2 THIS IS MY DAY



ABOUT YOU

What time does your alarm go off on a school day?
What do you do in the morning before you go to school?

0:03 / 4:05

MY MORNING ROUTINE 11,345 views 1k Share

Maddie's mad life FOLLOW





















VOCABULARY AND LISTENING

Daily routines

1 Match the photos to the phrases in the box.

EP

brush your hair	check your messages	
clean your teeth	get dressed	have breakfast
leave the house	prepare your school bag	
put on your shoes	tidy your room	wake up

15 Listen and check. Then repeat.

16 **2** Listen to Maddie talking about her morning routine. Number the photos in the order that you hear them.

3 Can you remember Maddie's routine? Complete the sentences with the times in the box. You don't need to use all the times.

6.00	6.30	6.45	6.50	7.00	7.10
7.15	7.30	7.40	8.00	8.10	

1 My alarm goes off at _____.
2 I get up at _____.
3 I clean my teeth at _____.
4 I get dressed at _____.
5 I prepare my school bag at _____.
6 I put my shoes on and leave home at _____.

16 Listen again and check.

4 In pairs or small groups, talk about your morning routine.

I wake up at seven o'clock.

I get dressed and then I have breakfast.

Daily Routines

Look, think, and do the activities.

Small steps... Big goals!

A Look at the pictures. Write the daily-routine phrases under each picture.

brush your hair / check your messages / clean your teeth / get dressed / have breakfast / leave the house / prepare your school bag / put on your shoes / tidy your room / wake up



1 _____


2 _____


3 _____


4 _____


5 _____


6 _____


7 _____


8 _____


9 _____


10 _____

B Complete the sentences with the daily-routine phrases from Activity A.

1 I _____ at 7 o'clock every morning.
2 I _____ before I go to school.
3 I _____ after breakfast.
4 I _____ on my phone in the evening.
5 I _____ after I get home.
6 I _____ in the evening.
7 I _____ before I leave the house.
8 I _____ when I get to school.
9 I _____ on the weekend.
10 I _____ before I go to bed.

C Look at the pictures and write the correct words in the box.

get up / have breakfast / go to school / have dinner / do homework / watch TV / go to bed


1 _____


2 _____


3 _____


4 _____


5 _____


6 _____


7 _____

D Match the questions (1–6) with the answers (a–f).

1 What time do you get up? ☐
2 Do you have breakfast at home? ☐
3 What do you do after school? ☐
4 What time do you go to bed? ☐
5 Do you tidy your room every day? ☐
6 What time do you leave the house? ☐

a At 7 o'clock.
b Yes, I do.
c I do my homework and then I watch TV.
d At 10 p.m.
e Yes, I have breakfast at home.
f At 8 o'clock.

E Put the words in the correct order to make sentences.

1 get / I / up / at / 7 o'clock / .
2 to / I / school / go / by / bus / .
3 my / I / do / homework / after / school / .
4 watch / I / TV / in / the evening / .
5 to / bed / go / I / at / 10 o'clock / .
6 tidy / my / I / room / on / weekends / .

F Write about your daily routine. Use the words in the box and your own ideas.

wake up / get dressed / have breakfast / go to school / do homework / play games / watch TV / go to bed

My daily routine

_____
_____
_____
_____
_____

Good habits make a happy day!