 1 He has not got his phone with him.

- 2 She does not know anyone here.

- 3 We are going to leave soon.

- 4 I am bored.

- 5 What is your friend's name?

4 Plan an email to Andy, giving him your answers to his questions. Write down your ideas using the following responses.

- You think the party will be fun.

- Give the directions to Andrew's place.

- Say which food you prefer and why.

- Suggest a good present for Rachel.

5 Write your email to Andy, using all the notes.

- Write about 100 words.
- Remember to check your spelling and grammar.
- Remember to use informal words and expressions, and short forms.