




WELCOME



We use:

- the **present simple** to talk about things we do often or every day. We often use it with frequency adverbs such as *often, usually always and never*.

We often eat salad in the summer.

- the **present continuous** to talk about things we're doing now or at the moment. We often use it with words such as *now, at the moment and today*.

I'm preparing my school bag at the moment.

1 Write complete sentences in the present continuous.

0 My brother / make sandwiches at the moment.

My brother's making sandwiches at the moment.

1 We / serve dinner now.

2 I / not going to school this morning.

3 What / you make?

4 My friends / not go cycling at the moment.

5 your best friend / sit next to you?

2 Choose the correct words to complete the sentences.

- 1 We *never eat* / *'re never eating* dinner at a restaurant.
- 2 I *go* / *'m going* swimming after school every day.
- 3 Shh! My baby brother *sleeps* / *'s sleeping* at the moment.
- 4 What *do you usually have* / *are you usually having* for breakfast?
- 5 Are you *watch* / *watching* TV now? No, *I'm not* / *it isn't*.
- 6 My mum *doesn't work* / *isn't working* today. She's on holiday.
- 7 We *always go* / *are always going* to school by bus.

3 Complete the sentences so they are true for you.

1 For breakfast, I often

2 My friends and I sometimes
..... after school.

3 At the moment, my best friend

4 I'm
..... and shoes today.

5 On Friday afternoon, I usually

6 I now.

1 Complete the sentences with the present simple form of the verbs in the box.

go not go not play
play study watch

- 1** I basketball in a team.
- 2** My teacher sailing when the weather is bad.
- 3** My brother TV after dinner every day.
- 4** your mum running before work?
- 5** My friends and I rugby at the weekend. We prefer football.
- 6** My best friend always hard before an exam.

2 Rewrite the sentences with the adverb of frequency in brackets in the correct place.

0 I'm late for school. (always)

I'm always late for school.

1 We play badminton. (never)

2 My dad doesn't go running. (often)

3 My friends and I go cycling. (sometimes)

4 We aren't bored in our sports lesson. (usually)

5 Are you tired in the morning? (often)

3 Put the words in order to make questions. Then write answers that are true for you.

0 play / you / table tennis / how often / do / ?

How often do you play table tennis?

I sometimes play table tennis.

1 you and your friends / go / often / sailing / do / ?

2 you / sometimes / bored / are / at home / ?

3 dinner / how often / cook / you / do / ?

4 your best friend / how often / watch / does / TV / ?

5 sometimes / do / you / go / alone / running / ?



Good

luck