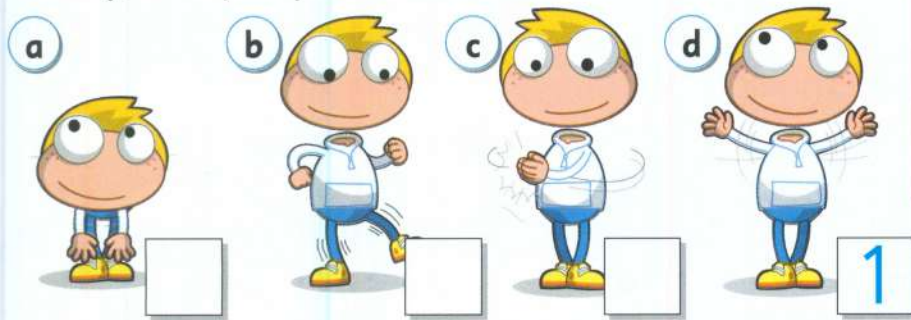


WRITING

- 12 Look and read. Then number the pictures in order.

My exercise routine. This is my exercise routine. I exercise every day. First, I wave my arms. Then, I touch my toes. Next, I move my legs. Finally, I clap my hands!



LOOK!

These words show the order of actions:

First,

Then,

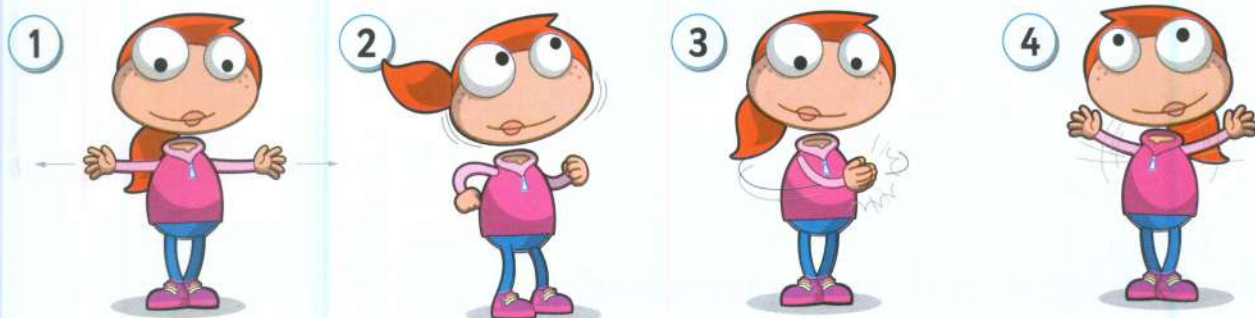
Next,

Finally,

- 13 Underline the words which show the order of the sentences.

First, I touch my toes. Then, I clap my hands.
Next, I wave my arms. Finally, I move my legs.

- 14 Look at the pictures. Complete the sentences.



1 First, I stretch my arms.

2 _____, I _____ my head.

3 _____, I _____ hands.

4 _____, I wave _____.

WRITING

- 9 Think of an exercise routine.
Choose, draw and write.

hop skip wave my arms stamp my feet
jump swim run nod my head

jump, wave my
arms, hop, run

1

2

3

4

- 10 Write your routine.

First Then Next Finally

First, I jump.

_____, I _____.

_____, I _____.

_____, I _____.

_____, I _____.