



VALUES

Eat healthy food.
Choose healthy snacks.

HOME-SCHOOL LINK

Talk about healthy snacks at home.



- 10 Read the recipe. Circle.
Put the pizza in the fridge / cooker.

How to make a pizza

Roll out pizza dough. Make a circle!

Put tomato sauce on the dough.

Next, you can use cheese, meat or vegetables.

Put the pizza in the cooker.

Now eat!



- 11 Read and match.

- 1 Roll out pastry. Make a circle!
- 2 Put the pie in the cooker.
- 3 Peel and chop the apples.
- 4 Put the pastry on the apples.
- 5 Cook the apples.
- 6 Put the apples in a pie dish.



- 12 Complete the instructions with the words in the box.

Put (x2) Make Chop

- 1 Chop some tomatoes.



- 3 _____ the tomatoes on the pastry.



- 2 _____ a square!



- 4 _____ it in the cooker.



PHONICS

13 Listen.

1 j

2 ss

3 v

4 w

14 Listen, point and say.

15 Listen and blend the sounds.

1 j - e - t jet

2 k - i - ss kiss

3 v - e - t vet

4 w - i - g wig

16 Underline j, ss, v and w. Read the words aloud.

1 jam

2 web

3 van

4 mess



17 Circle j, ss, v and w. Match the sounds.

jet

wig

van

web

mess

vet

kiss

jam

18



Listen and number.

CLIL
SOCIAL STUDIES

7

a



burger

b



chips

c



1 carrots

19

Tick (✓) the foods that are good for you. Then say.

 I like salad. It's
 good for me.

 I like chocolate. But
 it's bad for me.


1



2



3



4



5



6



7



8



20 Read and match.

1



I've got sandwiches and fruit.
I've got a yoghurt. I like
yoghurt but I don't like cake. I
like milk but I don't like juice.

2



I've got bread and cheese and
salad. I like salad but I don't
like fruit. I like chocolate. I like
juice but I don't like milk.

3



I've got sushi! It's fish and rice.
I've got fruit and I've got a
cake. I don't like juice or milk.
I've got water to drink.

4



I've got chicken and vegetables.
I don't like bread. I like juice.
And I like chocolate. I don't like
milk and I don't like yoghurt.

a



b



c



d



21 Ask and answer.

Do you like
sandwiches?

Do you have a
packed lunch?

What do you like
for lunch?

MINI-PROJECT

Draw a lunch
box and write.