

1

SPORTS AND GAMES

VOCABULARY

Sports

1 Match the words in the box to the photos.

athletics badminton baseball cycling gymnastics hockey rugby
sailing skating snowboarding surfing table tennis volleyball



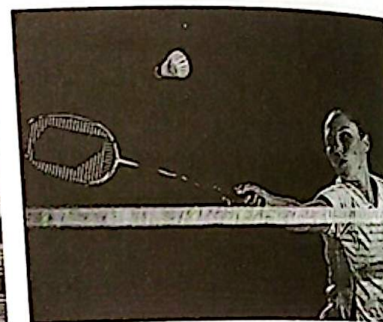
0 rugby



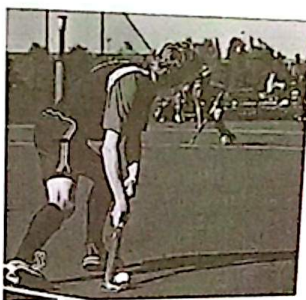
1



2



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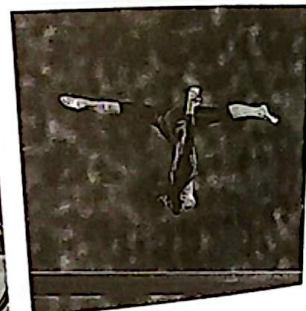
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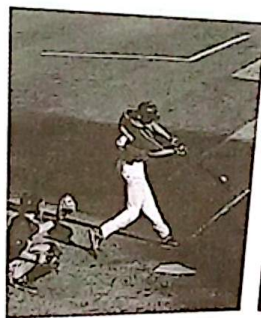
5



6



7



8



9



10



11



12

2 Complete the table with the sports in Exercise 1.

play	go	do

3 Choose the correct verbs to complete the sentences.

- My sister plays / goes volleyball at the weekend.
- My friends John and Toby play / go sailing in the summer.
- We go / do athletics in the evening.
- My brother plays / goes hockey on Sundays.
- I don't play / go table tennis with my friends.
- Do you play / go snowboarding alone?

GRAMMAR

Adverbs of frequency

1 Put the adverbs of frequency in the correct place on the line.

always never often sometimes usually

0%

100%

1 2 3 4 5 always

2 Rewrite the sentences with the adverbs of frequency in brackets in the correct place.

- 0 I watch sport on TV. (never)
I never watch sport on TV.
- 1 My sister goes cycling with my dad. (usually)
- 2 I play rugby with my friends. (never)
- 3 Snowboarding is dangerous. (sometimes)
- 4 My friends do gymnastics after school. (often)
- 5 My grandparents play table tennis on Sundays. (always)

5 Correct the mistakes in the sentences.

- 0 At school, usually we play volleyball on Friday.
At school, we usually play volleyball on Friday.
- 1 I go swimming always on a Sunday.
- 2 I often am tired in the evening.
- 3 People go sometimes cycling with their friends.
- 4 At the weekend, usually I do sports.
- 5 In the holidays, we go sometimes sailing.

VOCABULARY

Sports equipment

1 Find nine more words for sports equipment and sports.

a	b	e	s	g	b	h	k	b	d	i
f	o	o	t	b	a	l	l	n	p	l
e	a	c	i	d	t	r	u	g	b	y
i	r	a	c	k	e	t	m	y	a	g
g	d	a	k	f	b	e	g	s	l	c
m	r	h	p	r	t	n	h	d	l	i
h	o	c	k	e	y	n	a	o	c	e
c	b	s	u	r	f	i	n	g	n	f
l	d	k	e	f	a	s	u	n	f	b

2 Choose the correct words to complete the sentences.

- 1 Hockey players hit the ball with a *stick* / *bat*.
- 2 You use a small white *board* / *ball* when you play table tennis.
- 3 Tennis *balls* / *rackets* are usually yellow.
- 4 Baseball players hit the ball with a long *stick* / *bat*.
- 5 In badminton, players use a *racket* / *stick* to hit the ball.
- 6 When you go surfing, you use a *ball* / *board*.

3 Put the words in the correct order to make questions.

- 0 do / play / often / you / baseball / ?
Do you often play baseball?
- 1 you / in the city / usually / go / cycling / do / ?
- 2 badminton / parents / play / often / do / your / ?
- 3 you / go / often / do / snowboarding / how / ?
- 4 friends / your / rugby / school / do / play / sometimes / at / ?
- 5 do / go / always / sailing / you / in the summer / ?

4 Answer the questions in Exercise 3 for you.

- 0 *No, I don't. I never play baseball.*
- 1
- 2
- 3
- 4
- 5

1 Match the photos A-H to the words in the box.

draw a car make a cake play tennis
ride a bike run 5 km speak three languages
stand on your head swim underwater



2 In pairs, ask and answer about the activities in Exercise 1.

Can you play tennis?

Yes, I can.

Can you swim under water?

No, I can't.

Now ask around the class. How many people can ...

- swim under water?
- speak three languages?
- ride a bike?
- play tennis?
- draw a car?

Present simple

3 Read about the students and answer the questions. Use complete sentences.

- 1 Does Tyler like music?
- 2 How many brothers has Jason got?
- 3 What sport does Millie like?
- 4 Where does Tyler want to go?
- 5 What does Jason do every day?
- 6 When does Millie go shopping?



Hi, my name's Tyler.

I've got a brother and a sister. I like music and I love travelling. I want to go to China.



Hello, I'm Jason.

I haven't got any brothers or sisters. I like all sports and I play football every day.



Hello, my name's Millie.

I like swimming and I often go shopping with my sister on Saturday. I love sweets but I don't like ice cream.

4 Work with a partner. Ask and answer the questions.

Q / do sports every day?

A: Do you do sports every day?

B: Yes, I do. I play tennis after school every day.

- 1 What kind of music / like?
- 2 / like travelling?
- 3 / play football at school?
- 4 / like swimming?
- 5 What / favourite food?

Now tell the class.

Manuela doesn't like swimming. She likes ...

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SPEAKING

1 Write questions to find out about your partner's ...

- age
- address
- phone number
- brothers and sisters
- favourite pop star
- favourite school subject

In pairs, ask and answer the questions. Then write sentences about your partner.

1

SPORTS AND GAMES



ABOUT YOU

Do you like basketball, football or tennis?
Which sport do you prefer?
Do you play any sports?



VOCABULARY

AND

READING

Sports

1 Match the pictures A-M to the words in the box.



do athletics	play badminton
do gymnastics	play baseball
go cycling	play hockey
go sailing	play rugby
go skating	play table tennis
go snowboarding	play volleyball
go surfing	



Listen and check. Then repeat.

2 In pairs, ask and answer the questions.

- Which of the sports do you do in teams (a group of people)? Which do you do alone (just one person)?
- Which of the sports can you do both in teams and alone?
- Which of these sports do you do?
- Do you prefer team sports or sports you do alone? Why?

4 Read Sophie's and Ben's blogs. Who does their sport every week? Who can't do their sport where they live?

5 Read about Sophie and Ben again and answer the questions.

- How many women and girls do Sophie's sport?
- What does Sophie do at the weekend?
- What does Sophie want to do at Loughborough University?
- Where does Ben prefer to be?
- Why does Ben go snowboarding every day?
- Ben says he's 'goofy-foot'. What does 'goofy-foot' mean?

TEENBLOG: SPORT

Post about you and your sport here.

It's fun!

My sport is ... rugby! That's me in the photo. People think that rugby is for boys, but that's not true. More than 18,000 women and girls play rugby in England. My team always plays a match on Saturday or Sunday, and I usually go to practice games three times a week. It's hard work, but it's never boring! I'm 14 and I play for the U15s. That's the team for players under the age of 15. When I'm older, I want to go to the rugby summer camp at Loughborough University. My favourite player, Fran Matthews, went there and now she plays for the England national rugby team.

Posted by **Sophie White**

PRONUNCIATION

/eɪ/ and /aɪ/

3 Put the words into the correct column.

baseball	bike	fly	play
riding	skating		

/eɪ/ sailing

/aɪ/ cycling



Listen and check. Then repeat.



GRAMMAR

Adverbs of frequency

We use the present simple to talk about things we do often or every day.
I go snowboarding every day.

- 1 Look at these examples from the blogs.
The adverbs of frequency are in purple.

My team **always** plays a match on Saturday or Sunday. It's **never** boring.
It's **usually** quiet.
I **often** go with my little sister and other young people.
I **sometimes** go snowboarding with Mum.

Write the words in purple on the right place on the line.

0% 100%
a _____ b _____ c _____ d _____ e _____

- 2 Answer the questions.

- 1 Which sentences in Exercise 1 have a present simple verb?
- 2 Which sentences in Exercise 1 have the verb *be*?

- 3 Choose the correct words to complete the rules.

In sentences with the verb *be*, we put the adverb of frequency *before / after* the verb.
In sentences with the present simple, we put the adverb of frequency *before / after* the verb.

Goofy-foot or regular?

I love the snow and the mountains. I feel at home there. I live in a city and there's no snow here, but in the holidays, I always go to the mountains with my family. I sometimes go snowboarding with Mum, but I often go with my little sister and other young people. Mum usually skis with my dad, and my sister and I like spending more time in the snow than they do. It's usually quiet. When we're in the mountains, I go snowboarding every day and I'm getting really good. I often think about the future – I want to be a famous snowboarder one day, like Max Parrot. Oh, and I'm *goofy-foot* – that means I put my right foot at the front of the board.

Posted by **Ben James**



- 4 Read the examples and choose the correct words to complete the rules.

People don't always play sport in teams.
Ben doesn't **usually** go snowboarding with his dad.
Do you **sometimes** play volleyball with friends?
Is rugby **often** dangerous?
Football isn't always boring!

In negatives and questions with the present simple, we put the adverb of frequency *before / after* the main verb.
In negatives and questions with the verb *be*, we put the adverb of frequency *before / after* the verb *be*.

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- 5 Put the adverbs in the right place to complete the sentences and questions.

- 1 I play hockey at school on Fridays. (usually)
- 2 Sophie is tired after rugby matches. (often)
- 3 People don't go sailing in teams. (always)
- 4 My uncle and my dad play table tennis. (never)
- 5 Is gymnastics dangerous? (sometimes)
- 6 Do you go cycling? (often)

- 6 Put the words in order to make sentences and questions and questions.

- 0 often / school / plays / my friend / after / football
My friend often plays football after school.
- 1 welcome / sports / are / in / our / club / always / you
- 2 Mondays / do / on / athletics / never / we
- 3 skating / brother / she / go / her / usually / does / with / ?
- 4 table tennis / students / not / often / do / school / play / at
- 5 cycling / and / her sister / at / the weekend / sometimes / Lizzie / go /

- 7 How often do you do the sports in Exercise 1 on page 14?

I never play rugby, but I often play volleyball. It's great fun. How about you?

I sometimes play rugby, and I often go cycling. It's never boring.

- 8 In pairs, ask and answer the questions.

- 1 What sports do you do?
- 2 How often do you do them?
- 3 Do you play sports at school?
- 4 How often do you watch sports on TV?
- 5 How often do you go to watch sports?
- 6 Who are your favourite sports stars?