1 SPORTS AND GAMES

ABOUT YOU

Do you like basketball, football or tennis?
Which sport do you prefer?
Do you play any sports?



VOCABULARY AND READING

Sports

1 Match the pictures A–M to the words in the box.

EP

do athletics	play badminton
do gymnastics	play baseball
go cycling	play hockey
go sailing	play rugby
go skating	play table tennis
go snowboarding	play volleyball
go surfing	

09 Listen and check. Then repeat.

2 In pairs, ask and answer the questions.

1 Which of the sports do you do in teams (a group of people)? Which do you do alone (just one person)?
2 Which of the sports can you do both in teams and alone?
3 Which of these sports do *you* do?
4 Do you prefer team sports or sports you do alone? Why?

PRONUNCIATION /eɪ/ and /aɪ/

3 Put the words into the correct column.

baseball bike fly play
riding skating

/eɪ/ sailing	/aɪ/ cycling

09 Listen and check. Then repeat.

4 Read Sophie's and Ben's blogs. Who does their sport every week? Who can't do their sport where they live?

5 Read about Sophie and Ben again and answer the questions.

1 How many women and girls do Sophie's sport?
2 What does Sophie do at the weekend?
3 What does Sophie want to do at Loughborough University?
4 Where does Ben prefer to be?
5 Why does Ben go snowboarding every day?
6 Ben says he's 'goofy-foot'. What does 'goofy-foot' mean?

TEENBLOG: SPORT

Post about you and your sport here.

It's fun!

My sport is … rugby! That's me in the photo. People think that rugby is for boys, but that's not true. More than 18,000 women and girls play rugby in England. My team always plays a match on Saturday or Sunday, and I usually go to practice games three times a week. It's hard work, but it's never boring! I'm 14 and I play for the U15s. That's the team for players under the age of 15. When I'm older, I want to go to the rugby summer camp at Loughborough University. My favourite player, Fran Matthews, went there and now she plays for the England national rugby team.

Posted by **Sophie White**

GRAMMAR Adverbs of frequency

We use the present simple to talk about things we do often or every day.
I go snowboarding every day.

1 **Look at these examples from the blogs. The adverbs of frequency are in purple.**

My team always plays a match on Saturday or Sunday. It's never boring.
It's usually quiet.
I often go with my little sister and other young people.
I sometimes go snowboarding with Mum.

Write the words in purple on the right place on the line.

0% 100%

a _____ **b** _____ **c** _____ **d** _____ **e** _____

2 **Answer the questions.**

1 Which sentences in Exercise 1 have a present simple verb?
2 Which sentences in Exercise 1 have the verb *be*?

3 **Choose the correct words to complete the rules.**

In sentences with the **verb *be***, we put the adverb of frequency *before / after* the **verb**.
In sentences with the **present simple**, we put the adverb of frequency *before / after* the **verb**.

4 **Read the examples and choose the correct words to complete the rules.**

People don't always play sport in teams.
Ben doesn't usually go snowboarding with his dad.
Do you sometimes play volleyball with friends?
Is rugby often dangerous?
Football isn't always boring!

In negatives and questions with the **present simple**, we put the adverb of frequency *before / after* the **main verb**.
In negatives and questions with the **verb *be***, we put the adverb of frequency *before / after* the verb *be*.

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5 **Put the adverbs in the right place to complete the sentences and questions.**

1 I play hockey at school on Fridays. (usually)
2 Sophie is tired after rugby matches. (often)
3 People don't go sailing in teams. (always)
4 My uncle and my dad play table tennis. (never)
5 Is gymnastics dangerous? (sometimes)
6 Do you go cycling? (often)

6 **Put the words in order to make sentences and questions and questions.**

0 often / school / plays / my friend / after / football
My friend often plays football after school.
1 welcome / sports / are / in / our / club / always / you
2 Mondays / do / on / athletics / never / we
3 skating / brother / she / go / her / usually / does / with / ?
4 table tennis / students / not / often / do / school / play / at
5 cycling / and / her sister / at / the weekend / sometimes / Lizzie / go /

7 **How often do you do the sports in Exercise 1 on page 14?**

I never play rugby, but I often play volleyball. It's great fun. How about you?

I sometimes play rugby, and I often go cycling. It's never boring.

8 **In pairs, ask and answer the questions.**

1 What sports do you do?
2 How often do you do them?
3 Do you play sports at school?
4 How often do you watch sports on TV?
5 How often do you go to watch sports?
6 Who are your favourite sports stars?

Goofy-foot or regular?

I love the snow and the mountains. I feel at home there. I live in a city and there's no snow here, but in the holidays, I always go to the mountains with my family. I sometimes go snowboarding with Mum, but I often go with my little sister and other young people. Mum usually skis with my dad, and my sister and I like spending more time in the snow than they do. It's usually quiet. When we're in the mountains, I go snowboarding every day and I'm getting really good. I often think about the future – I want to be a famous snowboarder one day, like Max Parrot. Oh, and I'm *goofy-foot* – that means I put my right foot at the front of the board.



Posted by **Ben James**

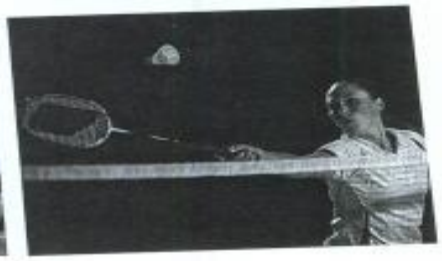
1 SPORTS AND GAMES

VOCABULARY Sports

1 Match the words in the box to the photos.

athletics badminton baseball cycling gymnastics hockey ~~rugby~~
sailing skating snowboarding surfing table tennis volleyball



0 *rugby* 1 _____ 2 _____ 3 _____






4 _____ 5 _____ 6 _____ 7 _____







8 _____ 9 _____ 10 _____ 11 _____ 12 _____

2 Complete the table with the sports in Exercise 1.

play	go	do

3 Choose the correct verbs to complete the sentences.

0 My sister (*plays*) / *goes* volleyball at the weekend.
1 My friends John and Toby *play* / *go* sailing in the summer.
2 We *go* / *do* athletics in the evening.
3 My brother *plays* / *goes* hockey on Sundays.
4 I don't *play* / *go* table tennis with my friends.
5 Do you *play* / *go* snowboarding alone?