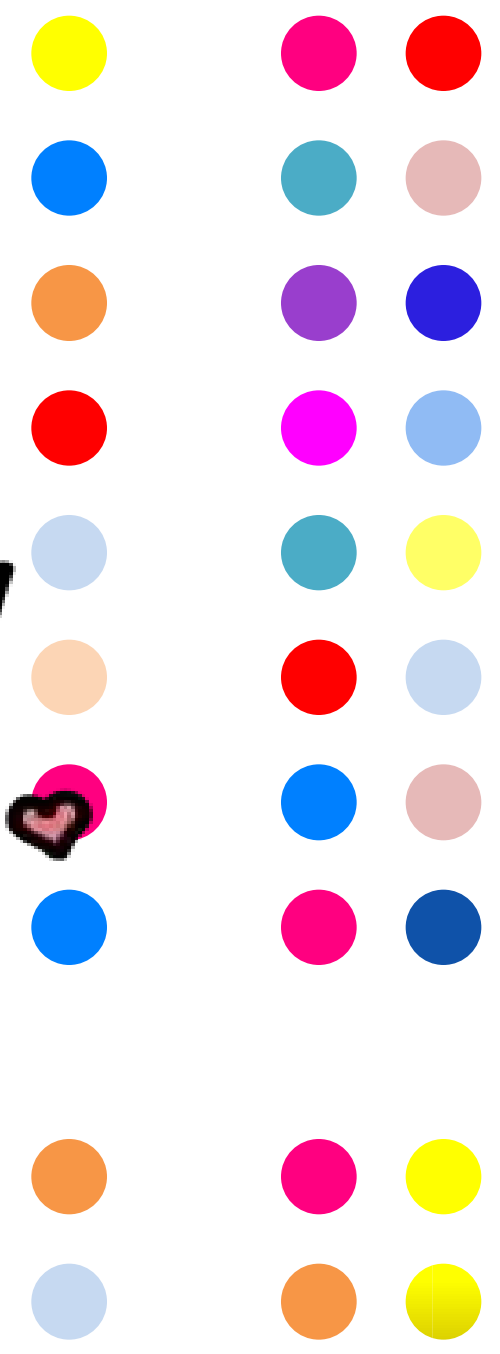
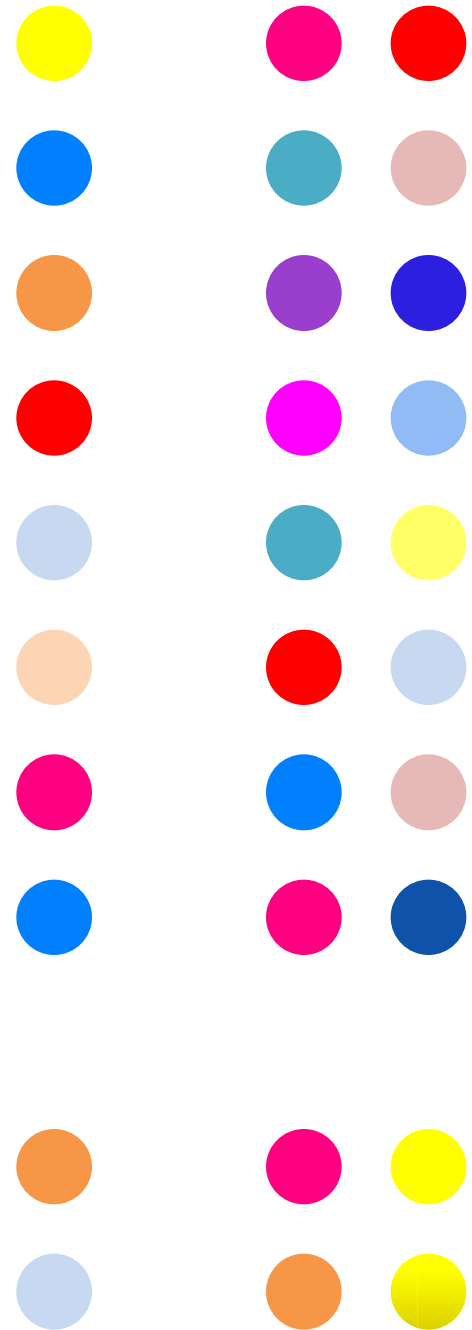


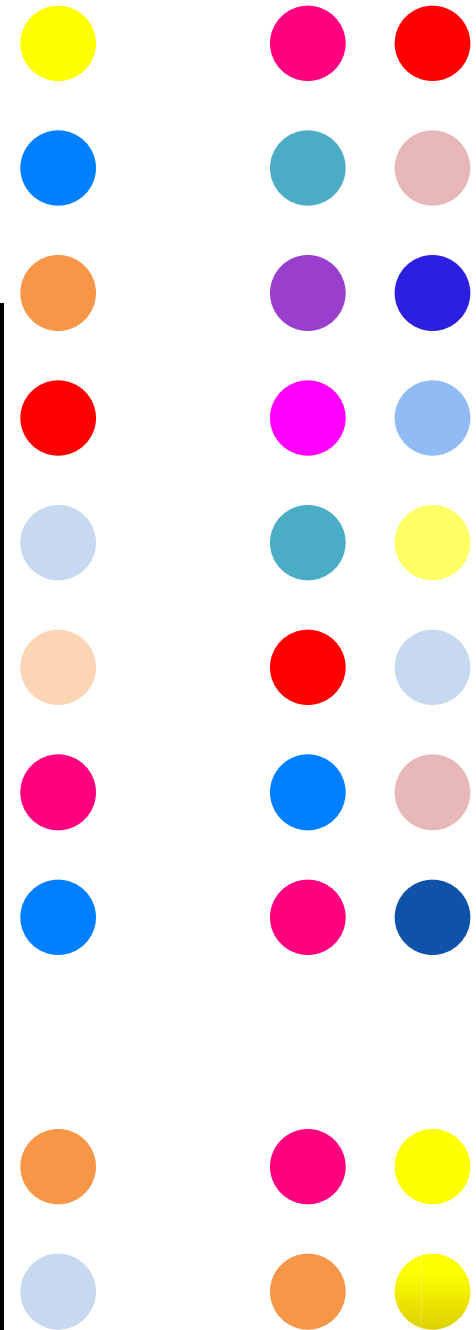
Hello



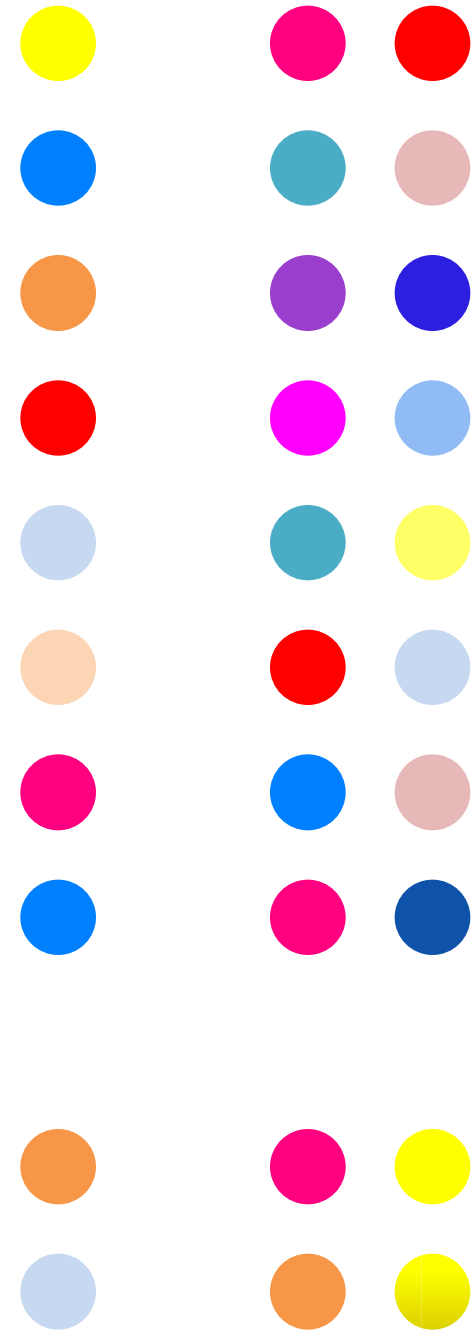
Do athletics



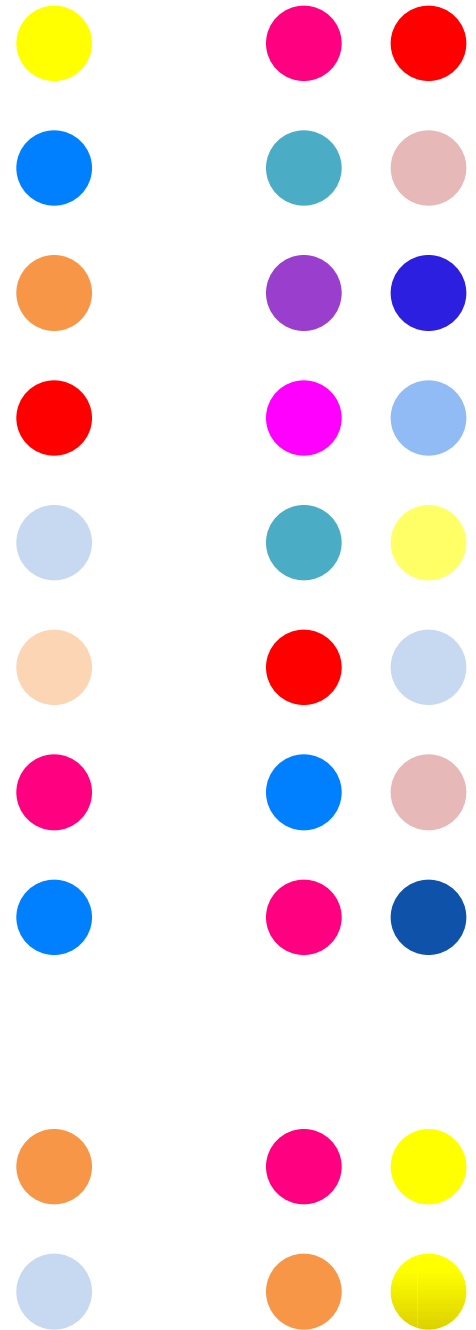
Do gymnastics



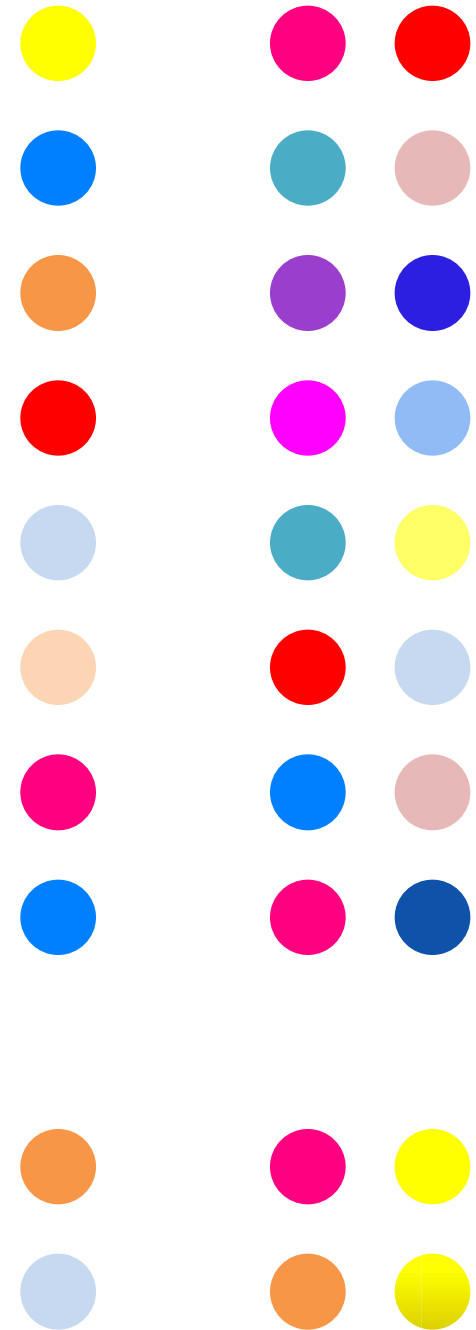
Go cycling



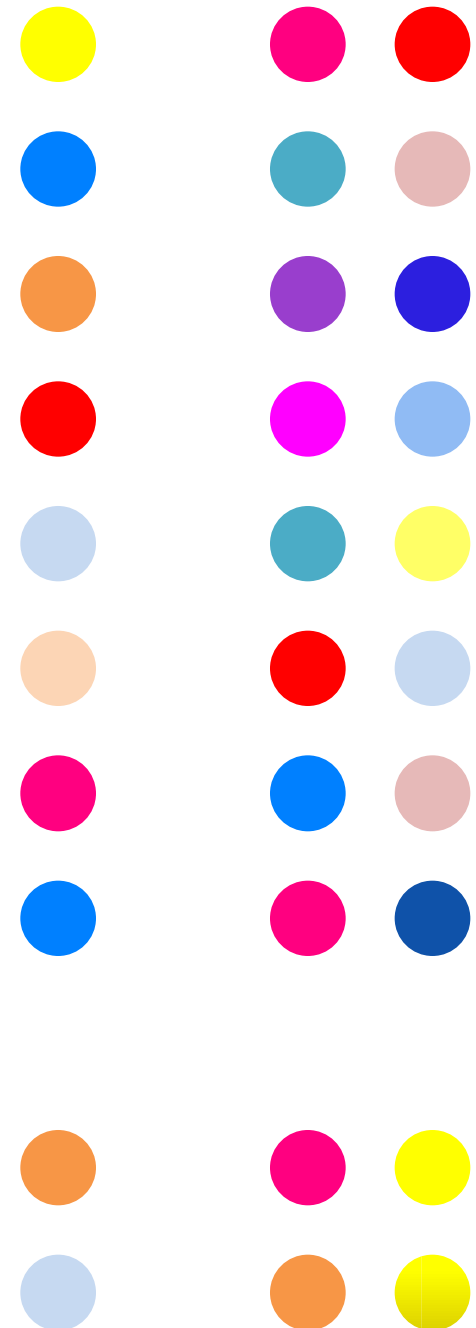
Go sailing



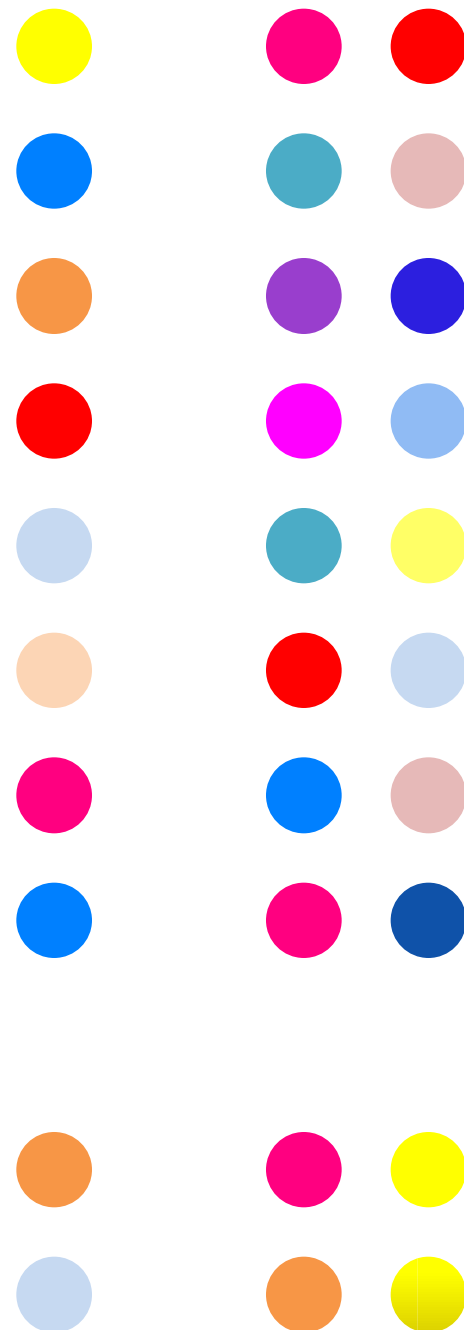
Go skating



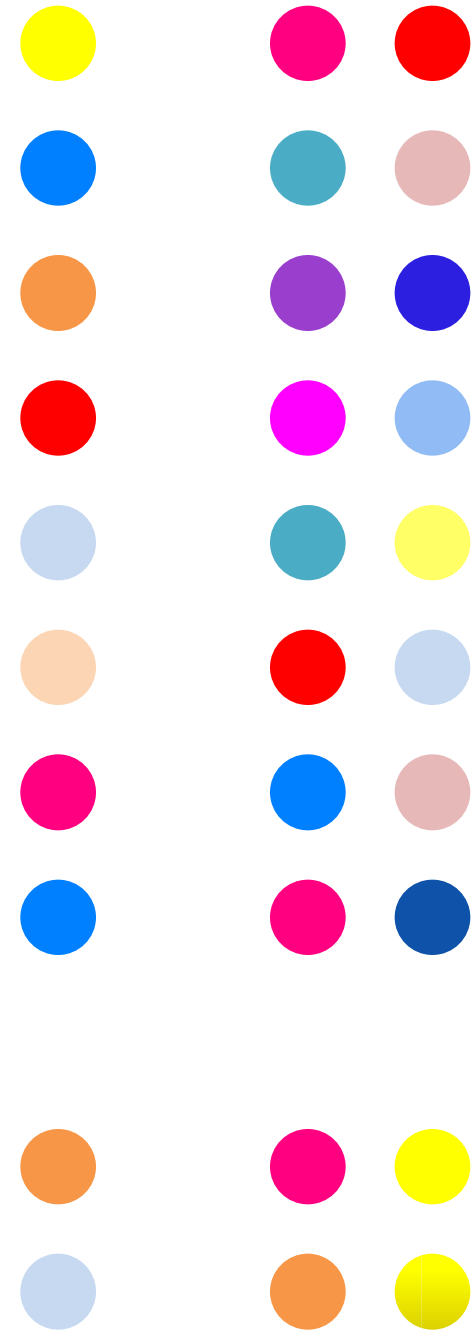
Go snowboarding



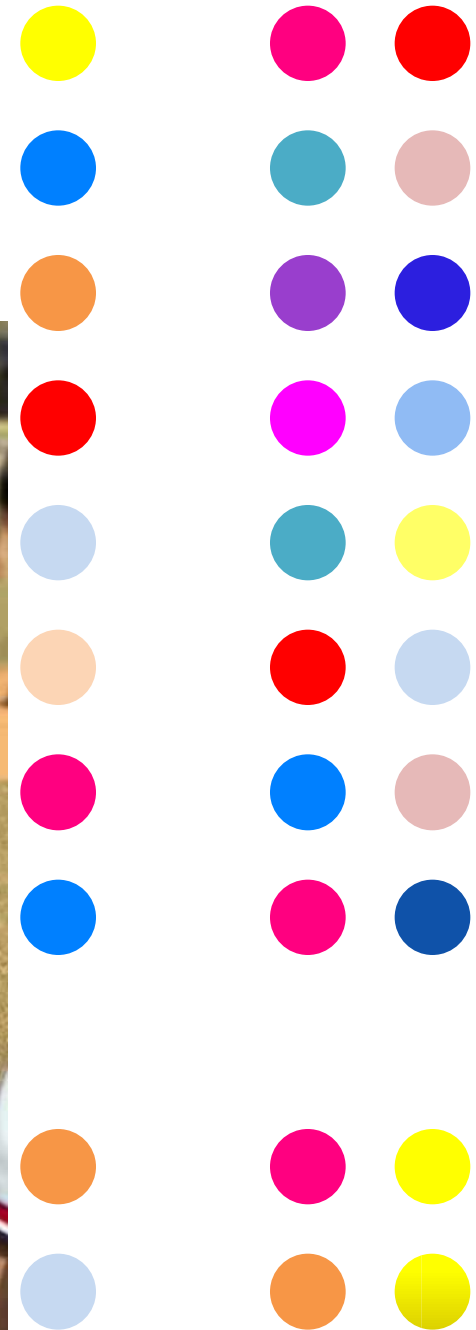
Go surfing



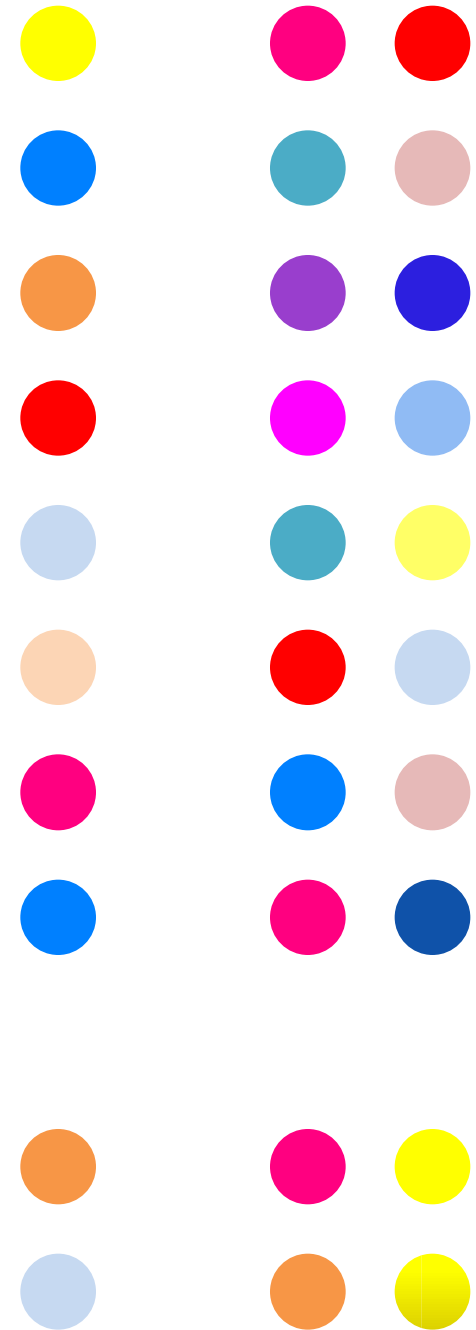
Play badminton



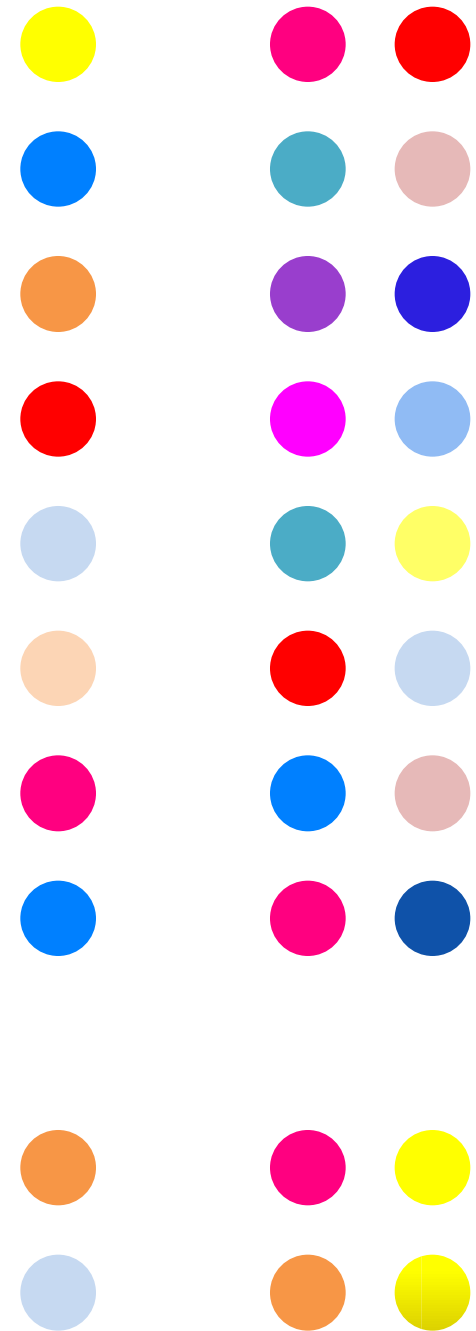
Play baseball



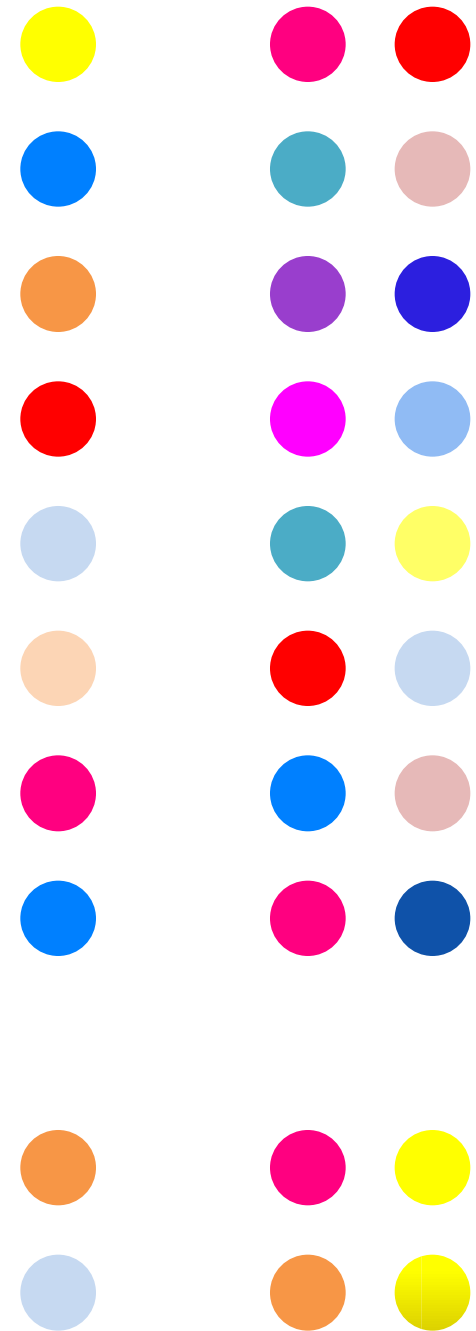
Play hockey



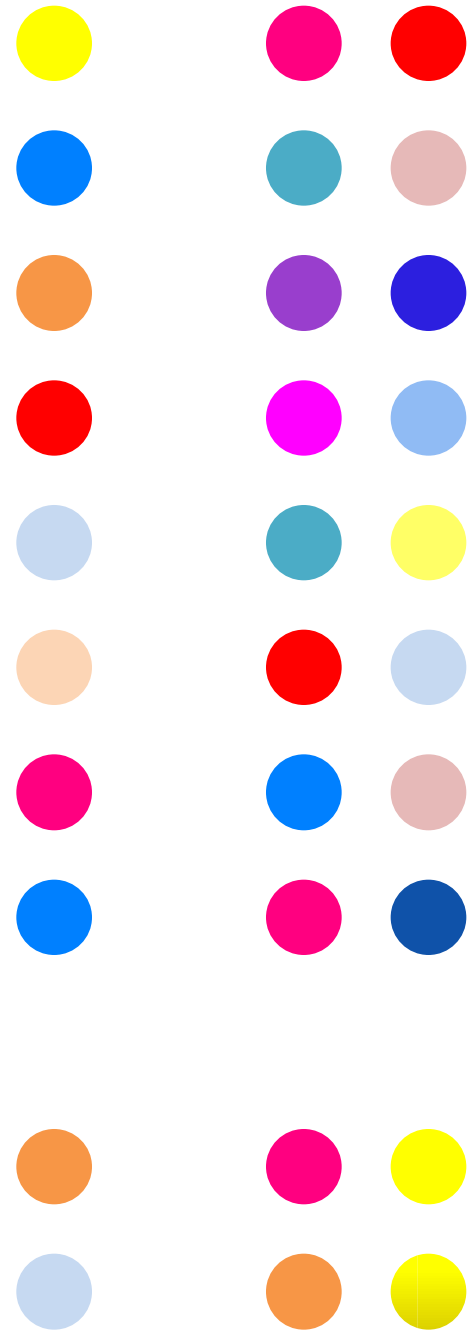
Play rugby



Play table tennis



Play volleyball



2 In pairs, ask and answer the questions.

- 1 Which of the sports do you do in teams (a group of people)? Which do you do alone (just one person)?
- 2 Which of the sports can you do both in teams and alone?
- 3 Which of these sports do *you* do?
- 4 Do you prefer team sports or sports you do alone? Why?





PRONUNCIATION

/eɪ/ and /aɪ/

3 Put the words into the correct column.

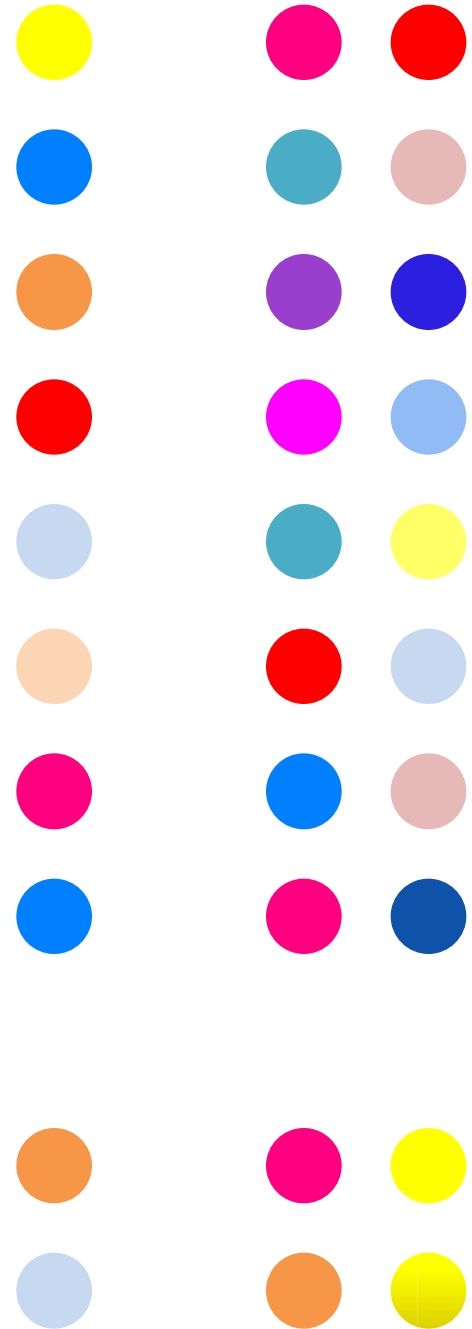
base <u>b</u> all	b <u>i</u> ke	fl <u>y</u>	pl <u>a</u> y
rid <u>i</u> ng	sk <u>a</u> ting		

/eɪ/ sail <u>i</u> ng	/aɪ/ cycl <u>a</u> ng



09

Listen and check. Then repeat.



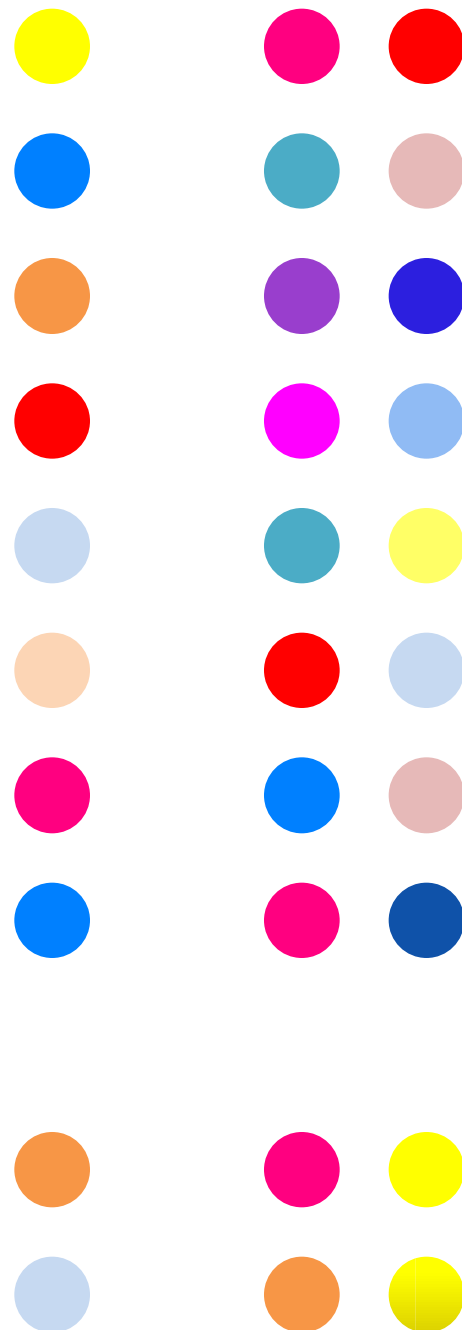
TEENBLOG: SPORT

Post about you and your sport here.

It's fun!

My sport is ... rugby! That's me in the photo. People think that rugby is for boys, but that's not true. More than 18,000 women and girls play rugby in England. My team always plays a match on Saturday or Sunday, and I usually go to practice games three times a week. It's hard work, but it's never boring! I'm 14 and I play for the U15s. That's the team for players under the age of 15. When I'm older, I want to go to the rugby summer camp at Loughborough University. My favourite player, Fran Matthews, went there and now she plays for the England national rugby team.

Posted by **Sophie White**



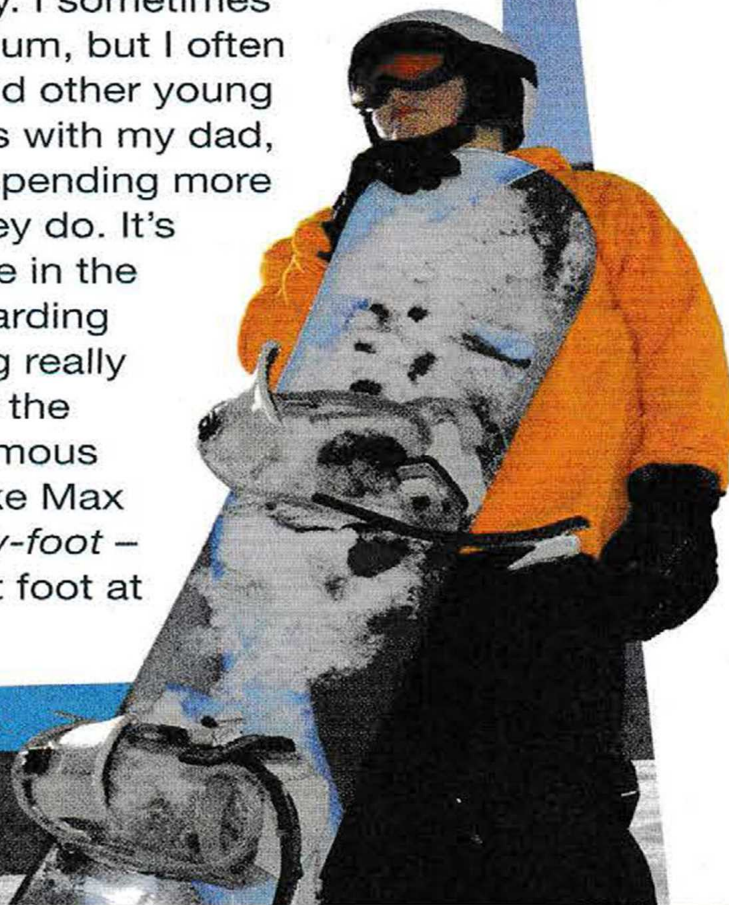
Goofy-foot or regular?

I love the snow and the mountains. I feel at home there. I live in a city and there's no snow here, but in the holidays, I always go to the mountains with my family. I sometimes go snowboarding with Mum, but I often go with my little sister and other young people. Mum usually skis with my dad, and my sister and I like spending more time in the snow than they do. It's usually quiet. When we're in the mountains, I go snowboarding every day and I'm getting really good. I often think about the future – I want to be a famous snowboarder one day, like Max Parrot. Oh, and I'm *goofy-foot* – that means I put my right foot at the front of the board.

Posted by **Ben James**



10



4 Read Sophie's and Ben's blogs. Who does their sport every week? Who can't do their sport where they live?

5 Read about Sophie and Ben again and answer the questions.

- 1** How many women and girls do Sophie's sport?
- 2** What does Sophie do at the weekend?
- 3** What does Sophie want to do at Loughborough University?
- 4** Where does Ben prefer to be?
- 5** Why does Ben go snowboarding every day?
- 6** Ben says he's 'goofy-foot'. What does 'goofy-foot' mean?



4. Sophie does her sport every week . Ben cant go snowboarding in the city.

1. More than 18,000 women and girls (play rugby).

2. She plays a rugby match .

3. She wants to go to a rugby summer camp.

4. He prefers to be in the mountains. (He feels at home there.)

5. He's good at snowboarding and wants to become a famous snowboarder.

6. 'Goofy-foot' means Ben 's right foot is in front on the board.



Thanks

