

**Alavi**

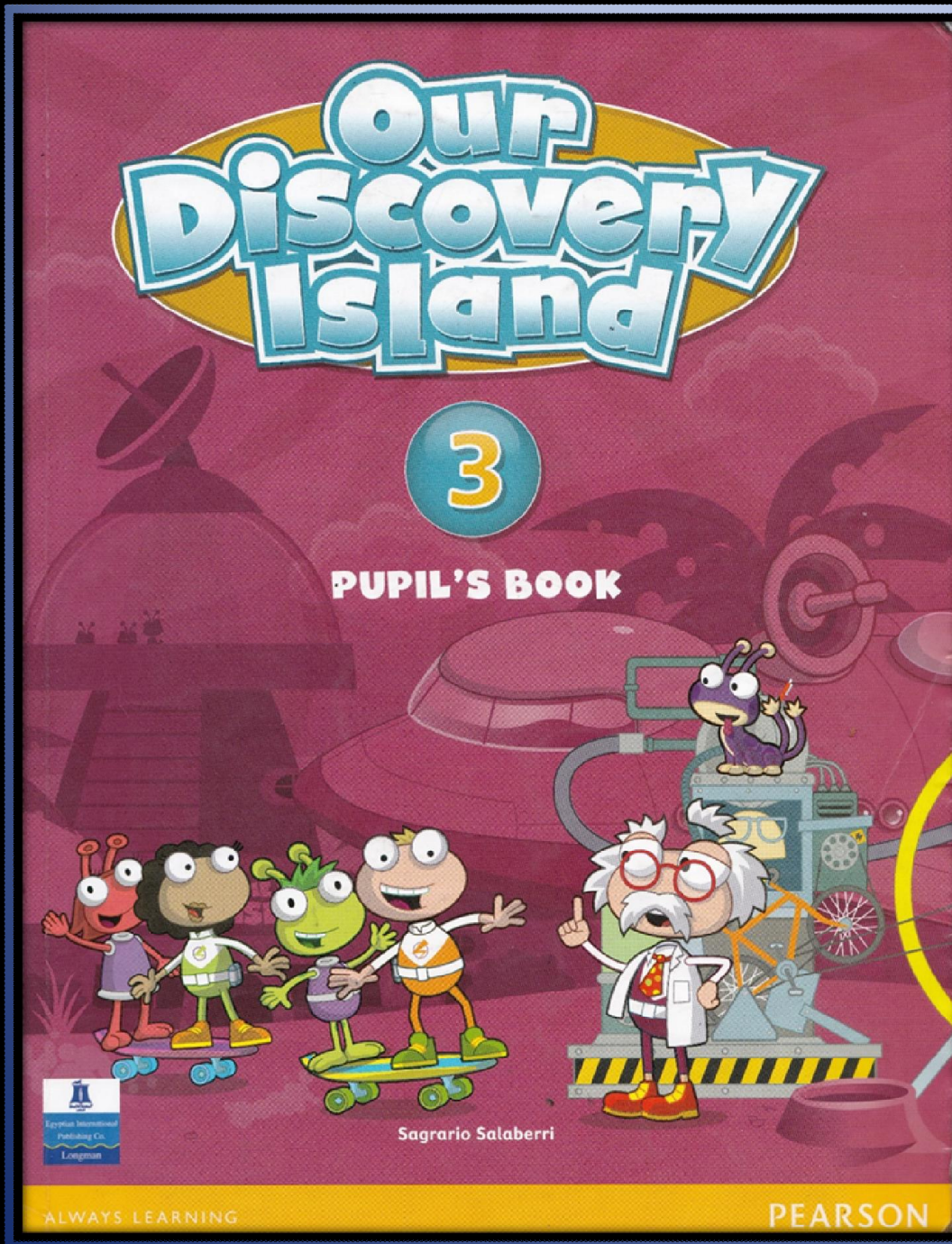
# ODI 3

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Alavi Primary Schools

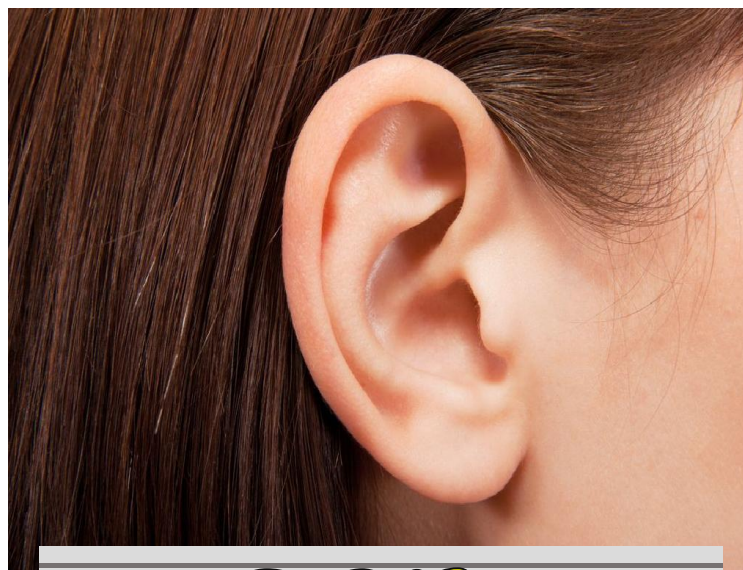
(Emamat Branch)

Department Of English





tear



ear



chair

2020

JANUARY	FEBRUARY	MARCH	APRIL
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SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
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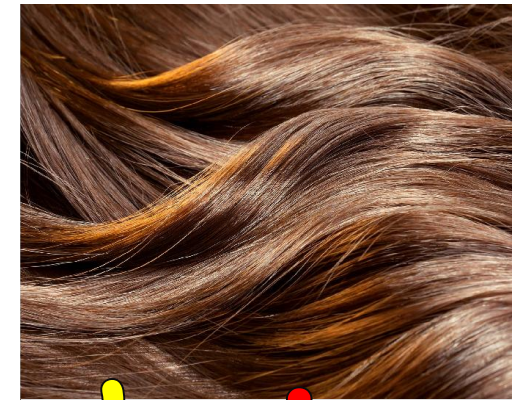
year



sea



meat

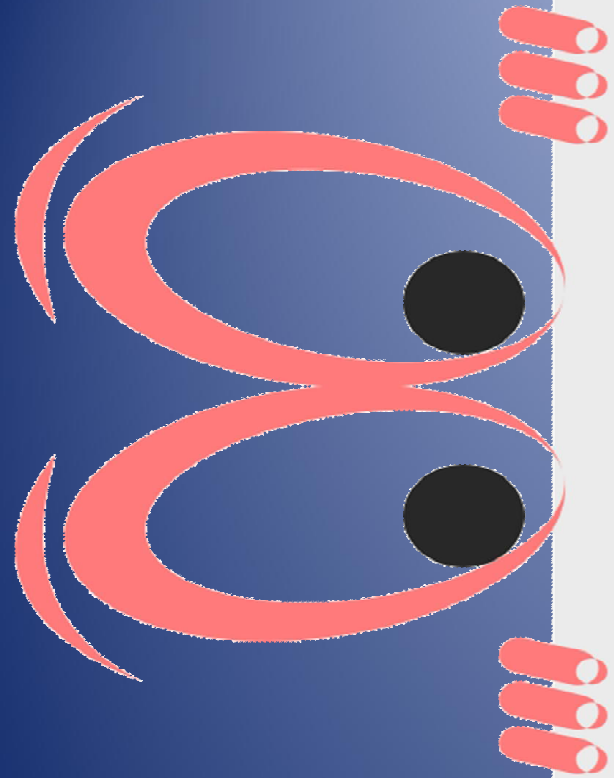


hair

1. Warm-up? Food pyramid video

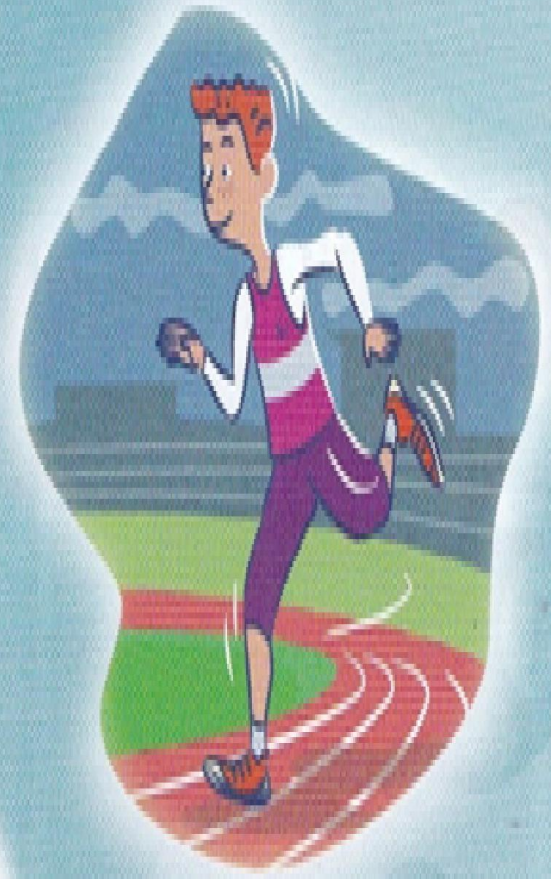
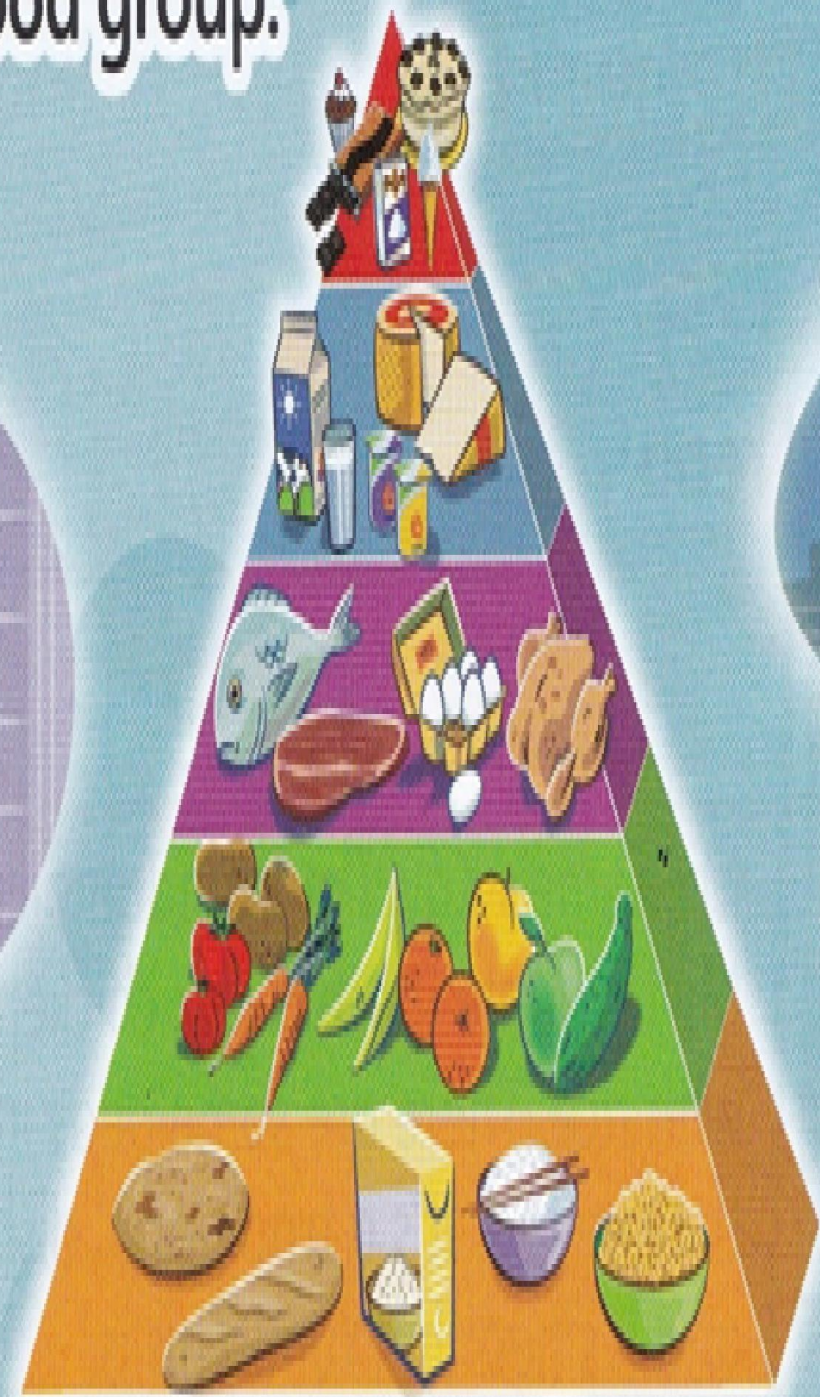


food pyramid



What can you see?

unhealthy food group.



SCIENCE

# Food Groups

cereals



protein



fats and  
sugars



fruit and vegetables



dairy



food groups



fats and sugar





dairy



protein



fruit and vegetables





1



2



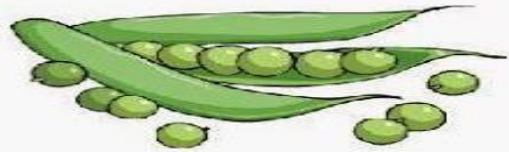
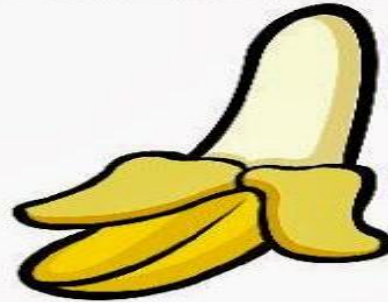
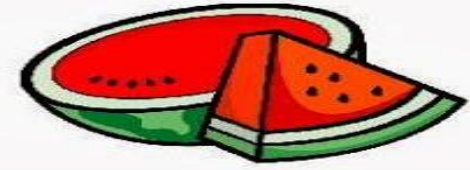
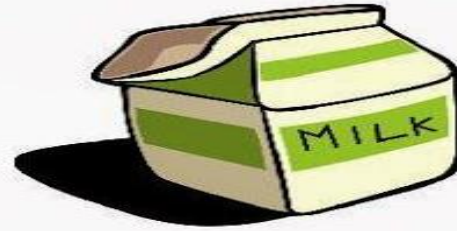
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4



healthy food



unhealthy food







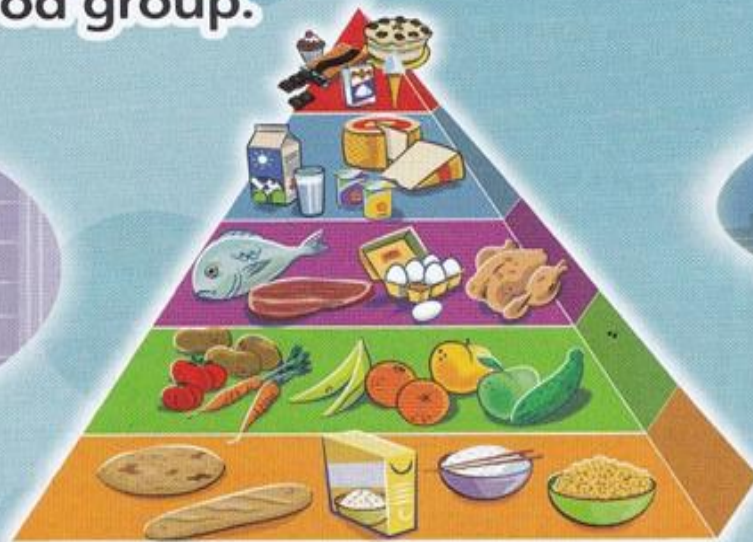
19



Listen and read. Then find the unhealthy food group.

**GLIL**  
**SCIENCE**

1



FATS AND  
SUGARS

DAIRY

PROTEIN

FRUIT AND  
VEGETABLES

CEREALS

Look at the food groups. There is some bread, rice and pasta in the orange group. There is some sugar and ice cream in the red group. The red group is unhealthy. In the blue group there is some cheese, milk and yoghurt.

There is some meat and fish in the purple group. Look at the green group. There are some oranges and carrots. Is there any fruit you like? Are there any vegetables you like? They are very healthy.

**Fats and sugars**

cakes, chocolate, ice cream

**Dairy**

milk, cheese, yoghurt

**Protein**

meat, fish, eggs, chicken

**Fruit and vegetables**

plums, strawberries, peaches, avocados,  
beans, peas, tomatoes, carrots

**Cereals**

bread, rice, pasta

**THINK!**

Are tomatoes fruit or  
vegetables?

20

**Say the word. Find the food group.**

**Practice  
time!**

20 Say the word. Find the food group.

vegetables?

Avocados.

Fruit and vegetables!

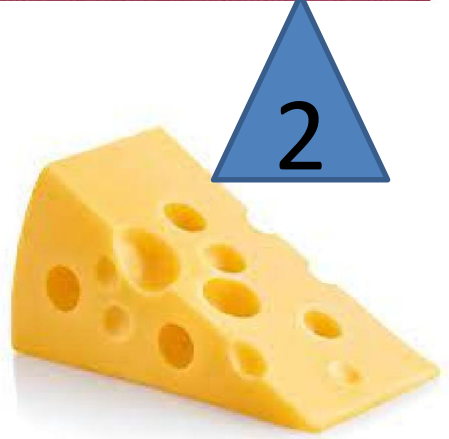
MINI-PROJECT Do a group food survey.

Lesson 8 Science (Food pyramid)

AB p.15



1



2



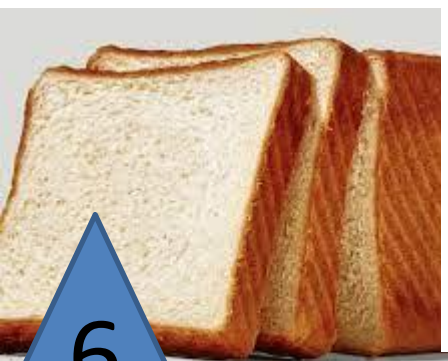
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6



7



8



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10

