

1    **Feel the rush, the sun is high! Life  
is breathing, touch the sky! Shake  
the dust and break the chain,  
Hello, Spring! Let's start again!**

Winter's sleep is long behind,  
Heavy coats we leave to find  
Better things, the earth is turning,  
See the little seeds are yearning!  
Wanna move? Wanna jump?  
Wanna shout? Gotta let the good  
times out!

2    **Feel the rush, the sun is high! Life  
is breathing, touch the sky! Shake  
the dust and break the chain,  
Hello, Spring! Let's start again!**

Every drop of morning dew, Holds  
a world completely new. Hear the  
birds begin their call, Something's  
rising for us all!

3    **Feel the rush, the sun is high! Life  
is breathing, touch the sky! Shake  
the dust and break the chain,  
Hello, Spring! Let's start again!**

Leader: Hey, are you ready for the change?

All: YES!

Haji Firuz: Are you ready to rearrange?

All: YES!

Leader: Then let the energy flow right through!

All: WE CAN DO IT! ME AND YOU!

4    **FEEL THE RUSH, THE SUN IS  
HIGH! LIFE IS BREATHING,  
TOUCH THE SKY! SHAKE THE  
DUST AND BREAK THE CHAIN,  
HELLO, SPRING! LET'S START  
AGAIN! START AGAIN!**

(Stomp/ Clap on the final beat)