

LISTENING

- 01 **1** Listen to an interview with teen sports star, Andrea Murray. Tick (✓) the activities that Andrea does regularly.

plays volleyball _____
 plays tennis _____
 goes snowboarding _____
 cycles _____
 studies _____
 listens to music _____
 reads _____
 goes to the cinema _____

- 01 **2** Listen to the interview again. Are the sentences right (✓) or wrong (X)?

- 1 Andrea listens to Barry's podcast. _____
- 2 Andrea's father plays badminton. _____
- 3 Andrea's brothers and sisters don't like sport. _____
- 4 Andrea always plays tennis on school days. _____
- 5 She gets up at five o'clock on Wednesdays. _____
- 6 She doesn't have any free time. _____

- 01 **3** Listen again and complete Andrea's diary.

Friday

- 5.00 am - ⁰ _____ get up
- ¹ _____ for two hours
- go to school

Saturday

- ² _____ - get up
- have breakfast
- ³ _____ all day

Sunday

- 6.00 am - get up
- morning - ⁴ _____
- afternoon - ⁵ _____

WRITING

A text about your favourite sport

- 1** Read the text. Tick (✓) the questions that the writer answers.

- 1 What is your favourite sport? _____
- 2 How do you play it? _____
- 3 What equipment do you need? _____
- 4 Where and when do you play it? _____
- 5 Why do you like it? _____

My favourite sport

by Lydia

My favorite sport is basketball. Does you know it? There are to teams with five people in a team. You need a basketball and two baskets to play it. Players throw the bal in the net two score points. The team with the most points wins. I sometime play basketball at school, but I also in a team at a club. We playing every Saturday. I like basketball because it's fast and its fun.



- 2** Read the text again and find ten mistakes with spelling and grammar.

- 3** Think about your favourite sport and answer the questions in Exercise 1. Make notes below.

- 4** Write about your favourite sport. Use the notes you made in Exercise 3 and write about 50 words. Remember to read your work carefully and check for spelling and grammar mistakes.

2 THIS IS MY DAY

VOCABULARY

Daily routines

1 Complete the phrases with the verbs in the box.

brush	check	clean	get
have	leave	prepare	
put	tidy	wake	

- 0 clean your teeth
- 1 _____ your room
- 2 _____ the house
- 3 _____ up
- 4 _____ breakfast
- 5 _____ your messages
- 6 _____ dressed
- 7 _____ your school bag
- 8 _____ on your shoes
- 9 _____ your hair

3 Complete the text with the correct form of phrases in Exercise 1.

Hi, I'm Keisha and this is my morning routine. On school days, I usually ⁰ wake up at 7 o'clock. Before I get out of bed, I ¹ _____ on my phone. Then, I ² _____ in the kitchen with my parents. I usually have fruit, biscuits or bread, but I don't really like breakfast. I ³ _____ in my room. I usually wear jeans and a T-shirt. Then, I ⁴ _____ (I do this at least twice a day and after every meal!) and brush my hair. After, I ⁵ _____: I take my homework, books, lunch and my phone – that's very important! Then, I put on my shoes and ⁶ _____ at 8 o'clock. I always walk to school with my friend Lucas.



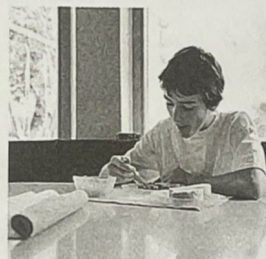
2 Match the phrases in Exercise 1 to the photos.



1



2



3



4



5



6



7



8



9



10