# Simple present vs present continues

| Simple present | Present continues |
|---|---|
| I go to school everyday. | I'm going to school by bus. |
| She cooks dinner she is a cook. | She is cooking right now. |
| They paly basketball every Sunday. | They are playing football in the park today. |
| I have 8 classes every week. | Me and my sister are talking. |

We use **simple present** to talk about :
1. Things we do often or repeated actions or everyday activities(routines)
We can use adverbs like(always/usually/never/often…) or words like: everyday/every week/normally…
Example: I go to work every day.(+)
I don't go to gym very often.(-)
Do you walk 1hour a day?(?)
2. To talk about facts or truth.
The water boils in100 degrees.

We use **present continues** to talk about actions which are happening at the moment(right now) or out of routine.
Example:
I always wear black but I'm wearing jeans today.(out of routine)
I'm making cake now ,I cant talk with you.

## Present continuous

| | |
|---|---|
| **Positive** | I'm (am) **waking** up.<br>You/We/They're (are) **getting** dressed.<br>He/She/It's (is) **eating** breakfast. |
| **Negative** | I'm (am) **not brushing** my hair.<br>You/We/They **aren't** (are not) **going** to school. (*or* You/We/They're **not going** to school.)<br>He/She/It **isn't** (is not) **helping**. (*or* He/She/ It's **not helping**.) |
| **Questions** | **Am** I **eating** lunch?<br>**Are** you/we/they **making** breakfast?<br>**Is** he/she/it **drinking** hot chocolate? |
| **Short answers** | Yes, I **am**.<br>No, I'm **not**.<br>Yes, you/we/they **are**.<br>No, you/we/they **aren't**.<br>(*or* you/we/they're **not**.)<br>Yes, he/she/it **is**.<br>No, he/she/it **isn't**. (*or* he/she/it's **not**.) |

## Present continuous

| | |
|---|---|
| most verbs add -*ing* | *go → going*<br>*brush → brushing*<br>*eat → eating* |
| verbs ending in -*e*: remove -*e* and add -*ing* | *wake → waking*<br>*have → having* |
| verbs ending in -*ie*: change the -*ie* to -*y* and add -*ing* | *lie → lying* |
| one-syllable verbs ending in a consonant + a vowel + a consonant (except *w*, *x* or *y*): double the consonant and add -*ing* | *get dressed → getting dressed*<br>*shop → shopping* |
| two-syllable verbs ending in a stressed vowel + a consonant: double the consonant and add -*ing* | *begin → beginning*<br>(**but** *open → opening*) |
| In British English, we double the final *l* in *travel*. | *travel → travelling*<br>(American English: *travel → traveling*) |