Ice Hocky

1. What is ice hockey?

Ice hockey is a team sport. It is usually played on an ice surface called a rink. Hockey players wear ice skates and move with great speed on the ice. There are two teams. Each team has six players. A team scores when it moves the puck a small, hard disk- into the opponent's goal.

2. What do you need to play ice hockey?

Hockey Stick: It's a long stick made of wood or other materials. You use this stick to hit the hockey puck.
Hockey Puck: The puck is a small, black, flat disk.

- *Ice Rink: Hockey is usually played on an ice rink, a smooth, frozen surface.*
- *Ice Skates: You wear ice skates to move quickly and smoothly on the ice.*
- *Hockey Helmet: Players always wear a helmet to protect their head while playing hockey.*
- *Protective Gear: Some players wear extra padding, like shoulder pads, elbow pads, and shin guards, to stay safe during the game.*





3. What are the main rules to play ice hockey?

Face-off: At the beginning of the game and after a goal, there's a face-off at the center of the rink. The referee drops the puck, and players from each team try to get it.
Passing and Shooting: Players use their sticks to pass the puck to their teammates and shoot it into the net.

- *Skating: You move around the ice rink by skating on your ice skates.*
- *Goalie: The goalie has a special job to defend the net.*
- *Teamwork: Hockey is a team sport, so teamwork is quite important.*

Ice Hockey Worksheet

A. Match the equipment to its name (draw lines):

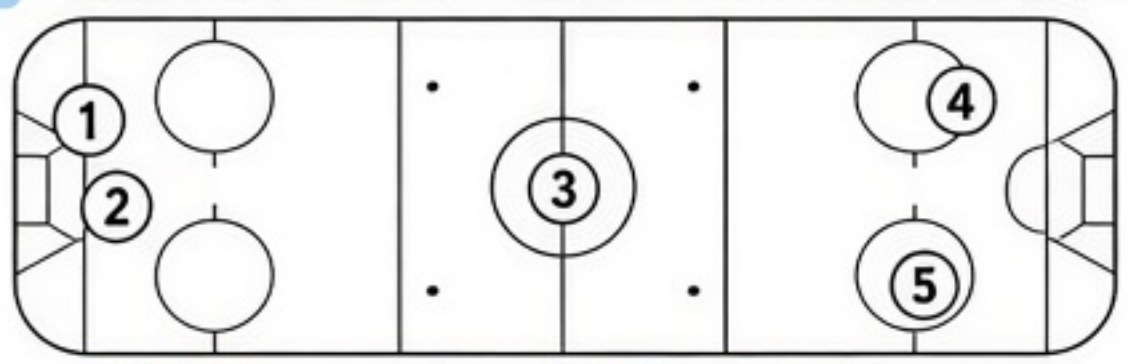


- Helmet
- Skates
- Stick
- Gloves
- Puck
- Goal net

B. Circle the correct answer:

1. How many players from one team are usually on the ice?
   ◯) 4 ◯ 6 ◯ 11
2. Whaat do players try to put into the net?
   ◯) Ball ◯ Puck ◯ Frisbee
3. A game is divided into:
   ◯) 2 halves ◯ 3 periods ◯ 4 quarters
4. The player who protects the net is the:
   ◯ a) Center ◯ Goalie ◯ Wing

C. Label the positions (write the names next to the pictures or numbers):



Goalie, Defenseman, Center, Left Wing, Right Wing

1 _____
2 _____
3 _____
4 _____
5 _____

D. Fill in the blanks:

1. Ice hockey is played on _____.
2. Players wear _____ on their feet.
3. The hard rubber disc is called a _____.
4. Young players usually cannot do body _____.

E. Short answer:

Name two pieces of protective equipment.

_____

What is the job of the goalie?

_____

Name: _____ **Date:** _____