THE ADJECTIVE BATTLE: -ED vs. -ING!

-ED is for your feelings. -ING is for the thing!

YOUR QUEST: Master the battle and complete the exercises!

GAME 1 — THE VIBE CHECK: WHAT'S THE RULE?

A beautifully illustrat **visual** explanation.



Rules with kids to fill tmits:

- Use **"-ed"** when describing a **FEELING** (**How you feel**).
- Use **"-ing"** when describing the **CAUSE** of the feeling (**The object** or **situation**).

GAME 2 — THE ADJECTIVE MATCH-UP

Draw lines to connect the feeling.

Feel	Cause
I am interested in...	That is interesting!
He is tired.	Working is tiring!
She is frightened!	The monster is frightening!
They are annoyed.	The buzz is annoying!
We are confused.	The map is confusing!

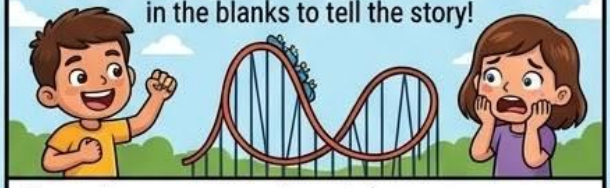
GAME 3 — CHOOSE YOUR ARMOR! (CIRCLE THE RIGHT WORD)

A fill-in challenge with 6 multiple choice:

1. The movie was so (**excited / exciting**), I loved it!
2. She was (**tired / tiring**) after the long run.
3. This math problem is really (**confused / confusing**)!
4. I am (**interested / interesting**) in history.
5. The loud noise was very (**annoyed / annoying**).
6. He felt (**frightened / frightening**) during the storm.

GAME 4 — THE CREATIVE CHRONICLE: MAKE YOUR STORY!

Choose words from the adjectives above & fill in the blanks to tell the story!



Yesterday, we went to the park. It was so ..... (excit-ed/-ing)!

I was ..... (excit-ed/-ing), but my friend was ..... (frighten-ed/-ing) of the big rides!

At the end, we were so ..... (tir-ed/-ing) that we fell asleep on the bus.

TRAINING TIPS (for help)

QUICK TIPS:

- ☐ If you feel it ➔ use -ed!
- ☐ If it makes you feel that way ➔ use -ing!
- ☐ "I'm bored" vs "I'm boring"—they mean very different things!



MISSION SCORE BOARD

TEAM / STUDENT NAME: _____

CHALLENGES BEAT: ☐1 ☐2 ☐3 ☐4

FINAL SCORE: _____ pts