

## GRAMMAR

### Present continuous and present simple

1 Look at the example sentences a and b. Then complete the rules below with the phrases in the box.

- a I always leave the house at 8 o'clock.  
b I'm wearing a T-shirt and jeans today.

adverbs of frequency    present continuous  
present simple    *today, now and at the moment*

We use the <sup>1</sup> \_\_\_\_\_ to talk about habits and routines. We often use it with <sup>2</sup> \_\_\_\_\_.

We use the <sup>3</sup> \_\_\_\_\_ to talk about things we're doing now. We often use it with words like <sup>4</sup> \_\_\_\_\_.

2 Choose the correct words or phrases to complete the sentences.

- 1 I *always / at the moment* prepare my school bag before school.
- 2 My parents *now / always* watch TV in the evening.
- 3 My brother is making breakfast *now / usually*.
- 4 Why have you got your maths book? We're studying English *often / today*.
- 5 What are you doing *sometimes / at the moment*?
- 6 I don't *usually / never* go to bed at 9 o'clock.

3 Complete the sentences with the present simple or present continuous form of the verbs in brackets.

- 0 He plays (play) tennis every day.
- 1 I never \_\_\_\_\_ (tidy) my room. My mum hates it!
- 2 They usually \_\_\_\_\_ (watch) films at the weekend.
- 3 My dad \_\_\_\_\_ (cook) breakfast today.
- 4 My mum \_\_\_\_\_ (not work) in a school. She's a police officer.
- 5 Jack \_\_\_\_\_ (not work) today because he's not very well.
- 6 What book \_\_\_\_\_ (you / read) at the moment? Is it good?

4 Correct the mistakes in the sentences.

- 1 I study now because I've got an exam tomorrow.
- 2 Are you knowing Katy? She's my sister.
- 3 My brother watching TV with his friends.
- 4 My mum is a doctor. She is usually working at weekends.
- 5 Every day we are drinking tea for breakfast.

## VOCABULARY

### Food

1 Look at the photos and choose the correct words.



1 We eat *cereal / rice, bread / pasta and jam / honey* for breakfast.



2 In summer, we often have salad with *cabbage / cheese and tomatoes / cucumber* for lunch.



3 Yesterday I ate *fish / meat, rice / pasta and mango / vegetables*.



4 I usually eat *fruit / yoghurt* for dessert.

2 Match the words to the meanings.

- |               |  |
|---------------|--|
| 1 breakfast   | a the large part of a meal                     |
| 2 dessert     | b a drink, usually made from fruit             |
| 3 dinner      | c the first meal of the day                    |
| 4 juice       | d you eat this between meals                   |
| 5 lunch       | e you eat this in the evening                  |
| 6 main course | f you eat this at midday                       |
| 7 snack       | g you eat this sweet food at the end of a meal |

3 Complete the sentences for you.

- 1 For breakfast, I always have \_\_\_\_\_.
- 2 My favourite dessert is \_\_\_\_\_.
- 3 My favourite snacks are \_\_\_\_\_.
- 4 For dinner, we usually have \_\_\_\_\_.

## READING

1 Read the texts. For each question, write A (Anna), L (Lena) or Y (Yuko).

- 1 Who has a hot drink in the morning? \_\_\_\_\_
- 2 Who uses the computer in the evening? \_\_\_\_\_
- 3 Who goes to school by bus or car? \_\_\_\_\_
- 4 Who does sport in the afternoon? \_\_\_\_\_
- 5 Who can't choose what she wears to school? \_\_\_\_\_
- 6 Who goes home before 2 pm? \_\_\_\_\_
- 7 Who takes her lunch to school? \_\_\_\_\_

# My school day

## Anna – the USA

I always get up at 6.30 am. Breakfast is cereal and milk. After breakfast, I prepare my school bag and leave the house at 7.30 am. I usually go to school on the school bus, but sometimes my mom drives me. Lessons start at 8.00 am every day. I have lunch at school. My dad makes a cold lunch for me every morning. I usually have sandwiches and fruit. School ends at 2.30 pm and I catch the school bus home. In the evening, I do my homework and watch TV.

## Lena – Germany

I get up at 6.00 am and leave the house at 7.00 am. I always walk with my friend Grete. School starts at 7.30 am. We have five or six lessons every day. They finish at 1.30 pm and I usually go home for lunch. I sometimes go to homework club after school. We have dinner at 7.00 pm, and then I often watch videos on the internet.

## Yuko – Japan

I get up at 7.30 am and have breakfast with my sisters. It's usually rice or eggs with tea. I put on my uniform, and then I leave the house at 8.15 am and walk to school. Lessons start at 8.30 am. Students all have lunch at school – fish and rice with vegetables. School finishes at 3.00 pm, and I have volleyball or badminton clubs after lessons every day. I leave school at 5.00 pm and go home. In the evening, I go to music lessons and do my homework.

2 Read the texts again and answer the questions.

- 1 What does Anna have for breakfast? \_\_\_\_\_
- 2 How does Yuko travel to school? \_\_\_\_\_
- 3 What time does school start for Lena? \_\_\_\_\_
- 4 What does Anna usually have for lunch? \_\_\_\_\_
- 5 What does Lena do after dinner? \_\_\_\_\_
- 6 When does Yuko do her homework? \_\_\_\_\_