

10  Listen and read.

**READING**

Name: Jamie

Age: 12

Sport: basketball




My name's Jamie. I'm a basketball player! I exercise every day. I can run fast. I can jump too. It's fun. I play basketball a lot, but I can't play football.

11 Read again. Tick (✓) the sentences that are true.

- 1 Jamie can run.
- 2 Jamie can't jump.
- 3 Jamie can't play basketball.
- 4 Jamie can play football.

**VALUES**

 Exercise regularly.

**HOME-SCHOOL LINK**

Draw a picture of yourself doing exercise. Show it to your family.



7 Read. Complete the sentences.



Name: Dan

Age: 15

Sport: football

My name's Dan. I'm a football player. I exercise every day. I can run. I can hop and skip too. It's fun! I play football a lot, but I can't swim.

His name's \_\_\_\_\_.

He's a \_\_\_\_\_ player.

He can \_\_\_\_\_. He \_\_\_\_\_ hop and skip too.

He can't \_\_\_\_\_.

8 Exercise or not exercise? Write (✓) or (X).

