

Work book unit 1 (answer key)

VOGABULARY

Sports

1 Match the words in the box to the photos.

athletics
sailing

badminton
skating

baseball
snowboarding

cycling
surfing

gymnastics
table tennis

hockey
volleyball

rugby



0 rugby



1 _____



2 _____



3 _____



4 _____



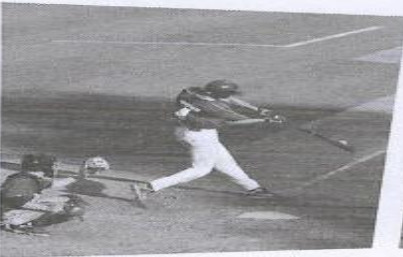
5 _____



6 _____



7 _____



8 _____



9 _____



10 _____



11 _____



12 _____

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hockey
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rugby



0 rugby



1 Volleyball



2 skating



3 badminton



4 Hockey



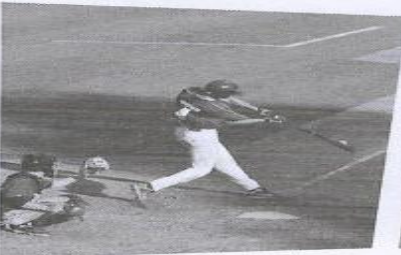
5 snowboarding



6 cycling



7 gymnastics



8 Baseball



9 table tennis



10 athletics



11 sailing



12 surfing

Baseball table tennis athletics sailing surfing

2 Complete the table with the sports in Exercise 1.

play	go	do
.....
.....
.....	
.....	
.....	
.....		

2 Complete the table with the sports in Exercise 1.

play	go	do
Volleyball	skating	athletics
Rugby	snowboarding	gymnastics
Badminton	cycling	
Hockey	sailing	
Baseball	surfing	
Table tennis		

3 Choose the correct verbs to complete the sentences.

- 0 My sister plays / goes volleyball at the weekend.
- 1 My friends John and Toby *play* / *go* sailing in the summer.
- 2 We *go* / *do* athletics in the evening.
- 3 My brother *plays* / *goes* hockey on Sundays.
- 4 I don't *play* / *go* table tennis with my friends.
- 5 Do you *play* / *go* snowboarding alone?

3 Choose the correct verbs to complete the sentences.

- 0 My sister plays / goes volleyball at the weekend.
- 1 My friends John and Toby *play* / go sailing in the summer.
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- 3 My brother plays / goes hockey on Sundays.
- 4 I don't play / go table tennis with my friends.
- 5 Do you *play* / go snowboarding alone?

1 Put the adverbs of frequency in the correct place on the line.

always never often sometimes usually

0%

100%

1

2

3

4

5

always

1 Put the adverbs of frequency in the correct place on the line.

always never often sometimes usually

0%

100%

1 Never

2 sometimes

3 often

4 usually

5 always

2 Rewrite the sentences with the adverbs of frequency in brackets in the correct place.

0 I watch sport on TV. (never)

I never watch sport on TV.

1 My sister goes cycling with my dad. (usually)

2 I play rugby with my friends. (never)

3 Snowboarding is dangerous. (sometimes)

4 My friends do gymnastics after school. (often)

5 My grandparents play table tennis on Sundays.
(always)

2 Rewrite the sentences with the adverbs of frequency in brackets in the correct place.

0 I watch sport on TV. (never)

I never watch sport on TV.

1 My sister goes cycling with my dad. (usually)

My sister usually goes cycling with my dad.

2 I play rugby with my friends. (never)

I never play rugby with my friends.

3 Snowboarding is dangerous. (sometimes)

Snowboarding is sometimes dangerous.

4 My friends do gymnastics after school. (often)

My friends often do gymnastics after school.

5 My grandparents play table tennis on Sundays.
(always)

My grandparents always play table tennis on Sundays.

3 Put the words in the correct order to make questions.

0 do / play / often / you / baseball / ?
Do you often play baseball?

1 you / in the city / usually / go / cycling / do / ?

2 badminton / parents / play / often / do / your / ?

3 you / go / often / do / snowboarding / how / ?

4 friends / your / rugby / school / do / play /
sometimes / at / ?

5 do / go / always / sailing / you / in the summer / ?

3 Put the words in the correct order to make questions.

0 do / play / often / you / baseball / ?

Do you often play baseball?

1 you / in the city / usually / go / cycling / do / ?

Do you usually go cycling in the city?

2 badminton / parents / play / often / do / your / ?

Do your parents often play badminton?

3 you / go / often / do / snowboarding / how / ?

How often do you go snowboarding?

4 friends / your / rugby / school / do / play /
sometimes / at / ?

Do your friends sometimes play rugby at school?

5 do / go / always / sailing / you / in the summer / ?

Do you always go sailing in the summer?

5 Correct the mistakes in the sentences.



0 At school, usually we play volleyball on Friday.

At school, we usually play volleyball on Friday.

1 I go swimming always on a Sunday.


2 I often am tired in the evening.

3 People go sometimes cycling with their friends.

4 At the weekend, usually I do sports.

5 In the holidays, we go sometimes sailing.

5 Correct the mistakes in the sentences.

 0 At school, usually we play volleyball on Friday.
At school, we usually play volleyball on Friday.

1 I go swimming always on a Sunday.

I always go swimming on Sunday.

2 I often am tired in the evening.

I am often tired in the evening.

3 People go sometimes cycling with their friends.

People sometimes go cycling with their friends.

4 At the weekend, usually I do sports.

I usually do sports at the weekend.

5 In the holidays, we go sometimes sailing.

We sometimes go sailing in holidays.

1 Find nine more words for sports equipment and sports.

a	b	e	s	g	b	h	k	b	d	i
f	o	o	t	b	a	l	l	n	p	l
e	a	c	i	d	t	r	u	g	b	y
i	r	a	c	k	e	t	m	y	a	g
g	d	a	k	f	b	e	g	s	l	c
m	r	h	p	r	t	n	h	d	l	i
h	o	c	k	e	y	n	a	o	c	e
c	b	s	u	r	f	i	n	g	n	f
l	d	k	e	f	a	s	u	n	f	b

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f	o	o	t	b	a	l	l	n	p	l
e	a	c	i	d	t	r	u	g	b	y
i	r	a	c	k	e	t	m	y	a	g
g	d	a	k	f	b	e	g	s	l	c
m	r	h	p	r	t	n	h	d	l	i
h	o	c	k	e	y	n	a	o	c	e
c	b	s	u	r	f	i	n	g	n	f
l	d	k	e	f	a	s	u	n	f	b

2 Choose the correct words to complete the sentences.

- 1** Hockey players hit the ball with a *stick / bat*.
- 2** You use a small white *board / ball* when you play table tennis.
- 3** Tennis *balls / rackets* are usually yellow.
- 4** Baseball players hit the ball with a long *stick / bat*.
- 5** In badminton, players use a *racket / stick* to hit the ball.
- 6** When you go surfing, you use a *ball / board*.

2 Choose the correct words to complete the sentences.

- 1 Hockey players hit the ball with a *stick* / *bat*.
- 2 You use a small white *board* / *ball* when you play table tennis.
- 3 Tennis *balls* / *rackets* are usually yellow.
- 4 Baseball players hit the ball with a long *stick* / *bat*.
- 5 In badminton, players use a *racket* / *stick* to hit the ball.
- 6 When you go surfing, you use a *ball* / *board*.

1 Read the text about Lola. How often does she do her favourite sport?

Teenblog: Sport

It's hard work, but it's fun!

Posted by Lola O'Shea

At school, I do a lot of sports like rugby, badminton and hockey. I love football, but now I have a new favourite sport – underwater football! Do you know it? It's like football, but you play it in a swimming pool. There are two teams. Each team has got 13 players, with five players in the water. The ball isn't a normal football; it's big and heavy. In normal football, players don't use their hands to hit the ball, but in underwater football, they can use their head, hands or feet to do this. Players try to hit the ball into the other team's goal. The winning team is the team with the most goals at the end of the game.

I don't play underwater football at school, but I'm in a team at a club. We usually play every week, on Saturday. Underwater football is an exciting sport but it's hard work. I love it because I like football and I like swimming, too. It's really fun!



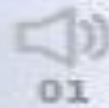
2 Read the text again and choose the correct answers.

- 1** What sports does Lola do at school?
A rugby, badminton and underwater football
B rugby, badminton and hockey
C rugby, badminton and swimming
- 2** How is underwater football different to normal football?
A There are three teams.
B The players use a racket to hit the ball.
C You play it in a swimming pool.
- 3** How do you win a game?
A You swim to the other team's goal.
B You score goals.
C You hit the ball.
- 4** Why does Lola like underwater football?
A because it's exciting and fun
B because she's in a team
C because it's hard work

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LISTENING



1

Listen to an interview with teen sports star, Andrea Murray. Tick (✓) the activities that Andrea does regularly.

plays volleyball

.....

plays tennis

.....

goes snowboarding

.....

cycles

.....

studies

.....

listens to music

.....

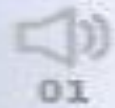
reads

.....

goes to the cinema

.....

LISTENING



1

Listen to an interview with teen sports star, Andrea Murray. Tick (✓) the activities that Andrea does regularly.

plays volleyball

.....
✓
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plays tennis

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✓
.....

goes snowboarding

.....
✓
.....

cycles

.....
.....
.....

studies

.....
.....
.....

listens to music

reads

goes to the cinema



2

Listen to the interview again. Are the sentences right (✓) or wrong (X)?

- 1 Andrea listens to Barry's podcast. _____
- 2 Andrea's father plays badminton. _____
- 3 Andrea's brothers and sisters don't like sport. _____
- 4 Andrea always plays tennis on school days. _____
- 5 She gets up at five o'clock on Wednesdays. _____
- 6 She doesn't have any free time. _____



2

Listen to the interview again. Are the sentences right (✓) or wrong (X)?

1 Andrea listens to Barry's podcast.

.....
X

2 Andrea's father plays badminton.

.....
X

3 Andrea's brothers and sisters don't like sport.

.....
X

4 Andrea always plays tennis on school days.

.....
✓

5 She gets up at five o'clock on Wednesdays.

.....
X

6 She doesn't have any free time.

.....
X

3 Listen again and complete Andrea's diary.

Friday

- 5.00 am - ⁰ *get up*
- ¹ *for*
two hours
- go to school

Saturday

- ² - *get up*
- have breakfast
- ³ *all day*

Sunday

- 6.00 am - *get up*
- morning - ⁴
- afternoon - ⁵

3 Listen again and complete Andrea's diary.

Friday

- 5.00 am - 0 get up
- 1 play tennis for
two hours
- go to school

Saturday

- 2 cycle - get up
- have breakfast
- 3 play tennis all day

Sunday

- 6.00 am - get up
- morning - 4 Do my homework
- afternoon - 5 play tennis

My favourite sport

by Lydia

My favorite sport is basketball. Does you know it? There are to teams with five people in a team. You need a basketball and two baskets to play it. Players throw the bal in the net two score points. The team with the most points wins. I sometimes play basketball at school, but I also in a team at a club. We playing every Saturday. I like basketball because it's fast and its fun.



- 2 Read the text again and find ten mistakes with spelling and grammar.
- 3 Think about your favourite sport and answer the questions in Exercise 1. Make notes below.

My favourite sport

by Lydia

My favorite sport is basketball. Does you know it? There are two teams with five people in a team. You need a basketball and two baskets to play it. Players throw the ball in the net to two score points. The team with the most points wins. I sometimes play basketball at school, but I also in a team at a club. We playing every Saturday. I like basketball because it's fast and its fun.



- 2 Read the text again and find ten mistakes with spelling and grammar.
- 3 Think about your favourite sport and answer the questions in Exercise 1. Make notes below.

4 Write about your favourite sport. Use the notes you made in Exercise 3 and write about 50 words. Remember to read your work carefully and check for spelling and grammar mistakes.
