

1 **Feel the rush, the sun is high! Life
is breathing, touch the sky! Shake
the dust and break the chain,
Hello, Spring! Let's start again!**

Winter's sleep is long behind,

Heavy coats we leave to find

Better things, the earth is turning,

See the little seeds are yearning!

Wanna move? Wanna jump?

Wanna shout? Gotta let the good
times out!

2 **Feel the rush, the sun is high! Life
is breathing, touch the sky! Shake
the dust and break the chain,
Hello, Spring! Let's start again!**

Every drop of morning dew, Holds
a world completely new. Hear the
birds begin their call, Something's
rising for us all!

3 **Feel the rush, the sun is high! Life
is breathing, touch the sky! Shake
the dust and break the chain,
Hello, Spring! Let's start again!**

Leader: Hey, are you ready for the change?

All: YES!

Haji Firuz: Are you ready to rearrange?

All: YES!

Leader: Then let the energy flow right through!
All: WE CAN DO IT! ME AND YOU!

4 **FEEL THE RUSH, THE SUN IS
HIGH! LIFE IS BREATHING,
TOUCH THE SKY! SHAKE THE
DUST AND BREAK THE CHAIN,
HELLO, SPRING! LET'S START
AGAIN! START AGAIN!**

(Stomp/ Clap on the final beat)