



# GET STARTED!



## VOCABULARY

### Things in the classroom

- 1 Match the words in the box to the letters A-P in the photo.

EP

bag board chair coat  
computer door exercise book  
map pencil case pen  
poster rubber ruler  
teacher textbook window

01 Then listen, check and repeat.

## GRAMMAR

### Verb be

I am  
he/she/it is  
you/we/they are

- 1 What colour is each thing? Write five sentences. In pairs, ask and answer the questions.

A: It's blue and white.

B: Is it the coat?

A: Yes, it is.

### there is / there are

- 2 Look at the photo and read the sentences. Write yes or no.



- 0 There's a rubber on the table. **yes**  
1 There are five students in the classroom.  
2 There's a red pencil case on the table.  
3 There's a blue bag on a chair.  
4 There's a computer near the window.  
5 There's a poster on the wall.  
6 There's a bag on the floor.

02



- 3 Look at the photo and listen to the questions. Complete the table with a tick (✓) for the right answers.

	Yes, there is.	Yes, there are.	No, there isn't.	No, there aren't.
1		✓		
2				
3				
4				
5				

- 4 Work with a partner. Student A, look around your classroom for 60 seconds, and then close your eyes. Student B, ask questions about the classroom.

B: Is there a green bag under my desk?

A: Yes, there is. / No, there isn't.

A: Are there any coats near the door?

B: No, there aren't.



have got

5 Read what Simon says. Tick (✓) the things he's got in his bag.



My bag's really heavy today! I've got three textbooks, four exercise books and my pencil case. I've also got a bottle of water because I've got football club after school. I've got a sandwich and some money too. I haven't got my phone – that's at home in my bedroom.

6 In pairs, ask and answer the questions.

- A: What have you got in your bag today?  
 B: I've got ...  
 A: Have you got a/an/any ... in your bag today?  
 B: Yes, I have. / No, I haven't.

Write five sentences about your partner.

» GRAMMAR REFERENCE AND PRACTICE PAGE 137

## SPEAKING



### PRONUNCIATION

The alphabet

1 Listen and repeat.

Aa Bb Cc Dd  
 Ee Ff Gg Hh  
 Ii Jj Kk Ll  
 Mm Nn Oo Pp  
 Qq Rr Ss Tt  
 Uu Vv Ww  
 Xx Yy Zz

2 In pairs, read out the names of the letters and complete the table with the letters that sound the same. Two columns have no additional letters!



A	B	F	I	O	U	R
H	C					

Listen and check.

3 Complete questions 1–6 with the words in the box. Then match the questions to answers a–f.



borrow mean page  
 repeat say spell



- 1 I'm sorry, can you \_\_\_\_\_ that, please?  
 2 How do you \_\_\_\_\_ *bonjour* in English?  
 3 What \_\_\_\_\_ are we on?  
 4 How do you \_\_\_\_\_ 'because'?  
 5 Can I \_\_\_\_\_ your ruler?  
 6 What does 'in pairs' \_\_\_\_\_?

- a B-E-C-A-U-S-E.  
 b Sure, here you are.  
 c With your partner.  
 d I said, 'please do Exercise 3'.  
 e 19, I think.  
 f Hello.



## VOCABULARY


### Numbers

-  **1** Listen and repeat.  
 **2** Listen and choose the numbers you hear.

- a 25      75      39  
 b 13      30      70  
 c 41      61      91  
 d 14      16      40  
 e 17      19      90  
 f 15      50      80



### Dates

-  **3** Say the months in the correct order.



-  **4** Listen and write the dates.

When we say dates, we say *the* and *of*.  
 My birthday is on *the ninth of June*.  
 When we write dates, we don't write *the* or *of*.  
 My birthday is on *9<sup>th</sup> June*.

- 1** 1st March

In pairs, compare your answers.  
 Say the dates.

- 5** In small groups, ask and answer the questions.

- When / your birthday?
- What / today's date?
- When / your mum's/dad's birthday?

Write the dates of all the students in your group.

10 ten	20 twenty	30 thirty	40 forty
50 fifty	60 sixty	70 seventy	80 eighty
90 ninety	100 a hundred		



# GRAMMAR

can



1 Match the photos A-H to the words in the box.

draw a car    make a cake    play tennis  
ride a bike    run 5 km    speak three languages  
stand on your head    swim underwater



2 In pairs, ask and answer about the activities in Exercise 1.

Can you play tennis?

Yes, I can.

Can you swim under water?

No, I can't.

Now ask around the class. How many people can ...

- swim under water?
- speak three languages?
- ride a bike?
- play tennis?
- draw a car?

## Present simple

3 Read about the students and answer the questions. Use complete sentences.



- 1 Does Tyler like music?
- 2 How many brothers has Jason got?
- 3 What sport does Millie like?
- 4 Where does Tyler want to go?
- 5 What does Jason do every day?
- 6 When does Millie go shopping?



Hi, my name's Tyler.

I've got a brother and a sister. I like music and I love travelling. I want to go to China.



Hello, I'm Jason.

I haven't got any brothers or sisters. I like all sports and I play football every day.



Hello, my name's Millie.

I like swimming and I often go shopping with my sister on Saturday. I love sweets but I don't like ice cream.

4 Work with a partner. Ask and answer the questions.



0 / do sports every day?

A: Do you do sports every day?

B: Yes, I do. I play tennis after school every day.

- 1 What kind of music / like?
- 2 / like travelling?
- 3 / play football at school?
- 4 / like swimming?
- 5 What / favourite food?

Now tell the class.

Manuela doesn't like swimming. She likes ...

>> GRAMMAR REFERENCE AND PRACTICE PAGE 138

## SPEAKING

1 Write questions to find out about your partner's ...

- age
- address
- phone number
- brothers and sisters
- favourite pop star
- favourite school subject

In pairs, ask and answer the questions. Then write sentences about your partner.



# 1

# SPORTS AND GAMES



## ABOUT YOU

Do you like basketball, football or tennis?  
Which sport do you prefer?  
Do you play any sports?



## VOCABULARY

## AND

## READING

### Sports



1 Match the pictures A–M to the words in the box.



do athletics	play badminton
do gymnastics	play baseball
go cycling	play hockey
go sailing	play rugby
go skating	play table tennis
go snowboarding	play volleyball
go surfing	



Listen and check. Then repeat.

2 In pairs, ask and answer the questions.

- Which of the sports do you do in teams (a group of people)? Which do you do alone (just one person)?
- Which of the sports can you do both in teams and alone?
- Which of these sports do you do?
- Do you prefer team sports or sports you do alone? Why?



## PRONUNCIATION

/ei/ and /ai/

3 Put the words into the correct column.

baseball	bike	fly	play
riding	skating		

/ei/ sailing

/ai/ cycling



Listen and check. Then repeat.

4 Read Sophie's and Ben's blogs. Who does their sport every week? Who can't do their sport where they live?

5 Read about Sophie and Ben again and answer the questions.



- How many women and girls do Sophie's sport?
- What does Sophie do at the weekend?
- What does Sophie want to do at Loughborough University?
- Where does Ben prefer to be?
- Why does Ben go snowboarding every day?
- Ben says he's 'goofy-foot'. What does 'goofy-foot' mean?

## TEENBLOG: SPORT

Post about you and your sport here.

### It's fun!

My sport is ... rugby! That's me in the photo. People think that rugby is for boys, but that's not true. More than 18,000 women and girls play rugby in England. My team always plays a match on Saturday or Sunday, and I usually go to practice games three times a week. It's hard work, but it's never boring! I'm 14 and I play for the U15s. That's the team for players under the age of 15. When I'm older, I want to go to the rugby summer camp at Loughborough University. My favourite player, Fran Matthews, went there and now she plays for the England national rugby team.

Posted by Sophie White



## GRAMMAR

### Adverbs of frequency

We use the present simple to talk about things we do often or every day.  
*I go snowboarding every day.*

- 1 Look at these examples from the blogs.  
The adverbs of frequency are in **purple**.

My team **always** plays a match on Saturday or Sunday. It's **never** boring.  
It's **usually** quiet.  
I **often** go with my little sister and other young people.  
I **sometimes** go snowboarding with Mum.

Write the words in **purple** on the right place on the line.

0% 100%  
a \_\_\_\_\_ b \_\_\_\_\_ c \_\_\_\_\_ d \_\_\_\_\_ e \_\_\_\_\_

- 2 Answer the questions.

- Which sentences in Exercise 1 have a present simple verb?
- Which sentences in Exercise 1 have the verb *be*?

- 3 Choose the correct words to complete the rules.

In sentences with the verb *be*, we put the adverb of frequency *before / after* the verb.  
In sentences with the present simple, we put the adverb of frequency *before / after* the verb.

## Goofy-foot or regular?

I love the snow and the mountains. I feel at home there. I live in a city and there's no snow here, but in the holidays, I always go to the mountains with my family. I sometimes go snowboarding with Mum, but I often go with my little sister and other young people. Mum usually skis with my dad, and my sister and I like spending more time in the snow than they do. It's usually quiet. When we're in the mountains, I go snowboarding every day and I'm getting really good. I often think about the future – I want to be a famous snowboarder one day, like Max Parrot. Oh, and I'm *goofy-foot* – that means I put my right foot at the front of the board.

Posted by **Ben James**



- 4 Read the examples and choose the correct words to complete the rules.

People don't **always** play sport in teams.  
Ben doesn't **usually** go snowboarding with his dad.  
Do you **sometimes** play volleyball with friends?  
Is rugby **often** dangerous?  
Football isn't **always** boring!

In negatives and questions with the present simple, we put the adverb of frequency *before / after* the main verb.  
In negatives and questions with the verb *be*, we put the adverb of frequency *before / after* the verb *be*.

### GRAMMAR REFERENCE AND PRACTICE PAGE 138



- 5 Put the adverbs in the right place to complete the sentences and questions.

- I play hockey at school on Fridays. (usually)
- Sophie is tired after rugby matches. (often)
- People don't go sailing in teams. (always)
- My uncle and my dad play table tennis. (never)
- Is gymnastics dangerous? (sometimes)
- Do you go cycling? (often)



- 6 Put the words in order to make sentences and questions and questions.

- often / school / plays / my friend / after / football  
*My friend often plays football after school.*
- welcome / sports / are / in / our / club / always / you
- Mondays / do / on / athletics / never / we
- skating / brother / she / go / her / usually / does / with / ?
- table tennis / students / not / often / do / school / play / at
- cycling / and / her sister / at / the weekend / sometimes / Lizzie / go /

- 7 How often do you do the sports in Exercise 1 on page 14?

I never play rugby, but I often play volleyball. It's great fun. How about you?

I sometimes play rugby, and I often go cycling. It's never boring.

- 8 In pairs, ask and answer the questions.

- What sports do you do?
- How often do you do them?
- Do you play sports at school?
- How often do you watch sports on TV?
- How often do you go to watch sports?
- Who are your favourite sports stars?



## READING

- 1 Look at the photos of the sports and games. What can you see?
- 2 Read the three texts and match them to the photos.

# TRY THESE SPORTS!

## 1 CYCLEBALL

This sport is like football on bikes. There are two teams. Each team has usually got two players. The bikes don't have any brakes to stop them. Players in each team try to hit the ball into the goal. They can use their bike or their heads to do this. The ball is quite heavy – it weighs half a kilogram. The winning team is the team with the most goals at the end of the game.

## 2 GILLI-DANDA

This is an ancient sport from India. The players use two things: one long stick, called a *danda* and a short egg-shaped bat, called a *gilli*. There are two teams. One player puts the *gilli* on the ground inside a small circle and hits it into the air with the *danda*. Then the player hits the *gilli* again and runs to touch a spot outside the circle to get a point.

## 3 OCTOPUSH

The sport is also called *underwater hockey*. There are two teams. Each team has got six players. Players swim underwater to play this game. They use small sticks and a puck. The puck is a little like a flat ball. It's heavy and weighs about a kilogram. Players try to push the puck along the bottom of a swimming pool into the other team's goal. The winning team is the team with the most goals at the end of the match.

- 3 Read the three texts again. Are the sentences right (✓) or wrong (X)?

- 1 There are always two players in a cycleball team.
- 2 The ball in cycleball is small and light.
- 3 Players in cycleball can't hit the ball with their hands.
- 4 *Gilli-danda* comes from India.
- 5 The stick and the bat in *gilli-danda* are the same size.
- 6 Players use a small ball in *gilli-danda*.
- 7 People play octopush in teams.
- 8 Players in octopush hit the ball, or puck, with their hands.
- 9 Players in octopush swim underwater to play their game.

## TALKING POINTS

Which of these sports do you want to try?

Do you have any sports like these in your country?



## VOCABULARY

### Sports equipment



1 Match the photos A-E to the words in the box.

EP



bat ball board racket stick



Listen and check. Then repeat.



2 Complete the table with the sports in the box. Some sports can go in more than one column.

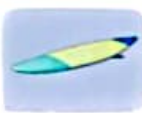
badminton	baseball	basketball
cycleball	cycling	football
gilli-danda	hockey	octopush
rugby	running	sailing
snowboarding	surfing	swimming
table tennis	tennis	volleyball



Use a stick,  
a racket or a bat



Use a ball



Use a board



Listen and check. Then repeat.



3 Complete the information with the sports words in Exercise 1.

#### TABLE TENNIS

- One \_\_\_\_\_ for each player.
- One small, light \_\_\_\_\_ for the game.

#### BASEBALL

- One \_\_\_\_\_ for each team.
- One small, hard \_\_\_\_\_ for the game.

#### BADMINTON

- One \_\_\_\_\_ for each player.

#### OCTOPUSH

- One small \_\_\_\_\_ for each player.
- One heavy puck, like a flat \_\_\_\_\_ for the game.

## LISTENING

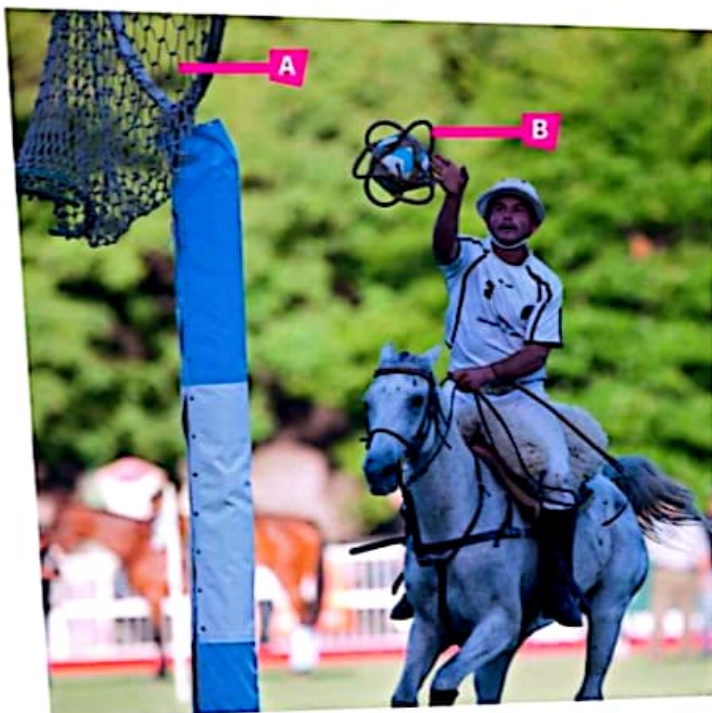


1 Look at the photo of the sport. Match the words 1-2 to A and B in the photo.

- handle
- net



2 Listen to an interview with a boy about his unusual sport. What's the name of the sport?



3 Listen again, and choose the correct words.

- There are *four* / *six* players in each team.
- There are *six* / *eight* handles on the ball.
- Players *throw* / *give* the ball to each other.
- Players *throw* / *put* the ball in the net to score a goal.

## SPEAKING

1 Think of a sport. Choose one from this unit or another sport that you know. In pairs, take turns to ask and answer the questions.

- Do people do this sport inside or outside?
- Is the sport on or under water?
- Is this sport on snow?
- What things do people need to do this sport?
- Do people play this sport in your country?
- What do you like about this sport?
- Who are some of the famous players of this sport?

Try and guess the sport.



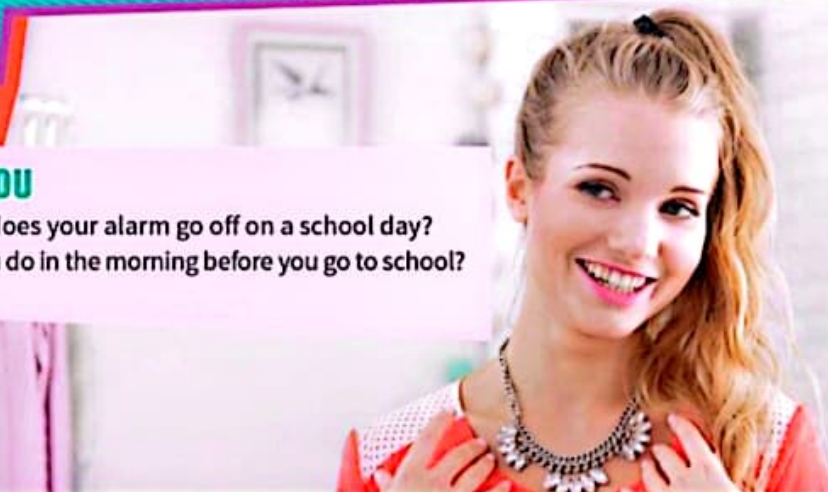
# 2

## THIS IS MY DAY



### ABOUT YOU

What time does your alarm go off on a school day?  
What do you do in the morning before you go to school?



A



C



E



G



I



B



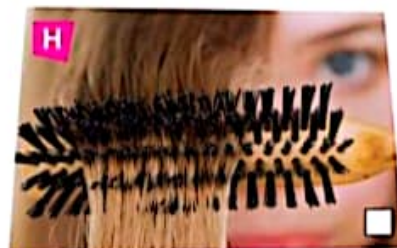
D



F



H



J



0:03 / 4:05

### MY MORNING ROUTINE

11,345 views

1k

Share



Maddie's mad life

FOLLOW

### VOCABULARY

### AND

### LISTENING

#### Daily routines

1 Match the photos to the phrases in the box.

EP

brush your hair	check your messages
clean your teeth	get dressed
leave the house	have breakfast
put on your shoes	prepare your school bag
	tidy your room
	wake up

15 Listen and check. Then repeat.

16 2 Listen to Maddie talking about her morning routine. Number the photos in the order that you hear them.

3 Can you remember Maddie's routine? Complete the sentences with the times in the box. You don't need to use all the times.

6.00	6.30	6.45	6.50	7.00	7.10
7.15	7.30	7.40	8.00	8.10	

- 1 My alarm goes off at \_\_\_\_\_.
- 2 I get up at \_\_\_\_\_.
- 3 I clean my teeth at \_\_\_\_\_.
- 4 I get dressed at \_\_\_\_\_.
- 5 I prepare my school bag at \_\_\_\_\_.
- 6 I put my shoes on and leave home at \_\_\_\_\_.

16 Listen again and check.

4 In pairs or small groups, talk about your morning routine.

I wake up at seven o'clock.

I get dressed and then I have breakfast.



## GRAMMAR

### Present continuous and present simple

- 1 Look at the examples from the listening. Write *simple* or *continuous*.

Present \_\_\_\_\_

Today, I'm talking about my morning routine.

I'm having cereal with fruit today.

At the moment, I'm wearing my favourite T-shirt.

I'm leaving the house now.

I'm not wearing my uniform today.

Present \_\_\_\_\_

I never have a shower in the morning.

I always check my messages in the morning.

I sometimes have toast and butter.

I usually wear my uniform.

I don't usually have a shower in the morning.

- 2 Complete the rules with the underlined words.

We often use the present simple with words like \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

We often use the present continuous with words like \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

### GRAMMAR REFERENCE AND PRACTICE PAGE 139

- 3 Complete the sentences with the correct tense of the verbs in brackets.

0 I 'm shopping (shop) at the moment. I can't talk.

1 My mum always \_\_\_\_\_ (cook) nice food.

2 The teachers usually \_\_\_\_\_ (give) us a lot of homework on Monday.

3 I \_\_\_\_\_ (stay) at home today. I \_\_\_\_\_ (not go) to school.

4 It's five o'clock now and I \_\_\_\_\_ (watch) TV with my sister.

5 What time \_\_\_\_\_ your dad usually \_\_\_\_\_ (get up) on a Sunday?

6 It's OK, Jack's \_\_\_\_\_ (not sleep) at the moment. You can go and talk to him.

- 4 Correct the mistakes in the sentences.

*is getting*

0 My cousin gets married today.

1 How are you? I write to you to give you some news.

2 What do you do at the moment?

3 My brother and I are not going swimming every day.

4 My mum is only working in the mornings.

5 We usually are eating a big breakfast on Sunday.

- 5 Make sentences with the present simple and present continuous. Use *usually* and *today* or *at the moment*.

0 walk to school / go by bus.

*I usually walk to school, but today I'm going by bus.*

1 have a sandwich for lunch / spaghetti

2 watch TV after school / do my homework

3 play football on Saturday / play tennis

4 get up at seven o'clock / eight o'clock

5 have a shower / have a bath

- 6 Put the words in order to make questions.

1 your / the / moment / friend / what / doing / is / at?

2 bed / do / go / you / what / usually / to / time?

3 school / do / get / home / how / from / you?

4 sitting / is / teacher / at / down / your / the / moment?

5 sun / today / shining / is / the?

6 day / do / every / get / at / same / up / the / time / you?

Now match the questions to the correct answer.

a No, it isn't.

d Yes, he is.

b 10 pm.

e She's sleeping.

c I walk.

f Yes, I do.

In pairs, ask and answer the questions.

- 7 Work in pairs. Student A, mime an activity in the box. Student B, guess what it is.

catch a bus      check your messages  
do some homework      go to sleep  
paint a picture      play football  
prepare lunch      put on your coat  
take a photo



Are you putting on your sunglasses?

Are you taking a photo?

No

Student A, when Student B guesses the activity, give more information:

*I go to a photography club every Friday. It starts at 7 pm. I go there by bus.*

Student B, ask more questions.





# GRAMMAR REFERENCE AND PRACTICE

## STARTER UNIT **BE**

Positive	Negative
I'm (am) you/we/they're (are) he/she/it's (is)	I'm (am) not you/we/they aren't (are not) he/she/it isn't (is not)
Questions	Short answers
Am I ...? Are you/we/they ...? Is he/she/it ...?	Yes, I am. No, I'm not. Yes, you/we/they are. No, you/we/they aren't. Yes, he/she/it is. No, he/she/it isn't.

- We use **be** for people and things to describe them, say how old they are and where they are.  
*I'm John. I'm tall. I'm 14. I'm in the classroom. My bag is under my desk. It's blue and white.*

## THERE IS / THERE ARE

	Singular	Plural
Positive	there's	there are
Negative	there isn't	there aren't
Questions	Is there ...?	Are there ...?
Short answers	Yes, there is. No, there isn't.	Yes, there are. No, there aren't.

- We use **there is / there are** to say that something exists (or doesn't exist).  
*There's a rubber in my pencil case, but there aren't any pencils.*
- We use **there is** with singular and uncountable nouns.  
*Is there a window near your desk? There's water on the table.*
- We use **there are** with plural countable nouns.  
*Are there any pens on the table? Yes, there are.*

### Practice

- 1** Complete the questions with **Is there** or **Are there**. Then write answers.

- 0 **Are there** any shelves in your classroom? (✓)  
*Yes, there are.*
- 1 \_\_\_\_\_ a green pencil on the floor? (✓) \_\_\_\_\_
- 2 \_\_\_\_\_ any maps on the walls? (x) \_\_\_\_\_
- 3 \_\_\_\_\_ any cinemas in your town? (✓) \_\_\_\_\_

## HAVE GOT

Positive
I/you/we/they've (have) got he/she/it's (has) got
Negative
I/you/we/they haven't (have not) got he/she/it hasn't (has not) got
Questions
Have I/you/we/they got ...? Has he/she/it got ...?
Short answers
Yes, I/you/we/they have. No, I/you/we/they haven't. Yes, he/she/it has. No, he/she/it hasn't.

- We use **have got** to talk about our family, our hair or eyes and our possessions.  
*I've got a brother. He's got blue eyes.  
My sister's got a new phone. It's great!*

### Practice

- 2** Complete the sentences with the correct form of **have got**.

- 0 *I've got* a new green bike.
- 1 My friends \_\_\_\_\_ (x) pets at home.
- 2 We \_\_\_\_\_ a new English teacher. (✓)
- 3 My dad \_\_\_\_\_ (x) a car. He \_\_\_\_\_ a bike.
- 4 \_\_\_\_\_ you \_\_\_\_\_ a computer? 'Yes, I \_\_\_\_\_.'

## CAN

Positive	I/you/he/she/it/we/they can
Negative	I/you/he/she/it/we/they can't (cannot)
Questions	Can I/you/he/she/it/we/they ...?
Short answers	Yes, I/you/he/she/it/we/they can. No, I/you/he/she/it/we/they can't.

- We use **can** to talk about ability.  
*I can play football, but I can't play tennis.*

### Practice

- 3** Write four sentences about the things you **can** and **can't** do.

*I can't speak French, but I can speak English.*



# VOCABULARY

## Things in the classroom

1 Complete the words with the missing vowels.

0 p \_ e n c i l c \_ a s \_ e

1 d \_ \_ r

2 c \_ m p \_ t \_ r

3 b \_ \_ r d

4 \_ x \_ r c \_ s \_ b \_ \_ k

5 c h \_ \_ r

6 b \_ \_ g

7 c \_ \_ t

8 p \_ \_ ns

9 t \_ \_ ch \_ \_ r

10 r \_ \_ l \_ \_ r

11 r \_ \_ b b \_ \_ r

12 m \_ \_ p

13 t \_ \_ x t b \_ \_ k

14 w \_ \_ nd \_ \_ w

15 p \_ \_ st \_ \_ r

2 Which things in Exercise 1 are in your bag?  
pencil case, \_\_\_\_\_

3 Find 12 things from Exercise 1 in the picture. Write them below.



1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

4 \_\_\_\_\_  
5 \_\_\_\_\_  
6 \_\_\_\_\_

7 \_\_\_\_\_  
8 \_\_\_\_\_  
9 \_\_\_\_\_

10 \_\_\_\_\_  
11 \_\_\_\_\_  
12 \_\_\_\_\_

4 Which word doesn't belong in each group?

0 rubber pencil case pens chair  
chair

1 chair board door teacher

2 map poster window computer

3 pen coat rubber ruler

4 board computer exercise book window

5 bag window door chair

## GRAMMAR

### Verb be

1 Are the sentences right (✓) or wrong (X) for you?  
Correct the wrong sentences.

0 My pencil case is black and white. ☒  
My pencil case is blue.

1 The chairs in my classroom are green. ☐

2 The classroom door is white. ☐

3 The board is green. ☐

4 My coat is brown. ☐

5 My bag is blue and yellow. ☐



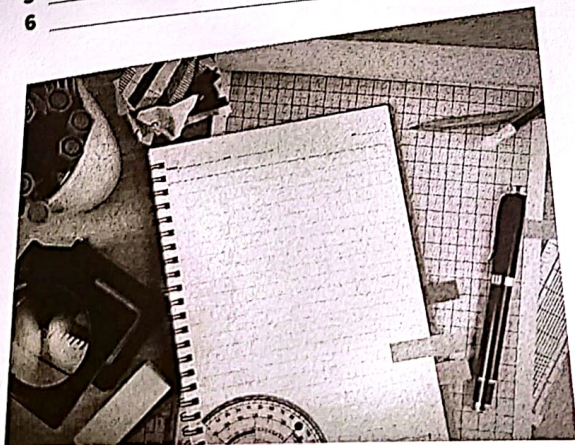
## there is / there are

### 2 Complete the questions with *Is there* or *Are there*.

- 0 Are there any pens in your pencil case?
- 1 Are there any windows near your desk?
- 2 Is there a computer on the teacher's desk?
- 3 Are there a rubber in your pencil case?
- 4 Are there any maps on the walls in your classroom?
- 5 Is there a door near the board in your classroom?
- 6 Is there a coat on your chair?

### 3 Answer the questions in Exercise 2 for you.

- 0 Yes, there are. There are two pens in my pencil case.
- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_



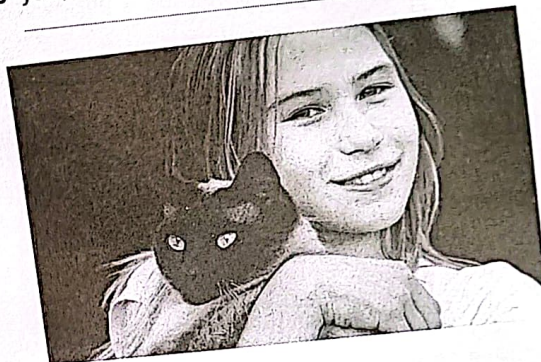
## have got

### 4 Choose the correct form of the verbs to complete the sentences.

- 0 My mum have got / has got a white bag.
- 1 I have got / has got two bottles of water on my desk.
- 2 My friends haven't got / hasn't got any money today.
- 3 This room haven't got / hasn't got any windows.
- 4 We have got / has got some posters on the walls.
- 5 I haven't got / hasn't got an exercise book.
- 6 You haven't got / hasn't got your textbook here today.
- 7 She have got / has got a computer at home.
- 8 The teacher haven't got / hasn't got a coat today.

### 5 Put the words in the correct order to make questions.

- 0 you / got / have / phone / a / ?  
Have you got a phone?
- 1 got / have / friends / your / pens / ?  
\_\_\_\_\_
- 2 your / computer / dad / has / a / got / ?  
\_\_\_\_\_
- 3 friend / best / have / got / you / a / ?  
\_\_\_\_\_
- 4 teacher / a / has / your / got / coat / blue / ?  
\_\_\_\_\_
- 5 you / have / pet / a / got / ?  
\_\_\_\_\_



### 6 Answer the questions in Exercise 5 for you.

- 0 Yes, I have.
- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

### 7 What have you got in your bag? Use the words in the box or your own ideas.

textbook	exercise book	football
bottle of water	pencil case	
money	phone	food

In my bag I've got ...

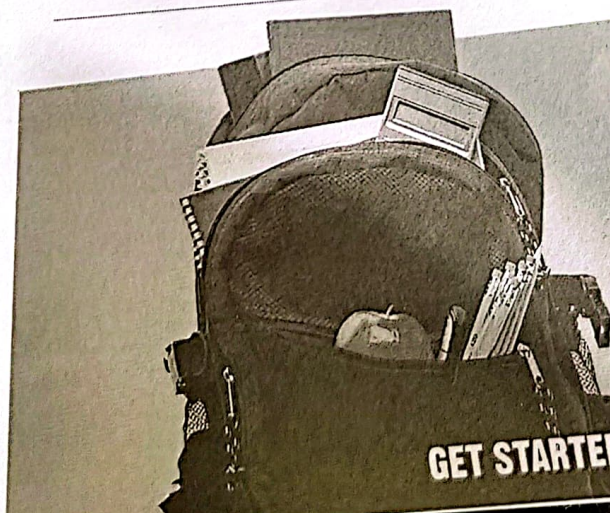
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



**GET STARTED!**



# VOCABULARY

## Numbers

### 1 Write the numbers.

0 7	seven
0 9	nine
1 14	
2	eighteen
3 20	
4	twenty-three
5 31	
6	forty
7 56	
8	sixty-two
9 71	
10	eighty-five
11 90	
12	a hundred

### Dates

### 2 Put the letters in the correct order to make months.

0 Ailpr	April
1 beeemprSt	
2 lJuy	
3 achMr	
4 Agstuu	
5 aMy	
6 bcDeeemr	
7 eJnu	
8 aaJnruiy	
9 bceOort	
10 abeFrruy	
11 beemNorv	

### 3 Write the months in Exercise 2 in the correct order.

0 January	6
1	7
2	8
3	9
4	10
5	11

### 4 Write the dates.

0 11/11	11th November
1 16/09	
2 30/06	
3 07/10	
4 23/02	
5 13/12	
6 21/08	

### 5 Answer the questions and write the dates.

- When's your teacher's birthday?  
*His birthday is on 21st March.*
- What's today's date?
- When's your best friend's birthday?
- What date is the first day of school?
- What's tomorrow's date?
- When's the next school holiday?

# GRAMMAR

## can

### 1 Match the verbs to the words and phrases.

0 draw	c	a a bike
1 make		b a cake
2 play		c a tree
3 ride		d three languages
4 run		e tennis
5 speak		f on your head
6 stand		g underwater
7 swim		h 5 km



## 2 Write questions with the phrases in Exercise 1.

- 0 Can you draw a tree?  
 1 \_\_\_\_\_  
 2 \_\_\_\_\_  
 3 \_\_\_\_\_  
 4 \_\_\_\_\_  
 5 \_\_\_\_\_  
 6 \_\_\_\_\_  
 7 \_\_\_\_\_

## 3 Answer the questions in Exercise 2 for you.

- 0 Yes, I can.  
 1 \_\_\_\_\_  
 2 \_\_\_\_\_  
 3 \_\_\_\_\_  
 4 \_\_\_\_\_  
 5 \_\_\_\_\_  
 6 \_\_\_\_\_  
 7 \_\_\_\_\_

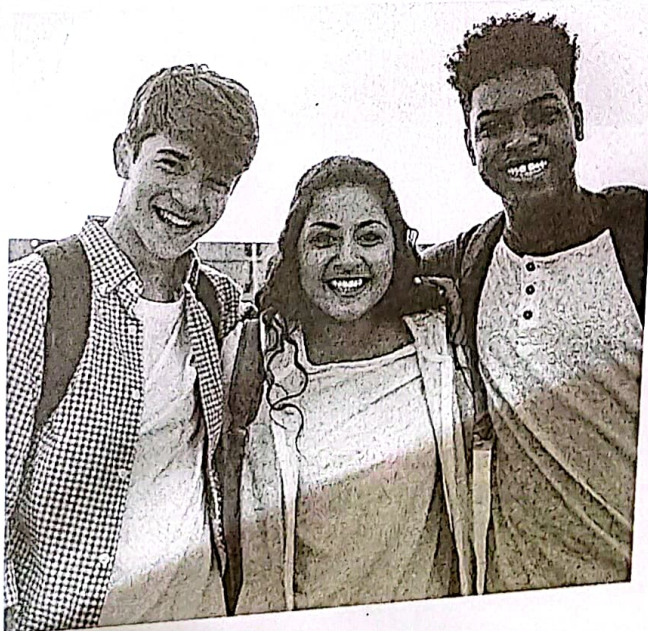
## 4 Complete the sentences with the phrases in Exercise 1 or use your own ideas.

- 0 I can ride a bike but I can't  
stand on my head.  
 1 I \_\_\_\_\_ but I can't  
 \_\_\_\_\_.  
 2 My mum can \_\_\_\_\_  
 but she can't \_\_\_\_\_.  
 3 My friends can \_\_\_\_\_  
 but they can't \_\_\_\_\_.

### Present simple

## 5 Complete the text with the present simple form of the verbs in brackets.

Hi, my name is Jack. I <sup>0</sup> have got (have got) a brother and a sister. I <sup>1</sup> \_\_\_\_\_ (like) music and I <sup>2</sup> \_\_\_\_\_ (love) travelling. Ravi and Molly are my friends. Ravi <sup>3</sup> \_\_\_\_\_ (not have got) any brothers or sisters and Molly <sup>4</sup> \_\_\_\_\_ (have got) one sister. Ravi <sup>5</sup> \_\_\_\_\_ (like) all sports and he <sup>6</sup> \_\_\_\_\_ (play) football every day. Molly <sup>7</sup> \_\_\_\_\_ (not play) football. She <sup>8</sup> \_\_\_\_\_ (like) swimming.



## 6 Put the words in the correct order to make questions.

- 1 books / what / like / you / do / ?  
 2 you / do / pictures / like / drawing / ?  
 3 school / what / do / sports / play / you / at / ?  
 4 watching / like / you / do / TV / ?  
 5 animal / what / favourite / your / is / ?

## 7 Answer the questions in Exercise 6 for you.

- 1 \_\_\_\_\_  
 2 \_\_\_\_\_  
 3 \_\_\_\_\_  
 4 \_\_\_\_\_  
 5 \_\_\_\_\_

## 8 Complete the sentences for you.

- 1 Hello, my \_\_\_\_\_.  
 2 I've got \_\_\_\_\_.  
 3 I like \_\_\_\_\_ and  
 I love \_\_\_\_\_.

## WRITING

### A text about your best friend

## 1 Match the questions to the answers.

- 1 How old are you? \_\_\_\_\_  
 2 What's your address? \_\_\_\_\_  
 3 What's your phone number? \_\_\_\_\_  
 4 Have you got any brothers or sisters? \_\_\_\_\_  
 5 Who's your favourite pop star? \_\_\_\_\_  
 6 What's your favourite school subject? \_\_\_\_\_  
 a Yes, I've got two sisters.  
 b It's 13 Green Road.  
 c It's Rihanna.  
 d I'm 13.  
 e I love maths.  
 f It's 477888.

## 2 Write about your best friend. Use the questions in Exercise 1 to help you and write about 50 words.

My best friend is \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

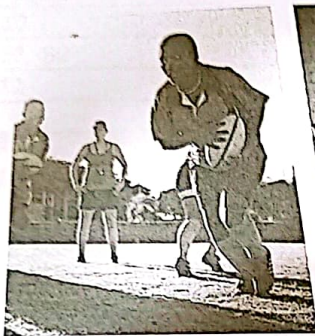


## VOCABULARY

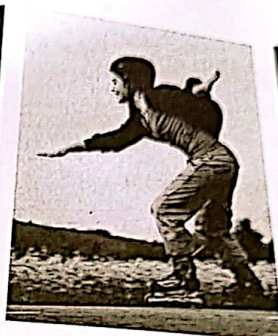
## Sports

1 Match the words in the box to the photos.

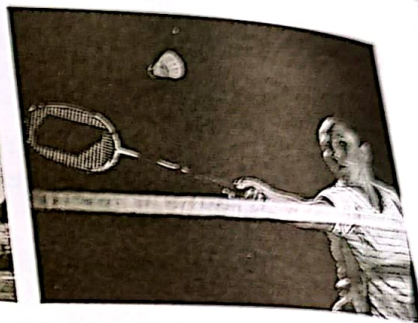
athletics   badminton   baseball   cycling   gymnastics   hockey   rugby  
sailing   skating   snowboarding   surfing   table tennis   volleyball

0 rugby

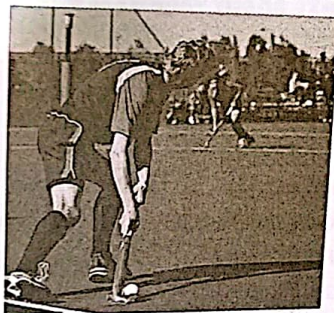
1 \_\_\_\_\_



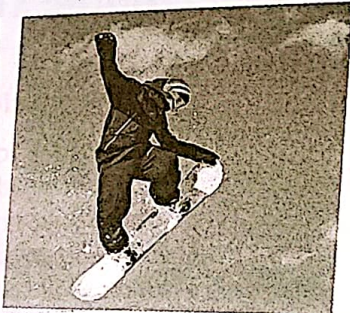
2 \_\_\_\_\_



3 \_\_\_\_\_



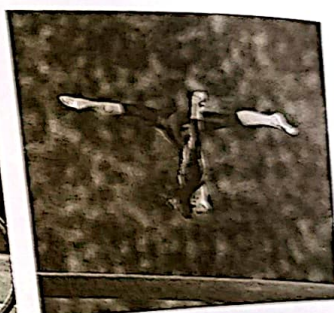
4 \_\_\_\_\_



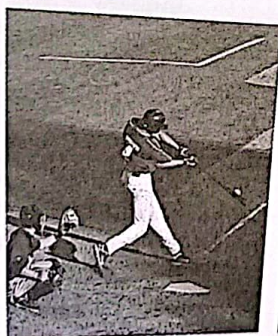
5 \_\_\_\_\_



6 \_\_\_\_\_



7 \_\_\_\_\_



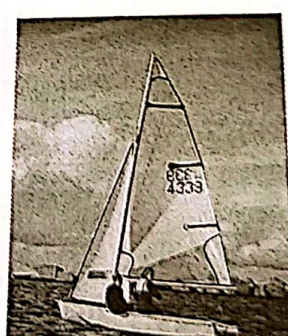
8 \_\_\_\_\_



9 \_\_\_\_\_



10 \_\_\_\_\_



11 \_\_\_\_\_



12 \_\_\_\_\_

2 Complete the table with the sports in Exercise 1.

play	go	do
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

3 Choose the correct verbs to complete the sentences.

- 0 My sister plays / goes volleyball at the weekend.
- 1 My friends John and Toby play / go sailing in the summer.
- 2 We go / do athletics in the evening.
- 3 My brother plays / goes hockey on Sundays.
- 4 I don't play / go table tennis with my friends.
- 5 Do you play / go snowboarding alone?



# GRAMMAR

## Adverbs of frequency

1 Put the adverbs of frequency in the correct place on the line.

always   never   often   sometimes   usually

0%

100%

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_ 5 always

2 Rewrite the sentences with the adverbs of frequency in brackets in the correct place.

0 I watch sport on TV. (never)

I never watch sport on TV.

1 My sister goes cycling with my dad. (usually)

2 I play rugby with my friends. (never)

3 Snowboarding is dangerous. (sometimes)

4 My friends do gymnastics after school. (often)

5 My grandparents play table tennis on Sundays. (always)

3 Put the words in the correct order to make questions.

0 do / play / often / you / baseball / ?

Do you often play baseball?

1 you / in the city / usually / go / cycling / do / ?

2 badminton / parents / play / often / do / your / ?

3 you / go / often / do / snowboarding / how / ?

4 friends / your / rugby / school / do / play / sometimes / at / ?

5 do / go / always / sailing / you / in the summer / ?

4 Answer the questions in Exercise 3 for you.

0 No, I don't. I never play baseball.

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

5 Correct the mistakes in the sentences.

0 At school, usually we play volleyball on Friday.

At school, we usually play volleyball on Friday.

1 I go swimming always on a Sunday.

2 I often am tired in the evening.

3 People go sometimes cycling with their friends.

4 At the weekend, usually I do sports.

5 In the holidays, we go sometimes sailing.

## VOCABULARY

### Sports equipment

1 Find nine more words for sports equipment and sports.

a	b	e	s	g	b	h	k	b	d	i
f	o	o	t	b	a	l	l	n	p	l
e	a	c	i	d	t	r	u	g	b	y
i	r	a	c	k	e	t	m	y	a	g
g	d	a	k	f	b	e	g	s	l	c
m	r	h	p	r	t	n	h	d	l	i
h	o	c	k	e	y	n	a	o	c	e
c	b	s	u	r	f	i	n	g	n	f
l	d	k	e	f	a	s	u	n	f	b

2 Choose the correct words to complete the sentences.

1 Hockey players hit the ball with a *stick* / *bat*.

2 You use a small white *board* / *ball* when you play table tennis.

3 Tennis *balls* / *rackets* are usually yellow.

4 Baseball players hit the ball with a long *stick* / *bat*.

5 In badminton, players use a *racket* / *stick* to hit the ball.

6 When you go surfing, you use a *ball* / *board*.



## READING

- 1 Read the text about Lola. How often does she do her favourite sport?

# Teenblog: Sport

## It's hard work, but it's fun!

Posted by Lola O'Shea

At school, I do a lot of sports like rugby, badminton and hockey. I love football, but now I have a new favourite sport – underwater football! Do you know it? It's like football, but you play it in a swimming pool. There are two teams. Each team has got 13 players, with five players in the water. The ball isn't a normal football; it's big and heavy. In normal football, players don't use their hands to hit the ball, but in underwater football, they can use their head, hands or feet to do this. Players try to hit the ball into the other team's goal. The winning team is the team with the most goals at the end of the game.

I don't play underwater football at school, but I'm in a team at a club. We usually play every week, on Saturday. Underwater football is an exciting sport but it's hard work. I love it because I like football and I like swimming, too. It's really fun!



- 2 Read the text again and choose the correct answers.

- 1 What sports does Lola do at school?
  - A rugby, badminton and underwater football
  - B rugby, badminton and hockey
  - C rugby, badminton and swimming
- 2 How is underwater football different to normal football?
  - A There are three teams.
  - B The players use a racket to hit the ball.
  - C You play it in a swimming pool.
- 3 How do you win a game?
  - A You swim to the other team's goal.
  - B You score goals.
  - C You hit the ball.
- 4 Why does Lola like underwater football?
  - A because it's exciting and fun
  - B because she's in a team
  - C because it's hard work

- 3 Read the text again and complete the table.

## Underwater football facts



Number of teams	1	_____
Number of players in each team	2	_____
Equipment	3	_____
What do you use to hit the ball?	4	_____

## LISTENING

- 1 Listen to a recording of Andrea M. How often does she do her favourite sport?
- 2 Listen to a recording of Andrea M. How often does she do her favourite sport?
- 3 Listen to a recording of Andrea M. How often does she do her favourite sport?



## LISTENING

- 1 Listen to an interview with teen sports star, Andrea Murray. Tick (✓) the activities that Andrea does regularly.

plays volleyball \_\_\_\_\_  
 plays tennis \_\_\_\_\_  
 goes snowboarding \_\_\_\_\_  
 cycles \_\_\_\_\_  
 studies \_\_\_\_\_  
 listens to music \_\_\_\_\_  
 reads \_\_\_\_\_  
 goes to the cinema \_\_\_\_\_

- 2 Listen to the interview again. Are the sentences right (✓) or wrong (x)?

- 1 Andrea listens to Barry's podcast. \_\_\_\_\_  
 2 Andrea's father plays badminton. \_\_\_\_\_  
 3 Andrea's brothers and sisters don't like sport. \_\_\_\_\_  
 4 Andrea always plays tennis on school days. \_\_\_\_\_  
 5 She gets up at five o'clock on Wednesdays. \_\_\_\_\_  
 6 She doesn't have any free time. \_\_\_\_\_

- 3 Listen again and complete Andrea's diary.

### Friday

- 5.00 am - 0 \_\_\_\_\_ get up
- 1 \_\_\_\_\_ for two hours
- go to school

### Saturday

- 2 \_\_\_\_\_ - get up
- have breakfast
- 3 \_\_\_\_\_ all day

### Sunday

- 6.00 am - get up
- morning - 4 \_\_\_\_\_
- afternoon - 5 \_\_\_\_\_

## WRITING

A text about your favourite sport

- 1 Read the text. Tick (✓) the questions that the writer answers.

- 1 What is your favourite sport? \_\_\_\_\_  
 2 How do you play it? \_\_\_\_\_  
 3 What equipment do you need? \_\_\_\_\_  
 4 Where and when do you play it? \_\_\_\_\_  
 5 Why do you like it? \_\_\_\_\_

### My favourite sport

by Lydia

My favorite sport is basketball. Does you know it? There are to teams with five people in a team. You need a basketball and two baskets to play it. Players throw the bal in the net two score points. The team with the most points wins. I sometime play basketball at school, but I also in a team at a club. We playing every Saturday. I like basketball because it's fast and its fun.



- 2 Read the text again and find ten mistakes with spelling and grammar.

- 3 Think about your favourite sport and answer the questions in Exercise 1. Make notes below.

- 4 Write about your favourite sport. Use the notes you made in Exercise 3 and write about 50 words. Remember to read your work carefully and check for spelling and grammar mistakes.



# 2

## THIS IS MY DAY

### VOCABULARY

#### Daily routines

1 Complete the phrases with the verbs in the box.

brush	check	clean	get
have	leave	prepare	
put	tidy	wake	

- 0 clean your teeth
- 1 \_\_\_\_\_ your room
- 2 \_\_\_\_\_ the house
- 3 \_\_\_\_\_ up
- 4 \_\_\_\_\_ breakfast
- 5 \_\_\_\_\_ your messages
- 6 \_\_\_\_\_ dressed
- 7 \_\_\_\_\_ your school bag
- 8 \_\_\_\_\_ on your shoes
- 9 \_\_\_\_\_ your hair

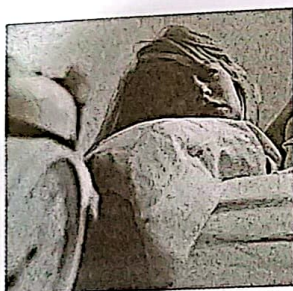
3 Complete the text with the correct form of phrases in Exercise 1.

Hi, I'm Keisha and this is my morning routine. On school days, I usually <sup>0</sup> wake up at 7 o'clock. Before I get out of bed, I <sup>1</sup> \_\_\_\_\_ on my phone.

Then, I <sup>2</sup> \_\_\_\_\_ in the kitchen with my parents. I usually have fruit, biscuits or bread, but I don't really like breakfast. I <sup>3</sup> \_\_\_\_\_ in my room. I usually wear jeans and a T-shirt. Then, I <sup>4</sup> \_\_\_\_\_ (I do this at least twice a day and after every meal!) and brush my hair. After, I <sup>5</sup> \_\_\_\_\_: I take my homework, books, lunch and my phone – that's very important! Then, I put on my shoes and <sup>6</sup> \_\_\_\_\_ at 8 o'clock. I always walk to school with my friend Lucas.



2 Match the phrases in Exercise 1 to the photos.



1 \_\_\_\_\_



2 \_\_\_\_\_



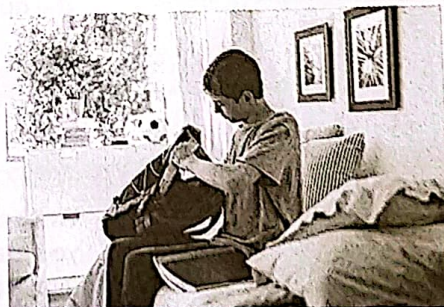
3 \_\_\_\_\_



4 \_\_\_\_\_



5 \_\_\_\_\_



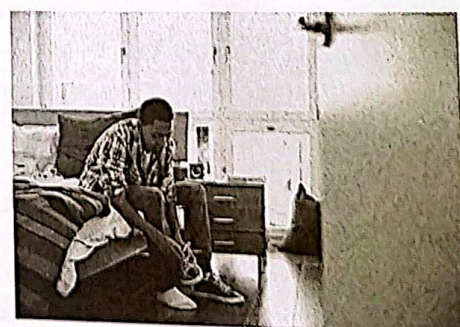
6 \_\_\_\_\_



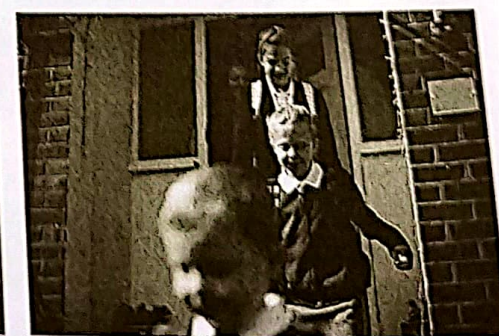
7 \_\_\_\_\_



8 \_\_\_\_\_



9 \_\_\_\_\_



10 \_\_\_\_\_



## GRAMMAR

### Present continuous and present simple

- 1 Look at the example sentences a and b. Then complete the rules below with the phrases in the box.

- a I always leave the house at 8 o'clock.  
b I'm wearing a T-shirt and jeans today.

adverbs of frequency    present continuous  
present simple    today, now and at the moment

We use the <sup>1</sup> \_\_\_\_\_ to talk about habits and routines. We often use it with <sup>2</sup> \_\_\_\_\_.

We use the <sup>3</sup> \_\_\_\_\_ to talk about things we're doing now. We often use it with words like <sup>4</sup> \_\_\_\_\_.

- 2 Choose the correct words or phrases to complete the sentences.

- I *always* / *at the moment* prepare my school bag before school.
- My parents *now* / *always* watch TV in the evening.
- My brother is making breakfast *now* / *usually*.
- Why have you got your maths book? We're studying English *often* / *today*.
- What are you doing *sometimes* / *at the moment*?
- I don't *usually* / *never* go to bed at 9 o'clock.

- 3 Complete the sentences with the present simple or present continuous form of the verbs in brackets.

- He plays (play) tennis every day.
- I never tidy (tidy) my room. My mum hates it!
- They usually watch (watch) films at the weekend.
- My dad cooks (cook) breakfast today.
- My mum doesn't work (not work) in a school. She's a police officer.
- Jack doesn't work (not work) today because he's not very well.
- What book do you read (you / read) at the moment? Is it good?

- 4 Correct the mistakes in the sentences.

- I study now because I've got an exam tomorrow.
- Are you knowing Katy? She's my sister.
- My brother watching TV with his friends.
- My mum is a doctor. She is usually working at weekends.
- Every day we are drinking tea for breakfast.

## VOCABULARY

### Food

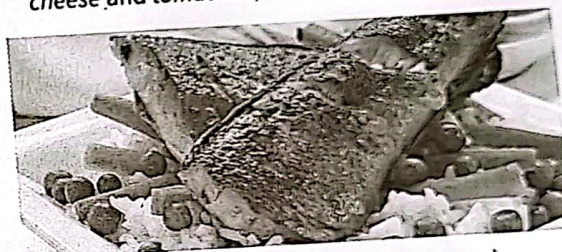
- 1 Look at the photos and choose the correct words.



- 1 We eat cereal / rice, bread / pasta and jam / honey for breakfast.



- 2 In summer, we often have salad with cabbage / cheese and tomatoes / cucumber for lunch.



- 3 Yesterday I ate fish / meat, rice / pasta and mango / vegetables.



- 4 I usually eat fruit / yoghurt for dessert.

- 2 Match the words to the meanings.

- |               |  |
|---------------|--|
| 1 breakfast   | a the large part of a meal                     |
| 2 dessert     | b a drink, usually made from fruit             |
| 3 dinner      | c the first meal of the day                    |
| 4 juice       | d you eat this between meals                   |
| 5 lunch       | e you eat this in the evening                  |
| 6 main course | f you eat this at midday                       |
| 7 snack       | g you eat this sweet food at the end of a meal |

- 3 Complete the sentences for you.

- For breakfast, I always have \_\_\_\_\_.
- My favourite dessert is \_\_\_\_\_.
- My favourite snacks are \_\_\_\_\_.
- For dinner, we usually have \_\_\_\_\_.