



# P 63 Ms. Asgari



#### Let's review



#### Please make sentences with these words.









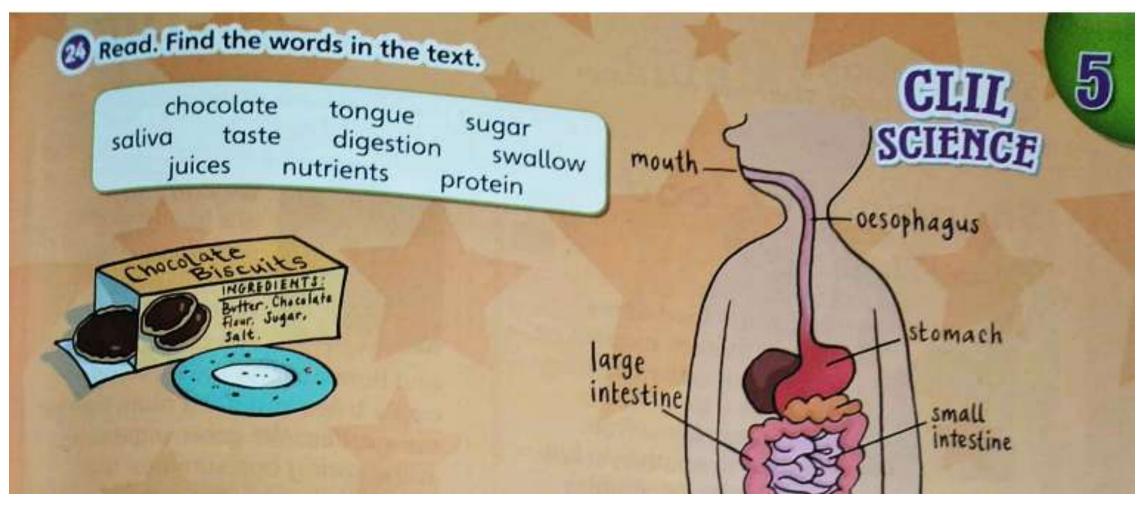
happy

tickle

jungle

rainy

#### What do we want to talk about? Look at the picture below. Let's read our new words(on next slides).





## chocolate



# tongue



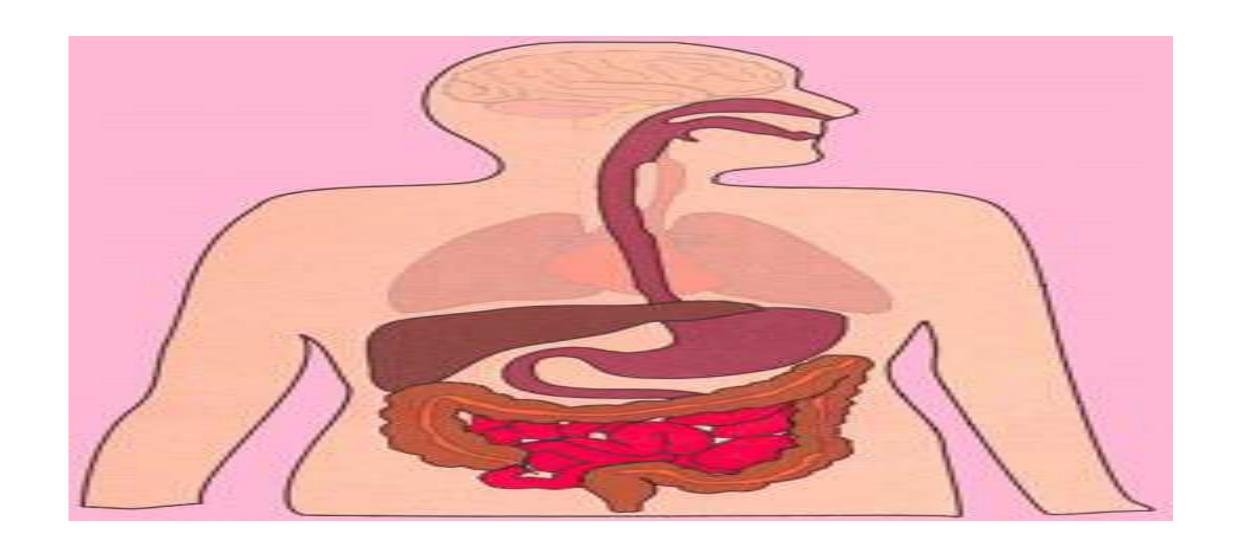
### Sugar



## salivia



taste



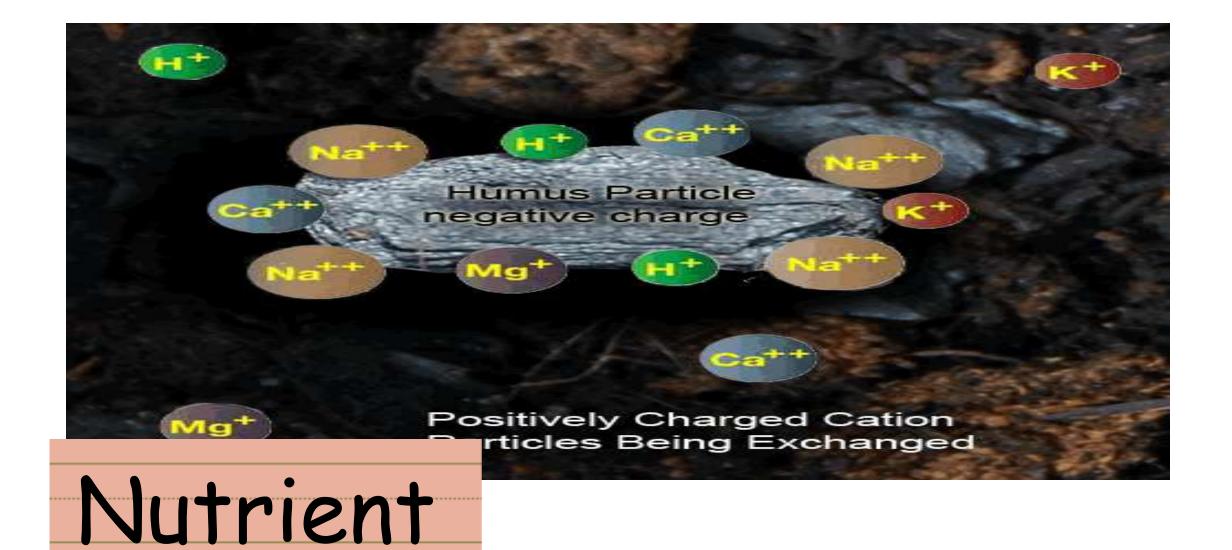
## digestion



## Swallow



## drink





### protein

### let's skim read (2 MINUTES).

#### Your digestion

When you eat a snack, like a chocolate biscuit, your body starts a process called digestion. Many parts of your body help with digestion.

When you smell and taste food, your mouth produces a liquid, called saliva. The saliva makes the food softer and easier to swallow. Your tongue pushes the food around your mouth. You also taste the food with your tongue.

Next, the food goes down the **oesophagus** to your **stomach**. Your stomach holds the food and produces special stomach juices.

Your stomach muscles mix the food with these juices to make digestion easier.

Then the food travels to your small intestine. Your body produces liquids to break down the food into nutrients, like sugar, protein and fat. Then your small intestine absorbs these nutrients into your body. Finally, the food goes to your large intestine.

Remember to eat healthy food, like fruit and vegetables. They contain lots of good nutrients for your body. Don't forget to drink water, too. It's necessary for good digestion.

### After skimming, it is time to do activity 25.

#### Match the sentence halves.

- 1 Your tongue moves food
- 2 Your mouth produces saliva to
- 3 Your stomach muscles
- 4 Your small intestine

- a make food easier to swallow.
- b around your mouth and lets you taste it.
- c absorbs nutrients into your body.
- d mix the food with stomach juices.

#### Talk to your partner.

- 1 What are your favourite foods? Why do you like them?
- 2 What happens in your mouth when you smell and taste food?
- 3 Why should you eat healthy food, like fruit and vegetables?

### Let's read it aloud. Then do activity 26.

#### Your digestion

When you eat a snack, like a chocolate biscuit, your body starts a process called digestion. Many parts of your body help with digestion.

When you smell and taste food, your mouth produces a liquid, called saliva. The saliva makes the food softer and easier to swallow. Your tongue pushes the food around your mouth. You also taste the food with your tongue.

Next, the food goes down the **oesophagus** to your **stomach**. Your stomach holds the food and produces special stomach juices.

Your stomach muscles mix the food with these juices to make digestion easier.

Then the food travels to your small intestine. Your body produces liquids to break down the food into nutrients, like sugar, protein and fat. Then your small intestine absorbs these nutrients into your body. Finally, the food goes to your large intestine.

Remember to eat healthy food, like fruit and vegetables. They contain lots of good nutrients for your body. Don't forget to drink water, too. It's necessary for good digestion.

### Can you tell me the summary?

#### Your digestion

When you eat a snack, like a chocolate biscuit, your body starts a process called digestion. Many parts of your body help with digestion.

When you smell and taste food, your mouth produces a liquid, called saliva. The saliva makes the food softer and easier to swallow. Your tongue pushes the food around your mouth. You also taste the food with your tongue.

Next, the food goes down the **oesophagus** to your **stomach**. Your stomach holds the food and produces special stomach juices.

Your stomach muscles mix the food with these juices to make digestion easier.

Then the food travels to your small intestine. Your body produces liquids to break down the food into nutrients, like sugar, protein and fat. Then your small intestine absorbs these nutrients into your body. Finally, the food goes to your large intestine.

Remember to eat healthy food, like fruit and vegetables. They contain lots of good nutrients for your body. Don't forget to drink water, too. It's necessary for good digestion.

### Bye everyone.

