



sports

1 Match the pictures A–M to the words in the box.

EP

do athletics
do gymnastics
go cycling
go sailing
go skating
go snowboarding
go surfing

play badminton
play baseball
play hockey
play rugby
play table tennis
play volleyball



NG



Team sport



Individual sport



Football

Volleyball

Basketball

Baseball

Badminton

Rugby

Table tennis

Hockey

Gymnastics

Athletics

Cycling

Sailing

Skating

Surfing

Snowboarding

2 In pairs, ask and answer the questions.

- 1 Which of the sports do you do in teams (a group of people)? Which do you do alone (just one person)?
- 2 Which of the sports can you do both in teams and alone?
- 3 Which of these sports do *you* do?
- 4 Do you prefer team sports or sports you do alone? Why?

Odd one out

1. Flight_pie_skating_silent
2. Lady_wait_eight_type
3. Idea_shy_baby_cried
4. Five_paper_tail_they
5. Cycle_sight_silver_style
6. Spray_train_cave_camp
7. July_polite_high_table
8. Trade_afraid_item_bacon
9. Crime_lazy_knight_dry
10. Kind_safe_lie_light

/a/

i

Pilot

i_e

Kite

ie

Tie

igh

night

y

my

y_e

Style

/e/

a

Radio

a_e

Base

ai

Rain

ay

Tray

ey

hey

eigh

Eight



PRONUNCIATION

/eɪ/ and /aɪ/

3 Put the words into the correct column.

baseball
riding

bike
skating

fly

play

/eɪ/ sailing

/aɪ/ cycling



Sophie white

**More
than
18.000**

**At the
Weekend**

**Three
times**



U15s

Loughborough

**Fran
Mathews**

Sophie white

It's fun!

My sport isrugby! That's me in the photo . People think that rugby is for boys, but that's not true. More than 18.000 women and girls play rugby in England . My team always plays a match on Saturday or Sunday, and I usually go to practice games three times a week . It's hard work, but it's never boring ! I'm 14 and I play for the U15s . That's the team for players under the age of 15. When I'm older, I want to go to the rugby summer camp at Loughborough university .

My favourite player , Fran Matthews , went there and now she plays for the England national rugby team.



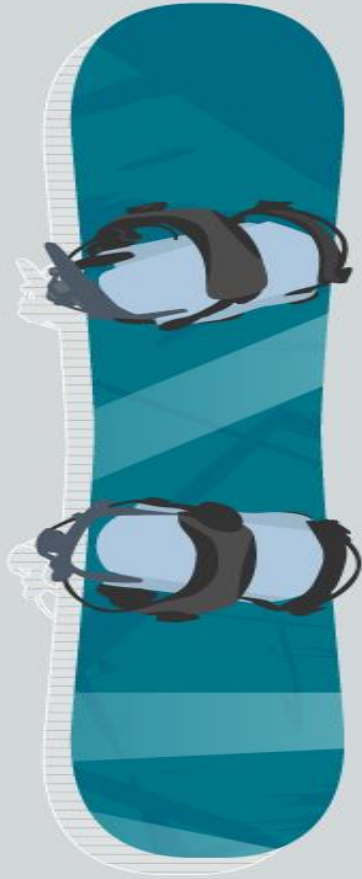




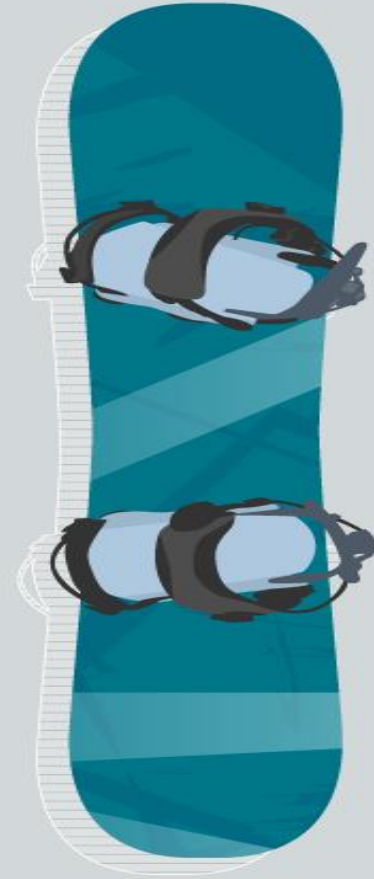
REGULAR

vs.

GOOFY



Right foot at the
back of the board



Left foot at the
back of the board



REGULAR

LEFT FOOT FORWARD



GOOFY

RIGHT FOOT FORWARD

Goofy-foot or regular?

I love the snow and the mountains. I feel at home there. I live in a city and there's no snow here, but in the holidays, I always go to the mountains with my family. I sometimes go snowboarding with Mum, but I often go with my little sister and other young people. Mum usually skis with my dad, and my sister and I like spending more time in the snow than they do. It's usually quiet. When we're in the mountains, I go snowboarding every day and I'm getting really good. I often think about the future – I want to be a famous snowboarder one day, like Max Parrot. Oh, and I'm *goofy-foot* – that means I put my right foot at the front of the board.



• Goofy foot or regular?

- I ❤️ the ❄️ and the 🏔️ 🏔️ . I feel at 🏠 there. I live in a city and there is ❌ ❄️ here, but in the dyahlios , I always go to the 🏔️ 🏔️ with my 👨👩👧 . I some times go 🎮 with 🧒 , but I often go with my little 🧒 and other young people.
- 🧒 usually 🏂 with my 🧑 and my little 🧒 and I like spending more time in the ❄️ than they do. It is usually quiet. When we are in the 🏔️ 🏔️ , I go 🎮 every day and I am getting really good.
- I often think about the future_ I want to be a mufaso snowboarder one day , like Max Parrott.
- Oh, and I'm goofy foot _that means I put my right foot at the front of the board.

4 Read Sophie's and Ben's blogs. Who does their sport every week? Who can't do their sport where they live?

5 Read about Sophie and Ben again and answer the questions.

1 How many women and girls do Sophie's sport?

2 What does Sophie do at the weekend?

3 What does Sophie want to do at Loughborough University?

4 Where does Ben prefer to be?

5 Why does Ben go snowboarding every day?

6 Ben says he's 'goofy-foot'. What does 'goofy-foot' mean?

The End