

4 Move your body

VOCABULARY

GRAMMAR

LOOK!

I can wave my arms.	I can't touch my toes.
He can wave his arms.	He can't touch his toes.
She can wave her arms.	She can't touch her toes.

my, your, her, his, our, their

1 Listen and point.



nod your head

wave your arms

move your legs

stamp your feet

clap your hands

touch your nose

stretch your arms

2 Listen and repeat.

3 Listen and play. Then listen and chant.

I can wave my arms.
I can move my legs.
I can stamp my feet.
I can clap my hands.
But I can't touch my toes!

He can wave his arms.
He can move his legs.
He can stamp his feet.
He can clap his hands.
But he can't touch his toes!

4 Listen and number. Then say.



I can nod my head.

You're number 2!

Look for milk today.
An egg, a blanket, a torch,
a book and milk!
Look for milk today!



5 Listen and repeat.



6 Listen and circle. Then sing.

Happy Birthday!

It's my birthday!
Hip hip hurray! Happy birthday!
Clap, clap, clap. / Hop, hop, hop.

I'm six today!

It's my birthday!
Hip hip hurray! Happy birthday!
Run, run, run. / Stamp, stamp, stamp.

I'm seven today!

It's my birthday!
Hip hip hurray! Happy birthday!
Jump, jump, jump. / Skip, skip, skip.

I'm eight today.

Happy birthday!
Happy birthday!

SONG

VOCABULARY

GRAMMAR

7 Look, read and circle. Then ask and answer.

LOOK!

Can you wave your arms? Yes, I can.

Can he run?

Yes, he can.
No, he can't.

Stamp your feet! Clap your hands!

Can he jump?

Yes, he can.

1 Can you jump?

Yes, I can.

No, I can't.



2 Can you run?

Yes, I can.

No, I can't.



8 Write (✓) or (X) for you. Then ask a friend.

	run	jump	hop	skip	swim
Me					
My friend					

9 Write about yourself. Then ask a friend.

I can _____ . I can't _____ .

My friend can _____ .

He/She can't _____ .