

The elderly





CELEBRATING

World Day

FOR GRANDPARENTS & ELDERLY

1 October



**How can the
elderly stay
active?**

Can or can't

They can paint!

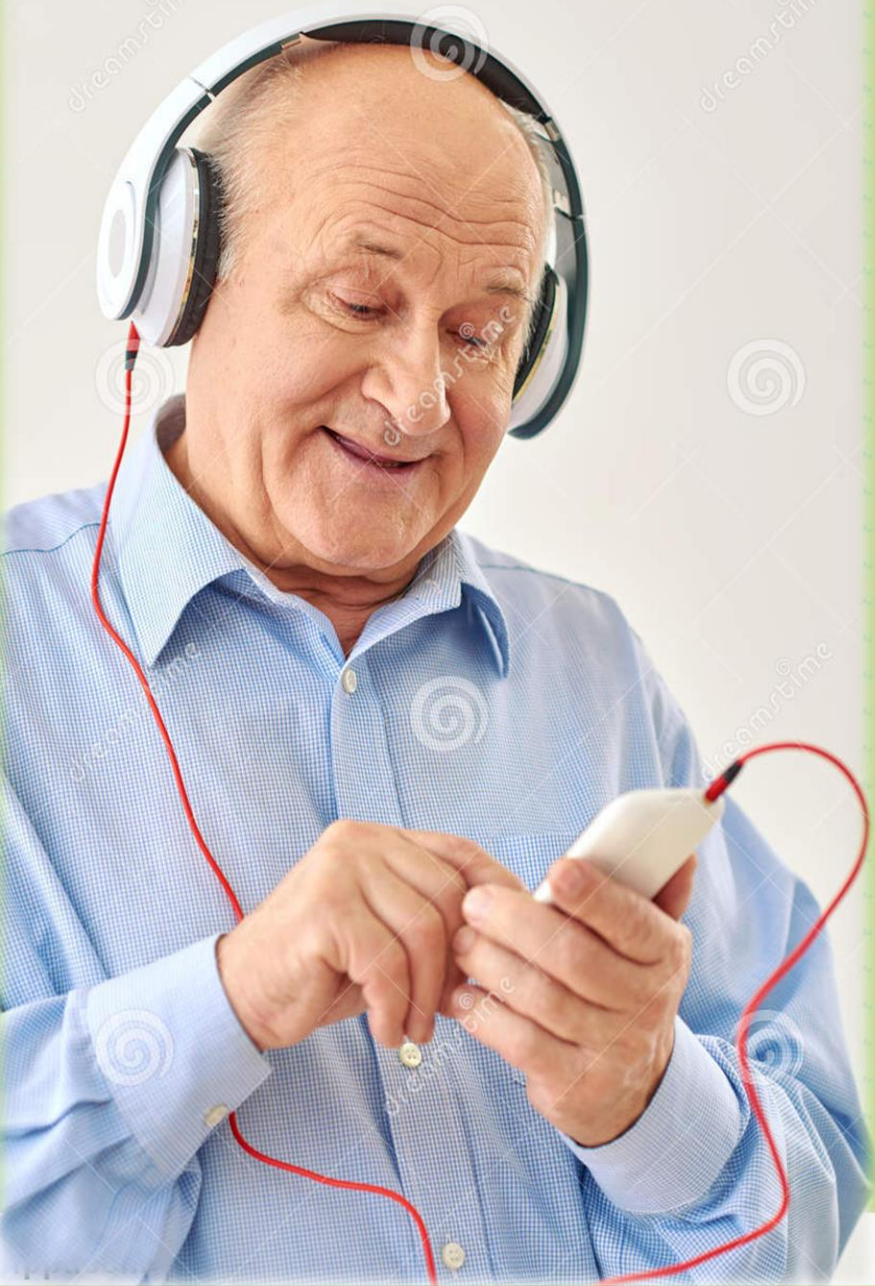


Alavi

They can play games.



Alavi



They can
listen to
podcasts.



Alavi

**WHAT
ELSE?**