


Unit 17

Staying healthy



Watch this video clip then
discuss questions below




**Have you ever
hurt yourself
severely?**

**Have you ever
had an
accident?**



**Have you ever
broken any
bones?**



**Have you ever
hurt yourself
severely?**

(mentally or physically)

**Have you ever
had an
accident?**

**Have you ever
broken any
bones?**

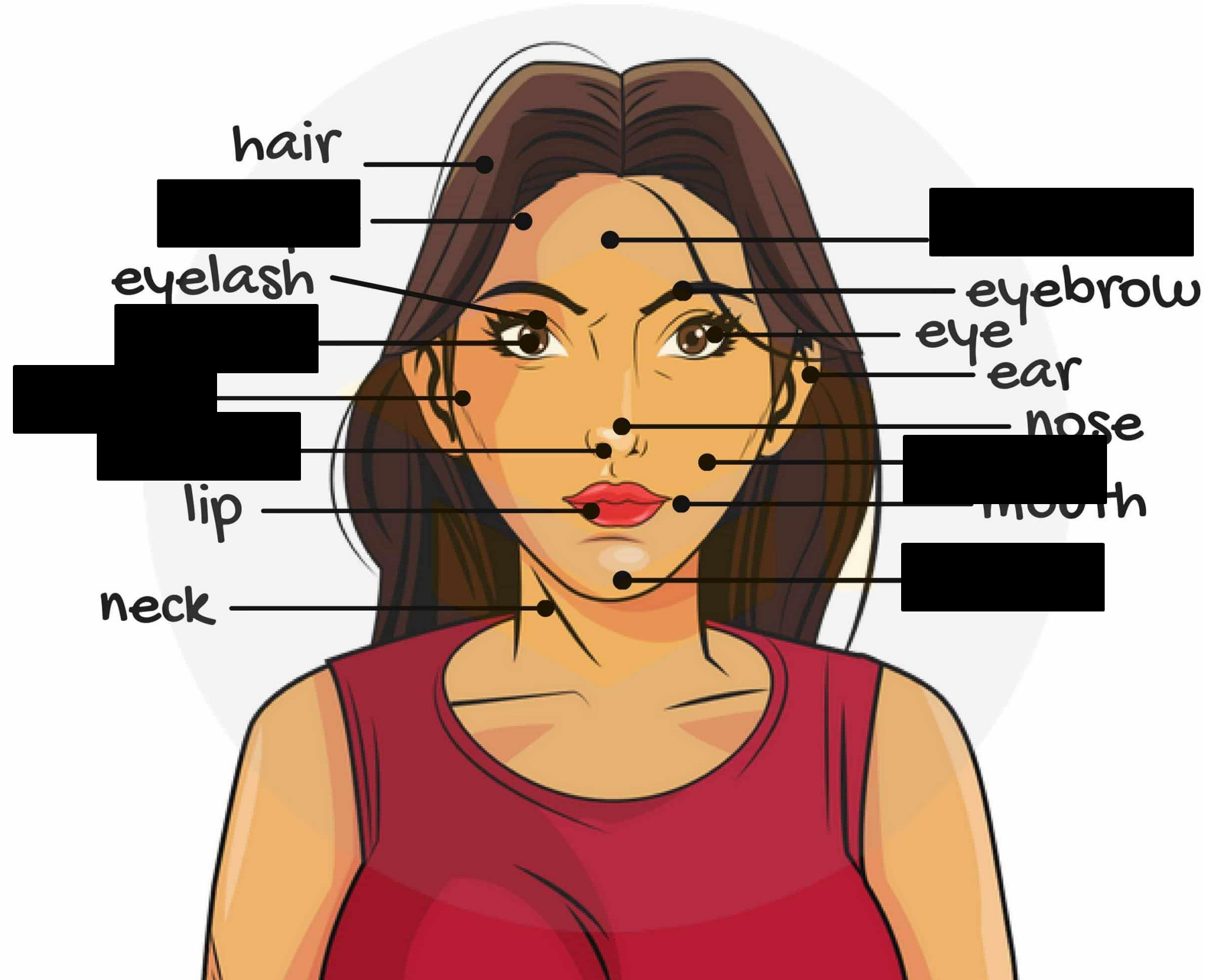




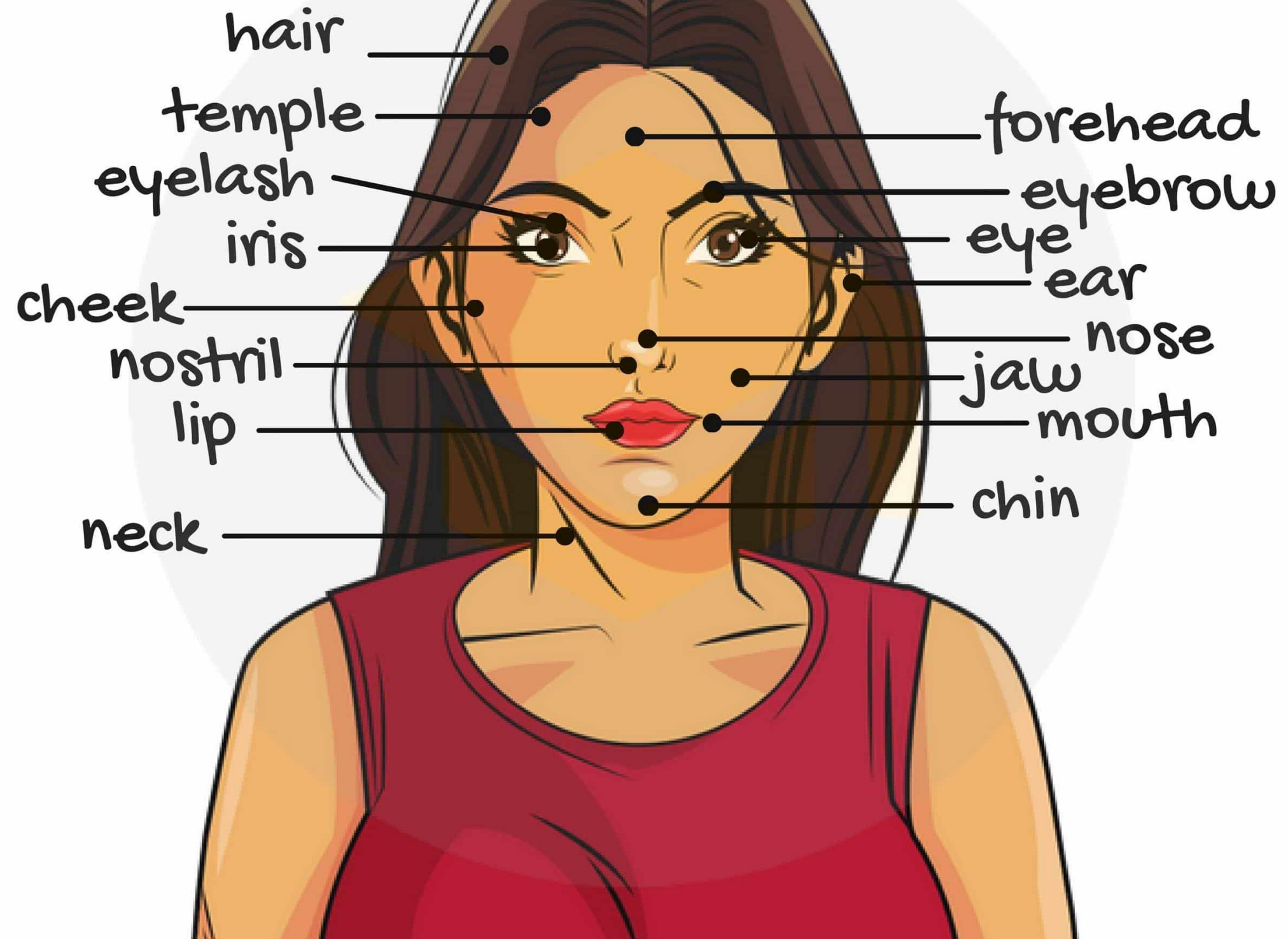
Vocabualry

01

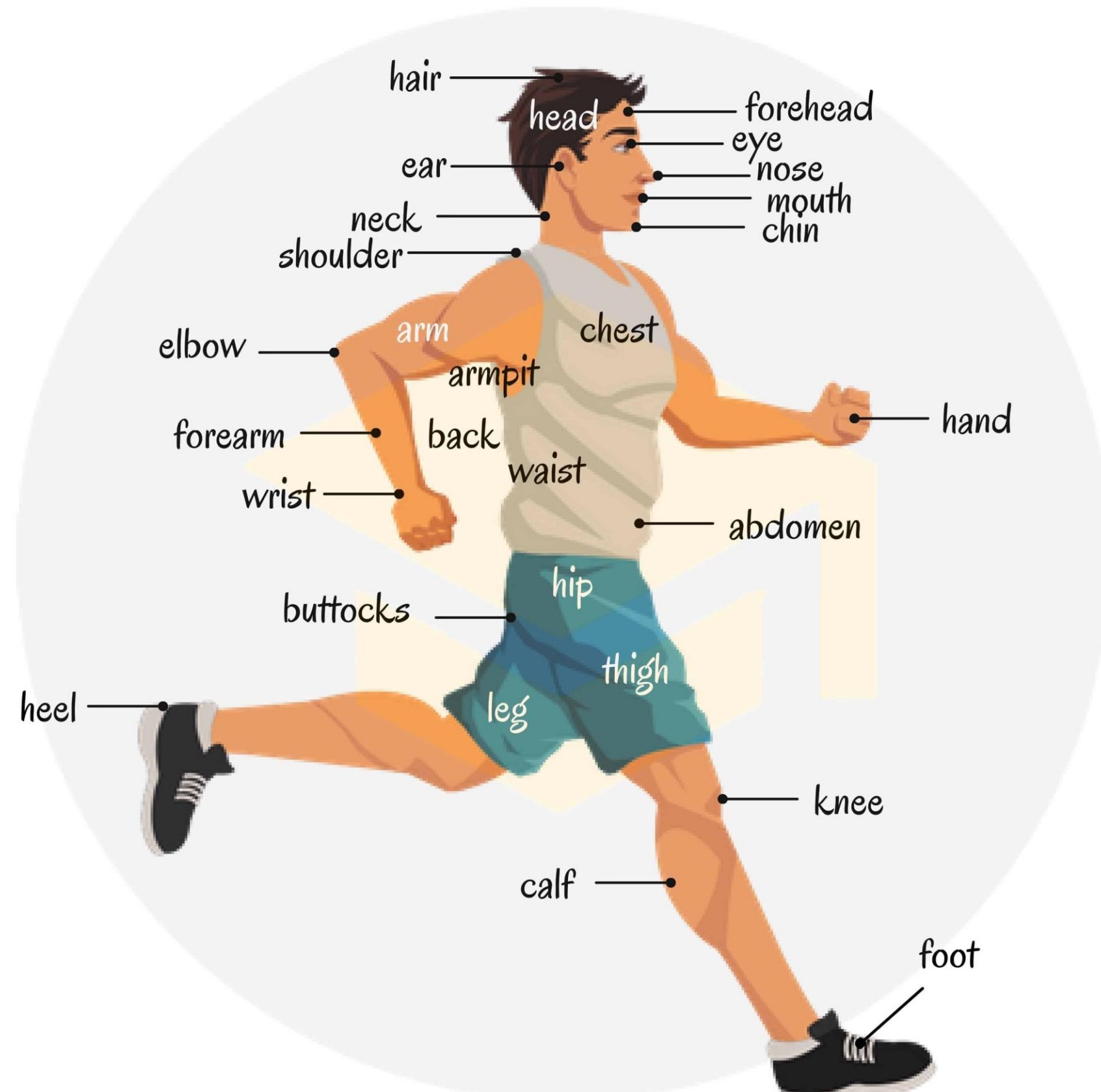
THE HEAD

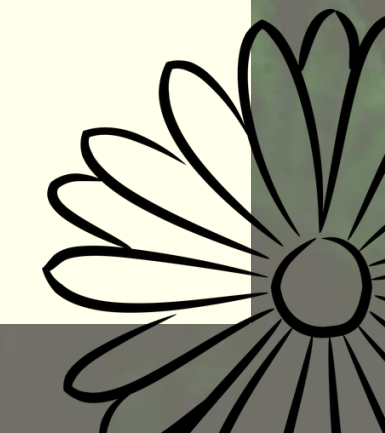
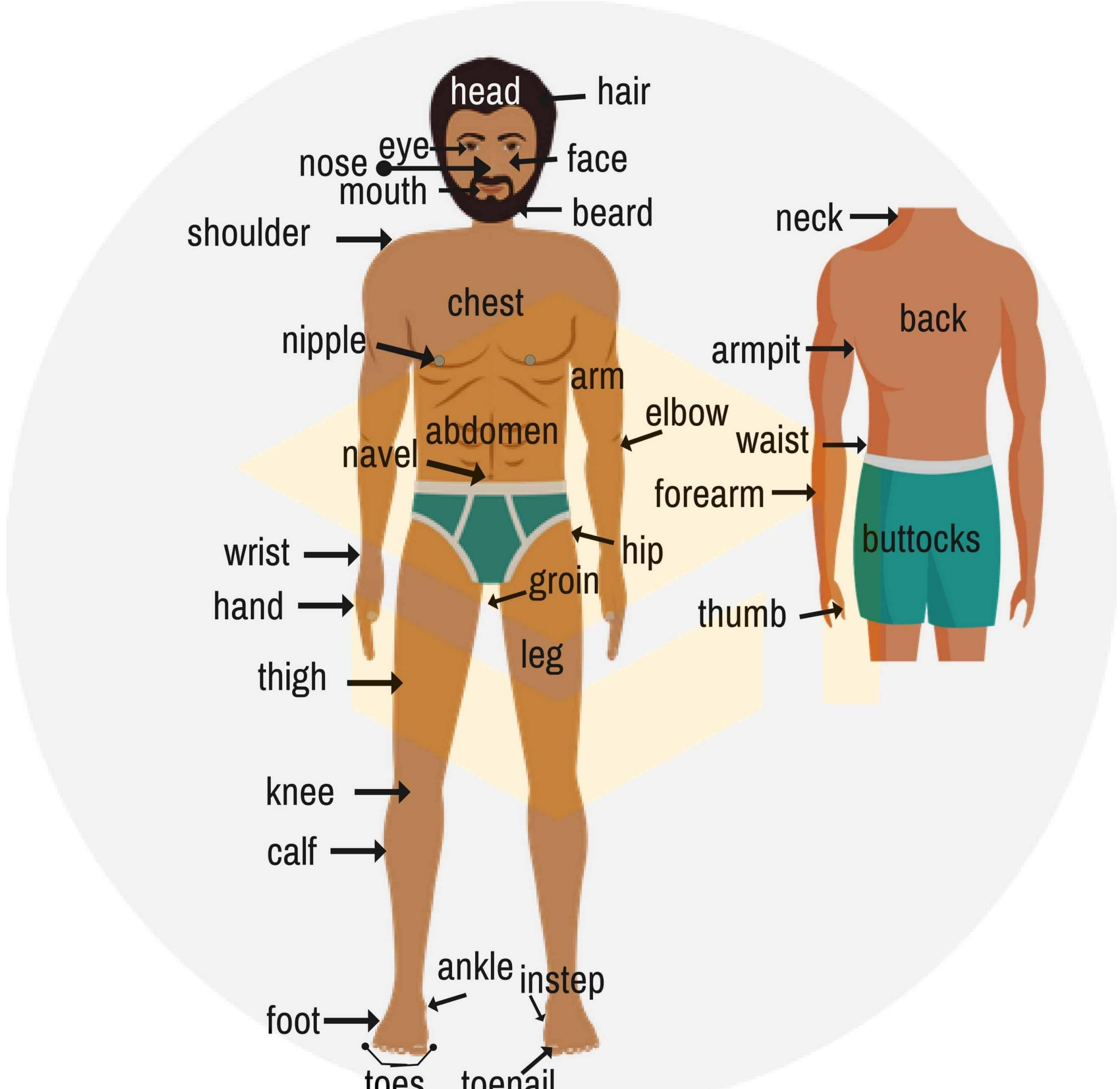


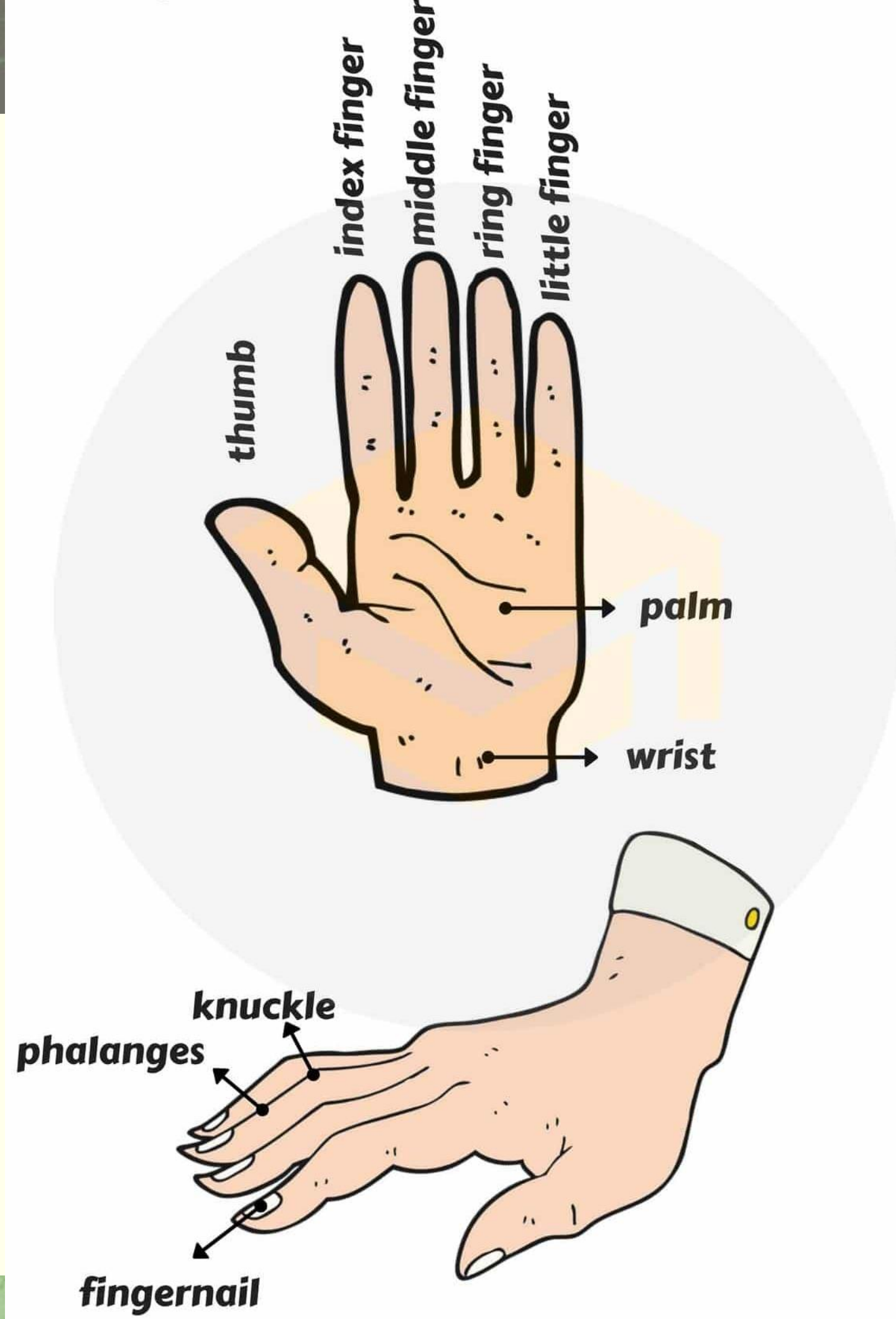
THE HEAD



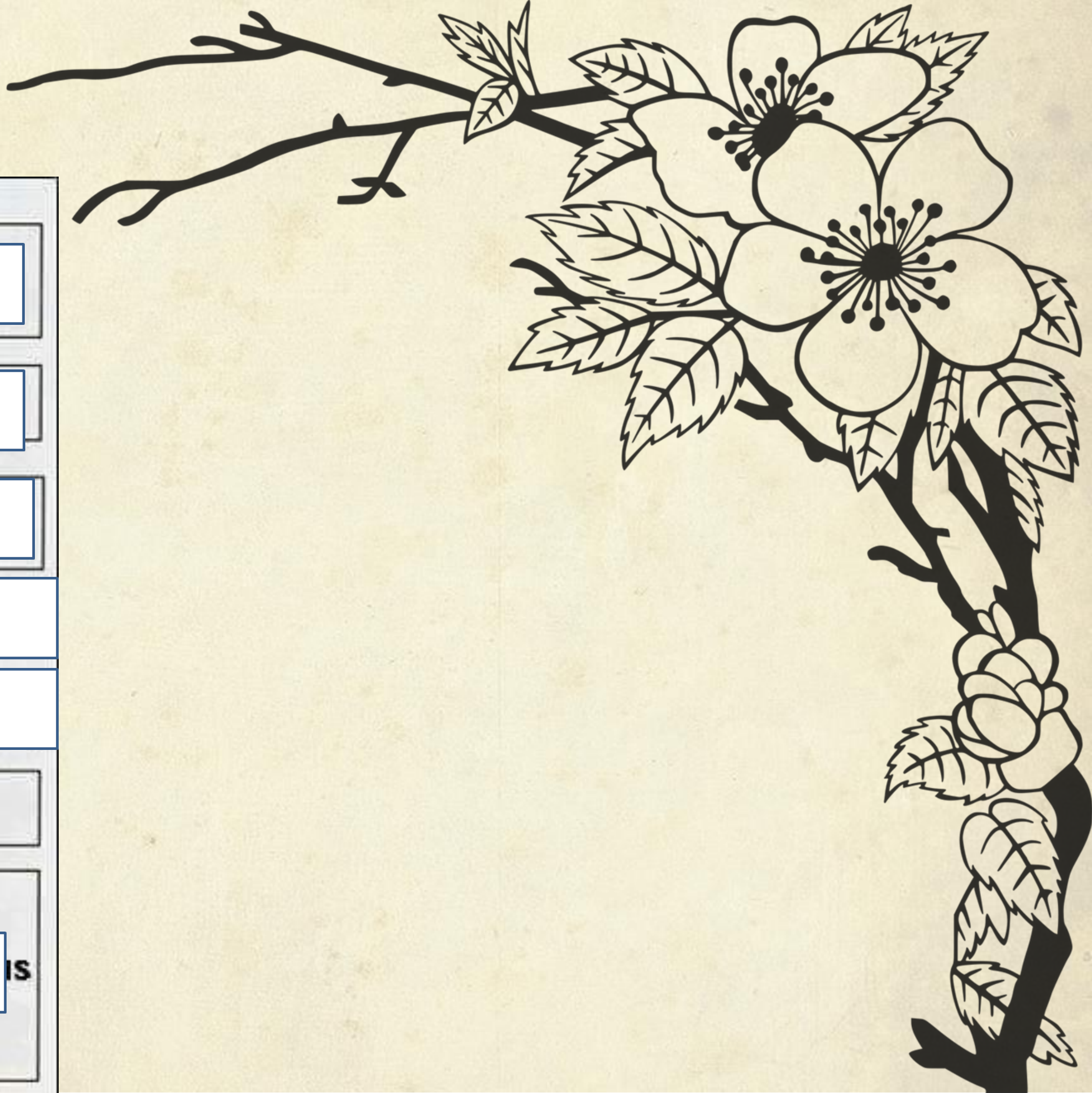
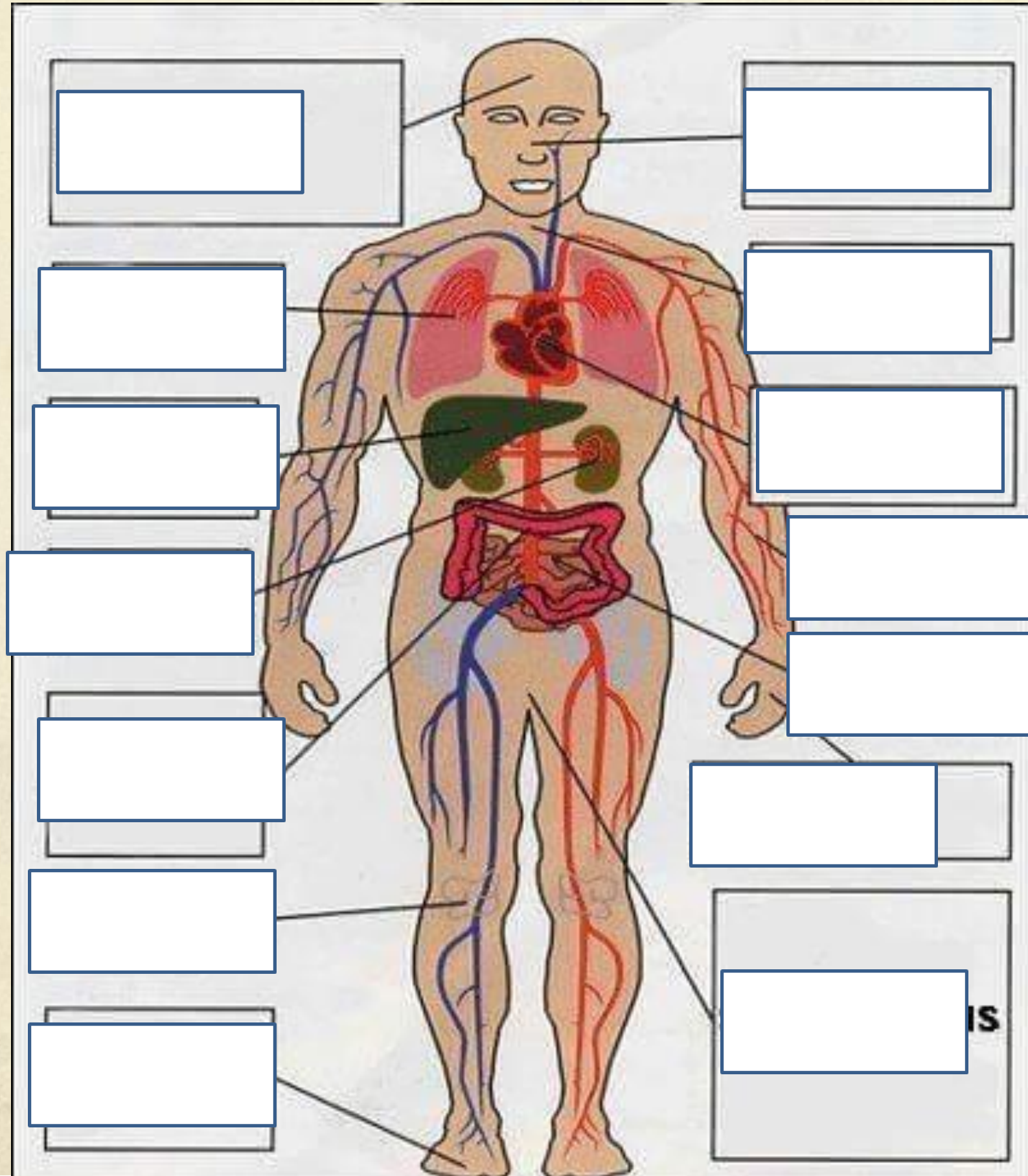
PARTS OF THE BODY



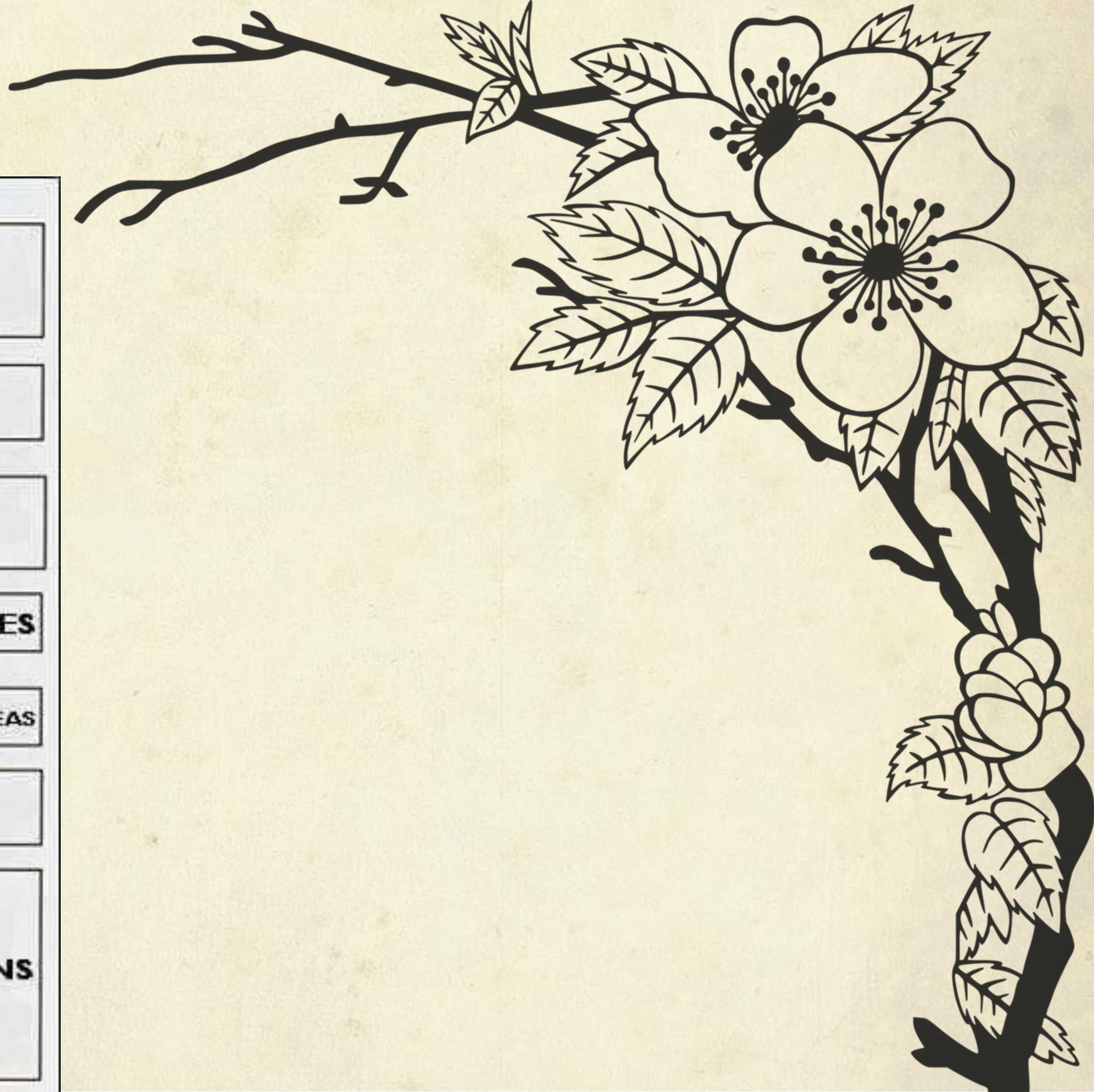
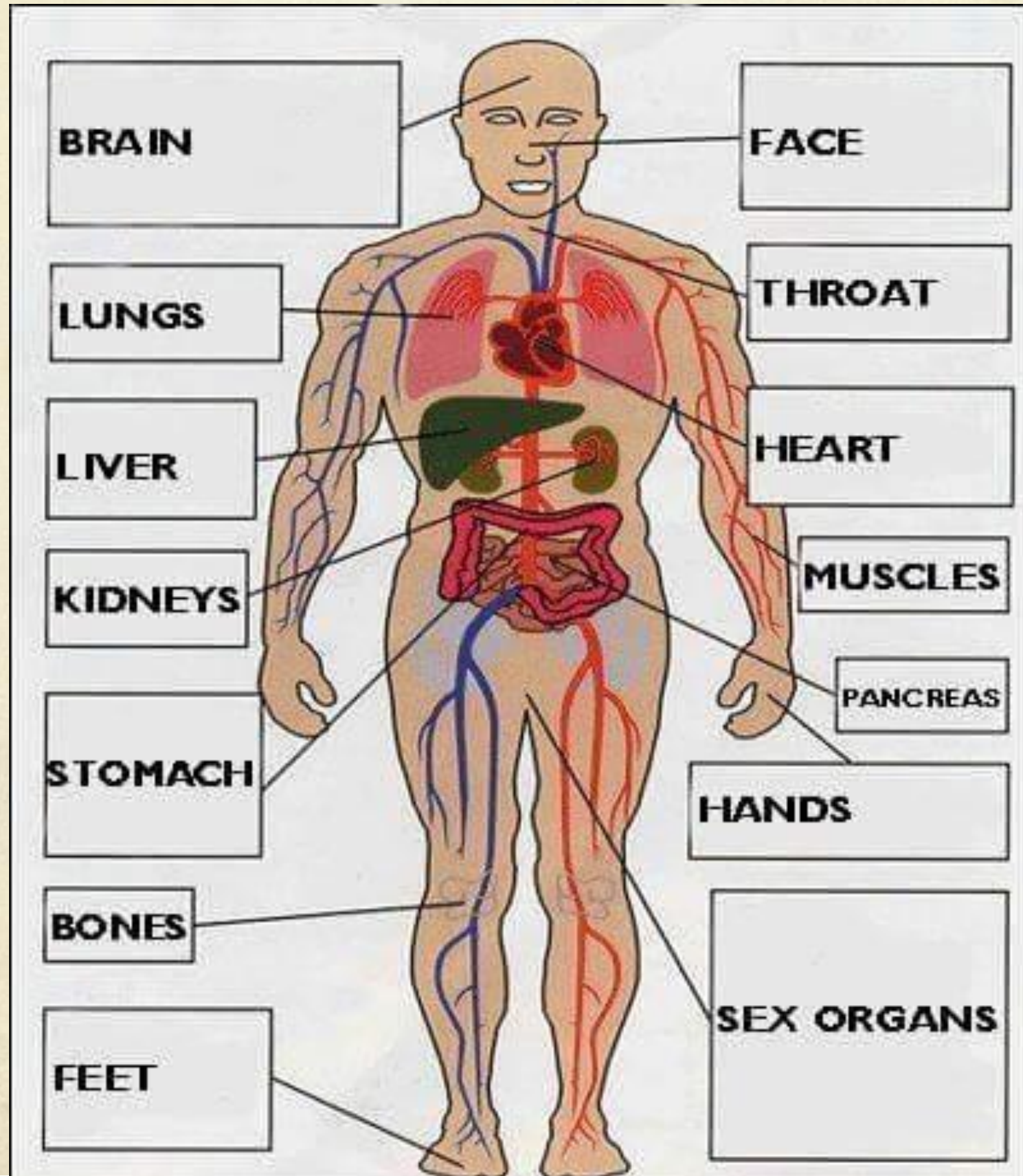


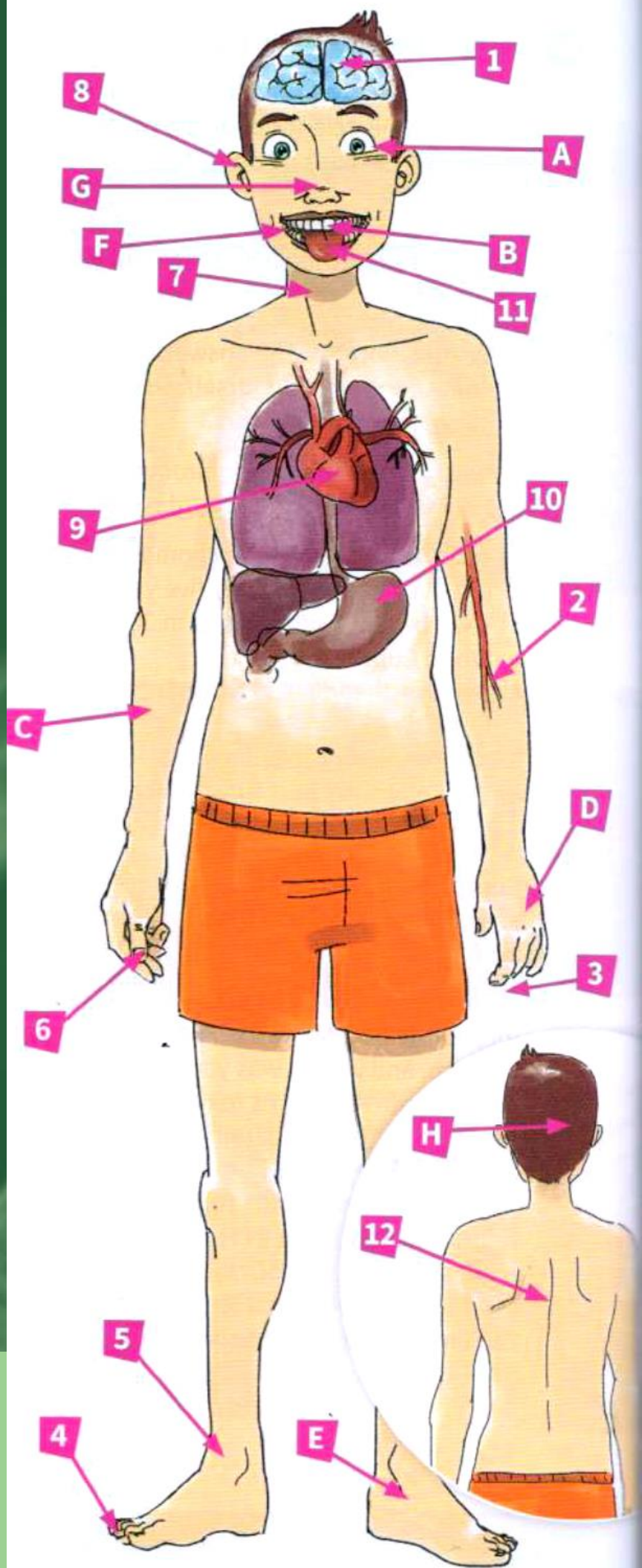


Inner parts



Inner parts





4 Match the definitions with the words from Exercise 1. You may need to make some of the words plural.

- 1 You've got ten of these on your feet.
- 2 Your food goes into here when you eat.
- 3 You think with this.
- 4 This joins your leg to your foot.
- 5 You've got four of these on each hand.
- 6 This carries things that keep us healthy around our bodies.
.....
- 7 This joins your body to your head.
- 8 You've got one of these on each hand.
- 9 You hear with these.
- 10 This is opposite to the front of your body.
- 11 This sends blood around your body.
- 12 You use this to talk.

ankle
heart

back
neck

blood
stomach

brain
thumb

ear
toe

finger
tongue

Body Idioms

“I’m
all ears”

EnglishClub



TO BITE YOUR TONGUE

to try really hard not to say what you really feel



TO GIVE SOMEONE A COLD SHOULDER

to deliberately ignore someone



TO MAKE YOUR BLOOD BOIL

when something makes someone very angry



TO GO BELLY UP

we're talking about a business or some project that was unsuccessful or went bankrupt



TO BE DOWN IN THE MOUTH

to be depressed



TO SIT ON YOUR HANDS

to do nothing about a problem or a situation that needs dealing with



TO TURN A BLIND EYE

to not notice something deliberately





● **Blow your mind/Mind blowing**

Something that blows your mind is extraordinary or unbelievable

● **By heart**

To learn something very well or to know something word-for-word

● **All ears**

To be very interested in what someone else is saying

● **Close shave**

To describe coming very close to an accident or narrowly avoiding it

● **Get on your nerves**

Something that annoys or irritates to a great extent


● **Let your hair down**

To relax and enjoy

● **Roll your eyes**

To show little interest or express disbelief



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- 5** Read Ben's blog on page 99 about what happened to him yesterday. Which part of his body did he hurt?

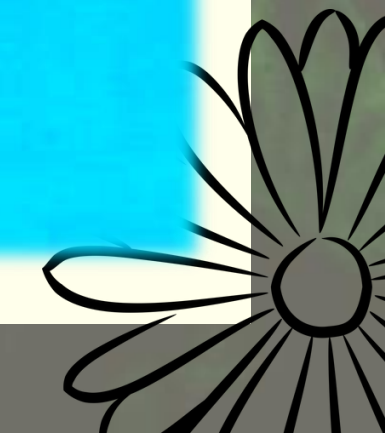
ACCIDENT!

Posted by Ben09 on Monday 13th May

This is me with my new bike – before the accident! Have you ever fallen off your bike and hurt yourself? Well, here's my story.



It was my birthday (thanks for all the texts) and this amazing bike was my present. I went for a ride by myself along the bike path. The path isn't usually busy. But that day there were two cyclists coming towards me. I slowed down as quickly as possible but I forgot it was a new bike with good brakes! I stopped really suddenly and fell off. I hit my ankle and it really hurt. The two cyclists rode past and didn't stop. I sat on the ground and watched their backs as they rode away. They were enjoying themselves too much to think about me! I got up by myself and picked up my bike, which luckily was OK. My heart was beating fast as I cycled slowly home and people were looking at me! When I got there I found out why – there was blood all over my T-shirt from a cut on my ear.



Are these statements true or false

- 1** Ben got a bike for his birthday.
- 2** There were often quite a lot of people on the cycle path.
- 3** The two cyclists knocked Ben off his bike.
- 4** The two cyclists came back to help Ben.
- 5** Ben was able to ride his bike after the accident.
- 6** Ben had blood on his clothes when he got home.