

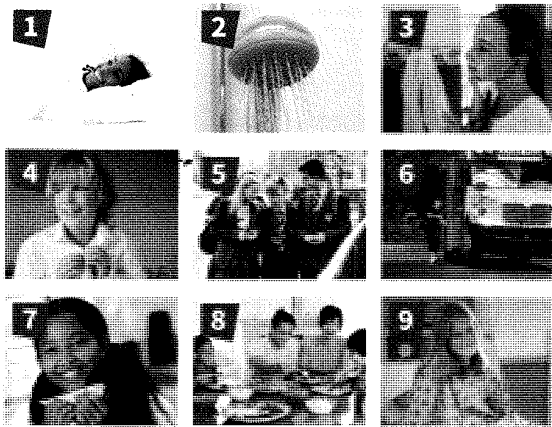
7 MY DAY

VOCABULARY AND LISTENING

Daily activities

1 Look at the pictures. Complete the phrases with the words from the box.

catch dinner face get go to
have school shower up



- 1 get up
 2 have a shower
 3 wash your face
 4 get dressed
 5 walk to school
 6 catch the bus to school
 7 have lunch
 8 eat dinner
 9 go to bed

2 Which sentence is right (✓)?

- 1 A I clean my teeth and I get up.
 B I get up and I clean my teeth.
 2 A I leave the house and I wash my face.
 B I wash my face and leave the house.
 3 A I have breakfast and catch the bus to school.
 B I catch the bus to school and have lunch.
 4 A I walk to school and I leave the house.
 B I leave the house and I walk to school.
 5 A I get dressed and I catch the bus to school.
 B I catch the bus to school and I get dressed.

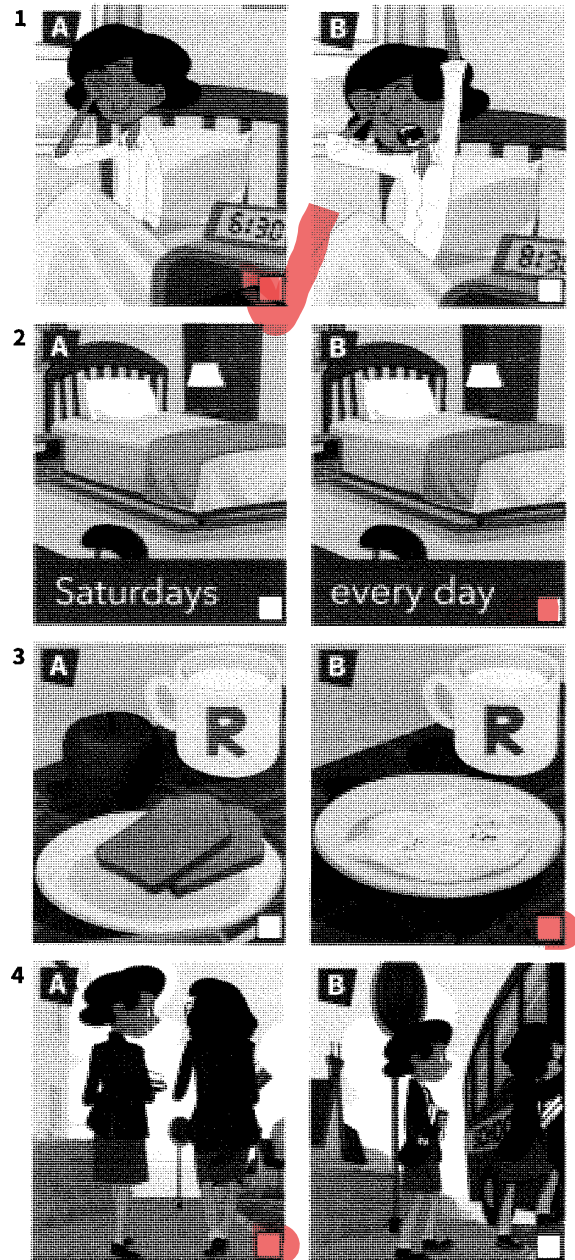
3 Listen to the conversation between Connor and Abbie. Where is Rosa from?

4 Listen again. Write Yes or No.

- 0 Rosa is 11 years old.
 1 Abbie gets up at six thirty.
 2 Connor cleans his room on Saturdays.
 3 Abbie likes eggs.
 4 Abbie walks to school.
 5 Connor catches the bus to school.

Yes
no
yes
yes
yes
yes

5 Listen again. Choose the right pictures for Rosa.



1 Complete the text with the verbs in the box.

catches cleans gets dressed
gets up goes has leaves

Holly ¹ **goes** to school in Birmingham.
She ² **gets up** at 7.20 and she
³ **has** breakfast with her mum and
dad. Then she ⁴ **cleans** her teeth and
⁵ **gets dressed**. She ⁶ **leaves** the house
at 8.20 and she ⁷ **catches** the bus to school.
Holly likes school!

2 Choose the correct word to complete the text.



Hi, I'm Pep and my dad is called Pablo. This is our morning routine. Dad ¹ **get up / gets up** at 6.15. He ² **wash / washes** his face and ³ **get dressed / gets dressed**. I **get up / gets up** at 6.30. I **have / has** breakfast with Dad at 7.00. After breakfast, Dad ⁴ **clean / cleans** his teeth. Then I **clean / cleans** my teeth! I **leave / leaves** the house at 8.30 and I **walk / walks** to school. Dad ⁵ **leave / leaves** the house at 9.00. He ⁶ **catch / catches** the bus to work. We ⁷ **like / likes** our morning routine!

3 Complete the sentences with the correct form of the verbs in the box.

catch get have
leave walk wash

- 1 I **get** up at 7.00.
- 2 I **wash** my face and get dressed.
- 3 I **have** breakfast with my mum and my brother at 7.30.
- 4 My mum and my brother **leave** the house at 8.00.
- 5 My brother **walks** to school with his friends.
- 6 My friends and I **catch** the bus to school.

4 Some sentences have mistakes in them. Write right or wrong. Correct the wrong sentences.

- 0 He get up at 6.00.
Wrong. He gets up at 6.00.
- 1 She get up at 6.30.
gets up
- 2 He has a shower at 7.00. ✓
- 3 They have breakfast at 7.30. ✓
- 4 He catch the bus to school.
catches
- 5 She walk to school.
walks
- 6 They have lunch at 12.00. ✓
- 7 They does their homework after dinner.
do
- 8 He go to bed at 10.00.
goes

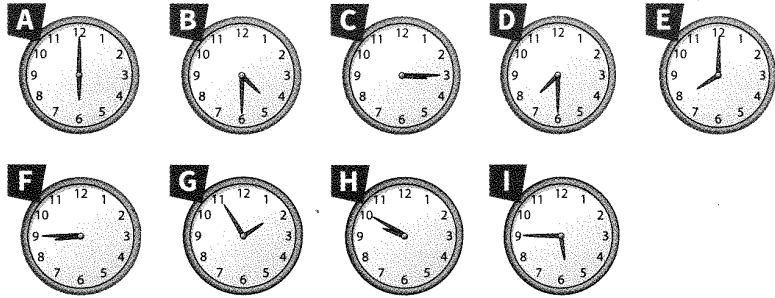


Telling the time (2)

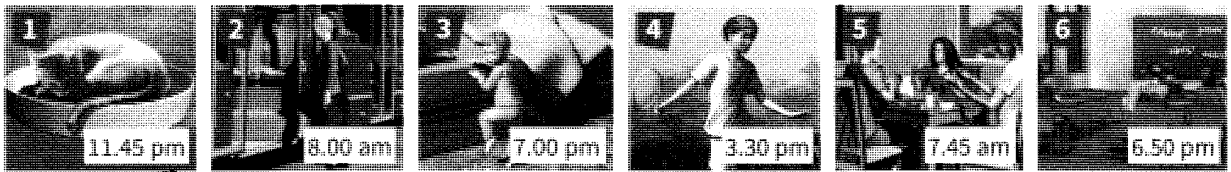
1 Match the times to the clocks.

- 0 It's half past four.
- 1 It's six o'clock.
- 2 It's quarter past three.
- 3 It's quarter to nine.
- 4 It's half past seven.
- 5 It's eight o'clock.
- 6 It's five to two.
- 7 It's ten to ten.
- 8 It's quarter to six.

B
A
C
F
D
E
G
H
I



2 Look at the pictures. Make sentences.



- 1 My cat sleeps at eight o'clock in the morning.
- 2 I catch the bus at quarter to eight in the evening.
- 3 My little brother goes to bed at seven o'clock at night.
- 4 Juan plays tennis at half past three in the afternoon.
- 5 We have breakfast at ten to seven in the evening.
- 6 My mum goes to English lessons at quarter to twelve in the morning.

3 Read the text. Who gets up first?

My family's day

Dad

Dad doesn't like the mornings. He says, 'Can't I stay in bed?' Dad works from home. He's fired in the mornings. He gets up at 7 am and has breakfast with us. In the evening, Dad makes dinner. I help him! We eat dinner at 6 pm. Dad works in the evening and goes to bed at 10 pm.

Mum

Mum gets up at half past five every morning! After that, she has a shower and gets dressed. She makes breakfast at 7 am. Mum leaves the house at 7.30 walks to school. Mum's a teacher, but she doesn't work at our school. In the evening, she reads books.

Hannah

Hannah is my sister. She's 13. She gets up at 6.30 in the morning and has a shower. Hannah catches the bus to school at 7.30. In the evening, she helps mum clean the kitchen and she talks to her friends on the internet.

Me

I'm Oscar. I'm 11. I get up fifteen minutes before breakfast. I leave the house at 7.45 in the morning. Hannah and I don't go to the same school. She catches the bus, but I walk. I like my walk to school. In the evening, I help Dad make dinner and I play board games.



4 Read the text again. Answer the questions.

- 0 Who makes dinner for the family?
Oscar's dad
- 1 What does Oscar's dad do at 10 pm?
He goes to bed at 10 pm.
- 2 Who gets up at 5.30?
oscar's mom
- 3 What does Oscar's mum do in the evening?
She reads books.
- 4 What time does Hannah get up?
She gets up at 6:30.
- 5 What does Hannah do at 7.30?
she catches the bus to school.
- 6 What does Oscar do at 7.45?
He leaves the house.
- 7 What does Oscar do in the evening?
He walks to school.

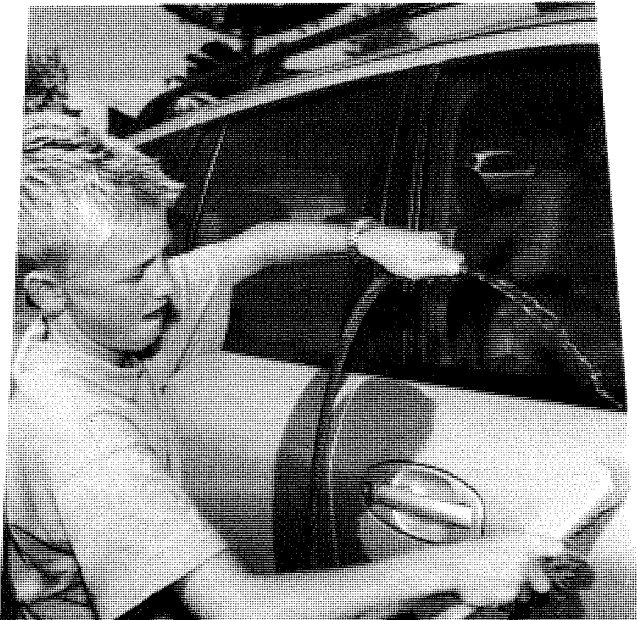
GRAMMAR

Present simple

1 Complete the sentences. Use *don't* or *doesn't*.

- I have breakfast with my mum and my sister.
I *don't have breakfast* with my dad.
- Amanda does her homework in the evening.
She *doesn't do* her homework in the morning.
- My teacher works in a school.
My teacher *doesn't work* in a park.
- I play football in the park with my friends.
I *don't play* football in my garden.
- I clean my teeth in the morning and at night.
I *don't clean* my teeth in the afternoon.
- My brother sleeps in his bed.
He *doesn't sleep* on the floor.

2 Look at what Daniel does every week. Complete the sentences.



Daniel

Monday	clean my bedroom
Tuesday	make breakfast
Wednesday	make my bed
Thursday	walk to school
Friday	wash the car
Saturday	go to bed at 10.30 pm

- He *doesn't clean* his bedroom on Friday.
- He *doesn't make* his bed on Tuesday.
- He *doesn't have* breakfast on Wednesday.
- He *doesn't catch* the bus to school on Thursday.
- He *doesn't wash* the car on Monday.
- He *doesn't go* to bed at ten o'clock on Saturday.

WRITING

1 Read about Akiki's day. Write Yes or No. Correct the wrong sentences.

AKIKI'S DAY

This is Akiki. He's 12 years old and he lives in Uganda in Africa with his sister and his parents. Their house has got two rooms. He gets up at 6 am and has breakfast at 6.30 am. At 7 am Akiki goes to school. He walks to school with his friend Kizza but some of their friends don't go to school. In the evening, Akiki does his homework and at night he is very tired.

- Akiki lives in a big house.
No. He lives in a small house.
- He lives with his family. *yes*
- Akiki gets up at six o'clock. *yes*
- He has breakfast at ~~quarter~~ past six.
at half past 6
- He goes to school at seven o'clock. *yes*
- Akiki ~~catches the bus~~ to school.
He walks to school.
- Akiki does his homework in the ~~morning~~.
In the evening.

2 Read about Caitlin's day, then write a description of her day. Use the text in Exercise 1 to help you.

Morning

- 7.00 get up
- 7.30 have breakfast
- 8.00-12.00 play the guitar with guitar teacher

Afternoon

- 12.00-1.00 have lunch
- 1.00-5.00 have music lessons
- 5.00-6.00 have dinner

Evening

- 6.00-7.00 do homework
- 7.00-9.00 talk with friends, read, watch TV
- 10.00 go to bed

Caitlin's day
