





Traditional sports





Sports equipment



bat



ball



board







Pato

READING



- 1 Look at the photos of the sports and games. What can you see?
- 2 Read the three texts and match them to the photos.

TRY THESE SPORTS!

1 CYCLEBALL

This sport is like football on bikes. There are two teams. Each team has usually got two players. The bikes don't have any brakes to stop them. Players in each team try to hit the ball into the goal. They can use their bike or their heads to do this. The ball is quite heavy – it weighs half a kilogram. The winning team is the team with the most goals at the end of the game.

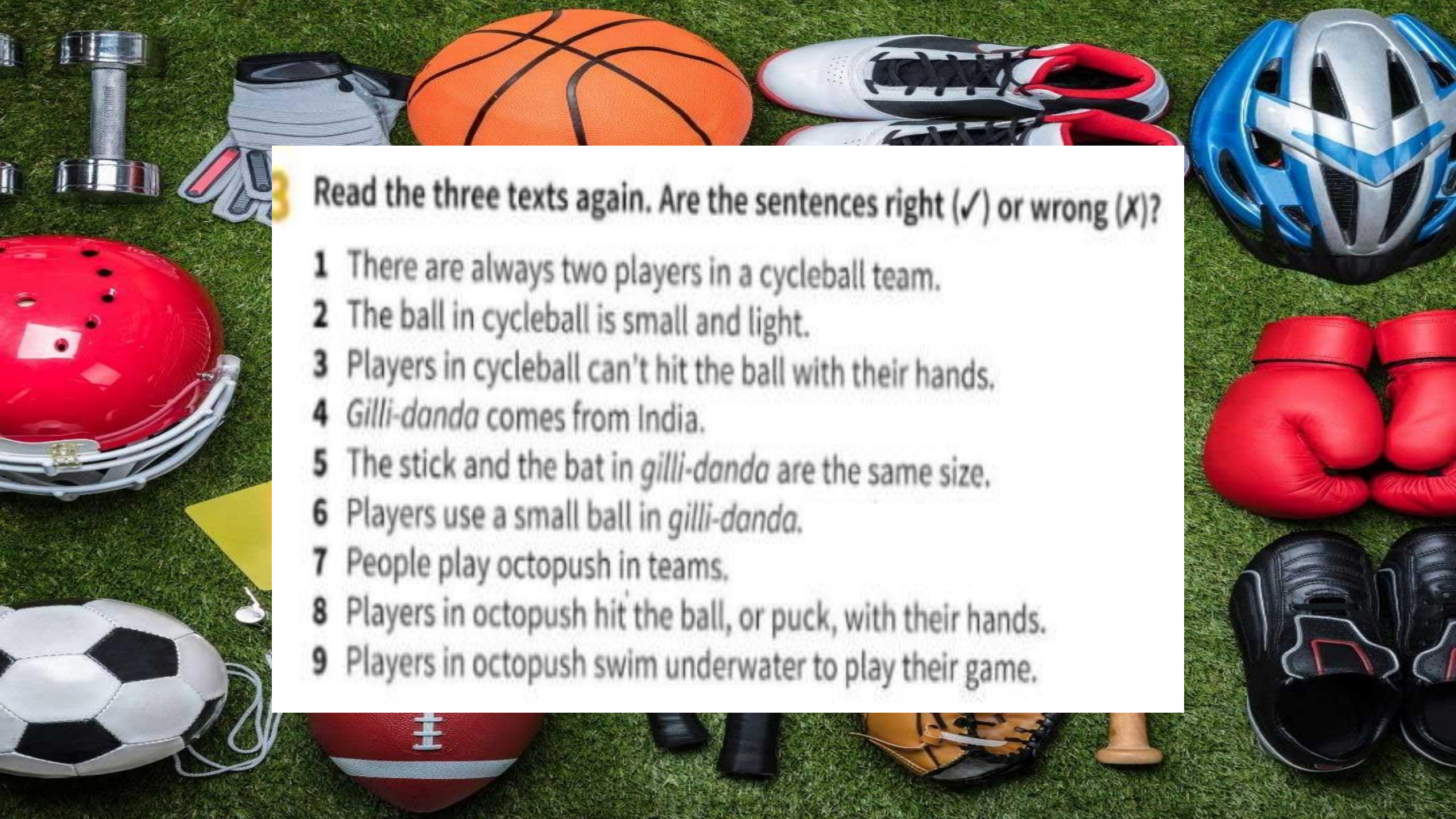
2 GILLI-DANDA

This is an ancient sport from India. The players use two things: one long stick, called a *danda* and a short egg-shaped bat, called a *gilli*. There are two teams. One player puts the *gilli* on the ground inside a small circle and hits it into the air with the *danda*. Then the player hits the *gilli* again and runs to touch a spot outside the circle to get a point.

3 OCTOPUSH

The sport is also called *underwater hockey*. There are two teams. Each team has got six players. Players swim underwater to play this game. They use small sticks and a puck. The puck is a little like a flat ball. It's heavy and weighs about a kilogram. Players try to push the puck along the bottom of a swimming pool into the other team's goal. The winning team is the team with the most goals at the end of the match.





3 Read the three texts again. Are the sentences right (✓) or wrong (X)?

- 1 There are always two players in a cycleball team.
- 2 The ball in cycleball is small and light.
- 3 Players in cycleball can't hit the ball with their hands.
- 4 *Gilli-danda* comes from India.
- 5 The stick and the bat in *gilli-danda* are the same size.
- 6 Players use a small ball in *gilli-danda*.
- 7 People play octopush in teams.
- 8 Players in octopush hit the ball, or puck, with their hands.
- 9 Players in octopush swim underwater to play their game.

VOCABULARY

Sports equipment

1 Match the photos A-E to the words in the box.

EP



bat

ball

board

racket

stick

2 Complete the table with the sports in the box.
Some sports can go in more than one column.

badminton	baseball	basketball	
cycleball	cycling	football	
<i>gilli-danda</i>	hockey	octopush	
rugby	running	sailing	skating
snowboarding	surfing	swimming	
table tennis	tennis	volleyball	



Use a stick,
a racket or a bat



Use a ball



Use a board



- 3** Complete the information with the sports words in Exercise 1.

TABLE TENNIS

- 1 One _____ for each player.
- 2 One small, light _____ for the game.

BASEBALL

- 3 One _____ for each team.
- 4 One small, hard _____ for the game.

BADMINTON

- 5 One _____ for each player.

OCTOPUSH

- 6 One small _____ for each player.
- 7 One heavy puck, like a flat _____ for the game.



1 Look at the photo of the sport. Match the words 1–2 to A and B in the photo.

1 handle

2 net



2 Listen to an interview with a boy about his unusual sport. What's the name of the sport?



3 Listen again, and choose the correct words.

- 1** There are *four* / *six* players in each team.
- 2** There are *six* / *eight* handles on the ball.
- 3** Players *throw* / *give* the ball to each other.
- 4** Players *throw* / *put* the ball in the net to score a goal.



A collection of sports equipment including a red football helmet, a silver and blue cycling helmet, a pair of red boxing gloves, a pair of black running shoes, a soccer ball, and a dumbbell, all arranged on a green grassy surface.

SPEAKING

1 Think of a sport. Choose one from this unit or another sport that you know. In pairs, take turns to ask and answer the questions.

- 1 Do people do this sport inside or outside?
- 2 Is the sport on or under water?
- 3 Is this sport on snow?
- 4 What things do people need to do this sport?
- 5 Do people play this sport in your country?
- 6 What do you like about this sport?
- 7 Who are some of the famous players of this sport?

Try and guess the sport.

GRAMMAR

Adverbs of frequency

1 Put the adverbs of frequency in the correct place on the line.

always never often sometimes usually

0%

100%

1 _____ 2 _____ 3 _____ 4 _____ 5 always

2 Rewrite the sentences with the adverbs of frequency in brackets in the correct place.

0 I watch sport on TV. (never)

I never watch sport on TV.

1 My sister goes cycling with my dad. (usually)

2 I play rugby with my friends. (never)

3 Snowboarding is dangerous. (sometimes)

4 My friends do gymnastics after school. (often)

5 My grandparents play table tennis on Sundays. (always)

3 Put the words in the correct order to make questions.

0 do / play / often / you / baseball / ?

Do you often play baseball?

1 you / in the city / usually / go / cycling / do / ?

2 badminton / parents / play / often / do / your / ?

3 you / go / often / do / snowboarding / how / ?

4 friends / your / rugby / school / do / play / sometimes / at / ?

5 do / go / always / sailing / you / in the summer / ?

4 Answer the questions in Exercise 3 for you.

0 No, I don't. I never play baseball.

1 _____

2 _____

3 _____

4 _____

5 _____

5 Correct the mistakes in the sentences.

0 At school, usually we play volleyball on Friday.

At school, we usually play volleyball on Friday.

1 I go swimming always on a Sunday.

2 I often am tired in the evening.

3 People go sometimes cycling with their friends.

4 At the weekend, usually I do sports.

5 In the holidays, we go sometimes sailing.

VOCABULARY

Sports equipment

1 Find nine more words for sports equipment and sports.

a	b	e	s	g	b	h	k	b	d	i
f	o	o	t	b	a	l	l	n	p	l
e	a	c	i	d	t	r	u	g	b	y
i	r	a	c	k	e	t	m	y	a	g
g	d	a	k	f	b	e	g	s	l	c
m	r	h	p	r	t	n	h	d	l	i
h	o	c	k	e	y	n	a	o	c	e
c	b	s	u	r	f	i	n	g	n	f
l	d	k	e	f	a	s	u	n	f	b

2 Choose the correct words to complete the sentences.

1 Hockey players hit the ball with a *stick* / *bat*.

2 You use a small white *board* / *ball* when you play table tennis.

3 Tennis *balls* / *rackets* are usually yellow.

4 Baseball players hit the ball with a long *stick* / *bat*.

5 In badminton, players use a *racket* / *stick* to hit the ball.

6 When you go surfing, you use a *ball* / *board*.