

These are my sports.

Guess how often I do them.



Football



Swimming



Cycling



Tennis



Running



Swimming: "I go swimming every day."



Football: "I play football on most weekends."



Cycling: "I ride my bike two or three times a month."



Tennis: "I play tennis from time to time."



Running: "I don't run at all."

ALWAYS

USUALLY

OFTEN

SOMETIMES

RARELY

NEVER



every day



most days



many times



now and then



not very often



not at all



Which word means **every day**?



Which word means **not at all**?



What about you?

★ I usually play ...

★ I sometimes ...

★ I never ...



How often do you do this?

Every day, sometimes, or never?



Football 🏈



Swimming 🏊



Cycling 🚴



Tennis 🎾



Running 🏃



Basketball 🏀

HOW OFTEN DO YOU DO THIS?



FOOTBALL 



SWIMMING 



CYCLING 



TENNIS 



RUNNING 



BASKETBALL 

ALWAYS



USUALLY



OFTEN



SOMETIMES



RARELY



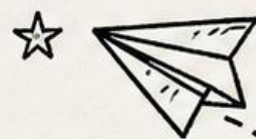
NEVER





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Put the adverbs in the right place to complete the sentences and questions.



- 1 I play hockey at school on Fridays. (usually)
- 2 Sophie is tired after rugby matches. (often)
- 3 People don't go sailing in teams. (always)
- 4 My uncle and my dad play table tennis. (never)
- 5 Is gymnastics dangerous? (sometimes)
- 6 Do you go cycling? (often)





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Put the words in order to make sentences and questions and questions.



0 often / school / plays / my friend / after / football

My friend often plays football after school.

1 welcome / sports / are / in / our / club / always / you

2 Mondays / do / on / athletics / never / we

3 skating / brother / she / go / her / usually / does / with / ?

4 table tennis / students / not / often / do /
school / play / at

5 cycling / and / her sister / at / the weekend /
sometimes / Lizzie / go /





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In pairs, ask and answer the questions.



- 1 What sports do you do?
 - 2 How often do you do them?
 - 3 Do you play sports at school?
 - 4 How often do you watch sports on TV?
 - 5 How often do you go to watch sports?
 - 6 Who are your favourite sports stars?
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