



Hello everyone

Welcome to review part

Lets review the words in picture...





bag      board      chair      coat  
computer      door      exercise book  
map      pencil case      pen  
poster      rubber      ruler  
teacher      textbook      window

borrow    mean    page  
repeat    say    spell

- 1 I'm sorry, can you \_\_\_\_\_ that, please?
  - 2 How do you \_\_\_\_\_ *bonjour* in English?
  - 3 What \_\_\_\_\_ are we on?
  - 4 How do you \_\_\_\_\_ 'because'?
  - 5 Can I \_\_\_\_\_ your ruler?
  - 5 What does 'in pairs' \_\_\_\_\_?
- a B-E-C-A-U-S-E.
  - b Sure, here you are.
  - c With your partner.
  - d I said, 'please do Exercise 3'.
  - e 19, I think.
  - f Hello.



ING

Match the pictures A–M to the words in the box.

- do athletics
- do gymnastics
- go cycling
- go sailing
- go skating
- go snowboarding
- go surfing
- play badminton
- play baseball
- play hockey
- play rugby
- play table tennis
- play volleyball



badminton    baseball    basketball  
 cycleball    cycling    football  
 gilli-danda    hockey    octopush  
 rugby    running    sailing    skating  
 snowboarding    surfing    swimming  
 table tennis    tennis    volleyball



Use a stick,  
a racket or a bat



Use a ball



Use a board

bat    ball    board    racket    stick

**Put the adverbs in the right place to complete the sentences and questions.**

- 1** I play hockey at school on Fridays. (usually)
- 2** Sophie is tired after rugby matches. (often)
- 3** People don't go sailing in teams. (always)
- 4** My uncle and my dad play table tennis. (never)
- 5** Is gymnastics dangerous? (sometimes)
- 6** Do you go cycling? (often)

# ADVERBS OF FREQUENCY

100%	Always	She <b>always</b> goes to the night club to dance.
90%	Usually	They <b>usually</b> quarrel.
80%	Normally	I <b>normally</b> go to the gym.
70%	Often	They <b>often</b> go out for dinner.
50%	Sometimes	I <b>sometimes</b> go with my husband.
30%	Occasionally	I <b>occasionally</b> eat junk food.
10%	Seldom	I <b>seldom</b> read the newspaper.
5%	Hardly ever	I <b>hardly ever</b> drink alcohol.
0%	Never	I <b>never</b> go to the cinema. I don't like it.



## UNIT 1

## ADVERBS OF FREQUENCY

- We use the present simple to talk about things we do often or every day.

100% I **always** play table tennis in the summer.

↑ I **usually** go sailing with my dad.

↕ I **often** do athletics with my friends.

↓ I'm **sometimes** late for school.

0% I'm **never** unhappy.

- We use the present simple with **adverbs of frequency** to say **how often** we do things.  
*How often do you go snowboarding?*  
*We sometimes go snowboarding in the winter.*
- With the verb **be**, we put the adverb after the verb and before the adjective.  
*Are you sometimes tired after school?*  
*Yes, I'm often tired. / No, I'm not often tired.*
- With other verbs in the present simple, we put the adverb before the main verb.  
*Do you often play hockey at school?*  
*Yes, I often play hockey. / No, I don't often play hockey.*
- Remember, we use **never** with positive verbs.  
*I never go snowboarding. (not I don't never go...)*

**2** Rewrite the sentences with the adverb of frequency in brackets in the correct place.

**0** I'm late for school. (always)

*I'm always late for school.*

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**1** We play badminton. (never)

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**2** My dad doesn't go running. (often)

---

**3** My friends and I go cycling. (sometimes)

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**4** We aren't bored in our sports lesson. (usually)

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**5** Are you tired in the morning? (often)

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**3** Put the words in order to make questions. Then write answers that are true for you.

**0** play / you / table tennis / how often / do / ?

*How often do you play table tennis?*

*I sometimes play table tennis.*

**1** you and your friends / go / often / sailing / do / ?

**2** you / sometimes / bored / are / at home / ?

**3** dinner / how often / cook / you / do / ?

**4** your best friend / how often / watch / does / TV / ?

**5** sometimes / do / you / go / alone / running / ?

00:37 4:05  
**MY MORNING ROUTINE**



MY MORNING ROUTINE



brush your hair  
clean your teeth  
leave the house  
put on your shoes

check your messages  
get dressed      have breakfast  
prepare your school bag  
tidy your room      wake up

# PRESENT SIMPLE VS CONTINUOUS – MEANING

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## PRESENT SIMPLE

### Habits. Regular actions or situations

- ⇒ I **wash** my hair every day.
- ⇒ He usually **gets up** very early.

### Facts, permanent situations or states

- ⇒ I **have** one brother. He **lives** in Paris.
- ⇒ Water **boils** at 100 degrees.

### With stative verbs\*

- ⇒ Give me the money. I **need** it now.
- ⇒ What happened? You **look** sad.

### Future timetabled events

- ⇒ The train **leaves** at 4.
- ⇒ The exams **start** next Monday.

**SIGNAL WORDS:** *Always, never, often, sometimes, every day, once a month, etc.*

## PRESENT CONTINUOUS

### Actions in progress 'now'/'around now'

- ⇒ I can't talk. I'm **brushing** my teeth.
- ⇒ I'm **reading** a new book. I love it!

### Temporary actions or situations

- ⇒ I'm **going** to work by bus this week.
- ⇒ I'm **living** with my cousins until I find an apartment.

### Changing or developing situations

- ⇒ The climate **is changing** very quickly.
- ⇒ Your English **is improving**.

### Future actions that are decided

- ⇒ I'm **meeting** John this evening.
- ⇒ We **are leaving** tomorrow at 7 a.m.

**SIGNAL WORDS:** *Now, at the moment, these days, this week/month, etc.*

We use:

- the present simple to talk about things we do often or every day. We often use it with frequency adverbs such as often, usually always and never.

*We often eat salad in the summer.*

## ADVERBS OF FREQUENCY

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- the **present continuous** to talk about things we're doing now or at the moment. We often use it with words such as *now*, *at the moment* and *today*.  
*I'm preparing my school bag at the moment.*

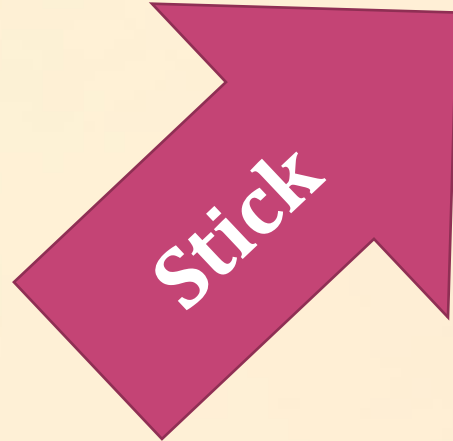
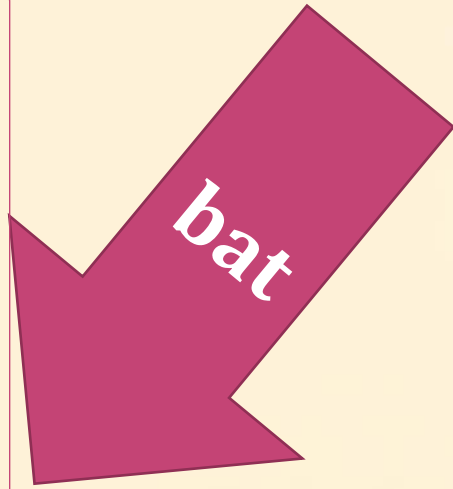
Present continuous	
most verbs add <i>-ing</i>	<i>go</i> → <i>going</i> <i>brush</i> → <i>brushing</i> <i>eat</i> → <i>eating</i>
verbs ending in <i>-e</i> : remove <i>-e</i> and add <i>-ing</i>	<i>wake</i> → <i>waking</i> <i>have</i> → <i>having</i>
verbs ending in <i>-ie</i> : change the <i>-ie</i> to <i>-y</i> and add <i>-ing</i>	<i>lie</i> → <i>lying</i>
one-syllable verbs ending in a consonant + a vowel + a consonant (except <i>w</i> , <i>x</i> or <i>y</i> ): double the consonant and add <i>-ing</i>	<i>get dressed</i> → <i>getting dressed</i> <i>shop</i> → <i>shopping</i>
two-syllable verbs ending in a stressed vowel + a consonant: double the consonant and add <i>-ing</i>	<i>begin</i> → <i>beginning</i> (but <i>open</i> → <i>opening</i> )
In British English, we double the final <i>l</i> in <i>travel</i> .	<i>travel</i> → <i>travelling</i> (American English: <i>travel</i> → <i>traveling</i> )

Present continuous	
<b>Positive</b>	<b>I'm (am) waking up.</b> <b>You/We/They're (are) getting dressed.</b> <b>He/She/It's (is) eating breakfast.</b>
<b>Negative</b>	<b>I'm (am) not brushing my hair.</b> <b>You/We/They aren't (are not) going to school. (or You/We/They're not going to school.)</b> <b>He/She/It isn't (is not) helping. (or He/She/ It's not helping.)</b>
<b>Questions</b>	<b>Am I eating lunch?</b> <b>Are you/we/they making breakfast?</b> <b>Is he/she/it drinking hot chocolate?</b>
<b>Short answers</b>	<b>Yes, I am.</b> <b>No, I'm not.</b> <b>Yes, you/we/they are.</b> <b>No, you/we/they aren't. (or you/we/they're not.)</b> <b>Yes, he/she/it is.</b> <b>No, he/she/it isn't. (or he/she/it's not.)</b>



**Choose the correct words to complete the sentences.**

- 1** We *never eat / 're never eating* dinner at a restaurant.
- 2** I *go / 'm going* swimming after school every day.
- 3** Shh! My baby brother *sleeps / 's sleeping* at the moment.
- 4** What *do you usually have / are you usually having* for breakfast?
- 5** Are you *watch / watching* TV now? No, *I'm not / it isn't*.
- 6** My mum *doesn't work / isn't working* today. She's on holiday.
- 7** We *always go / are always going* to school by bus.



# Now answer these questions:

**Complete the words in sentences.**

**1. I b.... my hair every morning.**

**2. She put her e..... book in her bag.**

**3. I can see a movie p..... On the wall.**

**4. If you m..... And then take a cold shower It make your morning better.**

**5. Do you like doing a..... or playing basketball?**

## Question2:

*Choose the correct word to complete the sentences.*

- 1. There is/are 10pens in my pencil case.*
- 2. I have /has got 2sisters.they are older than me.*
- 3. Can I borrow your/my ruler please?*
- 4. Can you swim well? Yes I can/cant.*
- 5. She do/go swimming.*
- 6. I like play/do volleyball.*
- 7. They eat/are eating breakfast late.*
- 8. We are sitting/sit in the class now.*
- 9. Have/are there any children at the park?*

## Question 3:

**Rewrite the sentences with adverbs of frequency.**

**1. you cook dinner. (usually)**

**2. I go running alone. (sometimes)**

**3. Are you tired after gym? (sometimes)**

**4. I go to the gym. (often)**

**5. Is she quiet? (always)**

## Question4

**Complete the sentences use the simple present or present continues.**

**I ..... late during the week.(not wake up)**

**Which food ..... (he/cook) at the weekend?**

**They .....(not go) to the work at the moment.**

**She cant talk with you now. She .....(make)cake.**

## Question5:

**Find the odd one out in each set.**

**1. Banana      pasta      apple      mango**

**2. Basketball      gymnastics      volleyball      handball**

**3. Toast      fish      bread      cereal**

**4. Bag      tomato      exercise book      pencil case**

**5. Honey      jam      cereal      potato**