

Alavi

K

A

B₁

D

C

B₂



Alavi



A ✓

B₁

B₂

C

D

K

Carrots are a good source of vitamin. A

Alavi



A

B₁ ✓

B₂

C

D

K

Pineapples are a good source of vitamin-B1

Alavi



A



B₁

B₂

C

D

K

Bananas are a good source of vitamin A

Alavi



A

B₁

B₂

C ✓

D

K

Strawberries are a good source of vitamin C

Alavi



A

B₁

B₂

C ✓

D

K

Oranges are a good source of vitamin C

Alavi



A

B₁

B₂

C

D ✓

K

Mushrooms are a good source of vitamin D

Alavi



A

B₁

B₂

C ✓

D

K

Apples are a good source of vitamins C and B2.

Alavi



A

B₁

B₂

C

D

K



Broccoli is a good source of vitamin K.

Alavi



A

B₁

B₂

C ✓

D

K

Kiwis are a good source of _____ vitamin C.

Alavi



A

B₁

B₂ ✓

C

D

K

**A bunch of grapes is a good source of
_____ vitamin B₂**