

READING

- 1 Look at the website. Whose blog is this? What is it about? What information can you find on the website?

THE TASTE TEST



About me

Hello everyone!

Thank (0) you for visiting my blog. My name's Caitlin and I'm 14. I've always loved cooking. (1) _____ I was nine, I told my parents I wanted to be (2) _____ chef and that's still my plan today. I especially love making cakes and baking.

On this blog, I want to show people (3) _____ much fun it is to cook. I also want to show them that cooking a meal can (4) _____ quick and easy, and that it tastes better (5) _____ food that is made in a factory.

And remember, if you do the cooking, you don't have to do the washing-up. That's my rule anyway. So go on – make a mess! I always do.

Don't forget (6) _____ leave me a message if you like anything on my website. Happy reading!



The best steak!

YOU NEED:

1 steak per person
some garlic
a little butter
salt and pepper

HOW TO MAKE IT

- 1 Cover the steak in salt and pepper.
- 2 Heat the grill. It needs to be hot!
- 3 Grill the steak for two or three minutes on each side.
- 4 Fry the garlic in the butter.
- 5 Serve the steak with garlic butter, fried potatoes and green beans or carrots.



Pancakes

YOU NEED:

2 eggs
300 ml milk
100 g flour

HOW TO MAKE THEM

- 1 Mix the eggs and milk together.
- 2 Add the eggs and milk to the flour.
- 3 Put some oil in a pan.
- 4 Cook the pancake on both sides.
- 5 Cover it with lemon and sugar, chocolate sauce or cream, or serve it with pieces of fresh fruit, such as banana and raspberries.



- 3 Read the two recipes. Match each recipe to one of the photos A–G. Which recipe would you like to make? Do you know any other recipes?

PREPARE FOR THE EXAM

Reading Part 5

- 2 Complete the *About me* text on the web page. For each question, write the correct answer. Write one word for each gap.

TALKING POINTS

15 Watch the video, then discuss the questions.

What's your favourite food?

Do you like to cook?

Tell me about your favourite breakfast

VOCABULARY Ingredients; make and do

1 Match the words in the box to photos A-H below.

EP
beans carrots garlic melon pears
potatoes salt and pepper steak

142 Listen and check. Then repeat.

2 Now, write them in the table under the correct headings. Add more words you know to each column.

Meat	Fruit	Vegetables	Other
steak			

3 Check the meaning of these words in a dictionary. Can you find pictures of foods cooked like this on the web page on page 110?

EP
baked boiled fried grilled roast

4 In pairs, look at these words. Say what you use each thing for.

- knife / fork / spoon
You use a knife to cut food. You use fork to pick food up. You use a spoon to ...
- mug / glass / cup
- bowl / plate / dish

5 Put the words and phrases with *make* and *do* in the correct column in the table.

EP
the bed a cake the cleaning
a cup of tea the dishes your homework
a mess a mistake the shopping
the washing

Make	Do
a cup of tea	the cleaning

6 Which of the things in Exercise 5 do you sometimes/often/never do?



LISTENING

PREPARE FOR THE EXAM

Listening Part 2

1 For each question, write the correct answer in the gap. Write one word or a number or a date or a time.

You will hear a woman giving information about a cooking competition.

SCHOOL CHEF COMPETITION

For students aged:	12-15
Last date to enter:	(1) _____ June
Number of teams:	(2) _____
Where competition will be:	(3) the _____
Name of chef:	(4) John _____
Prizes:	(5) T-shirts, cookbooks and _____

2 In pairs, compare your answers. Then, listen again and check.

SPEAKING

1 You are going to enter the Junior Chef cooking competition. Work in teams of three or four and decide on your recipe.

- What ingredients will you need for your recipe? Make a list together.
- How you will cook it? Write a simple recipe. Look at the ones on page 110 to help you.
- Who will do the different jobs, such as shopping, cutting the vegetables, cooking on the day of the competition, washing-up ... ?
- Why is it a good meal to serve in a school café? Try to think of three reasons.

USEFUL LANGUAGE

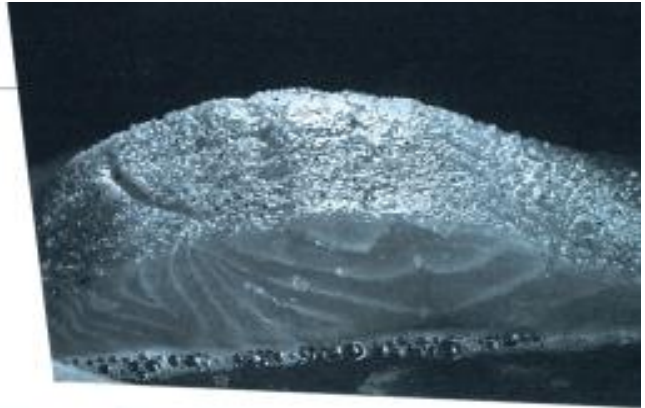
Can you cut the vegetables?	Let's ... That's a great idea.
I'd prefer not to do the dishes.	That sounds good!
I'll buy the ingredients.	What about ...?
I'm not sure about that.	Why don't we ...?

2 Present your ideas to the class. Choose the best dish for your school café.

VOCABULARY Ingredients

1 Choose the correct words to complete the sentences.

- 1 Green beans are a *fruit / vegetable*.
- 2 Melons are a *large, square / round* fruit.
- 3 Steak is a kind of *vegetable / meat*.
- 4 Pears are *white / red* inside.
- 5 Garlic is often eaten with *meat / ice cream*.
- 6 Carrots are *green / orange*.
- 7 *Chips / Sweets* are made with potatoes.
- 8 Salt and pepper are usually added to *soup / cereals*.



2 Tick (✓) the correct box(es).

	Cooked in water	Cooked inside the cooker	Cooked on top of the cooker	Cooked in some oil or butter
a fried fish				
a baked potato				
a roast chicken				
a grilled burger				
a boiled egg				

3 Choose the correct verbs to complete the phrases.

- | | |
|----------------------------------|---------------------------------|
| 1 <i>make / do</i> a cake | 6 <i>make / do</i> a mess |
| 2 <i>make / do</i> the cleaning | 7 <i>make / do</i> a mistake |
| 3 <i>make / do</i> a cup of tea | 8 <i>make / do</i> the shopping |
| 4 <i>make / do</i> the dishes | 9 <i>make / do</i> the washing |
| 5 <i>make / do</i> your homework | 10 <i>make / do</i> the bed |

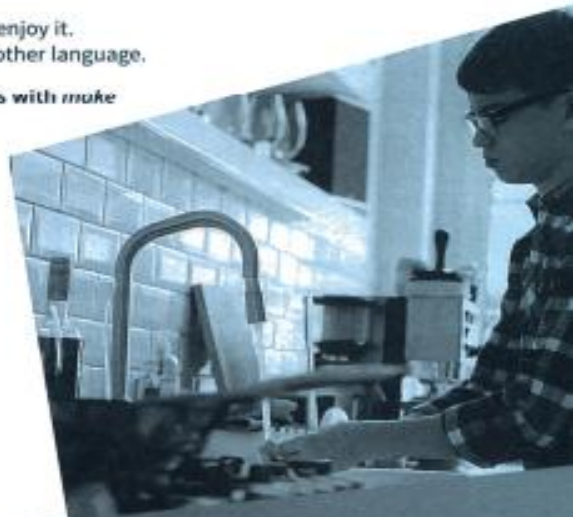
4 Complete the sentences with the correct form of *make* or *do*.

- 1 The machine broke when I was _____ the washing yesterday.
- 2 When I visit my grandmother, the first thing she says to me is: "Would you like me to _____ you a cup of tea?"
- 3 My baby brother _____ a mess when he eats.
- 4 My parents always _____ the cleaning at the weekend.
- 5 My sister _____ me a beautiful cake for my birthday last week.
- 6 Have you _____ your bed today?
- 7 My friends think I'm crazy, but I enjoy _____ my homework.
- 8 Do you ever _____ the dishes at home?
- 9 I've _____ the shopping lots of times, but I don't enjoy it.
- 10 I usually _____ a lot of mistakes when I speak another language.

5 What do you do at home? What don't you do? Write sentences with *make* and *do* phrases in Exercise 3 and the words in the box.

always never often sometimes usually

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____



READING

- 1 Read the blog quickly. What is it about?

PREPARE FOR THE EXAM

Reading Part 5

- 2 For each question, write the correct answer. Write one word for each gap.



Hi, I'm Lucy. Thank you (0) _____ for visiting my blog about family life. Today, I (1) _____ going to tell you about our kitchen. It is (2) _____ most important room in this flat, which I share (3) _____ my mum, dad, and brother. We all love cooking so we spend lots (4) _____ time in this room. My brother (5) _____ I always make a mess when we cook, but my parents don't mind if we tidy up after we've eaten. (6) _____ is a large, round table in the middle of the room, and we all sit together around it each evening, chatting while we slowly eat our dinner.

EXAM TIPS

- The second time you read something, you will see things you didn't see the first time. Don't forget to read the text more than once!
- Look at the photo and think about the topic before you read the text.

- 3 Read the blog. There are four sentences missing. Choose the correct place in the text for sentences A-E. There is one extra sentence that you don't need.

Hi! It's Lucy again! Today's blog is about one of the best meals I've ever had with my family at home. It was lunch last Sunday. We don't often eat together at lunchtime at the weekends ¹ _____. But last Sunday we were all at home because it was too snowy to go out. My brother and I decided to make a meal for everyone. We couldn't go out to buy anything ² _____. There was a chicken, which we roasted, and onions, potatoes, carrots, tomatoes and beans, ³ _____. While it was cooking, my mum made a chocolate dessert. The food was amazing, but the reason I enjoyed it so much was the great feeling of being with all my family in our lovely warm home, ⁴ _____.

- A and we eat the same kind of food
B so we used everything that we found in the fridge
C while it was snowing outside
D which we baked all together with a bit of oil and goat's cheese for about 40 minutes
E because we're usually out doing different activities

LISTENING



PREPARE FOR THE EXAM

Listening Part 2

- 1 For each question, write the correct answer in the gap. Write **one word or a number or a date or a time**.

You will hear a boy telling his friend about another friend's birthday meal.

JASON'S BIRTHDAY MEAL

Name of restaurant: Roberto's
 Day: (1) _____
 Time: (2) _____ p.m.
 Cost of meal: (3) £ _____ per person
 Address of restaurant: (4) 74 _____ Street
 Restaurant is opposite: (5) the _____

EXAM TIPS

- Look at the notes before you listen and think about the information you'll need to write.
- Write numbers in figures (8) instead of words (eight). It's quicker and easier.

WRITING

An instant message

- 1 You and two friends, Nick and Joe, are going to make a cake for your teacher. Read the messages and complete them with the phrases in the box.

could one of you how about
 I'm not sure about it's a good idea
 why don't you

Hi, we need to make the cake for Mr Yates. Are you free tomorrow evening? If you are, ¹ _____ making a chocolate cake? Everybody likes chocolate cake; it's quite easy and I've got a good recipe. ² _____ come to my place to make the cake? And ³ _____ get the ingredients tomorrow, please? I'm busy all day. I'll send you the recipe. Nick

Hi Nick, yes, I'm free tomorrow evening. ⁴ _____ making a chocolate cake. It's a bit boring. How about making a pineapple and coconut cake? I've got a great recipe. Sorry, but I haven't got time to get the ingredients tomorrow. ⁵ _____ to make the cake at your place. Your kitchen is nice and big. Joe

- 2 Write a message to Nick and answer his questions. Use the notes below.

- tomorrow evening – you're free
- chocolate cake – a good idea
- ingredients – yes, tomorrow morning
- make the cake at Nick's place? no – your place?

Hi Nick, yes, I'm free tomorrow evening.
