

Unit 5

1 Look and say True or False.

- 1 The girl is interviewing her friend.
- 2 The friend never brushes her teeth.
- 3 The friend is tired when she goes to bed.
- 4 The girls are angry.
- 5 The friend is talking about her daily routine.



2 Look and read.

Lucy: Hello! Can I ask you **a few questions** about your **daily routine**, please? Do you brush your teeth every morning?

Tina: Yes, I do. And every evening before I go to bed.

Lucy: That's good. And you shouldn't **eat too many sweets** because they aren't good for your teeth. How often do you **tidy** your bedroom?

Tina: I usually tidy my bedroom **three times a week**. And I sometimes help my mum tidy the living room, too.

Lucy: Do you usually arrive at school on time?

Tina: Yes, I always **arrive on time**. I'm never late for school.

Lucy: Good. And what time do you go to bed every evening?

Tina: **Half past nine**, but if I feel tired, I sometimes go to bed earlier.

Lucy: You should **go to bed earlier** on **school nights** so that you **feel full of energy** in the morning.

Tina: Yes, you're right.

Lucy: Thank you for answering my questions, Tina. Bye!



3 Read and choose the best answer.

- 1 You mustn't ... **a** tidy your bedroom **b** wash your face **c** be late for school
- 2 Tina should ... **a** go to bed earlier on school nights **b** eat more sweets **c** help her mum more
- 3 Tina brushes her teeth ... **a** once a week **b** twice a day **c** sometimes
- 4 Tina arrives at school on time ... **a** never **b** always **c** usually

4 Choose the best title for the conversation.

 1 My Daily Routine 2 My School Rules 3 Helping At Home

5 Find these words or phrases in the conversation. Explain their meaning.

1 **too many** 2 **full of energy**