# Work book unit 2

Complete the phrases with the verbs in the box.

brush check clean get have leave prepare put tidy wake

your teeth O clean Tidy 1 your room Leave the house 2 wake 3 up lave breakfast 4 5 Check your messages Get dressed 6 Preparyour school bag 7 on your shoes 8 brush your hair 9

Match the phrases in Exercise 1 to the photos. 2



1 Wake up



get<sup>2</sup>dressed



have breakfast check your messages





<sup>5</sup> tidy your room



<sup>6</sup> Prepare your bag



7 brush your hair



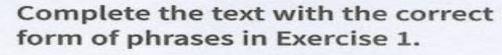
leave the house 10



<sup>8</sup>clean your teeth



9 Put on your shoes



Hi, I'm Keisha and this is my morning routine. On school days, I usually <sup>o</sup> wake up at 7 o'clock. Before I get out of bed, I<sup>1</sup> check my messages on my phone. Then, I<sup>2</sup> Have breakfast in the kitchen with my parents. I usually have fruit, biscuits or bread, but I don't really like breakfast. I<sup>3</sup> in my room. I usually wear jeans and a T-shirt. Then, I<sup>4</sup> Idy my room (I do this at least twice (I do this at least twice a day and after every meal!) and brush my hair. After, 15 Prepare my bag : I take my homework, books, lunch and my phone - that's very important! Then, I put on my shoes and feave my house I always walk to school with my friend Lucas. at 8 o'clock.

### Present continuous and present simple

Look at the example sentences a and b. Then complete the rules below with the phrases in the box.

a I always leave the house at 8 o'clock.
b I'm wearing a T-shirt and jeans today.

FRAMMAR

adverbs of frequency present continuous present simple today, now and at the moment

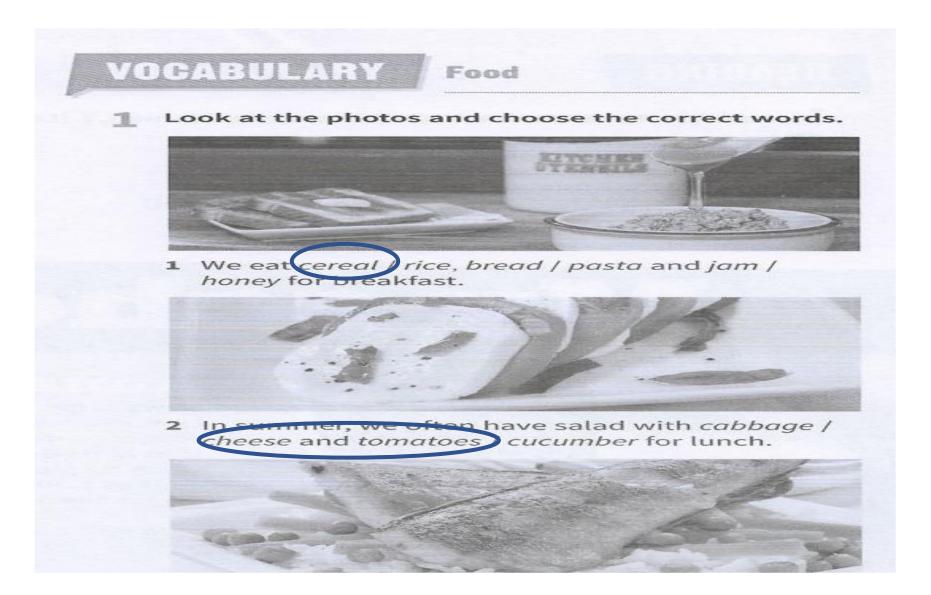
We use the <sup>1</sup> Present simple to talk about habits and routines. We often use it with <sup>2</sup> Adverbs of frequency We use the <sup>3</sup> Adverbs of frequency about things we're doing now. We often use it with words like <sup>4</sup> Choose the correct words or phrases to complete the sentences.

- 1 Lalways / at the moment prepare my school bag before school.
- 2 My parents now / always watch TV in the evening.
- 3 My brother is making breakfast now / usually.
- 4 Why have you got your maths book? We're studying English often, today.
- 5 What are you doing sometimes / at the momente
- 6 I don't usually / never go to bed at 9 o'clock.

#### Complete the sentences with the present simple or present continuous form of the verbs in brackets.

- **0** He <u>plays</u> (play) tennis every day.
- 1 I never Tidy (tidy) my room. My mum hates it!
- 2 They usuall Watch (watch) films at the weeken choks
- **3** My dad (cook) breakfast today.
- 4 My mum doesn't work (not work) in a school.
   She's a police officer.
   5 Jack IS I t Working (not work) today because
- 5 Jack Isn tworking (not work) today because he's not very welline vou reading
- 6 What book \_\_\_\_\_\_ (you / read) at the moment? Is it good?
- Correct the mistakes in the sentences.

- I study now because I've got an exam tomorrow.
  am studying
  - 2 Are you knowing Katy? She's my sister. Do
  - 3 My brother watching TV with his friends. Watches
  - 4 My mum is a doctor. She is usually working at weekends. Works
  - 5 Event day we are drinking tea for breakfast.



3 Yesterday I ate fish / meat, rice / pasta and mango / vegetables.



4 I usually eat fruit / yoghurt for dessert.

#### Match the words to the meanings.

- 1 breakfast
- 2 dessert
- 3 dinner
- 4 juice
- 5 lunch
- 6 main course
- 7 snack

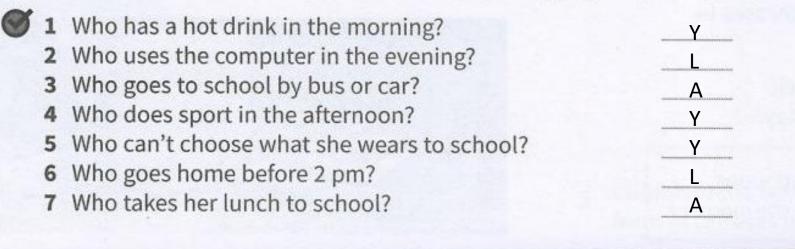
a the large part of a meal
b a drink, usually made from fruit
c the first meal of the day
d you eat this between meals
e you eat this in the evening
f you eat this at midday
g you eat this sweet food at the end of a meal

#### Complete the sentences for you.

- 1 For breakfast, I always have
- 2 My favourite dessert is
- 3 My favourite snacks are
- 4 For dinner, we usually have

## READING

Read the texts. For each question, write A (Anna), L (Lena) or Y (Yuko).



Read the texts again and answer the questions.

1 What does Anna have for breakfast?

She has cereal and milk. 2 How does Yuko travel to school?

non does fund traver to sene

she walks to school.

**3** What time does school start for Lena? It starts at 7.30. 4 What does Anna usually have for lunch?
She has sandwiches and fruit.
5 What does Lena do after dinner?
She watches video on the internet.
6 When does Yuko do her homework?
she does her homework in the evening.

#### WRITING A paragraph about your routine

Read the text and match the times to the activities.

### A typical school day

- by Leo

I get up at 7 o'clock and get dressed. My breakfast is cereal or toast. Then I prepare my school bag and go to school at 8 o'clock. I usually walk to school but sometimes I go on the bus. School starts at half past eight and finishes at 3 o'clock. Lunch is at 1 o'clock. I usually have sandwiches or a salad. After school I go home. Dinner is at half past seven. After dinner, I do my homework and go on the internet. I go to bed at half past nine.

- 1 7.00 am
- 2 8.00 ango to school
- 3 8.30 amunch

2 We use

- 5 3.00 prothe school finishes
- 6 7.30 progo home
- 7 9.30 pmgo to bed

- a have dinner
- **b** go home
- c go to bed
- d get dressed
- e leave the house
- start school
- g have lunch
- Look at the text again. Find and underline sentences with and, but and or. Then complete the rules with and, but and or.
  - 1 We use to link two ideas.
    - to contrast two things.
  - 3 We use for different things we
    - can choose.

