GRAMMAR Present continuous and present simple

1 **Look at the example sentences a and b. Then complete the rules below with the phrases in the box.**

a I always leave the house at 8 o'clock.
b I'm wearing a T-shirt and jeans today.

adverbs of frequency	present continuous
present simple	*today*, *now* and *at the moment*

We use the [1] _____ to talk about habits and routines. We often use it with [2] _____.
We use the [3] _____ to talk about things we're doing now. We often use it with words like [4] _____.

2 **Choose the correct words or phrases to complete the sentences.**

1 I *always* / *at the moment* prepare my school bag before school.
2 My parents *now* / *always* watch TV in the evening.
3 My brother is making breakfast *now* / *usually*.
4 Why have you got your maths book? We're studying English *often* / *today*.
5 What are you doing *sometimes* / *at the moment*?
6 I don't *usually* / *never* go to bed at 9 o'clock.

3 **Complete the sentences with the present simple or present continuous form of the verbs in brackets.**

0 He *plays* (play) tennis every day.
1 I never _____ (tidy) my room. My mum hates it!
2 They usually _____ (watch) films at the weekend.
3 My dad _____ (cook) breakfast today.
4 My mum _____ (not work) in a school. She's a police officer.
5 Jack _____ (not work) today because he's not very well.
6 What book _____ (you / read) at the moment? Is it good?

4 **Correct the mistakes in the sentences.**

1 I study now because I've got an exam tomorrow.
_____
2 Are you knowing Katy? She's my sister.
_____
3 My brother watching TV with his friends.
_____
4 My mum is a doctor. She is usually working at weekends.
_____
5 Every day we are drinking tea for breakfast.
_____

VOCABULARY Food

1 **Look at the photos and choose the correct words.**



1 We eat *cereal* / *rice*, *bread* / *pasta* and *jam* / *honey* for breakfast.



2 In summer, we often have salad with *cabbage* / *cheese* and *tomatoes* / *cucumber* for lunch.



3 Yesterday I ate *fish* / *meat*, *rice* / *pasta* and *mango* / *vegetables*.



4 I usually eat *fruit* / *yoghurt* for dessert.

2 **Match the words to the meanings.**

1 breakfast	**a** the large part of a meal
2 dessert	**b** a drink, usually made from fruit
3 dinner	**c** the first meal of the day
4 juice	**d** you eat this between meals
5 lunch	**e** you eat this in the evening
6 main course	**f** you eat this at midday
7 snack	**g** you eat this sweet food at the end of a meal

3 **Complete the sentences for you.**

1 For breakfast, I always have _____.
2 My favourite dessert is _____.
3 My favourite snacks are _____.
4 For dinner, we usually have _____.

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