

**Equality is:**

- understanding that everyone is different but that we are all people.
- knowing that everyone has the right to be treated fairly.
- treating others with respect.



Discrimination means to treat a person or a group of people unfairly, especially because of their differences, such as **race, religion, age, disability or gender.**





# What Is Discrimination?

There are similarities and differences between each and every one of us and that is what makes the world an exciting place.



“When I see you through my eyes, I think that we are different.  
When I see you through my heart, I know we are the same.”

# What Does Discrimination Look Like?

Discrimination can take many forms. What might it look like?



Speaking unkindly about someone's skin colour, language, lifestyle, religion or disability.



Leaving someone out of a group or game because of who they are.



Picking people to play with because of what they look like or where they come from, not because of who they are inside.

