

1

IT'S A CHALLENGE!

The Duke of Edinburgh's Award

This is a great way to have fun, make new friends and learn new things. The award has four parts:

- **VOLUNTEERING** – Give your time to make a difference to people's lives.
- **FITNESS** – Do some exercise and get fitter.
- **SKILLS** – Learn something new – or get better at something you like.
- **EXPEDITION** – Go camping and hiking in the countryside.

If you complete everything, you get a certificate.

Write an email to Mr Jones, The Duke of Edinburgh's Award leader at our school. Describe yourself and say why you want to do the award.



ABOUT YOU

Do you have any awards or prizes?
If yes, what did you win them for?
If no, do you know about any awards or prizes for young people in your country?

VOCABULARY AND READING

Adjectives of personality

- 1 Read the poster and look at the photos.
Then, in pairs, answer the questions with a partner.

- 1 What is The Duke of Edinburgh's Award?
- 2 What kind of activities do students do for the award?
- 3 Can you do an award like this at your school?
- 4 If not, would you like to do one?

- 2 Read the students' emails on page 11 and answer the questions with Daniel or Grace.

- 1 Who plays two instruments?
- 2 Who is happy with a piece of work they're doing?
- 3 Who is preparing a surprise for another person?
- 4 Who is teaching another person how to do something?

- 3 Check the meaning of the words in the emails on page 11. Then use them to complete the sentences.

- 1 My brother's very _____. He lies in bed until midday and never does any work.
- 2 My grandpa's 70, but he's still really _____. He cycles everywhere and plays tennis.
- 3 Sonia is very _____. She always thinks of other people and is good to them.
- 4 Everyone likes Toby. He's the most _____ boy in the school.
- 5 Our teacher is so _____. She always makes us laugh.
- 6 When I speak to adults I try to be _____.
- 7 Sara is very _____. She smiles a lot and she's easy to talk to.
- 8 Most people in my class talk a lot, but Fred is _____ and doesn't say much.
- 9 I wasn't sure how to do my project, but the teacher was very _____. She told me about some great websites.
- 10 Suchitra is very _____. She can paint and draw, and she writes excellent stories.



Listen and check. Then repeat.

- 4 Write sentences about your partner using the adjectives in Exercise 3. Give the sentences to your teacher to read out for the class to try and guess who they are about.

GRAMMAR

Present simple and present continuous

- 1 Complete the table with examples of the present simple and present continuous from the two emails.

Present simple	Present continuous
I often make people laugh	I'm learning to play the keyboard

- 2 Look at the examples in Exercise 1 and complete the rules.

- We use the present _____ to talk about things happening now, around now and at the moment.
- We use the present _____ to talk about things that are always true or happen regularly.

>> GRAMMAR REFERENCE AND PRACTICE PAGE 147

- 3 Choose the correct form of the verb.

- I watch / am watching Spartak Moscow play football every week.
- What do you usually eat / are you usually eating for dinner?
- Sorry, I can't talk now, I'm busy. I'm practising / practise the piano.
- We learned about rivers last term, and now we learn / are learning about forests.
- I'm quite lazy – I don't always do / 'm not always doing my homework.
- My dad is teaching / teaches me how to play tennis at the moment.

- 4 Correct the mistakes in the sentences.

- It rains a lot at the moment.
- In my free time, I'm usually going to the cinema.
- I sell my English book. Would you like to buy it?
- Right now, I watch basketball.
- I'm usually wearing a jacket, even when it's hot.
- We are swimming and sunbathing every day.

- 5 Work with a partner. Look at the photos on page 10. Say what the people are doing. Then say how often / when you do the activities in the photos.

She's playing the guitar.

I never play the guitar, but I sometimes play the piano.

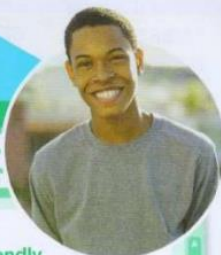
- 6 Imagine you are writing an email like Grace's and Daniel's. Make notes. Think of some:

- adjectives to describe yourself
- sports and hobbies you usually do
- things you are learning / planning / doing now.

Now write your email.

IT'S A CHALLENGE!

To: Mr Jones
From: Daniel
Subject: The Duke of Edinburgh's Award



I'd love to do The Duke of Edinburgh's Award. I'm a **friendly** person and I'm **popular** at school. I'm **funny** – I often make people laugh, but I work hard and I'm **polite** to the teachers.

Music is important to me. I'm good at the guitar and I'm learning to play the keyboard. I'm a very **active** person – I play hockey and go swimming every week. I'm also teaching my brother to swim.

To: Mr Jones
From: Grace
Subject: The Duke of Edinburgh's Award



I hope I can do this award. I'm a **quiet** person – I don't talk much, but I'm very **creative**. Art is my favourite subject. At the moment, I'm doing a big painting, and it's going well.

I like to be busy – I'm not a **lazy** person. I'm also **helpful**. My neighbour's quite old, and I often go shopping with her. She always tells me I'm **kind**. It's her birthday soon. My mum and I are planning a party for her, but she doesn't know about it!

