

1 Read. Then complete using the past simple or the past continuous. Circle *while* or *when*.

1 **While** / When John was playing (play) football, he \_\_\_\_\_  
(step) on his friend's foot.

2 I \_\_\_\_\_ (stand) at the bus stop **while** / **when** I \_\_\_\_\_  
(see) my friend.

3 Our friends \_\_\_\_\_ (not wait) outside the station **while** / **when** we  
\_\_\_\_\_ (get) there.

4 **While** / **When** Amy \_\_\_\_\_ (do) her homework, her best friend  
\_\_\_\_\_ (send) her a message.

5 **While** / **When** we \_\_\_\_\_ (open) the door, it \_\_\_\_\_ (rain).

6 Tom \_\_\_\_\_ (watch) a film **while** / **when** his mum \_\_\_\_\_  
(phone) him.