

# adverbs of frequency



by HERBER

How often do you  
come here?



Lets watch video

# FREQUENCY ADVERBS



**ALWAYS**



**USUALLY**



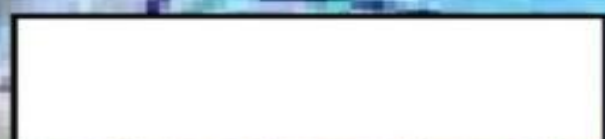
**SOMETIMES**



**OFTEN**

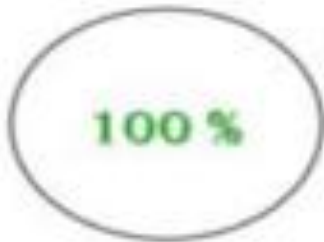


**HARDLY EVER**



**NEVER**

*BBG*



Always



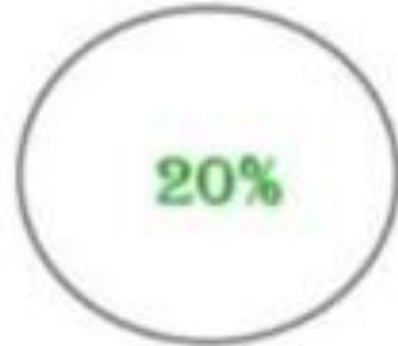
Usually



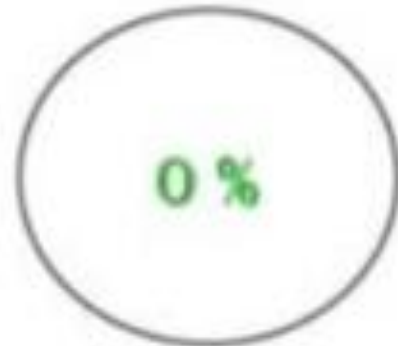
Often



Sometimes



Hardly ever



Never



# adverbs of frequency

I **always** read a book.



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

I **usually** play the  
saxophone.



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

I **often** ride my bike.



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



I **sometimes**  
play basketball.



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Adverbs of frequency go before  
the verbs in **present simple**.



I **always** go to school at 7:00.



I **usually** play piano.



Adverbs of frequency go after  
the verb be.



I am **never** sad.



I am **always** happy.



**1** Look at these examples from the blogs.  
The adverbs of frequency are in purple.

My team **always** plays a match on Saturday or Sunday. It's **never** boring.

It's **usually** quiet.

I **often** go with my little sister and other young people.

I **sometimes** go snowboarding with Mum.

Write the words in purple on the right place on the line.



**2** Answer the questions.

**1** Which sentences in Exercise 1 have a present simple verb?

**2** Which sentences in Exercise 1 have the verb *be*?

### 3 Choose the correct words to complete the rules.

In sentences with the **verb *be***, we put the adverb of frequency *before* / *after* the **verb**.

In sentences with the **present simple**, we put the adverb of frequency *before* / *after* the **verb**.

## 4 Read the examples and choose the correct words to complete the rules.

People don't **always** play sport in teams.  
Ben doesn't **usually** go snowboarding with his dad.  
Do you **sometimes** play volleyball with friends?  
Is rugby **often** dangerous?  
Football isn't **always** boring!

In negatives and questions with the **present simple**, we put the adverb of frequency *before* / *after* the **main verb**.

In negatives and questions with the **verb be**, we put the adverb of frequency *before* / *after* the verb *be*.

## 5 Put the adverbs in the right place to complete the sentences and questions.

- 1 I play hockey at school on Fridays. (usually)
- 2 Sophie is tired after rugby matches. (often)
- 3 People don't go sailing in teams. (always)
- 4 My uncle and my dad play table tennis. (never)
- 5 Is gymnastics dangerous? (sometimes)
- 6 Do you go cycling? (often)

- 1 I usually play hockey at school on Fridays.
- 2 Sophie is often tired after rugby matches.
- 3 People don't always go sailing in teams.
- 4 My uncle and my dad never play table tennis.
- 5 Is gymnastics sometimes dangerous?
- 6 Do you often go cycling?

**6** Put the words in order to make sentences and questions and questions.



**0** often / school / plays / my friend / after / football

*My friend often plays football after school.*

**1** welcome / sports / are / in / our / club / always / you

**2** Mondays / do / on / athletics / never / we

**3** skating / brother / she / go / her / usually / does / with / ?

**4** table tennis / students / not / often / do / school / play / at

**5** cycling / and / her sister / at / the weekend / sometimes / Lizzie / go /

1 You are always welcome in our sports club.

2 We never do athletics on Mondays.

3 Does she usually go skating with her brother?

4 Students do not often play table tennis at school.

5 Lizzie and her sister sometimes go cycling at the weekend.



**8** In pairs, ask and answer the questions.

- 1** What sports do you do?
- 2** How often do you do them?
- 3** Do you play sports at school?
- 4** How often do you watch sports on TV?
- 5** How often do you go to watch sports?
- 6** Who are your favourite sports stars?



I like.....



My favourite sport is....



I usually ....

