GET STARTED!

VOCABULARY Things in the classroom

1 Complete the words with the missing vowels.

0 p e n c i l c a s e
1 d ___ r door
2 c __ m p __ t __ r computer
3 b ___ r d board
4 __ x __ r c __ s __ b ___ k exercise book
5 c h ___ r chair
6 b __ g bag
7 c ___ t coat
8 p __ n s pens
9 t ___ c h __ r teacher
10 r __ l __ r ruler
11 r __ b b __ r robber
12 m __ p map
13 t __ x t b ___ k text book
14 w __ n d __ w window
15 p __ s t __ r poster

2 Which things in Exercise 1 are in your bag?

pencil case, _____

3 Find 12 things from Exercise 1 in the picture. Write them below.



1 map
2 teacher
3 chair
4 ruler
5 pen
6 pencil
7 textbook
8 poster
9 rubber
10 chair
11 bag
12 board

4 Which word doesn't belong in each group?

0 rubber pencil case pens chair
chair
1 chair board door teacher
teacher
2 map poster window computer
window
3 pen coat rubber ruler
coat
4 board computer exercise book window
window
5 bag window door chair
bag

GRAMMAR Verb *be*

1 Are the sentences right (✓) or wrong (✗) for you? Correct the wrong sentences.

0 My pencil case is black and white. ☒
My pencil case is blue.
1 The chairs in my classroom are green. ☐
true
2 The classroom door is white. ☐
true
3 The board is green. ☐
white
4 My coat is brown. ☐
blue
5 My bag is blue and yellow. ☐
brown

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there is / there are

2 Complete the questions with *Is there* or *Are there*.

0 *Are there* any pens in your pencil case?
1 Are there any windows near your desk?
2 Is there a computer on the teacher's desk?
3 Is there a rubber in your pencil case?
4 Are there any maps on the walls in your classroom?
5 Is there a door near the board in your classroom?
6 Is there a coat on your chair?

3 Answer the questions in Exercise 2 for you.

0 *Yes, there are. There are two pens in my pencil case.*
1 Yes,there are. There is a window near my desk.
2 No, there aren't. There are not any computer on the teacher's desk.
3 Yes, there is. There is a rubber in my pencil case.
4 No, there aren't. There aren't any map on the walls in my classroom.
5 Yes,there is. There is a door near the board in my classroom.
6 Yes, there is. There is a coat on my chair.



have got

4 Choose the correct form of the verbs to complete the sentences.

0 My mum *have got* / *has got* a white bag.
1 I *have got* / *has got* two bottles of water on my desk.
2 My friends *haven't got* / *hasn't got* any money today.
3 This room *haven't got* / *hasn't got* any windows.
4 We *have got* / *has got* some posters on the walls.
5 I *haven't got* / *hasn't got* an exercise book.
6 You *haven't got* / *hasn't got* your textbook here today.
7 She *have got* / *has got* a computer at home.
8 The teacher *haven't got* / *hasn't got* a coat today.

5 Put the words in the correct order to make questions.

0 you / got / have / phone / a / ?
Have you got a phone?
1 got / have / friends / your / pens / ?
Have your friends got pens?
2 your / computer / dad / has / a / got / ?
Has your dad got a computer
3 friend / best / have / got / you / a / ?
Have you got a best friend?
4 teacher / a / has / your / got / coat / blue / ?
Has your teacher got a blue coat
5 you / have / pet / a / got / ?
Have you got a pet?



6 Answer the questions in Exercise 5 for you.

0 *Yes, I have.*
1 Yes, I have
2 Yes, I have
3 Yes, I have
4 Yes, I have
5 Yes, I have

7 What have you got in your bag? Use the words in the box or your own ideas.

textbook	exercise book	football
bottle of water	pencil case	
money	phone	food

In my bag I've got ...

student's answer



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VOCABULARY Numbers

1 Write the numbers.

0	7	*seven*
0	9	nine
1	14	fourteen
2	18	eighteen
3	20	twenty
4	23	twenty-three
5	31	thirty one
6	40	forty
7	56	fifty six
8	62	sixty-two
9	71	seventy one
10	85	eighty-five
11	90	ninety
12	100	a hundred

Dates

2 Put the letters in the correct order to make months.

0	Ailpr	*April*
1	beeemprSt	september
2	lJuy	July
3	achMr	March
4	Agstuu	August
5	aMy	May
6	bcDeeemr	December
7	eJnu	June
8	aaJnruy	January
9	bceOort	October
10	abeFrruy	February
11	beemNorv	November

3 Write the months in Exercise 2 in the correct order.

0	*January*	6	July
1	February	7	August
2	March	8	September
3	April	9	October
4	May	10	November
5	June	11	December

4 Write the dates.

0	11/11	*11th November*
1	16/09	16th September
2	30/06	30th June
3	07/10	7th October
4	23/02	23rd February
5	13/12	13th September
6	21/08	21st August

5 Answer the questions and write the dates.

0 When's your teacher's birthday?
His birthday is on 21st March.

1 What's today's date?

2 When's your best friend's birthday?
Student's answers

3 What date is the first day of school?

4 What's tomorrow's date?

5 When's the next school holiday?

GRAMMAR *can*

1 Match the verbs to the words and phrases.

0	draw	c	a	a bike
1	make	b	b	a cake
2	play	e	c	a tree
3	ride	a	d	three languages
4	run	h	e	tennis
5	speak	d	f	on your head
6	stand	f	g	underwater
7	swim	g	h	5 km



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2 **Write questions with the phrases in Exercise 1.**

0 *Can you draw a tree?*
1 Can you make a cake?
2 Can you play tennis?
3 Can you ride a bike?
4
5 Can you run 5 km?
6 Can you speak three languages?
7 Can you stand on your head?

3 **Answer the questions in Exercise 2 for you.**

0 *Yes, I can.*
1
2
3 Student's own answer
4
5
6
7

4 **Complete the sentences with the phrases in Exercise 1 or use your own ideas.**

0 I *can ride a bike* but I can't *stand on my head*.
1 I _____ but I can't _____.
2 My mum can _____ but she can't Student's own answers
3 My friends can _____ but they can't _____.

Present simple

5 **Complete the text with the present simple form of the verbs in brackets.**

Hi, my name is Jack. I [0] *have got* (have got) a brother and a sister. I [1] like (like) music and I [2] love (love) travelling. Ravi and Molly are my friends. Ravi [3] hasn't got (not have got) any brothers or sisters and Molly [4] have got (have got) one sister. Ravi [5] likes (like) all sports and he [6] plays (play) football every day. Molly doesn't play (not play) football. She [8] likes (like) swimming.



6 **Put the words in the correct order to make questions.**

1 books / what / like / you / do / ?
What books do you like?
2 you / do / pictures / like / drawing / ?
Do you like drawing pictures?
3 school / what / do / sports / play / you / at / ?
What school do you play sports at?
4 watching / like / you / do / TV / ?
Do you like watching TV?
5 animal / what / favourite / your / is / ?
What is your favourite animal?

7 **Answer the questions in Exercise 6 for you.**

1
2
3
4 Student's own answer
5

8 **Complete the sentences for you.**

1 Hello, my _____.
2 I've got _____.
3 I like Student's own answer and I love _____.

WRITING A text about your best friend

1 **Match the questions to the answers.**

1 How old are you? d
2 What's your address? b
3 What's your phone number? f
4 Have you got any brothers or sisters? a
5 Who's your favourite pop star? c
6 What's your favourite school subject? e

a Yes, I've got two sisters.
b It's 13 Green Road.
c It's Rihanna.
d I'm 13.
e I love maths.
f It's 477888.

2 **Write about your best friend. Use the questions in Exercise 1 to help you and write about 50 words.**

My best friend is _____

Student's own answer

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1 SPORTS AND GAMES

VOCABULARY Sports

1 Match the words in the box to the photos.

athletics badminton baseball cycling gymnastics hockey rugby
sailing skating snowboarding surfing table tennis volleyball



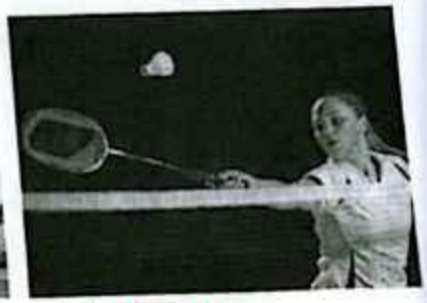
0 *rugby*



1 volleyball



2 skating



3 badminton



4 hockey



5 snowboarding



6 cycling



7 gymnastics



8 baseball



9 table tennis



10 athletics



11 sailing



12 surfing

2 Complete the table with the sports in Exercise 1.

play	go	do
badminton	cycling	athletics
baseball	sailing	gymnastics
hockey	skating	
rugby	snowboarding	
table tennis	surfing	
volleyball		

3 Choose the correct verbs to complete the sentences.

0 My sister (*plays*) / goes volleyball at the weekend.
1 My friends John and Toby (*go*) / play go sailing in the summer.
2 We *go* / (*do*) athletics in the evening.
3 My brother (*plays*) / goes hockey on Sundays.
4 I (*don't play*) / go table tennis with my friends.
5 Do you *play* / (*go*) snowboarding alone?

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GRAMMAR Adverbs of frequency

1 Put the adverbs of frequency in the correct place on the line.

always	never	often	sometimes	usually

0% 100%

1 never 2 sometimes 3 often 4 usually 5 always

2 Rewrite the sentences with the adverbs of frequency in brackets in the correct place.

0 I watch sport on TV. (never)
I never watch sport on TV.

1 My sister goes cycling with my dad. (usually)
My sister usually goes cycling with my dad.

2 I play rugby with my friends. (never)
I never play rugby with my friends.

3 Snowboarding is dangerous. (sometimes)
Snowboarding is sometimes dangerous.

4 My friends do gymnastics after school. (often)
My friends often do gymnastics after school.

5 My grandparents play table tennis on Sundays. (always)
My grandparents always play table tennis on Sundays.

3 Put the words in the correct order to make questions.

0 do / play / often / you / baseball / ?
Do you often play baseball?

1 you / in the city / usually / go / cycling / do / ?
Do you usually go cycling in the city?

2 badminton / parents / play / often / do / your / ?
Do your parents often play badminton?

3 you / go / often / do / snowboarding / how / ?
How often do you go snowboarding?

4 friends / your / rugby / school / do / play / sometimes / at / ?
Do you sometimes play rugby at school with your friends?

5 do / go / always / sailing / you / in the summer / ?
Do you always go sailing in the summer?

4 Answer the questions in Exercise 3 for you.

0 No, I don't. I never play baseball.

1 No, I don't. I don't usually go to the city.

2 No, I don't. My parents don't often play badminton.

3 No, I don't. I rarely go snowboarding.

4 No, I don't. I don't usually go sailing in the summer.

5 Correct the mistakes in the sentences.

0 At school, usually we play volleyball on Friday.
At school, we usually play volleyball on Friday.

1 I go swimming always on a Sunday.
I always go swimming on a Sunday.

2 I often am tired in the evening.
I am often tired in the evening.

3 People go sometimes cycling with their friends.
People sometimes go cycling with their friends.

4 At the weekend, usually I do sports.
At the weekend, I usually do sports.

5 In the holidays, we go sometimes sailing.
In the holidays, we sometimes go sailing.

VOCABULARY Sports equipment

1 Find nine more words for sports equipment and sports.

a	b	e	s	g	b	h	k	b	d	i
f	o	o	t	b	a	l	l	n	p	i
e	a	c	i	d	t	r	s	g	b	y
i	r	a	c	k	e	t	n	y	a	g
g	d	a	k	f	b	e	g	s	l	c
m	r	h	p	r	t	n	h	d	l	i
h	h	c	k	e	y	n	a	o	c	e
c	b	s	u	r	f	i	n	g	n	e
t	d	k	e	f	a	s	u	n	f	b

2 Choose the correct words to complete the sentences.

1 Hockey players hit the ball with a stick / *bat*.
2 You use a small white *board* / ball when you play table tennis.
3 Tennis balls / *rackets* are usually yellow.
4 Baseball players hit the ball with a long *stick* / bat.
5 In badminton, players use a racket / stick to hit the ball.
6 When you go surfing, you use a ball / board.

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READING

1 Read the text about Lola. How often does she do her favourite sport?

Every week, on Saturday.



Teenblog: Sport

It's hard work, but it's fun!

Posted by Lola O'Shea

At school, I do a lot of sports like rugby, badminton and hockey. I love football, but now I have a new favourite sport – underwater football! Do you know it? It's like football, but you play it in a swimming pool. There are two teams. Each team has got 13 players, with five players in the water. The ball isn't a normal football; it's big and heavy. In normal football, players don't use their hands to hit the ball, but in underwater football, they can use their head, hands or feet to do this. Players try to hit the ball into the other team's goal. The winning team is the team with the most goals at the end of the game.

I don't play underwater football at school, but I'm in a team at a club. We usually play every week, on Saturday. Underwater football is an exciting sport but it's hard work. I love it because I like football and I like swimming, too. It's really fun!

2 Read the text again and choose the correct answers.

1 What sports does Lola do at school?
- A rugby, badminton and underwater football
- (B) rugby, badminton and hockey
- C rugby, badminton and swimming

2 How is underwater football different to normal football?
- A There are three teams.
- B The players use a racket to hit the ball.
- (C) You play it in a swimming pool.

3 How do you win a game?
- A You swim to the other team's goal.
- (B) You score goals.
- C You hit the ball.

4 Why does Lola like underwater football?
- (A) because it's exciting and fun
- B because she's in a team
- C because it's hard work

3 Read the text again and complete the table.

Underwater football facts

Number of teams	1	2
Number of players in each team	2	13
Equipment	3	a swimming pool
What do you use to hit the ball?	4	your head, hands or feet

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LISTENING

01 **1** **Listen to an interview with teen sports star, Andrea Murray. Tick (✓) the activities that Andrea does regularly.**

plays volleyball	
plays tennis	✓
goes snowboarding	
cycles	✓
studies	✓
listens to music	
reads	✓
goes to the cinema	✓

02 **2** **Listen to the interview again. Are the sentences right (✓) or wrong (✗)?**

1 Andrea listens to Barry's podcast. ✓
2 Andrea's father plays badminton. ✗
3 Andrea's brothers and sisters don't like sport. ✗
4 Andrea always plays tennis on school days. ✓
5 She gets up at five o'clock on Wednesdays. ✓
6 She doesn't have any free time. ✗

03 **3** **Listen again and complete Andrea's diary.**

Friday

- 5.00 am – get up
- 1 play tennis for two hours
- go to school

Saturday

- 2 6.00 am – get up
- have breakfast
- 3 play tennis all day

Sunday

- 6.00 am – get up
- morning – 4 do homework
- afternoon – 5 play tennis

WRITING — A text about your favourite sport

1 **Read the text. Tick (✓) the questions that the writer answers.**

1 What is your favourite sport? ✓
2 How do you play it? ✓
3 What equipment do you need? ✓
4 Where and when do you play it? ✓
5 Why do you like it? ✓

My favourite sport

by Lydia

My ~~faborite~~ favourite sport is basketball. ~~Does~~ Do you know it? There are ~~to~~ two teams with five people in a team. You need a basketball and two baskets to play it. Players throw the ~~bal~~ ball in the net ~~to~~ to score points. The team with the most points wins. I ~~sometime~~ sometimes play basketball at school, but I also ~~in~~ a team at a club. We ~~playing~~ play every Saturday ~~morning~~ am. I like basketball because ~~it's~~ it's fast and ~~it's~~ it's fun.



2 **Read the text again and find ten mistakes with spelling and grammar.**

3 **Think about your favourite sport and answer the questions in Exercise 1. Make notes below.**

1 Basketball
2 In a team
3 A basketball and two baskets
4 At school and at a club, every Saturday
5 It's fast and fun.

4 **Write about your favourite sport. Use the notes you made in Exercise 3 and write about 50 words. Remember to read your work carefully and check for spelling and grammar mistakes.**

My favourite sport is basketball. I play it with my friends at school and in a team at a club. We play every Saturday. I need a basketball and a basket. I like basketball because it is fast and fun. It is a great sport and I really enjoy playing it.

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2 THIS IS MY DAY



VOCABULARY Daily routines

1 Complete the phrases with the verbs in the box.

brush check clean get
have leave prepare
put tidy wake

0 clean your teeth
1 get your room
2 tidy the house
3 wake up
4 have breakfast
5 check your messages
6 dress up
7 put your school bag
8 get on your shoes
9 brush your hair

3 Complete the text with the correct form of phrases in Exercise 1.

Hi, I'm Keisha and this is my morning routine. On school days, I usually 1. wake up at 7 o'clock. Before I get out of bed, I 2. clean on my phone. Then, I 3. get in the kitchen with my parents. I usually have fruit, biscuits or bread, but I don't really like breakfast. I 4. have in my room. I usually wear jeans and a T-shirt. Then, I 5. check (I do this at least twice a day and after every meal) and brush my hair. After, I 6. tidy I take my homework, books, lunch and my phone – that's very important! Then, I put on my shoes and 7. get at 8 o'clock. I always walk to school with my friend Lucas.

2 Match the phrases in Exercise 1 to the photos.



1 clean your teeth



2 get your room



3 have breakfast



4 check your messages



5 dress up



6 put your school bag



7 get on your shoes



8 brush your hair



9 tidy the house



10 leave your shoes

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GRAMMAR Present continuous and present simple

1 **Look at the example sentences a and b. Then complete the rules below with the phrases in the box.**

a I always leave the house at 8 o'clock.
b I'm wearing a T-shirt and jeans today.

adverbs of frequency	present continuous
present simple	*today, now and at the moment*

We use the [1] *present continous* to talk about habits and routines. We often use it with [2] *adverbs of frequency*.
We use the [3] *present simple* to talk about things we're doing now. We often use it with words like [4] *today, now and at the moment*.

2 **Choose the correct words or phrases to complete the sentences.**

1 I *always* / *at the moment* prepare my school bag before school.
2 My parents *now* / *always* watch TV in the evening.
3 My brother is making breakfast *now* / *usually*.
4 Why have you got your maths book? *We're* studying English *often* / *today*.
5 What are you doing *sometimes* / *at the moment*?
6 I don't *usually* / *never* go to bed at 9 o'clock.

3 **Complete the sentences with the present simple or present continuous form of the verbs in brackets.**

0 He *plays* (play) tennis every day.
1 I never *tidy* (tidy) my room. My mum hates it!
2 They usually *watch* (watch) films at the weekend.
3 My dad *cooks* (cook) breakfast today. He's a police officer.
4 Jack *doesn't work* (not work) today because he's not very well.
6 What book *are you reading* (you / read) at the moment? Is it good?

4 **Correct the mistakes in the sentences.**

1 I study now because I've got an exam tomorrow.
→ *I'm studying now because I have an exam tomorrow.*
2 Are you knowing Katy? She's my sister.
→ *Do you know Katy? She's my sister.*
3 My brother watching TV with his friends.
→ *My brother is watching TV with his friends.*
4 My mum is a doctor. She is usually working at weekends.
→ *My mum is a doctor. She usually works at weekends.*
5 Every day we are drinking tea for breakfast.
→ *Every day we drink tea for breakfast.*

VOCABULARY Food

1 **Look at the photos and choose the correct words.**



1 We eat *cereal* / *rice*, *bread* / *pasta* and *jam* / *honey* for breakfast.



2 In summer, we often have salad with *cabbage* / *cheese* and *tomatoes* / *cucumber* for lunch.



3 Yesterday I ate *fish* / *meat*, *rice* / *pasta* and *mango* / *vegetables*.



4 I usually eat *fruit* / *yoghurt* for dessert.

2 **Match the words to the meanings.**

1 breakfast	*c*	**a**	the large part of a meal
2 dessert	*g*	**b**	a drink, usually made from fruit
3 dinner	*e*	**c**	the first meal of the day
4 juice	*b*	**d**	you eat this between meals
5 lunch	*f*	**e**	you eat this in the evening
6 main course	*a*	**f**	you eat this at midday
7 snack	*d*	**g**	you eat this sweet food at the end of a meal

3 **Complete the sentences for you.**

1 For breakfast, I always have *cereal*.
2 My favourite dessert is *ice cream*.
3 My favourite snacks are *nuts and chips*.
4 For dinner, we usually have *chicken and vegetables*.

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READING

1 **Read the texts. For each question, write A (Anna), L (Lena) or Y (Yuko).**

1 Who has a hot drink in the morning? A
2 Who uses the computer in the evening? Y
3 Who goes to school by bus or car? L
4 Who does sport in the afternoon? A
5 Who can't choose what she wants to school? L
6 Who goes home before 2 pm? Y
7 Who takes her lunch to school? L

My school day



Anna – the USA

I always get up at 6.30 am. Breakfast is cereal and milk. After breakfast, I prepare my school bag and leave the house at 7.30 am. I usually go to school on the school bus, but sometimes my mom drives me. Lessons start at 8.00 am every day. I have lunch at school. My dad makes a cold lunch for me every morning. I usually have sandwiches and fruit. School ends at 2.30 pm and I catch the school bus home. In the evening, I do my homework and watch TV.

Lena – Germany

I get up at 6.00 am and leave the house at 7.00 am. I always walk with my friend Greta. School starts at 7.30 am. We have five or six lessons every day. They finish at 1.30 pm and I usually go home for lunch. I sometimes go to homework club after school. We have dinner at 7.00 pm, and then I often watch videos on the internet.





Yuko – Japan

I get up at 7.30 am and have breakfast with my sisters. It's usually rice or eggs with tea. I put on my uniform, and then I leave the house at 8.15 am and walk to school. Lessons start at 8.30 am. Students all have lunch at school – fish and rice with vegetables. School finishes at 3.00 pm, and I have volleyball or badminton clubs after lessons every day. I leave school at 5.00 pm and go home. In the evening, I go to music lessons and do my homework.

2 **Read the texts again and answer the questions.**

1 What does Anna have for breakfast?
Cereal and milk
2 How does Yuko travel to school?
On foot (walk)
3 What time does school start for Lena?
7.30 am
4 What does Anna usually have for lunch?
Sandwiches and fruit
5 What does Lena do after dinner?
She watches videos on the internet
6 When does Yuko do her homework?
In the evening

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LISTENING

1 02 **Listen to the conversation between Jasmine and George. Where are they?**

At a chocolate shop.

2 02 **Listen again. Who says what? Write 'J' (Jasmine) or 'G' (George).**

1 I'm shopping for my parents. J
2 I thought you always play football on Saturday afternoon. G
3 There isn't any football today. J
4 Well, actually, I love chips too. G
5 I like chocolate, but I don't eat it often. J
6 I never eat chocolate. G

3 03 **Listen again and choose the correct answers.**

1 Jasmine's mum is *working* / *on holiday* at the moment.
2 The people in the football team are *at home* / *on holiday*.
3 George's sister wants to *make eggs* / *go to university*.
4 George's sister wants to have lunch at *1.15* / *1.30 pm*.
5 Jasmine wants to buy *biscuits* / *chocolate*.
6 Jasmine's dad *likes* / *doesn't like* chocolate.

WRITING A paragraph about your routine

1 **Read the text and match the times to the activities.**

A typical school day

– by Leo

I get up at 7 o'clock and get dressed. My breakfast is cereal or toast. Then I prepare my school bag and go to school at 8 o'clock. I usually walk to school but sometimes I go on the bus. School starts at half past eight and finishes at 3 o'clock. Lunch is at 1 o'clock. I usually have sandwiches or a salad. After school I go home. Dinner is at half past seven. After dinner, I do my homework and go on the internet. I go to bed at half past nine.

1 7.00 am f
2 8.00 am g
3 8.30 am a
4 1.00 pm e
5 3.00 pm c
6 7.30 pm d
7 9.30 pm b

a Have dinner
b go home
c go to bed
d get dressed
e leave the house
f start school
g have lunch

2 **Look at the text again. Find and underline sentences with *and*, *but* and *or*. Then complete the rules with *and*, *but* and *or*.**

1 We use and to link two ideas.
2 We use but to contrast two things.
3 We use or for different things we can choose.

3 **Complete the sentences with *and*, *but* and *or*.**

1 I walk to school with my friends Ally and Hamish.
2 Do you go to school at 8 o'clock or at 8.30?
3 For breakfast, I have cereal, but I don't have toast.
4 I have tea or hot chocolate. I don't have both.
5 I like football, but I don't like basketball.
6 In the evening, I do my homework then I watch TV. and

4 **Think about the activities you do in a typical day and what time you do them. Use the ideas in Exercise 1 and your own ideas. Make notes below.**

I get up at 6.30 am. I go for a run at 7 o'clock.
I have breakfast at 7.30. I go to school at 8.
I have lunch at 1 pm. I do homework at 4.
I watch TV at 8 pm. I go to bed at 10 pm.

5 **Write a paragraph about a typical school day. Use the notes you made in Exercise 4 and write about 50 words. Remember to use *and*, *but* and *or* in your text.**

I get up at 6.30 am and have breakfast at 7 o'clock. I go to school at 8 am. I have lunch at 1 pm, and then I do my homework at 4 pm. In the evening, I watch TV and have dinner at 7 pm. I go to bed at 10 pm.

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