-
Complete the phrases with the verbs in the box.
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Put	have	brush
tidy		88
	epare	dean
		get

your teeth your room the house

breakfast your messages

on your shoes your school bag

dressed

your hair

Complete the text with the correct form of phrases in Exercise 1.

at 7 o'clock. Before I get out days, I usually o wake up morning routine. On school Hi, I'm Keisha and this is my

of bed, I' on my phone.

my parents. I usually have fruit, biscuits or bread, but Then, 12 in the kitchen with

in my room. I usually wear jeans and a T-shirt. Then, I don't really like breakfast. I'

a day and after every meal!) and brush my hair. After : I take my homework, books,

l always walk to school with my friend Lucas. on my shoes and "

ω

lunch and my phone - that's very important! Then, I put (I do this at least twice

2 Match the phrases in Exercise 1 to the photos.













6

1 Look at the example sentences a and b. Then complete the rules below with the phrases in b I'm wearing a T-shirt and Jeans today a I always leave the house at 8 o'clock

Present continuous and present simple

present simple today, now and at the moment adverbs of frequency present continuous

We use the 1 about things we're doing now. We often use it with We use the about habits and routines. We often use it with to talk to talk

1 We eat cereal / rice, bread / pasta and jam /

honey for breakfast

Choose the correct words or phrases to complete the sentences.

- 1 lalways / at the moment prepare my school bag
- before school.
- My brother is making breakfast now / usually My parents now / always watch TV in the evening
- Why have you got your maths book? We're studying English often / today.
- 5 What are you doing sometimes / at the moment? I don't usually I never go to bed at 9 o'clock.
- 3 Complete the sentences with the present simple or present continuous form of the verbs in

6 Wha	5 Jack	A My	the weel	2 The	0 He
he's not very well.		My mum	the weekend. My dad	mum hates it! 2 They usually	plays
(you / read) at the	(not work) today because		(cook) breakfast today.	(watch) films at	(tidy) my room. My

4 Correct the mistakes in the sentences.

moment? Is it good?

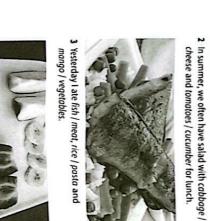
- 1 I study now because I've got an exam tomorrow.
- Are you knowing Katy? She's my sister.
- My brother watching TV with his friends.
- My mum is a doctor. She is usually working at

w

Complete the sentences for you.

4 For dinner, we usually have 3 My favourite snacks are 2 My favourite dessert is For breakfast, I always have

5 Every day we are drinking tea for breakfast.



4 I usually eat fruit / yoghurt for dessert

2 Match the words to the meanings

_	1 breakfast	-	a the large part of a meal
2	dessert	0	a drink, usually made from fruit
w	dinner	•	the first meal of the day
4	juice	۵	you eat this between meals
G	lunch		you eat this in the evening
6	main course	-	6 main course f you eat this at midday
-	7 snack	9	g you eat this sweet food at the
			end of a meal

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Look at the photos and choose the correct words.