

If what I am is what's in me  
Then I'll stay strong - that's who I'll be  
And I will always be the best  
"Me" that I can be

There's only one me, I am it  
Have a dream I'll follow it  
It's up to me to try

Oh! I'm a keep my head up high (high!)  
Keep on reaching high (high!)  
Never gonna quit  
I'll be getting stronger

And nothing's gonna bring me down (no!)  
Never gonna stop, gotta go  
Because I know  
I'll keep getting stronger

And what I am is thoughtful  
What I am is musical

What I am is smart  
And what I am is brave  
What I am is helpful  
What I am is special  
There's nothing I can't achieve  
Because in myself I believe in oh

Gonna keep our heads up high (high!)  
Keep on reaching high (high!)  
Never gonna quit  
Just keep getting stronger

And nothing's gonna bring us down (no!)  
Never give it up, gotta go  
Because I know  
I'll keep getting stronger

What I am is super  
What I am is proud  
What I am is friendly

What I am is grouchy  
What you are is magical  
What you are is special  
There's nothing I can't achieve  
Because in myself I believe in oh

Gonna hold my head up high (high!)  
Keep on reaching high (high!)  
Never gonna stop  
I'll be getting stronger

Nothing's gonna bring me down (no!)  
Never give it up gotta go, oh... yeah  
I'll keep getting stronger