2 THIS IS MY DAY



VOCABULARY Daily routines

1 **Complete the phrases with the verbs in the box.**

brush	check	clean	get
have	leave	prepare	
put	tidy	wake	

0 clean your teeth
1 tidy your room
2 clean the house
3 wake up
4 have breakfast
5 check your messages
6 get dressed
7 put your school bag
8 put on your shoes
9 brush your hair

3 **Complete the text with the correct form of phrases in Exercise 1.**

Hi, I'm Keisha and this is my morning routine. On school days, I usually [0] wake up at 7 o'clock. Before I get out of bed, I [1] check my messages on my phone. Then, I [2] get dressed in the kitchen with my parents. I usually have fruit, biscuits or bread, but I don't really like breakfast. I [3] have in my room. I usually wear jeans and a T-shirt. Then, I [4] brush my hair (I do this at least twice a day and after every meal!) and brush my hair. After, I [5] put : I take my homework, books, lunch and my phone – that's very important! Then, I put on my shoes and [6] leave at 8 o'clock. I always walk to school with my friend Lucas.

2 **Match the phrases in Exercise 1 to the photos.**



1 wake up



2 get dressed



3 have breakfast



4 check your messages



5 clean the house



6 put your school bag



7 brush your hair



8 clean your teeth



9 put on your shoes



10 leave

GRAMMAR Present continuous and present simple

1 **Look at the example sentences a and b. Then complete the rules below with the phrases in the box.**

a I always leave the house at 8 o'clock.
b I'm wearing a T-shirt and jeans today.

adverbs of frequency	present continuous
present simple	*today, now* and *at the moment*

We use the [1] present simple to talk about habits and routines. We often use it with [2] adverbs of frequency.
We use the [3] present continuous to talk about things we're doing now. We often use it with words like [4] today, now and at the moment

2 **Choose the correct words or phrases to complete the sentences.**

1 I *always* / *at the moment* prepare my school bag before school.
2 My parents *now* / always watch TV in the evening.
3 My brother is making breakfast *now* / *usually*.
4 Why have you got your maths book? We're studying English *often* / today.
5 What are you doing *sometimes* / at the moment?
6 I don't ussally / *never* go to bed at 9 o'clock.

3 **Complete the sentences with the present simple or present continuous form of the verbs in brackets.**

0 He plays (play) tennis every day.
1 I never tidy (tidy) my room. My mum hates it!
2 They usually watch (watch) films at the weekend.
3 My dad cooks (cook) breakfast today.
4 My mum isn't working (not work) in a school. She's a police officer.
5 Jack isn't working (not work) today because he's not very well.
6 What book are you reading (you / read) at the moment? Is it good?

4 **Correct the mistakes in the sentences.**

1 I study now because I've got an exam tomorrow.
I'm studying now because I've got an exam tomorrow.
2 Are you knowing Katy? She's my sister.
Do you know Katy? She's my sister.
3 My brother watching TV with his friends.
My brother is watching TV with lhis friends.
4 My mum is a doctor. She is usually working at
My mum is a doctor. She usually works at weekends.
5 Every day we are drinking tea for breakfast.
Every day we drink tea for breakfast.

VOCABULARY Food

1 **Look at the photos and choose the correct words.**



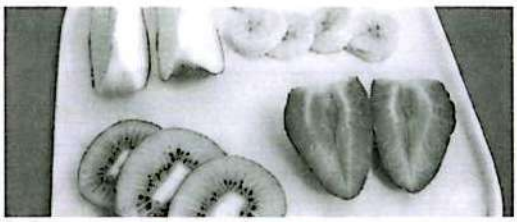
1 We eat cereal / *rice*, bread / *pasta* and *jam* / honey for breakfast.



2 In summer, we often have salad with *cabbage* / cheese and tomatoes / *cucumber* for lunch.



3 Yesterday I ate fish / *meat*, *rice* / *pasta* and *mango* / vegetables.



4 I usually eat *fruit* / yoghurt for dessert.

2 **Match the words to the meanings.**

1	1 breakfast	the large part of a meal
g	2 dessert	a drink, usually made from fruit
3	3 dinner	the first meal of the day
4	4 juice	you eat this between meals
f	5 lunch	you eat this in the evening
6	6 main course	you eat this at midday
d	7 snack	you eat this sweet food at the end of a meal

3 **Complete the sentences for you.**

1 1 For breakfast, I always have cereal.
3 2 My favourite dessert is ice cream.
b 3 My favourite snacks are chocolate and crisps.
a 4 For dinner, we usually have chicken and rice.

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READING

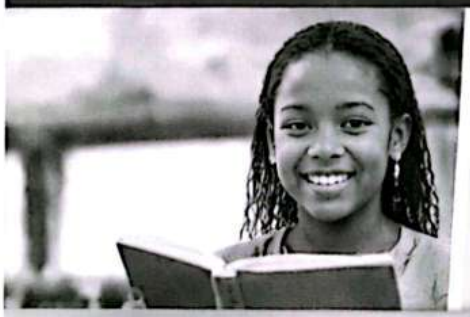
1 **Read the texts. For each question, write A (Anna), L (Lena) or Y (Yuko).**

1 Who has a hot drink in the morning? Y
2 Who uses the computer in the evening? L
3 Who goes to school by bus or car? A
4 Who does sport in the afternoon? Y
5 Who can't choose what she wears to school? L
6 Who goes home before 2 pm? Y
7 Who takes her lunch to school? A

2 **Read the texts again and answer the questions.**

1 What does Anna have for breakfast? Cereal and milk.
2 How does Yuko travel to school? She walks.
3 What time does school start for Lena? 7.30 am.
4 What does Anna usually have for lunch? Sandwiche Sandwiches and fruit.
5 What does Lena do after dinner? She often watches videos on the internet.
6 When does Yuko do her homework? In the evening.

My school day



Anna – the USA

I always get up at 6.30 am. Breakfast is cereal and milk. After breakfast, I prepare my school bag and leave the house at 7.30 am. I usually go to school on the school bus, but sometimes my mom drives me. Lessons start at 8.00 am every day. I have lunch at school. My dad makes a cold lunch for me every morning. I usually have sandwiches and fruit. School ends at 2.30 pm and I catch the school bus home. In the evening, I do my homework and watch TV.

Lena – Germany

I get up at 6.00 am and leave the house at 7.00 am. I always walk with my friend Grete. School starts at 7.30 am. We have five or six lessons every day. They finish at 1.30 pm and I usually go home for lunch. I sometimes go to homework club after school. We have dinner at 7.00 pm, and then I often watch videos on the internet.





Yuko – Japan

I get up at 7.30 am and have breakfast with my sisters. It's usually rice or eggs with tea. I put on my uniform, and then I leave the house at 8.15 am and walk to school. Lessons start at 8.30 am. Students all have lunch at school – fish and rice with vegetables. School finishes at 3.00 pm, and I have volleyball or badminton clubs after lessons every day. I leave school at 5.00 pm and go home. In the evening, I go to music lessons and do my homework.

3 **Read the texts again. Are the sentences right (✓) or wrong (X)?**

1 There aren't many theatre schools in the UK. ✓
2 There are 350 students at the Sylvia Young Theatre School. X
3 Tewlve-year-old children can study at the Sylvia Young Theatre School. ✓
4 Students study maths at the Sylvia Young Theatre School. ✓
5 Students learn how to sing, dance and act on Saturdays. X

4 **Read the text again and answer the questions.**

1 Where is the Sylvia Young Theatre School? In London.
2 Who are some famous students from the school? Leona Lewis and Dua Lipa.
3 When do students study normal school subjects? On Mondays, Tuesedays and Wednesdays.
4 What do students do on Thursdays and Fridays? They do acting classes, singing or music lessons.

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LISTENING

1 02 **Listen to the conversation between Jasmine and George. Where are they?**

_____

2 02 **Listen again. Who says what? Write 'J' (Jasmine) or 'G' (George).**

1 I'm shopping for my parents. J
2 I thought you always play football on Saturday afternoon. J
3 There isn't any football today. G
4 Well, actually, I love chips too. G
5 I like chocolate, but I don't eat it often. J
6 I never eat chocolate. G

3 02 **Listen again and choose the correct answers.**

1 Jasmine's mum is *working* / *on holiday* at the moment.
2 The people in the football team are *at home* / *on holiday*.
3 George's sister wants to *make eggs* / *go to university*.
4 George's sister wants to have lunch at *1.15* / 1.30 pm.
5 Jasmine wants to buy *biscuits* / *chocolate*.
6 Jasmine's dad *likes* / *doesn't like* chocolate.

WRITING A paragraph about your routine

1 **Read the text and match the times to the activities.**

A typical school day

– by Leo

I get up at 7 o'clock and get dressed. My breakfast is cereal or toast. Then I prepare my school bag and go to school at 8 o'clock. I usually walk to school but sometimes I go on the bus. School starts at half past eight and finishes at 3 o'clock. Lunch is at 1 o'clock. I usually have sandwiches or a salad. After school I go home. Dinner is at half past seven. After dinner, I do my homework and go on the internet. I go to bed at half past nine.

1 7.00 am	d	a	have dinner
2 8.00 am	f	b	go home
3 8.30 am	g	c	go to bed
4 1.00 pm	h	d	get dressed
5 3.00 pm	b	e	leave the house
6 7.30 pm	a	f	start school
7 9.30 pm	c	g	have lunch

2 **Look at the text again. Find and underline sentences with *and*, *but* and *or*. Then complete the rules with *and*, *but* and *or*.**

1 We use *and* to link two ideas.
2 We use *but* to contrast two things.
3 We use *or* for different things we can choose.

3 **Complete the sentences with *and*, *but* and *or*.**

1 I walk to school with my friends Ally *and* Hamish.
2 Do you go to school at 8 o'clock *or* at 8.30?
3 For breakfast, I have cereal, *but* I don't have toast.
4 I have tea *and* t chocolate. I don't have both.
5 I like football, *but* I don't like basketball.
6 In the evening, I do my homework *and* then I watch TV.

4 **Think about the activities you do in a typical day and what time you do them. Use the ideas in Exercise 1 and your own ideas. Make notes below.**

7.00 am – get up, get dressed
7.30 am – have breakfast
8.15 am – leave the house
8.45 am – start school
1.00 pm – have lunch
3.30 pm – finish school
4.00 pm – go home, have a snack
7.00 pm – have dinner
8.00 pm – do homework
9.30 pm – go to bed

5 **Write a paragraph about a typical school day. Use the notes you made in Exercise 4 and write about 50 words. Remember to use *and*, *but* and *or* in your text.**

I get up at 7 o'clock and get dressed. I have breakfast at half past seven and leave the house at quarter past eight. I start school at 8.45. Lunch is at 1 o'clock. School finishes at half past three and I go home. I have a snack and do my homework. I have dinner at 7 o'clock and go to bed at half past nine.

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3 GREAT SOUNDS

VOCABULARY Music

1 Put the letters in the correct order to make words for types of music.

0 opp — pop *pop*
1 par — rap
2 eopra — rock
3 cork — hip-hop
4 pih–poh — classical music
5 zazj — blues
6 cllaaciss umisc
7 luso

2 Match the words in the box to the photos.

drums electric guitar keyboard
piano saxophone violin

3 Match the definitions to the words.

1 This musical instrument is big. Some parts of it are black and white. It doesn't use electricity. c
2 This is a type of music. The singer says the words quickly. a
3 This is a type of music. The singers sing every word. You usually listen to it in a theatre. d
4 You use your mouth and hands to play this musical instrument. e
5 You hit this musical instrument with your hands or sticks. b

a rap
b drums
c piano
d opera
e saxophone



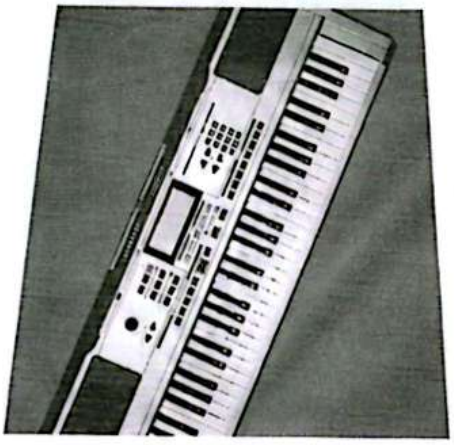
1 piano



2 guitar



3 saxophone



4 keyboard



5 violin



6 drums

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GRAMMAR *like, don't like, hate, love + -ing*

1 **Number the sentences in order 1 (☺) to 4 (☹).**

a I hate learning English. 4
b I like learning English. 2
c I don't like learning English. 3
d I love learning English. 1

2 **Complete the sentences with the correct form of the verbs in brackets.**

1 I love *writing* (write) stories.
2 My friends don't like **running** (run).
3 I hate **catching** (catch) the bus to school.
4 My family loves **making** (make) pizza.
5 My brother likes **practising** (practise) the electric guitar.
6 I like **swimming** (swim) in the sea.

3 **Write the sentences with the correct form of the verbs.**

0 My mum / love / cook
My mum loves cooking.
1 My brother / not like / do / homework
My brother doesn't like doing homework.
2 I / hate / play / the piano
I hate playing the piano.
3 My sister / love / rap
My sister loves rapping.
4 My best friend / like / read / books
My best friend likes reading books.
5 My dad / like / play / the violin
My dad likes playing the violin.

4 **Correct the mistakes in the sentence**

1 I like go shopping at weekends.
I like going shopping at weekends.
2 He doesn't like to watching opera
He dosen't like watching opera on TV.
3 I don't like play football at stood
I don't like playing football at school.
4 She loves reading books.
She loves reading books.
5 We love listen to music.
We love listening to music.



VOCABULARY Music phrases

1 **Choose the correct words or phrases.**

1 become *famous* / **on stage**
2 give *a concert* / **in a band**
3 play *famous* / *in a band*
4 **become a singer** / *concert*
5 go **on tour** / *an album*
6 teach *a concert* / **music**
7 record *famous* / **an** *album*
8 make **a music video** / *on tour*

2 **Complete the sentences with the correct form of the verbs in Exercise 1.**

1 My history teacher **became famous** in a rock band.
2 My sister wants to **become a singer** famous.
3 My mother **teaches** **music** to children i a school in Barcelona. Her students love her!
4 Tamara doesn't want to **become a singer** a singer. She wants to play the drums.
5 Does your cousin want to **record** a album with her band?
6 My friends have a band and like **giving** concerts for their families.
7 My brother loves singing. He wants to **make** **music** video.
8 Holly loves travelling and she **goes** on tour with her band every summer.

3 **Complete the text with the words in the box.**

rock musician instruments
keyboard **actor** record festival

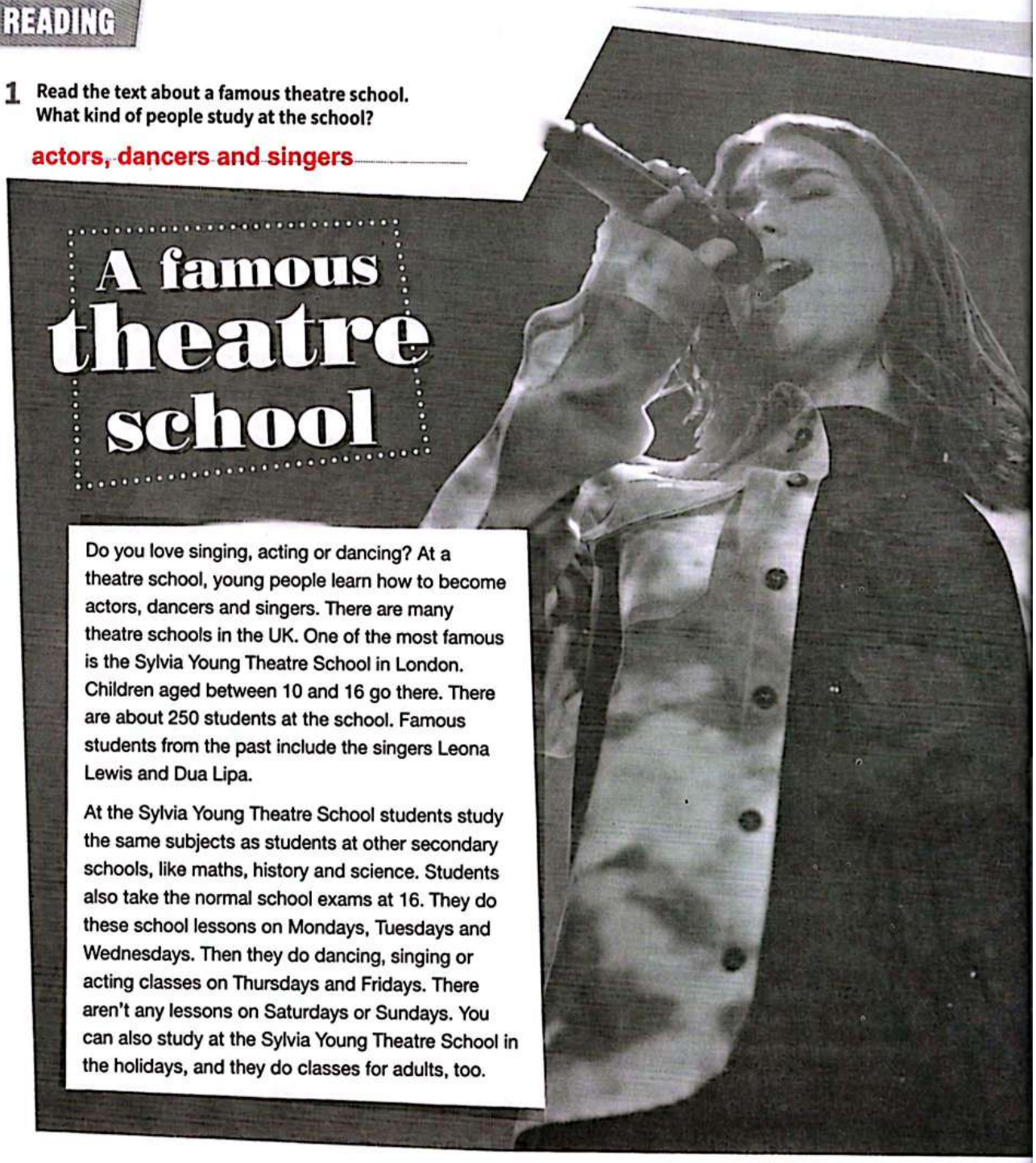
My best friend at school wanted to become an [1] **musicsian** and work in the theatre or on television. But I just wanted to play in a band. I wanted to give lots of concerts and [2] **record** hundreds of albums!
I first got a guitar when I was about ten. I was quite good at playing that, but then started to play the [3] **keyboard** when I was older, too. I liked that more. Mum plays the piano and Dad plays five different [4] **instruments**! We sometimes practise all together. We all like listening to [5] **rock** music but we often listen to classical music too.
Now, I'm in a band with three of my friends and we're becoming famous. Last week, we played at a music [6] **festival** and on a TV show, and there are lots of photos of us on the internet. I love being a [7] **actor**!

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READING

1 Read the text about a famous theatre school. What kind of people study at the school?

actors, dancers and singers



A famous theatre school

Do you love singing, acting or dancing? At a theatre school, young people learn how to become actors, dancers and singers. There are many theatre schools in the UK. One of the most famous is the Sylvia Young Theatre School in London. Children aged between 10 and 16 go there. There are about 250 students at the school. Famous students from the past include the singers Leona Lewis and Dua Lipa.

At the Sylvia Young Theatre School students study the same subjects as students at other secondary schools, like maths, history and science. Students also take the normal school exams at 16. They do these school lessons on Mondays, Tuesdays and Wednesdays. Then they do dancing, singing or acting classes on Thursdays and Fridays. There aren't any lessons on Saturdays or Sundays. You can also study at the Sylvia Young Theatre School in the holidays, and they do classes for adults, too.

2 Read the text again. Are the sentences right (✓) or wrong (✗)?

1 There aren't many theatre schools in the UK. False
2 There are 350 students at the Sylvia Young Theatre School. False
3 Twelve-year-old children can study at the Sylvia Young Theatre School. True
4 Students study maths at the Sylvia Young Theatre School. False
5 Students learn how to sing, dance and act on Saturdays. False

3 Read the text again and answer the questions.

1 Where is the Sylvia Young Theatre School?
In London
2 Who are some famous students from the school?
Leona Lewis and Dua Lipa
3 What do students do on Mondays, Tuesdays and Wednesdays?
They do dancing, singing or acting classes.
4 What do students do on Thursdays and Fridays?
They do classes for adults, too.

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LISTENING

03 **1** Listen to the conversation between Sam and a music teacher. What instrument does Sam want to learn?

violin

03 **2** Listen again and complete Sam's notes.

MUSIC LESSONS

Time of lessons: 0 4 o'clock

Days of lessons: 1 Tuesdays and Fridays

Price of lessons: 2 £ 25 an hour (for two lessons a week)

Address: 18 East Road – near the 3 park

Teacher's name: Mrs 4 Driscoll

Teacher's phone number: 5 643599

WRITING A text about music and you

1 Read the text and answer the questions.

1 What are Kate's favourite types of music?
Pop and hip-hop.

2 Who are her favourite singers?
Beyoncé and Taylor Swift.

3 What musical instrument does she play?
The electric guitar.

Music and me

My name's Kate and I'm 13 years old. My friends and I all like listening to music. I think pop and hip-hop are exciting but jazz is boring. My favourite singer is Beyoncé. She's a really good singer. I also like Taylor Swift. Her music is great.

I listen to music at home and it's fun, but I love playing music, too. I'm in a band called The Pink Elephants! I play the electric guitar. It's great!

2 Look at the text again and underline the words *and, also* and *too.*

3 Complete the sentences with *and* and *also.*

1 I think rap is great. I also like hip-hop.
2 My sister likes listening to pop music. She also plays the saxophone.
3 He plays in a band and he sings.
4 Shakira is a good singer and she's a great dancer.
5 Her music is exciting. She also gives a lot of concerts.
6 My favourite singer is Ed Sheeran. I also like Bruno Mars.

4 Answer the questions in Exercise 1 for you. Make notes below.

1 My favourite types of music are pop and rock.
2 My favourite singers are Ed Sheeran and Bruno Mars.
3 I play the acoustic guitar.

5 Write about music and you. Use the notes you made in Exercise 4 and write about 50 words. Remember to use *and, also* and *too.*

My name's _____ and I'm _____ years old. I like listening to pop and rock music. My favourite singers are Ed Sheeran and Bruno Mars. Their music is amazing! I listen to music every day at home and in the car, too. I also love playing music. I play the acoustic guitar. It's my favourite hobby and it makes me really happy!

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