

**7** Look, read and circle. Then ask and answer.

**LOOK!**


Can you wave your arms?	Yes, I can.
Can he run?	Yes, he can. No, he can't.
Stamp your feet! Clap your hands!	

Can he jump?

Yes, he can.


**1** Can you jump?

Yes, I can.  
No, I can't.



**2** Can you run?

Yes, I can.  
No, I can't.



**8** Write (✓) or (X) for you. Then ask a friend.

	run	jump	hop	skip	swim
Me					
My friend					

**9** Write about yourself. Then ask a friend.

I can \_\_\_\_\_ . I can't \_\_\_\_\_ .

My friend can \_\_\_\_\_ .

He/She can't \_\_\_\_\_ .

10  Listen and read.

**READING**

Name: Jamie

Age: 12

Sport: basketball



My name's Jamie. I'm a basketball player! I exercise every day. I can run fast. I can jump too. It's fun. I play basketball a lot, but I can't play football.

11 Read again. Tick (✓) the sentences that are true.

- 1 Jamie can run.
- 2 Jamie can't jump.
- 3 Jamie can't play basketball.
- 4 Jamie can play football.

**VALUES**  
 Exercise regularly.

**HOME-SCHOOL LINK**

Draw a picture of yourself doing exercise. Show it to your family.

