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IT'S A CHALLENGE!

The Duke of Edinburgh's Award

This is a great way to have fun, make new friends and learn new things. The award has four parts:



- **VOLUNTEERING** – Give your time to make a difference to people's lives.
- **FITNESS** – Do some exercise and get fitter.
- **SKILLS** – Learn something new – or get better at something you like.
- **EXPEDITION** – Go camping and hiking in the countryside.

If you complete everything, you get a certificate.

Write an email to Mr Jones, The Duke of Edinburgh's Award leader at our school. Describe yourself and say why you want to do the award.



? ABOUT YOU

Do you have any awards or prizes?
If yes, what did you win them for?
If no, do you know about any awards or prizes for young people in your country?

VOCABULARY AND READING

Adjectives of personality

1 Read the poster and look at the photos. Then, in pairs, answer the questions with a partner.

- 1 What is The Duke of Edinburgh's Award?
- 2 What kind of activities do students do for the award?
- 3 Can you do an award like this at your school?
- 4 If not, would you like to do one?

2 Read the students' emails on page 11 and answer the questions with *Daniel* or *Grace*.

- 1 Who plays two instruments?
- 2 Who is happy with a piece of work they're doing?
- 3 Who is preparing a surprise for another person?
- 4 Who is teaching another person how to do something?

3 Check the meaning of the words in the emails on page 11. Then use them to complete the sentences.

- 1 My brother's very _____. He lies in bed until midday and never does any work.
- 2 My grandpa's 70, but he's still really _____. He cycles everywhere and plays tennis.
- 3 Sonia is very _____. She always thinks of other people and is good to them.
- 4 Everyone likes Toby. He's the most _____ boy in the school.
- 5 Our teacher is so _____. She always makes us laugh.
- 6 When I speak to adults I try to be _____.
- 7 Sara is very _____. She smiles a lot and she's easy to talk to.
- 8 Most people in my class talk a lot, but Fred is _____ and doesn't say much.
- 9 I wasn't sure how to do my project, but the teacher was very _____. She told me about some great websites.
- 10 Suchitra is very _____. She can paint and draw, and she writes excellent stories.

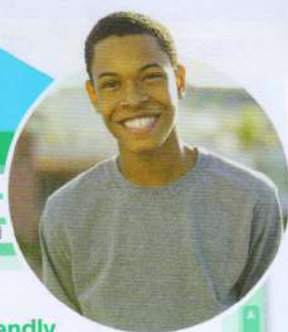


Listen and check. Then repeat.

4 Write sentences about your partner using the adjectives in Exercise 3. Give the sentences to your teacher to read out for the class to try and guess who they are about.

GRAMMAR

Present simple and present continuous



To: Mr Jones
From: Daniel
Subject: The Duke of Edinburgh's Award

I'd love to do The Duke of Edinburgh's Award. I'm a **friendly** person and I'm **popular** at school. I'm **funny** – I often make people laugh, but I work hard and I'm **polite** to the teachers.

Music is important to me. I'm good at the guitar and I'm learning to play the keyboard. I'm a very **active** person – I play hockey and go swimming every week. I'm also teaching my brother to swim.



To: Mr Jones
From: Grace
Subject: The Duke of Edinburgh's Award

I hope I can do this award. I'm a **quiet** person – I don't talk much, but I'm very **creative**. Art is my favourite subject. At the moment, I'm doing a big painting, and it's going well.

I like to be busy – I'm not a **lazy** person. I'm also **helpful**. My neighbour's quite old, and I often go shopping with her. She always tells me I'm **kind**. It's her birthday soon. My mum and I are planning a party for her, but she doesn't know about it!

- 1 Complete the table with examples of the present simple and present continuous from the two emails.

Present simple	Present continuous
<i>I often make people laugh</i>	<i>I'm learning to play the keyboard</i>

- 2 Look at the examples in Exercise 1 and complete the rules.

- We use the present _____ to talk about things happening now, around now and at the moment.
- We use the present _____ to talk about things that are always true or happen regularly.

GRAMMAR REFERENCE AND PRACTICE PAGE 147

- 3 Choose the correct form of the verb.

- I watch / am watching* Spartak Moscow play football every week.
- What *do you usually eat / are you usually eating* for dinner?
- Sorry, I can't talk now, I'm busy. I'm *practising / practise* the piano.
- We learned about rivers last term, and now we *learn / are learning* about forests.
- I'm quite lazy – I *don't always do / 'm not always doing* my homework.
- My dad *is teaching / teaches* me how to play tennis at the moment.

- 4 Correct the mistakes in the sentences.

- It rains a lot at the moment.
- In my free time, I'm usually going to the cinema.
- I sell my English book. Would you like to buy it?
- Right now, I watch basketball.
- I'm usually wearing a jacket, even when it's hot.
- We are swimming and sunbathing every day.

- 5 Work with a partner. Look at the photos on page 10. Say what the people are doing. Then say how often / when you do the activities in the photos.

She's playing the guitar.

I never play the guitar, but I sometimes play the piano.

- 6 Imagine you are writing an email like Grace's and Daniel's. Make notes. Think of some:

- adjectives to describe yourself
- sports and hobbies you usually do
- things you are learning / planning / doing now.

Now write your email.



HOME

NEWS

ACTIVITIES

PHOTOS

MESSAGES

SEARCH: **YOUR LEADER: MR JONES**

Today, you are going to start using The Duke of Edinburgh's Award part of our school website. This has all your details on it, and it shows the activities you are doing. You can also get news and messages from Mr Jones here.

What you need to do:

- Fill in the online form with all your details.
- Choose your activities. You have to discuss and agree these with Mr Jones first.

Here are some ideas, but there are lots more on the DofE website:

Volunteering – helping older people, picking up rubbish or working with animals

Fitness – dance, sport or exercise classes

Skills – playing an instrument, studying a language, learning chess or improving your drawing skills

- You have to do each activity you choose for at least an hour a week for three months. Take lots of photos, and write about what you are doing. Put all this information on the website. When you finish, you can use it to print a book about your time doing the award. This costs about £20.

PERSONAL DETAILS

FIRST NAME:

SURNAME:

AGE:

FIRST LANGUAGE:

CONTACT DETAILS

EMAIL ADDRESS:

ADDRESS:

HOME TELEPHONE:

MOBILE:

ACTIVITIES:

**READING**

- 1 Read the web page quickly. Who is it for?
- 2 Read the information on the website. Are the sentences right (✓) or wrong (X)?
 - 1 Mr Jones is going to put news and messages on the website.
 - 2 Mr Jones is going to fill in the students' forms.
 - 3 Students need to talk to Mr Jones before they choose their activities.
 - 4 If students don't like the ideas, they can choose others.
 - 5 Students have to spend several hours a week doing each activity.
 - 6 Students can put information about their activities on the website.
 - 7 Every student gets a free book about their time doing the award.

**TALKING POINTS**

Which parts of the award do you think are most useful? Why?

Which look most fun? Why?

Why is it a good idea to do awards like this?

VOCABULARY**Personal details**

- 1 Read Grace's details. Match questions 1-7 to the words and phrases on the form above.

EP

- 1 What's your family name?
- 2 How old are you?
- 3 Where do you live?
- 4 What do you speak at home?
- 5 What numbers can we call you on?
- 6 What's your email address?
- 7 What's your first name?



04

Listen and check. Then repeat.



05

2 Listen to Grace's contact details. Then repeat them.

- 1 g.hopkins@topnet.com
- 2 44 Meadow Avenue, London N24 6BG
- 3 020 7946 0945
- 4 0770 900 573



PRONUNCIATION | The alphabet

3 Practise saying the letters of the alphabet.

A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

4 Decide which letter has a different sound in each group.

1 H J U	4 K P V
2 E M P	5 W X U
3 Z L Y	6 C O G

Listen and check.

5 In pairs, ask and answer questions using the contact details for Sam and Jo.

What's your email address?

My email address is sam.brown@coolmail.com

How do you spell that?

Sam

sam.brown@coolmail.com

289 Sandy Lane, Oxford O22 3PG

Tel 01865 995478

Mob 07968 133 254

Jo

jo.marsh@melly.co.uk

72 Hale Street, Manchester M4 8QT

Mob 07473 964 443

LISTENING

1 Listen to the conversation. What are Grace and Daniel talking about? Who is Finn?

2 Listen again. Complete the table with the activities the friends choose.

	Grace	Daniel	Finn
Skill			
Fitness			

Listen to the end of the conversation again. Complete Finn's contact details.

- Address: _____
- Phone number: _____
- Email address: _____@facemail.com

SPEAKING



PREPARE FOR THE EXAM

Speaking Part 1

1 In pairs, ask and answer questions to complete the form for each other. Spell your surnames.

FIRST NAME: _____

SURNAME: _____

AGE: _____

ADDRESS: _____

EMAIL ADDRESS: _____

PHONE NUMBER: _____

2 In pairs, ask and answer the questions.

School:

How much homework do you get?

What's your favourite subject?

Tell me something about your school.

Free time:

What do you do in your free time?

Who do you spend your free time with?

Tell me something about what you did last weekend.

»» PREPARE FOR THE EXAM PAGE 133

VOCABULARY

Adjectives of personality

1 Put the letters in the correct order to make adjectives. The first letter is given.

- 0 nyunf funny _____
- 1 lopeit p _____
- 2 pflhue h _____
- 3 rfineyld f _____
- 4 louprap p _____
- 5 tavcei a _____
- 6 nidk k _____
- 7 zayl l _____
- 8 uetiq q _____
- 9 reviacte c _____

2 Complete the sentences with words in Exercise 1.

- 0 People always laugh at his stories. He's funny.
- 1 On Saturdays, he gets up late and watches TV or funny videos online all day. He's _____.
- 2 She smiles all the time and talks to everyone. She's _____.
- 3 He always says 'please' and 'thank you' and listens to his teachers. He's _____.
- 4 He cleans his mum's car and always offers to wash the dishes. He's _____.
- 5 Everyone likes her and wants to be her friend. She's _____.
- 6 They go walking or cycling most weekends. They're _____.
- 7 She makes her own clothes and she loves drawing. She's _____.
- 8 He's never angry and always says nice things to people. He's _____.
- 9 She doesn't talk a lot and likes reading and painting. She's _____.

GRAMMAR

Present simple and present continuous

1 Add the words and phrases in the box to the table. Do we usually use them with the present simple or present continuous?

at the moment every Monday now often
this week today twice a week usually

Present simple
usually

Present continuous

2 Complete the sentences with the present simple or present continuous form of the verbs in brackets.



0 Jake usually reads stories about detectives. He 's reading one about a football player now. (read)



1 My sister _____ tennis at school every Monday. She _____ in the park today. (play)



2 Mum often _____ to music on the radio. But at the moment she _____ to it on her phone. (listen)



3 My brother usually _____ his homework in his room. He _____ it in the library today. (do)



4 My sister _____ violin lessons twice a week. This week she _____ a piano lesson, too. (have)

3 Choose the correct verb form to complete the sentences.

- 1 What *do you usually do / are you usually doing* at the weekends?
- 2 My mum *teaches / is teaching* me how to make bread at the moment.
- 3 We *don't go / aren't going* to the park after school on Wednesdays.
- 4 *Do you have / Are you having* your dinner now?
- 5 My parents *don't play / aren't playing* golf on Saturdays.

4 Make sentences with the present simple or present continuous.

- 0 I / do / my homework / at the moment
I'm doing my homework at the moment.
- 1 They / play / football in the park / now

 - 2 My brother / go / to the cinema / on Friday evenings

 - 3 He / visit / his cousins / on Sunday afternoons

 - 4 My parents / shop / in the supermarket / at the moment

 - 5 We / meet / in the café / every Saturday

 - 6 She / usually / see / her friends / at the weekend

5 Correct the mistakes in the sentences.

- 0 She is going to work every day, but at the weekend she is free.
She goes to work every day, but at the weekend she is free.
- 1 Every day in the morning we are eating soup.

 - 2 She study medicine at Odessa University.

 - 3 Anna goes to college every day. She learning English this term.

 - 4 I write this email because I want to tell you about my last trip.


 - 5 My brother plays a board game at the moment because he's bored of computers.

VOCABULARY

Personal details

1 Read the email. Then complete the personal details below.

Hil! I'm Adam Price, and I'm going to be a student at your school next year. Your teacher, Mr Harrison, gave me your email address because I wanted to say hello before I come. I'm 15 years old, the same as you. Of course, I can speak English because I'm from Australia, but I also speak some Turkish because my mum's from Adana in Turkey. You can email me at adampr45@kmail.com and call me on 07662012976. That's my mobile number. I don't have another phone at home.



FIRST NAME: 1) _____

SURNAME: 2) _____

AGE: 3) _____

FIRST LANGUAGE: 4) _____

HOME TELEPHONE: 5) _____

MOBILE: 6) _____

HOME EMAIL ADDRESS: 7) _____

2 Complete the conversation with the shop assistant's questions.

- Shop assistant:** We don't have the book you want in the shop, but we can send it to you.
- Andrew:** Great.
- Shop assistant:** So I'll take some details. First, 1) _____?
- Andrew:** It's Smith.
- Shop assistant:** OK. And 2) _____, please?
- Andrew:** Andrew.
- Shop assistant:** Thank you. Where do you live? 3) _____?
- Andrew:** It's 34 Charter Street, Witley.
- Shop assistant:** 4) _____?
- Andrew:** It's 07865132467. I don't have a home number.
- Shop assistant:** OK. 5) _____?
- Andrew:** It's andrews567@nextu.com.
- Shop assistant:** Great. So I'll order the book for you and it'll arrive in seven to ten days.
- Andrew:** Thank you.

READING

1 Read the blog and choose A or B.

- The first paragraph gives us
 - a description of Margarita's family.
 - information about the homes of Margarita and her sister.
- The second paragraph tells us
 - some good things about Sofia.
 - what Sofia is learning to do.
- The third paragraph is about
 - the activities Sofia is best at.
 - the variety of activities in Sofia's life.
- Margarita thinks her sister is
 - OK.
 - amazing.

2 Read the blog again and answer the questions.

Margarita's sister

- What is her first name?

- What is her surname?

- How old is she?

- What is her address?

- What is her first language?

- What does she learn about in books?

- What sport does she do well?

- What instrument would she like to learn?

DAILY STORIES

by Margarita Marcos

Today I'm writing this blog about my oldest sister, Sofia. She's six years older than me. It's her birthday today and she's 21. She doesn't live in the same house as my parents and me, but her flat is in the same street. We live at number 22 Spring Street, and she lives in one of six flats at number 28.

Sofia is the first person I go to when I have a problem, and she always tries to help. She also helps me with my English homework. We all speak Spanish at home, but Sofia speaks English really well too as a second language. She knows some English from school, but she also listens to English music and watches English films. Another thing she is great at is dancing. She's teaching me the tango this week. Tango is really difficult, but I love the music and the dance.

My sister's interested in everything. She loves learning about science on the internet, and she often reads books about history in her free time. She also does three sports: football, swimming and running. She enjoys them all and is good at swimming. She likes camping, and she's learning to play the piano at the moment, too. She can't play very well yet, but she practises every day. She's also planning to learn the violin. She's a very active person! I really don't know how she has time to do so many things!

