

Present Simple and Present Continuous

Look, think, practise!

⚡ We use the present simple to talk about habits, routines and facts.
We use the present continuous to talk about actions happening now, ... and temporary situations.

Same verb. Different meanings!



1 Look at the examples.

Read the sentences and notice the difference.

Present Simple

- I play football every Saturday.
- She works at a hospital.
- We live in London.
- He doesn't like coffee.
- Do you study English?

We use the present simple for habits, routines, facts and permanent situations.

Present Continuous

- I am playing football now.
- She is working at a hospital this week.
- We are living in London (for a while).
- He isn't liking coffee at the moment.
- Are you studying English now?

We use the present continuous for actions happening now, temporary situations and changes.

2 Complete the sentences.

Use the correct form of the verbs in brackets.

1. I _____ (play) video games every evening.
2. She _____ (watch) a new series now.
3. They _____ (go) to the cinema on Friday.
4. He _____ (not / like) spicy food.
5. We _____ (study) English this year.
6. My brother _____ (work) at a café this month.
7. You _____ (not / need) to worry.
8. What _____ (you / do) right now?



Look for time words!

→ always, usually, often, sometimes, now, at the moment, this week, today, right now, ...

3 Choose the correct option.

Circle the best answer.

1. Maria usually _____ to school by bus.
a) goes b) is going c) go
2. I _____ a shower at the moment.
a) have b) am having c) has
3. He doesn't _____ pizza.
a) like b) is liking c) likes
4. We _____ our homework now.
a) do b) are doing c) does
5. My parents _____ in a small town.
a) live b) are living c) lives
6. Look! The cat _____ on the sofa.
a) sleeps b) is sleeping c) sleep

4 Read the text and underline the verbs.

Then, write in the box if each sentence is in the present simple (S) or present continuous (C).

My daily life

I'm Daniel and I'm 15 years old. I live in Manchester with my family. I go to school every day and I study English and Maths. I usually get up at 7 o'clock, but today I'm a bit late because I'm feeling tired. I love football, so I play with my friends after school. Right now, I'm at home. I'm listening to music and I'm not doing my homework. I usually do my homework in the evening. I don't like broccoli, but I'm trying it this week. I hope I can do well in my exams!

S or C?

1. ☐
2. ☐
3. ☐
4. ☐
5. ☐
6. ☐
7. ☐
8. ☐
9. ☐
10. ☐
11. ☐
12. ☐

5 Look at the pictures and write sentences.

Use the present simple or present continuous.



1. She / listen to music (now)



2. He / play football (every weekend)



3. She / work (at the moment)



4. The cat / sleep (now)



5. He / eat a sandwich (right now)



6. They / meet (this afternoon)

6 Write about you.

Use the prompts to write 5–6 sentences.

- What do you usually do in the morning?
- What are you doing now?
- What do you like / not like?
- What are you doing this weekend?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Good luck! 😊

To: Mr Jones
From: Daniel
Subject: The Duke of Edinburgh's Award

I'd love to do The Duke of Edinburgh's Award. I'm a **friendly** person and I'm **popular** at school. I'm **funny** – I often make people laugh, but I work hard and I'm **polite** to the teachers.

Music is important to me. I'm good at the guitar and I'm learning to play the keyboard. I'm a very **active** person – I play hockey and go swimming every week. I'm also teaching my brother to swim.



To: Mr Jones
From: Grace
Subject: The Duke of Edinburgh's Award

I hope I can do this award. I'm a **quiet** person – I don't talk much, but I'm very **creative**. Art is my favourite subject. At the moment, I'm doing a big painting, and it's going well.

I like to be busy – I'm not a **lazy** person. I'm also **helpful**. My neighbour's quite old, and I often go shopping with her. She always tells me I'm **kind**. It's her birthday soon. My mum and I are planning a party for her, but she doesn't know about it!



GRAMMAR

Present simple and present continuous

- 1 Complete the table with examples of the present simple and present continuous from the two emails.

Present simple	Present continuous
<i>I often make people laugh</i>	<i>I'm learning to play the keyboard</i>

- 2 Look at the examples in Exercise 1 and complete the rules.

- 1 We use the present _____ to talk about things happening now, around now and at the moment.
- 2 We use the present _____ to talk about things that are always true or happen regularly.

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- 3 Choose the correct form of the verb.

- 1 I watch / *am watching* Spartak Moscow play football every week.
- 2 What *do you usually eat* / *are you usually eating* for dinner?
- 3 Sorry, I can't talk now, I'm busy. I'm *practising* / *practise* the piano.
- 4 We learned about rivers last term, and now we *learn* / *are learning* about forests.
- 5 I'm quite lazy – I *don't always do* / *'m not always doing* my homework.
- 6 My dad *is teaching* / *teaches* me how to play tennis at the moment.

- 4 Correct the mistakes in the sentences.

- 1 It rains a lot at the moment.
- 2 In my free time, I'm usually going to the cinema.
- 3 I sell my English book. Would you like to buy it?
- 4 Right now, I watch basketball.
- 5 I'm usually wearing a jacket, even when it's hot.
- 6 We are swimming and sunbathing every day.

- 5 Work with a partner. Look at the photos on page 10. Say what the people are doing. Then say how often / when you do the activities in the photos.

She's playing the guitar.

I never play the guitar, but I sometimes play the piano.

- 6 Imagine you are writing an email like Grace's and Daniel's. Make notes. Think of some:

- adjectives to describe yourself
- sports and hobbies you usually do
- things you are learning / planning / doing now.

Now write your email.

IT'S A CHALLENGE!



HOME

NEWS

ACTIVITIES

PHOTOS

MESSAGES

SEARCH: **YOUR LEADER: MR JONES**

Today, you are going to start using The Duke of Edinburgh's Award part of our school website. This has all your details on it, and it shows the activities you are doing. You can also get news and messages from Mr Jones here.

What you need to do:

- Fill in the online form with all your details.
- Choose your activities. You have to discuss and agree these with Mr Jones first.

Here are some ideas, but there are lots more on the DofE website:

Volunteering – helping older people, picking up rubbish or working with animals

Fitness – dance, sport or exercise classes

Skills – playing an instrument, studying a language, learning chess or improving your drawing skills

- You have to do each activity you choose for at least an hour a week for three months. Take lots of photos, and write about what you are doing. Put all this information on the website. When you finish, you can use it to print a book about your time doing the award. This costs about £20.

PERSONAL DETAILS

FIRST NAME: Grace
SURNAME: Hopkins
AGE: 14
FIRST LANGUAGE: English

CONTACT DETAILS

EMAIL ADDRESS: g.hopkins@topnet.com
ADDRESS: 44 Meadow Avenue,
London N24 6BG
HOME TELEPHONE: 020 7946 0945
MOBILE: 0770 900 573

ACTIVITIES:**READING**

1 Read the web page quickly. Who is it for?

2 Read the information on the website. Are the sentences right (✓) or wrong (X)?

- 1 Mr Jones is going to put news and messages on the website.
- 2 Mr Jones is going to fill in the students' forms.
- 3 Students need to talk to Mr Jones before they choose their activities.
- 4 If students don't like the ideas, they can choose others.
- 5 Students have to spend several hours a week doing each activity.
- 6 Students can put information about their activities on the website.
- 7 Every student gets a free book about their time doing the award.

**TALKING POINTS**

Which parts of the award do you think are most useful? Why?

Which look most fun? Why?

Why is it a good idea to do awards like this?

VOCABULARY**Personal details**

1 Read Grace's details. Match questions 1–7 to the words and phrases on the form above.

EP

- 1 What's your family name?
- 2 How old are you?
- 3 Where do you live?
- 4 What do you speak at home?
- 5 What numbers can we call you on?
- 6 What's your email address?
- 7 What's your first name?

04

Listen and check. Then repeat.

05

2 Listen to Grace's contact details. Then repeat them.

- 1 g.hopkins@topnet.com
- 2 44 Meadow Avenue, London N24 6BG
- 3 020 7946 0945
- 4 0770 900 573